

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

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## 17 of 17 polarity, assume & duality. 2022

If a student would care to study some mythology, the three ‘views’, are there to be seen (no pun intended), but, because there were/is/are, no accompanying ‘techniques’, the ‘realisation,’ cannot/is not, readily grasped, by the novice or uninitiated, into what to look for, what they are looking at, or even ‘how?’ to look/observe it?

Even in simple things, in/on the #0, outer, outer physically physical plane, the average person, does not sense/feel, either the/their #1, malkuth earth/hades plane body and/or the/their #0, outer, outer physically physical plane body, and usually, the/their #3, ego body, present incarnation, personality body, is the/their ‘dominant’ body! Here, again, is what Ophiel writes, in his book:

“The Occult, his chapter: General Considerations; Now, I say again, and please note carefully, there is no other way you can realise-feel-cognise your physical existence other than through your five physical senses. As soon as you begin to practice ‘Magic’ however, of any kind – including the work you have done on the Ritual up to now – and including the future work to be given – which you will do; **YOU THEN BEGAN TO USE OTHER KINDS OF SENSES, NOT PHYSICAL TO COGNISE ANOTHER KIND OF A ‘WORLD’, ‘PLANE.’**” End quote.

To ‘cognise’ the/your ‘**psychic**,’ malkuth earth/hades plane, you, the operator/occultist(?), must **tactilely-feel** = define, three-dimensionalise, symbolise, the/your objects; circumstances; things and/or IT! This you do each day, via the/your basic cosmic egg and/or basic chair exercise! Knowing of the Black Astral Light, and its Laws; Rules & Governances, alongside the/your understanding of the/your ‘three-views’, it should be relatively ‘easy’, for you, the operator/occultist, to make progress(?).

You, the operator/occultist(?), Conscious, are ‘IN’ a, #0, Outer, outer physically physical plane - Duality – right now!! Along ‘with,’ all ‘other,’#0, Outer physical = objects; circumstances; things and/or its!

This type/kind of – Conscious Duality – is directly connected!!! – to/with the/your, NOW-TIME, from which you – conscious - the operator/occultist(?), cannot/do not ‘escape from?’, until #0, outer, outer physically physical death! And if(!), you – conscious – have not made any ‘effort’ to consciously, knowingly, deliberately, purposefully, transfer/project/assume =

WITH THE/YOUR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY = PIGGY-BACKING(?) – WITH YOU – CONSCIOUS, THEN WHEN YOU GET TO THE, OTHER SIDE/LEVEL, – THE FIRST THING(?) – YOU – CONSCIOUS – AS A ‘NESS’, SHALL, WILL ‘ENCOUNTER/MEET’ = IS! = THE BLACK-ASTRAL-LIGHT!?! Here, again, is some of the descriptions/epithets, of/for the Demiurge/Astral Light, at the level of the/your, #1, Malkuth Earth/Hades Plane: Invisible! Secret! Hidden! Unseen! Black! Dark! BLIND! Ophiel writes, in his vignette; An Exercise in Preliminary Projection:

“I am going to introduce an idea here, which is not a new idea at all but is probably thousands of years old. As usual, I am rediscovering something that has not been put down plainly in any of the books. I am going to ask and wonder if there is not some kind of ‘sub-plane,’ a ‘sub-Etheric Plane,’ which is very close to the physical, but which is neither physical nor Etheric.

It has been suggested that the planes between the “Real” Earth and the “Real” Etheric could be the Elemental Planes of the Elements. And it is possible to project to these planes, a fact which I had never seriously considered before this time.

I suppose it could be considered one of my failings that I don’t cognise a thing until I fit it in somewhere, somewhere into my workings, and when once a working place appears, then I recognise/re-re-recognise the whole and reorganise the set-up all over again. Such is what happened here when I held up the ‘non-orientation’ of myself, long enough to discover/rediscover that this was taking place on another kind of plane than formerly I had functioned on.” End quote.

It was; and, it is! Put down, as clear, as clear, as the day-light about you each day! What has happened, is that ‘IT’ – the dark-ness; black-ness; blind-ness, was made ‘Evil’, and all the ‘techniques’ of/for it, along with the/any ‘understanding?’, of it, for it, about it – was ‘lost’ also! So much so, that anyone who tries to ‘present,’ about it (The Dark-ness; Black-ness; Blind-ness,) is considered a ‘fool’ or ‘worse!?!’.

Please study this next part, carefully:

YOU – CONSCIOUS – CANNOT/DO NOT – ASSUME AND/OR/NOR – POLARISE! – IN/ON THE/YOUR = #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE!!

YOU – CONSCIOUS – MUST! – TRANSFER/PROJECT/ASSUME – TO A/AN ‘OTHER’ HIGHER – PLANE/LEVEL – CREATE/MAKE A DUALITY – IN/ON THE/THAT ‘OTHER’ PLANE – AND THEN, AS OPHIEL WRITES IT – ABOUT FACE/TURN –

AND LOOK BACK!?! LOOK BEHIND!?!

The Ancient Egyptians, described this, over several thousands of years ago, within their ‘own context’ and their ‘own meaning’. This was/is presented, in previous monologues, as ‘Mahaff’ = he who looks back/behind; and his ‘assistant?’ – Aken, who is ‘**asleep?**’, in the barque/boat, and it is he (Aken), who must be ‘Awakened!’ by/with the #0 &+ #3 ‘bodies’, in order to ‘assist’ in the ‘sailing/rowing’ of the ‘boat/barque = of conscious.’

Please study, this simple occult truth; THERE IS – NO! – FUTURE OR PAST! – IN/ON THE/YOUR = #0, Outer, outer physically physical plane! THERE IS – ONLY! ONLY! = USE! USE-ING! USES! USED!?!

The ‘reason!?!’, of/for this = USE! USE-ING! USES! USED!?! = IS BECAUSE OF! IS BECAUSE OF!?! = **DUALITY!?! = ALL, IN/ON THE SAME/ONE PLANE!?!**

Now! THE PRESENT SITUATION, FOR MANY OF US!?! = IS!! = YOU! – THE READER/OCCULTIST(?) – CAN ‘HAVE?’ – A DUALITY – TO/WITH A PLANE!?! BUT...! IF THERE IS – NO! – POLARITY AND/OR/NOR – NO! - ASSUME-ING – THEN!! – THERE IS WILL BE! NO BENEFIT TO BE HAD!?! = OF/FROM THE/THIS PROJECTION/TRANSFER OF – CONSCIOUS!?!

HOW? DOES THE PRESENT WRITER KNOW(?) THIS? = BECAUSE THE PRESENT WRITER DREAMS!?! = AND FOR A ‘WHILE?’ = THERE IS A ‘DUALITY!?!’ = BETWEEN THE DREAMER ‘AND’ THE/THERE ‘DREAM’!?! (See/read Ophiel’s book: Astral Projection, his chapter; Dream Method.)

Imagine, if you will, that you can/do = DREAM!?! = SO, F\*~%&-ING WHAT!?!

Imagine, if you will, that you can/do = DREAM CONSCIOUSLY!?! = SO, F\*~%&-ING WHAT!?!

UNTIL AND UNLESS!?! YOU – Conscious, as a ‘Ness’ – CAN/DO =;

ASSUME – To Take Back; To Take Up; To Take In; To RE-TURN = Lower to Higher;

POLARISE – All Facing The ‘Same’ One/Way; Direction = Higher to Lower!

THEN! DREAM ALL YOU WANT!?! BUT...! You – Conscious – ARE ‘GOING!?!’ NOWHERE!?!

THEN! DREAM ALL YOU WANT!?! BUT...! You – Conscious – ARE ‘GETTING!?!’ NOTHING!?!

Do you? Are you? The reader/occultist(?), able to ‘see the point?’, to the above??

Duality is a ‘static’ = Element Earth Force /Principle! = static – all – on/on the same/one plane!

#0, outer, outer physically physical earth = Duality – static!

#1, malkuth earth/hades = Duality – static!

#2, etheric plane = Duality – static!

#4, astral plane = Duality – static!

#5, archetypal = Duality – static!

#6, akashic = Duality – static!

So, for millions of persons over hundreds of thousands of years, they have been ‘overwhelmed?’, by/with the **duality** of = the/their #0, Outer, outer physically physical earth = through/by with – the/their #3, outer, outer physically physical, present incarnation, personality body = which **feels nothing!** = NOT EVEN THE/THEIR – DUALITY!?! BUT... EVEN HERE!! (Duality), THE ‘OCCULTISTS’ GET IT WRONG!?! THERE ‘IS!’ NO DUALITY!?! = IN/ON THE ‘VERTICAL AXIS’!?! (Middle Pillar – Kether to Malkuth – Malkuth to Kether!).

Here is what Ophiel writes, in his book; Astral Projection, Little System: (Capitols are Ophiel’s.)

“ONE DAY THE TWO BODIES WILL FUSE INTO ONE BODY AND YOU WILL OPEN ANOTHER KIND OF AN EYE AND YOU WILL FIND THAT YOU ARE REALLY THERE IN THE ETHERIC BODY FOR REAL AT THE SAME TIME YOU WILL BE CONSCIOUS OF THE PHYSICAL BODY TOO AND YOU WILL KNOW THAT YOU ARE DUAL AND CAN AND FUNCTION IN BOTH BODIES AT ONCE.” End quote.

So, here is a ‘question’ for all ‘occultists’(?), out there!

Q. Do you ‘feel?’, the same duality(?), with the/your #1, Malkuth Earth/Hades Plane Body?  
As you ‘do?’, with just(?), the/your #0, Outer, outer physically physical body!

The present writer, does not subscribed to a/any kind/type of ‘duality’ = from plane to plane!?!)

Duality = is a ‘static/stationary’ condition, in/on any/all planes!?! (Elemental Earth ‘principle!’)

Duality = is(!) = going across the/a plane/level!?! (All/Every, Thing! in/on the same/one Plane!)

#6, akashic you = can only ‘polarise’ – below; under; lower; after and behind!

#0, outer, outer physically physical you can only ‘assume’ – above; over, higher; before and in in-front!

Conscious you = IS! = Duality!

Duality = IS! = Conscious you!

You cannot/do not project/transfer from/to = one plane to another plane = and have duality of conscious! What you – conscious – have(?), is a ‘ness – projection; protrusion; promontory; sticking out; jutting out? THEN YOU HAVE(!) A DUALITY!?! Ophiel explains this, in his book; Clairvoyance, his chapter; The Two Minds:

“The training of the sub-mind is a very subtle matter. There is no danger involved, the worst that can happen is just no good results in a hurry, and some confusion of ideas. The training of your sub-mind is like your training of your physical self to go under water for periods of increasing time. You are inducing your ‘hidden’ mind to come ‘out’ and function in the Physical Plane World; whereas, its true plane existence is in the Inner Plane World.” End quote. (Underlines are the present writers.)

When/if, your ‘inner hidden’ mind, comes out, it does so = AS A ‘NESS’ = EXPRESSED

TO YOU = #0, OUTER, OUTER PHYSICALLY PHYSICAL BODY – YOU – CONSCIOUS = AS A PSYCHIC-TACTILE-FEEL-ING = NESS!?! (Do you, the reader/occultist(?), understand this?!) Ophiel next writes:

“There are many benefits to be gained from the functioning of your sub-mind in the outer plane world, and if and when it can be trained properly. The sub-mind, possessing as it does, unlimited access to Inner Plane play of Forces, can predict and calculate instantly the sum total effect of these Forces interplay upon each other, and upon your Being. And this outer plane function can be, as I said, of great benefit to you.

I might say here, that any difficulties that might arise, come, not, from the impact of the information upon you, but from the difficult job of getting the information ‘through’ to your outer plane, in a form that you can understand and use, ‘work on.’” End quote. (Underlines are the present writers.)

So, simply for ‘context’ we read the above Ophiel quote, thusly: There are many benefits to be gained from the functioning of your, #1, malkuth-psychic-tactile-feel-ing mind, in the outer plane world, and if and when it can be trained properly, which is the ‘whole-point’, to/of the/your daily practice doing, of the/your basic cosmic egg and/or basic chair exercises. The #1, malkuth-psychic-tactile-feel-ing mind possessing as it does, unlimited access to Inner Plane play/ malkuth-psychic-tactile-feel-ing of/for these - Forces, which it, #1, malkuth earth/hades plane/body, can predict and calculate instantly, the sum total effect of these Forces interplay upon each other, and upon your Being.

And this outer plane function can be, as I said, of great benefit to you. I might say here, that any difficulties that might arise, come, not, from the impact/PSYCHIC-TACTILE-FEEL-ing, of the information upon you, #0, but from the difficult job of getting the information/psychic-tactile-feel -ing ‘through’ to your outer plane, in a form that you #0, can understand and use, ‘work on.’, and not be #3, Ego Body Judged! hence, again, the reason of/for, the/your daily practice/doing, of the/your basic cosmic egg and/or basic chair exercises.

There is/are = TWO OBSERVERS!?! = IN/ON THE/YOUR = #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE! AND THEY ARE? = #0, Outer, outer physically physical body you, and/plus = #3, Ego body, present incarnation, personality body you!!

in this/his same chapter, Ophiel describes, the basic chair exercise!?!

in this/his same chapter, Ophiel describes, the #1, adversity!?!

in this/his same chapter, Ophiel describes, the #1, resistance!?!

in this/his same chapter, Ophiel describes, the #1, opposer!?!

in this/his same chapter, Ophiel describes, the #1, agree-ing with!?!

in this/his same chapter, Ophiel describes, the #1, malkuth earth/hades plane!?!

I might say here, that any difficulties that might arise, come, not, from the impact/psychic-tactile-feel-ing, of the information upon you, #0, but from the difficult job of getting the information/psychic-tactile-feel-ing 'through' to your outer plane, in a form that you #0, can understand and use, 'work on, and not be, #3, Ego Body Judged!

In each of his 'examples/exercises' = milk-pouring amount; watermelon ripeness and gas-pedal pressure = Ophiel tactilely-felt = RESISTANCE – AND 'STOPPED!' – AND 'AGREED-WITH' – HIS #1, MALKUTH EARTH/HADES!?! BUT...! Ophiel, was in a 'duality' to/with his #1, Malkuth Earth/Hades Plane! When 'doing?', this/these exercises!! As you, the reader/operator/occultist, 'are', when/if, you chose to practice/do, the/your egg/chair exercises, then, after a period of time, and subject to personal/individual ability/practice, all of this 'stuff' will just simply, fall into place, and be sorted/arranged for you = #0, Outer, outer physically physical you!?!

Polarity; Assume and Duality = are all 'directions' of, conscious!

At the moment, you, the reader, are in a #0, outer, outer physically physical duality (Called 'living-ing?!')

You, #0, conscious, as a, 'ness', can 'assume' = up/in!

You, conscious, as a, 'duality' in/on the/your #1, malkuth earth/hades, can 'polarise' = down/out!

Thus, you - conscious, change/alter/amend – from #1, to, the/your #0, outer, outer physically physical duality!

Your – conscious, can only use; uses; use-ing; used – the/your #0, outer, outer physically physical plane!!

Please put this to the test! Try it! Use it!

The only 'difficulty?', you conscious, may 'encounter?' = is the/your #3, Ego Body, Present



Incarnation, Personality Body = The 'Judge!?!' = **WHO FEELS NOTHING!?!** (See/read the letter of Saint Augustine of Hippo, number one of 1 to 17 letter & egg.) As pointed out, the/your #3, Ego Body – **PIGGY-BACKS** – in/on Conscious and greatly affects/effects, the influence/flow of the Light, in/on all planes and all levels!?! Its (#3), **Judgements** are = **NOT ME! NOT THIS! NOT MINE!** Etc, etc = And it is this, that you, #1, the **blind-one!!** = **FOLLOW!?!** So, nothing is done, that has already been done!?!

You, #3, ego body, must 'stand aside', and simply 'observe?'. This is learned/learnt via both the egg and chair exercises!?! Both these 'exercises' = **TAKE PLACE/HAPPEN IN/ON THE/YOUR #1, MALKUTH EARTH/HADES PSYCHICAL-TACTILE-FEEL-ING-PLANE!?!** = **WHERE THERE IS/ARE = NO LIGHTS!?!** (Simple Greek Mythology 'explains' this!! = Eros to Psyche = **bring no light!?!** Demeter, mother of Persephone, **held aloft, her 'torch/light!'**, but... still could not – **find/discover(?)**, the whereabouts, presence, of her, Daughter!?!)

Thank you.