THE ART AND PRACTICE OF OPHIEL

A Collection Of Monologues On Working With His Materials

In particular, techniques and practices for working alongside, and with, the Malkuth Earth/Hades body

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Originally posted on Google Groups:

https://groups.google.com/g/ophiel-magic9-20/

(Previous works also posted as "Sender" on the "Ophiel Magick" group, from the defunct YahooGroups)

1 of 1 Element, Elemental, 2022

Here is what Ophiel, writes, in his book; The Occult, his chapter; More Ritual Knowledge:

"All the magic, all the witchcraft, all the God stuff and all the Devil stuff and all the Witch Doctor stuff you have heard about is nothing, I repeat, nothing but the effect of the Elemental Forces, whether automatic or consciously worked. These Forces work automatically, until they are taken over by some, 'strong-willed,' person, (other things besides will, enter into it.) AND THEN THEY WORK FOR HIM." End quote. (Italics, are Ophiel's.)

Straight to 'context.'

All the magic, all the witchcraft, all the God stuff and all the Devil stuff and all the Witch Doctor stuff you have heard about, is nothing, I repeat, nothing, but the effect of the 'Element' Forces and their 'Elemental' actions/reactions, whether automatic or consciously worked. These <u>TWO ASPECTS OF</u> the/a 'Force', <u>as</u> a/an, Elemental, work <u>automatically</u>, <u>reflexively(?)</u>, until/unless, they are 'taken over?' by some, 'strong-willed,' person, (other things besides will, enter into it.) AND THEN THEY/THESE – <u>FORCES – AS ELEMENT/ELEMENTAL</u> = WORK FOR HIM.

Element – essence of; substance of; being of!

Elemental – pertaining to; the powers of!

From the Proto-Indo-European Root word; per = through + tenere = to hold; to grasp. From the PIE Root word; ten – to stretch; to reach; to hold. Go you now, to Ophiel's book; Caballa Magic, and examine his colour plate, with all five Basic Elements as Elementals and study the last row, left to right – Element of, the Force, Element Earth.

All the Tattva shown, are Elemental – pertaining to the powers of! action/doing/move-ing(?) of, the – Element of, the Force, Element Earth.

Earth = as Akasha = change - egg = 'inside,' Cube.

Earth = as Air = foundation - sphere = 'inside,' Cube.

Earth = as Fire = direction – inverted pyramid = 'inside,' Cube.

Earth = as Water = reflection—bowl = 'inside,' Cube.

Earth = as Earth = <u>psychic</u>-<u>tactile</u>-<u>feel</u>-ing-<u>believe</u>-ing – cube = 'inside,' Cube.

Element Earth, 'force,' = as a movement = a/an - Elemental? = acting like; working like; behaving like; operating like; seeming like; psychically-tactilely-feel-ing like - pertaining to the powers of! - the 'OTHER!?!', Element forces = as:

The Akasha, aspect/behaviour of Element Earth.

The Air, aspect/behaviour of Element Earth.

The Fire, aspect/behaviour of Element Earth.

The Water, aspect/behaviour of Element Earth.

The Earth, aspect/behaviour of Element Earth.

<u>ALL! ALL OF IT!?! = STILL THE ELEMENT OF, THE 'FORCE' OF, ELEMENT EARTH!?! - BUT...!?! IN A/AN - ELEMENTAL!?! STATE/CONDITION!?!</u>

Here is what Ophiel, writes, in his book; Clairvoyance, his chapter; Semi-Physical Types of Clairvoyance, about the Element of Water (#2, Etheric,) as it (Element of, Water.) is 'viewed/seen?', in its (Water,) Elemental Earth, aspect:

"I find myself unable to convey clearly an idea to you as to how, you 'see' on the Inner Planes. Naturally, you have no physical bi-focal eyes – or two eyes seeing an oval space in front of you. You have a 'single eye,' only, but, now that I think of it, the Inner Plane scenes appear three-dimensional, the same as here, which I am unable to account for, and which I shall have to do further work on." End quote.

Do you? Are you? now able to <u>understand(?)</u>, the Element of Water, as the/a/an, Elemental of, the Element Earth? = <u>Pertaining to the Powers of</u>! in/on the Element/Plane of Water - <u>AS!?!</u> a/an Elemental! If you 'do <u>understand(?)</u>, then, you – the reader; operator; practitioner; occultist(?), should be able to do the same 'exercise,' with(?), all the other planes of, #0; #1 and #2!

BUT, NOW THAT I THINK OF IT, THE INNER PLANE SCENES 'APPEAR?' THREE-DIMENSIONAL, THE SAME AS HERE?

This is the 'visible,' Elemental force, of the Element, Water, 'as,' the Elemental of, the Element Force, of the Element Earth! But... it is still(!) – all – Element of, Water!?!

Element – essence of; substance of; being of!

Elemental - pertaining to = the powers of!

In the 'current folder,' polarity, assume and duality; number 13 of 17, all of the above information, can be 'used/utilised,' in the basic 'cup,' exercise.

Ophiel's colour plate, in his book; Caballa Magic, is/are 'all,' Elemental Tattva!

Ophiel's book; The Occult; is all about the, five basic, Element Tattva!

Ophiel's book; Oracle of Fortuna; Has the 'proper,' Element Tattva, obviously(?), without the Akasha!

Tattva 'essence,' of a thing, – in this case = Element (Plane,) and/or Elemental! (How the Plane is Operating.)

The actual 'distinction/differentiation,' of/for; Element vs Elemental – is <u>wasted(?)</u>, on many, the 'refinement?', is 'too much,' for the/your 'average,' occultist, but... that/this, cannot be 'used,' as an. excuse/reason? for <u>not(!)</u>, presenting them!?! (Elemental.)

Each person/individual, in/on this particular Ophiel Magic Group, should be able to 'pursue,' their occult, with confidence, through personal/individual 'experience of?' – as a Gnosis – personal/individual 'experience of!', the Element of Earth = Adverse; Opposed; Obstacle; Resistance; Inertia; Stop; Halt!?!

Please study carefully, 'big?' occult!?! for you!!

The/your #0, Outer, outer physically physical body – works off of, the/your #1, Malkuth earth/hades body!

Do you? Are you? the reader; operator; practitioner; occultist(?), in a place(?), where you – Conscious, can/do <u>understand(?)</u>, the above statement?? (Egg and Chair exercises 'teach,'

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this, to you - #0 &+ #3!?!)
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Please study carefully!

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The/your #1, Malkuth earth/hades plane/body = <u>IS</u>!?! = <u>THE</u> '<u>FIXED-POINT</u>'!?!

The/your #1, Malkuth earth/hades plane/body = <u>IS</u>!?! = <u>THE</u> '<u>PSYCHIC-FEEL</u>-ING'!?!

The/your #1, <u>Psychic-Feel-ing</u> = <u>IS</u>!?! = <u>THE/YOUR</u> = <u>Belief</u>; <u>Believe</u>; <u>Believe</u>; <u>Believe</u>; ing!?!
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You, the reader; occultist(?), cannot/do not/will not/shall not – change; alter; amend or adjust? The/your #0, Outer, outer physically physical plane!?! = You – Conscious, as a 'ness,' can only! only! = use; use-ing; uses; used – the/your, #0, Outer, outer physically physical Earth plane!?! PLEASE TELL/LET!?! – the/your = #3, ego body, present incarnation, personality body!?! = THIS OCCULT TRUTH/FACT!?! = You, the reader; occultist(?), cannot/do not/will not/shall not – change; alter; amend or adjust? The/your #0, Outer, outer physically physical plane!?! = You – Conscious, as a 'ness,' can only! only! = use; use-ing; uses; used – the/your, #0, Outer, outer physically physical Earth plane!?!

Do you? Are you? Can you? – the reader; operator; practitioner; occultist(?) – <u>understand(?)</u> <u>this(?)</u> the above paragraph, and what it <u>means!?!</u> Many 'occult?' <u>failures(?)</u>, are based on #3, Ego Body '<u>JUDGEMENTS!?!</u>', WHICH ARE = <u>SHOWN</u>; <u>REVEALED</u>; <u>DISPLAYED!?!</u> TO THE/THEIR '<u>VERY OWN!?!</u>' – <u>ADVERSARY!</u> <u>OPPOSER!</u> <u>OBSTACLE!?!</u>

Ophiel, quoting the ole crazy book (Bible), in his second book; Creative Visualisation, his chapter; Law of Emotion; says to believe(?), that you 'have,' your object; circumstance; thing and/or it 'already?'! Saint Augustine of Hippo, writes; Agree-With?' = The/your Adversary/Opposer/Obstacle??

Both these things/actions, are to 'make'?', the/your #3, Ego Body - Satisfied?? = NON-JUDGEMENTAL!?! NON-CRITICAL!?! Thusly = GIVE-ING/MAKE-ING/CREATE-ING/OFFER-ING - NO RESISTANCE! NO ADVERSITY! NO OPPOSITION TO!?! Thusly = NOT! - INVOKE-ING(?) - THE AUTOMATIC; REFLEXIVE RESPONSE TO YOU - CONSCIOUS!?!

Thusly – BOTH ELEMENT AND ELEMENT AL!?! – ARE IN HARMONY!?!

Thusly – YOU CAN <u>ONLY</u>! <u>BELIEVE</u>(?), IN/ON THE/YOUR #1, MALKUTH EARTH/HADES PLANE!?!

Thusly – YOU CAN <u>ONLY!</u> – USE; USE-ING; USES; USED!?! IN/ON THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE! (<u>PRACTICE</u> <u>THIS</u> '<u>IDEA!</u>', <u>OF ONLY!</u> – #0. <u>USE!</u>?! <u>EVERYDAY</u>!?!)

TELL YOURSELF = #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY = <u>EVERY SINGLE DAY EVERY DAY!?!</u> = <u>YOU - #0 = CAN ONLY! - USE;</u> USE-ING; USES; USED!?! IN/ON THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE!

Try this;

The 'Element,' of/for, the/your #1, Malkuth earth/hades plane, <u>IS!</u> = <u>Psychic</u>-<u>Tactile</u>-<u>Feel</u>-ing!

The 'Elemental,' of/for, the/your #1, Malkuth earth/hades plane, <u>IS!</u> = <u>Symbol</u>-ism!

The 'Element,' of/for, the/your #0, Outer, outer physically physical plane, <u>IS</u>! = <u>USE</u>; <u>USE</u>; <u>ING</u>; <u>USES</u>; <u>USED</u>!?!

The 'Elemental,' of/for, the/your #0, Outer, outer physically physical plane, $\underline{IS}! = \text{Objects}$; Circumstances; Things and/or $\underline{ITS}!$?!

Element – essence of; substance of; being of = Plane of!?!

Elemental – pertaining to = the powers of = Plane's behaviour!?! (Acting like; Working like; Looking like, etc.)

In both egg and chair exercises, you conscious, as a 'ness,' enter the/your #1, malkuth earth/hades plane! = <u>PSYCHIC</u>-<u>TACTILE</u>-<u>FEEL</u>-ING = DEFINE-ING; THREE-DIMENSIONAL-ISING; SYMBOL-ISING!?!

Now? Because you <u>understand(?)</u>, the <u>difference(?)</u>, between an; Element = Plane of! and

a/an; Elemental = Pertaining to the Power of said Plane! = your tattva, workings/magic(?), should be!?! will be!?! = that much better?? easier?? more – workable!?! and! and! = most wonderful!?! wonderful!?! of all!?! you! reading this/these monologues!! do not!!! do not!?! = have to #2, etheric plane – transfer/project!?! and! and! = most wonderful!?! wonderful!?! of all!?! you! reading this/these monologues!! do not!?! = have to #2, etheric plane – visualise!?!

So! = THE REAL QUESTION IS!?! – WHAT IS 'YOUR!!?!' PROBLEM???
So! = THE REAL ANSWER IS!?! – YOUR #3, EGO BODY SELF!?!

(Capitols used, are for 'emphasis,' only, and <u>not(!)</u> Californian 'nerdy-ness,' = shouting?? = Onomatopoeia, using 'words' to describe/explain 'actual sounds.')

As soon as you, Conscious, realise/recognise(?), that the/your #3, Ego Body – Piggy-Backs(?), in/on Conscious, when it (Conscious,) is in a 'ness,' state/condition (ness – protrude; project; promontory; jut-out; stand-out, etc.) then, you – Conscious and #3, Ego Body, can start 'working-together!?!' since, yours (#3,) is not!?!

In his letter; Saint Augustine of Hippo, writes; who is(?), this adversary/opposer(?) = well, he/it/the/your #1, Malkuth Earth/Hades Plane/Body – <u>IS</u>!?! = HA-Satan = <u>THE</u> Tester; Angel/Messenger: (Old Testament, who 'wrestled??' with Jacob – ALL NIGHT, UNTIL THE DAWN!?!) In the Greek; it, the = adversary/opposer – is the = Slanderer – Obstacle – Resistance; Inertia. And he, (Augustine,) presents = HIS TECHNIQUE? – <u>AGREE-WITH</u>!?! BUT... what most/many(?) occultists(?), fail to 'notice?', is(?), that there is/are = <u>NO VISUALISATIONS</u>!?! <u>IN</u>!?! This/his 'technique.'

Try this;

Demiurge = #1, ,(!!prevail = <u>have power as a prince</u> = ארה, :Hebrew) '?Jacob 'prevails Malkuth Earth/Hades = Prince of Dark-ness; Prince of this (#0,) world!?! (See/read previous '.monologues.) over his 'messenger

Prevail; from the Latin: praevalere = have greater power; able/stronger than. From the Proto-Indo-European Root word: prae = before + valere = have power; be stronger. From the PIE Root word; wal = to be strong.

And, all of this, is 'happening?', 'taking place?', when he (Jacob,) is <u>sleeping</u>? = #3, Ego Body 'dormant?', as in, egg and chair, exercises!?! (As in, #2, Etheric Projections - #3, Must simply 'observe,'!?! See/read Ophiel's explanation of his; Little System and Dream Diary = <u>both</u>, <u>non-critical</u> = <u>observational</u>(?) methods!)

So? It would 'appear?', 'seem?', that the/your #3, Ego Body(?), is dominant(?) = Judge; Judge-ing; Judges; Judgement = not me! not mine! not here! not now! not that! not this! else! other! separate; apart; over there!?! THIS IS THE 'LANGUAGE/SPEECH!?!', OF/FOR THE/YOUR #3. Body, Present Incarnation, Body!?! Ego Personality **MAKES** (Consciously/Unconsciously = **ABSOLUTELY NOT** ONE 'JOTS,' DIFFERENCE!?!) = WHICH! - THE/YOUR #1, MALKUTH EARTH/HADES PLANE = <u>RESPONDS</u>, <u>REACTS</u>!?! <u>TO</u>!?! = Hence(?) = Adverse; Opposed; Obstacle!?! Hence(?), Augustine of Hippo's – technique = AGREE-WITH!?!

BUT...! (Ah yes! The 'great,' <u>but</u>... of magic/occult!?!), But...! = It is <u>your(!)</u> #0, who must <u>agree-with(!)</u>, <u>your</u> #1!?!

BUT...! (Ah yes! The 'great,' <u>but</u>... of magic/occult!?!), But...! = It is <u>your(!)</u> #2, who must <u>agree-with(!)</u>, <u>your</u> #1!?!

Why? = for all this (above and below = #2/#0,) is delivered unto me(!) = #1! and to(?), anyone/everyone, whomsoever = with no Judgement/Preference, (See/Read Ophiel's book; Contacting the Demiurge; carries out instructions, with 'no regards,' to/of/for, the 'consequences,' to, the individual = you!)

In his book; Contacting the Demiurge, Ophiel refers to the Demiurge, at its 'lowest,' level = #1, Malkuth Earth/Hades, as the 'Idiot,' God? (Saklas = foolish,) and writes, that the Demiurge, at the/your #1, Malkuth Earth/Hades, is 'easily,' led 'along,' with hyperbole!

Hyperbole – exaggeration in speech; from the Latin via Greek; hyperbole = literally, 'a throwing beyond'; from 'hyper = beyond + bole = throwing/casting – missile; bolt; beam. From 'Ballein = to throw. Proto-Indo-European Root word; gwele = throw/reach, beyond = the/your now-present! = space/time/situation = #0 &+ #1 – use; use-ing; uses; used!?! (The/your; Speech = must be the 'same-as!?!' = THE PLANE!?!)

But... not(!), in/on, the/your #2, Etheric Plane – visualisations – if they are = #3, EGO BODY DRIVEN!?! No amount of 'hyperbole?' is going to do you any good/use, as it is/will be of a 'Narcissus,' effect/affect! As long as the/your = #3, Ego Body, is in a place/position to 'Judge?', anywhere/anytime = until, as Ophiel writes; it = #3, is 'absorbed?' back into, Conscious? (See/read Ophiel's book; Creative Visualisation; his chapter: Law of the Barrier, for becoming/being a master.)

The 'barrier?', is the/your #1, Malkuth Earth/Hades Plane, and the 'more,' you = #3, judge(?), the 'more,' you = #1, oppose; adverse; obstacle! Too much? Too difficult? Too hard? Well, too bad!?! This is simply the 'way?', that it is(?), no 'exceptions?' allowed!?!

So, as you, the reader; operator; practitioner; occultist(?), look at the 'bottom row,' of Ophiel's colour plate, in his book; Caballa Magic; the large 'square = Cube,' background it the; Element/Plane, of the <u>Force of/for!</u>?! the Element = EARTH!

Element EARTH = #1, Malkuth Earth/Hades = <u>ABOVE</u>; <u>OVER</u>; <u>HIGHER</u>; <u>BEFORE AND IN-FRONT-OF</u> = The Element – #0, Outer Physically Physical Earth!?!

Physical EARTH = #0, Outer Physically Physical = <u>BELOW</u>; <u>UNDER</u>; <u>LOWER</u>; <u>AFTER</u> <u>AND</u> <u>BEHIND</u> = The Element EARTH!?!

So, right there = <u>IS/ARE TWO SEPARATE/INDIVIDUAL PLANES/LEVELS</u> = EACH WITH THE/THEIR = <u>OWN! LAWS; RULES</u> & <u>GOVERNANCES!?!</u> = FROM WHICH THEY/THESE TWO PLANES – <u>WILL NOT DEVIATE ONE IOTA!?!</u> (See/read Ophiel's book; Creative Visualisation, for this.)

So, right there = IT IS 'YOU' - the reader; operator; practitioner; occultist(?), who must 'change??'

So, right there = IT IS 'YOU' - Conscious; the reader; operator; practitioner; occultist(?), who must 'change??'

So, right there = IT IS 'YOU' - #3, Ego; the reader; operator; practitioner; occultist(?), who must 'change??'

So, right there = IT IS 'YOU' - Conscious; the reader; operator; practitioner; occultist(?), who must 'accept??'

So, right there = IT IS 'YOU' - #3, Ego; the reader; operator; practitioner; occultist(?), who

SO, RIGHT THERE = EACH OF THESE = <u>OWN!</u> - <u>LAWS</u>; <u>RULES</u> & <u>GOVERNANCES!?!</u> = FROM WHICH THEY/THESE TWO PLANES – #1 &+ #0 = <u>WILL</u> <u>NOT DEVIATE ONE IOTA!?!</u> <u>MUST BE ACCEPTED!?!</u> = <u>WITHOUT!?!</u> = #3, JUDGEMENT!?!

So, as you, the reader; operator; practitioner; occultist(?), look at the 'bottom row,' of Ophiel's colour plate, in his book; Caballa Magic; the smaller 'Symbol <u>INSIDE</u> = the Cube,' background <u>IS HOW</u>!?! = The Element/Plane, of the <u>Force of/for</u>!?! the Element = EARTH = <u>IS WORKING/OPERATING/BEHAVING</u>!?!

THERE IS NO! AKASHA ELEMENT!?!

THERE IS NO! AIR ELEMENT!?!

THERE IS NO! FIRE ELEMENT!?!

THERE IS NO! WATER ELEMENT!?!

THERE IS ONLY! EARTH ELEMENT!?!

EARTH ELEMENT THAT = BEHAVES LIKE; WORKS LIKE; LOOKS LIKE; ACTS LIKE; OPERATES LIKE; FEELS LIKE!?! BUT...! IT IS 'STILL!?!' = ALL!?! - ELEMENT EARTH!?! AS! A/AN ELEMENTAL = Pertaining to the Powers of!?! - FORCE!?! = AND!! so it IS!?! FOR ALL THE 'OTHER' PLANES/LEVELS/FORCES!?!

All of the above can be 'experienced?', in the basic cosmic egg work, of 'moving?', each of the, five basic element symbols, into 'each other,' along the body, and then 'filling,' the/your 'egg,' with it = combination, as shown in/on Ophiel's colour plate. Once 'in,' there(?) (state/condition,) you - Conscious, can then; <u>USE(?) - DIRECT!?!</u> - the 'combined,' Elemental Force, to/of/for, your particular needs; wants; desires; broodings, as you - Conscious, see fit, for you!?!

Start slowly, go carefully, so that you can 'enjoy,' the 'experience?', Ophiel writes about this 'exercise,' in several places, and calls/refers to it (the/this 'exercise,') as 'MERGING!?!' – You = Conscious and your IT – Object; Circumstance; Thing – BECOME ONE!?!

Egg 'inside,' Cube = Change.

Sphere 'inside,' Cube = Foundation.

Inverted Pyramid 'inside,' Cube = Direction.

Bowl 'inside,' Cube = Reflection.

Cube 'inside,' Cube = Belief.

Physically Physical = Use; Use-ing; Uses; Used.

There is 'no trick?', to it! There is 'no con?', to it! There is 'no fraud?', to it!?! Anything, 'other than,' = Psychic-Tactile-Feel-ing, in/on the/your = #1, Malkuth Earth/Hades Plane, will/shall; FALL UPON DEAF EARS!?! The/your #1, Malkuth Earth/Hades Plane/level, Dark-ness; Black-ness; Blind-ness; IS SILENT! IS MUTE!?! IS DEAF!?!

 \underline{ALL} !?! - \underline{MUST} \underline{BE} = $\underline{Psychically}$ - $\underline{Tactilely}$ - \underline{Felt} !?!

 $\underline{ALL}!?! - \underline{MUST} \underline{BE} = \underline{Psychically} - \underline{Tactilely} - \underline{Heard}!?!$

 \underline{ALL} !?! – \underline{MUST} \underline{BE} = $\underline{Psychically}$ - $\underline{Tactilely}$ - \underline{Seen} !?!

 \underline{ALL} !?! – \underline{MUST} \underline{BE} = $\underline{Psychically}$ - $\underline{Tactilely}$ - $\underline{Believed}$!?!

Either in part or in whole? = OTHERWISE - YOU - CONSCIOUS - #0, OUTER, OUTER PHYSICALLY PHYSICAL WILL NOT/SHALL NOT!?! MOVE/USE!?!

But...! and this is you! (Who, have e-mailed, the present writer,) if, at any point/place(?), the/your #3, Ego Body, makes/creates a 'Judgement? = shows; reveals; displays?' to the/your #1, malkuth earth/hades 'self!', then, no amount of 'occult?', is going to 'save you?', 'give you?', and that/this; IS THE WHOLE POINT(?), to your 'reply.' All 'you!', need 'do?', is to; practice diligently, patiently, until you 'decide!?!', for yourself(?), if this/these 'exercises = egg/chair,' are for you, at this time, in your 'occult,' practices, and if 'not!', then simply move on, until you 'do?', find/discover(?), what does(!), work for you(!), and that is all that really matters. Being #3, Ego Body 'dominated?', is one of the 'major,' set-backs, to 'progress?'.

Please study carefully! Big 'occult?', for you(?)!

NOT BEING!?! #3, EGO BODY – DOMINATED!?! = DOES NOT! DOES NOT! WILL

NOT! SHALL NOT! STOP YOU!?!?! THE READER/OCCULTIST!?! = FROM DOMINATING/CONTROLLING!?! OTHERS!?! OR CIRCUMSTANCES; THINGS AND/OR ITS!?!

Please, do not just take the present writer's word, for this, but go you now, to Ophiel's vignette; How To Control and Dominate Others and read/study it, then read his other vignettes; Why do you let the Devil 'USE,' you? The 'OTHER,' you? Your 'OTHER,' you? The God that is 'IN' my Mouth?

As soon as you, read/grasp, the 'idea,' of/for, the/your #1, Malkuth Earth/Hades = <u>PSYCHIC-TACTILE-FEEL</u>-ING <u>SELF!?!</u> Without, the 'interference?', of/from, the/your #3, Ego Body 'Self?', then 'many?', of your problems/difficulties, will/shall 'resolve/dissolve?', of themselves, with no 'effort?', required on your part – Conscious-ness and/or #3, Ego Body.

Start slowly, and simply 'observe,' the/your = #1 &+ #0, as they work/operate, in harmony!?! reflexively!?! = to/with!?! each other!?! in the basic egg/chair exercises = WITH NO NEED/HELP/ASSISTANCE!?! FROM!?! - YOU!!! #3, EGO BODY!?! (Who 'wastes?', their time(?), e-mailing, the present writer!?!) Simply read = test, try, use!?! = Works? Doesn't Work? Is? Is not? Try not to #3, Ego Body – Compare!?! (Judge!?!)

Element = Plane of.

Elemental = Behaving like; Working like; Acting like; Operating like; Feeling like;

Elemental = Objects; Circumstances; Things and/or ITS, in/on the/a/any – Plane of.

The present <u>knows</u>(?), that this/these 'monologues,' effect/affect the readers, #1, <u>Psyche</u>!?! But...! the present writer, also <u>knows</u>(?), that this/these 'monologues,' <u>are doing so</u>(!), in/on the readers = <u>own terms</u>!?! and <u>not</u>(?), in/on the present writers = <u>terms</u>!?! = <u>AND THIS!</u> = IS!?! = HOW IT SHOULD BE!?! = OTHERWISE!?! IT IS 'NOT!?!' = ART!?!

Thank you.