## THE ART AND PRACTICE OF OPHIEL

A Collection Of Monologues On Working With His Materials

In particular, techniques and practices for working alongside, and with, the Malkuth Earth/Hades body

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## 1 of 1 it is simply a question of power. 2022

It is simply a question of 'power?'! So? Stop, just Stop! Handing over, your Power?

Yes! The present writer is talking to you!! #3, Ego Body, Present Incarnation, Personality Body(?) You!

There is/are <u>no(?)</u> = outside(?) power/powers??

For 'power?', you could also read – skill; ability; prowess; art.

For everything else/other, you could read – token-ism?

ISM = is a word-forming element, for making nouns, which indicates or implies, as specific/exact doctrinal or system of practices, which the noun implies. From the French 'isme,' via Latin; isma/ismus, via the Greek; ismos = noun ending, signifying/indicating the teaching or practice of a subject or thing.

From the base stem of verbs in '-izein,' the verb-forming element which denotes the actual/factual 'doing,' of the noun/adjective, to which it is attached, as in = Sex-ism; Race-ism; Fasc-ism; Occult-ism; Religion-ism; Politic-ism; Military-ism; Alcohol-ism; Trade union-ism, etc. etc.

But... the word ending; ITY – usually indicates or implies, the/A 'quality/qualities?', of being!?!' what the 'adjective,' describes; or concretely/definitely, the 'instance' of a/the 'quality of,' or else the; totality/collectiveness of 'all,' the instances. The word 'ism' generally means the 'disposition/collectively,' state/condition of those who feel it = the 'ity.'

So? What do you, the reader, now make of; Occult-ism able-ity?? (Occultism Ability?) The word 'power,' simply means = to be able; to be capable? = So? Stop, just Stop! Handing over, your #0 Power = abilities(?), to things; circumstances; objects and/or its!?!

There is/are = no words of 'power?'.

There is/are = no rituals?

There is/are = no magical formulas?

There is/are = no God/Gods?

There is/are = no Outsiders?

There is(?) = only you(?) – Conscious, as a 'ness?'.

In Ophiel's vignettes, he writes about a man he met, (Dan Bloxham,) who had important information, which helped Ophiel to understand more. This was the man who had two very valuable homes right next door to each other, one for living in and one for practicing in. (See/Read Ophiel's vignette: More Ideas about God.)

"The man spoke of 'A/The 'Vast Countenance' and then spoke of a 'Lesser Countenance' the 'Vast Countenance' does 'nothing' but 'Observe?' The 'Lesser Countenance' '<u>DREAMS</u>??' the 'WORLD?' and '<u>YOU</u>?' into 'CONTINUAL?? EXISTENCE??'

The man said: 'You?' (And I) '<u>EXIST??' ONLY FOR 'NOW?' AND 'ALWAYS??' DID 'EXIST??' 'ONLY?? NOW</u>??' Never a 'real' 'Past?' or a 'real' 'Future?' these are also only a 'Present' 'DREAM?' of this 'Lesser Countenance.'

There was more, but I will go on now and 'connect' the 'preceding' up with the material 'Ophiel' discovered himself through 'Hints?' from 'Gnostic' literature 'combined' with his 'own' explorations into the 'Inner Planes.' Perhaps the first thing Ophiel noticed when he was 'exploring' the 'Inner Planes/Places' - (and so should you!) - These 'Inner Places' 'WERE FULL OF LIGHT?' We are, 'used' to 'daylight' and 'other' kinds of 'lights' in the 'night-time' but the rather 'Astounding Fact' is that there is 'LIGHT??' on the 'Inner Planes.' You can 'see' the 'Light' even in 'ordinary' Dreams?

If there was 'NO LIGHT?' 'THERE?' HOW COULD YOU 'SEE?' THE 'OBJECTS AND FIGURES?' IN AN 'ORDINARY?' 'DREAM?'" End quote.

If there was 'NO LIGHT?' 'THERE?' HOW COULD YOU 'SEE?' THE 'OBJECTS AND FIGURES?' IN AN

## 'ORDINARY?' 'DREAM!?!?!

<u>ANSWER</u>? = THERE <u>IS(!) LIGHT</u>! BUT... IT = THE 'LIGHT?' = <u>IS</u> <u>BLACK</u>!?! AND IN ORDER TO 'SEE?' – IN/ON THE/THIS '<u>BLACK</u>-LIGHT?' = YOU! THE READER; OPERATOR; PRACTITIONER; OCCULTIST?? = <u>MUST</u>!! – <u>PSYCHICALLY</u>-<u>TACTILELY</u>-<u>FEEL</u>!?! = Define; Three-Dimensional-ise; Symbol-ise!?! (Basic Cosmic Egg and/or Basic Chair Exercises!?!) GET IT NOW!?!

STANDING 'BETWEEN?' THE/YOUR #0 AND/PLUSS #2 = <u>IS</u>! = THE/YOUR #1, Malkuth Earth/Hades!?! = WHICH <u>HAS THE</u> '<u>POWER</u>!?!' = WHICH IS <u>ALSO(?) – YOUR POWER/PORTION</u>!?! (See/read Ophiel's vignette: An Exercise in Preliminary Projection.)

Luke 4: 6, 7: And the Devil said unto him;

All this power, will I give thee, and, the glory of them:

For that, is delivered unto me:

And to whomsoever, I will, I give it.

If thou shalt worship me, all, shall be thine.

And Jesus answered, and said unto him, get thee <u>behind</u> me, Satan:

There were about 40, different Satan's kicking about, at this time, but, in the narrative above, the full title of/for this particular one, is; <u>HA-SATAN</u> = <u>THE</u>!! – ORIGINAL; ONE AND ONLY; BIG BOSS; HEAD HONCHO; SUPREME COMMANDER!?! (Ha – is/means '<u>THE</u>' = Definitive article; Original; Origin; Plane of!?!) This was/is, the HA-SATAN of Jacob/Job. The name 'HA-SATAN,' is/means = <u>THE TESTER</u>; – Adverse; Oppose; Obstacle; Resistance; Inertia; Inert; Immobile; Element Earth.

Well, get this!?! The word 'worship = is/means – to 'value,' 'have worth,'. But... the 'occult!?!', is '<u>in</u>!?!' the <u>direction</u> = <u>BEHIND</u>! = <u>ABOUT FACE/TURN</u>!?! LOOK <u>BACK</u>! LOOK <u>DOWN</u>! LOOK <u>BEHIND</u>! Then we read this:

It is said, thou shalt not 'tempt,' the Lord, thy God.

Tempt, from 12<sup>th</sup> Century Old French; tempter, from the Latin; temptare = to feel; to test; to try out; to influence. From; tentare = touch; handle; try; test. The 'secret?', was/is, how to 'do?', this = touch; handle; try; test; <u>feel-ing</u>!?! But... for you, the reader, this is <u>no longer so</u>!?!

The 'other?' secret(?) was/is = thou... applies to you(!) #3, Ego Body!?! Ophiel writes, in his book; Contacting the Demiurge, that the Demiurge 'does not respond?' to the #3, Ego Body (Forceful Commands/Orders) and this is because 'it = #3, Ego Body,' is a 'construct?' which 'erupts,' during/from the transitioning of infancy dependence, to child hood rebellion, wherein the 'individual' ego, eats the whole world, with their #0, eyes = Gimme that! I want that! Leave me! That's mine! Go away! Don't touch me! Don't touch that! Arrrrrrgh!!!!!! Etc, etc.

The four states/stages are: Birth; Eruption of the Ego; Puberty (Fantasy state/stage,) Adulthood and Death, these are the Mythological themes which became Religion, and are now 'disassociated,' in modern life/living, where everything is simply a 'commodity?' and with the 'advent of science,' alongside the now present 'Global Warming,' etc, it is fairly safe to say; God(?) is dead!?! And that modern individuals have no 'time?' for Nature or their Environment in which they live.

If a person/individual does not 'hand over?' their 'power?' to their #3, Ego Body, then they are 'in' for a 'rough time/ride!?!', or, if their #3, Ego Body 'shares with?', the/their #1, Malkuth Earth/Hades Body (Consciously – Un-Consciously = won't/don't/doesn't – make one jot's difference!?!) then they may be 'in' for an 'easy time/ride!?!', those who are 'Lucky?', 'Fortunate?', 'Optimistic?', 'Opportunist?', etc, etc.

The 'big?' mistake of/for many(?) occultists(?), is when(?), the/their #3, Ego Body, takes charge(?) and says; This me! I am doing this! And then they - #3, promptly 'hand over,' their #1, Malkuth Earth/Hades Power = TO!?! The object; circumstance; thing and/or it?? That they desire; want; need; brood-on!?! (See/read Ophiel's vignette; How to Control and Dominate 'OTHERS.' (How to be/become the 'centre?' of/for 'attraction!?!'))

Ophiel writes, in his vignettes; Why do you let the Devil 'USE,' you? The 'OTHER' you; Your 'OTHER' you and in his books; where there is/are 'strange sections?' of 'reversals?' (Element of Earth '<u>force</u>.') where the 'opposite,' must 'seem?' to

take place/happen? (Old Testament; Isaak – <u>blind</u> Father, to his son Jacob – <u>come closer that I may touch/feel you</u>!?!)

The basic chair exercise, is also another 'way,' to practice/develop, this sensation/idea/notion of = OPPOSITE FORCE! RESISTANCE! ADVERSE-NESS! OBSTACLE! The present writer, remembers/recalls the first time, that they 'used,' this 'sensation = basic chair exercise,' on one of their 'great desires,' and it went with a metaphorical 'bang!'. This 'success,' led on to many 'other,' things, of a 'similar' nature.

In previous posts/messages, the present writer has presented about the words; Faith and Belief.

Faith = to persuade; to convince.

Belief = to trust; to believe.

These two things, actions/doings, is/are 'interchangeable' between the planes of #0 &+ #1 and/or #1 &+ #0, but... (ah, yes! you knew it was coming!! the great 'but...' of magic??) but... as soon as you - #3, Ego Body, Present Incarnation, Personality Body = Judge?? – to show; to reveal; to display!?! As soon as you – #3, 'judge?' = YOU! #1, MALKUTH EARTH/HADES PLANE = REFLEX! AUTOMATICALLY RESPOND! = <u>CONSCIOUSLY/UN-CONSCIOUSLY</u> – WON'T/DON'T/DOESN'T MATTER ONE JOT!?! Here it is from Ophiel, from his vignette; The 'OTHER' you:

"What I am discussing in this 'Vignette' is the not so obvious fact that you create these 'Double Thought Forms,' every time you do something/anything on the 'Physical Plane.' Naturally, - Or should I say, unnaturally - For some ungodly reason, the inner double seems to '<u>OPPOSE</u>' the outer double and it is/seems that a lot of the trouble of this world, can be traced to this strange fact?

Dear students, I am not prepared to argue/prove this material to be true. Please make some tests of your own. There is one thing you can do; first, you can become aware of this 'Double-ness.' You can even become able to see 'Thought Forms,' and then you can become aware of your ability to 'Bind' the inner 'Etheric Double' so that it becomes unable to harm the outer 'Physical Double.'

The actual inner 'Binding' is as automatic as the original inner creating. In a sense, it was no wonder that when the ancients came into contact, mental contact, with the reversing effects of their own mental creations, they thought there were such things as 'Devils.' For them, there seemed no other way they could explain the negative effects, that appeared in their lives and disrupted their best-laid plans." End quote.

In the above 'binding,' is the/your basic chair exercise and Saint Augustine of Hippos; <u>agree</u>-<u>with</u>!?!

But... because the/your #3, Ego Body = <u>piggy-backs(?)</u>, in/on Conscious, when it (Conscious,) is in a 'ness,' state/condition, it = #3, <u>is(?!)</u>, in a position/place = <u>WHERE IT</u> (#3) <u>CAN/DOES</u> = <u>JUDGE</u>!?! – <u>SHOWS</u>! <u>REVEALS</u>! <u>DISPLAYS</u>!?! = For some ungodly reason, the inner double seems to '<u>OPPOSE</u>' the outer double, and it is/seems that a lot of the trouble of this world, can be traced to this strange fact?

But... that/this – OPPOSE = ADVERSE; OPPOSE; OBSTACLE = DOES NOT HAPPEN!?! DOES NOT TAKE PLACE!?! – IN THE PRACTICE/DOING(?) OF THE/YOUR = BASIC CHAIR EXERCISE!?! There is 'no,' #3, Ego Body 'Judgement?', and so it 'is!', for many of 'all' natural/normal #0, outer, outer physically physical biological body 'functions.' But... there is/are many, many, times/instances, where the #3, Ego Body 'Judges – shows/reveals,' and the #1, Malkuth Earth/Hades Plane/Body – Reflexes Automatically/Un-Consciously? And 'all hell,' breaks loose!?! Individually; Personally; Family; Society; Tribe; Nation, all the same/one thing, in the endless 'weighing/scales,' of things, thus causeing/create-ing the 'illusion/dream?' of the individual person/conscious 'ness,' as a/an #3, Ego Body(?) – which it - #3, is not!! But...try telling your #3, self that, and see how you get on!

Power = to be able to; to be capable of; is derived from 'skill at,' and it/this 'skill,' is learned/mastered through diligent continuous 'practice/doing,' repeated over, and over again = SO! KEEP IT SHORT! REPEAT IT OFTEN!?! (See/read Ophiel's book; The Occult, his chapter; The Occult Knowledge – LEARN.)

You, at this time/point, in your occult(?), life/living, are 'handing over?', your 'power = to be able,' to your, Treasure Map/Chart = Thinking that the 'Chart?' is going to 'do?????', the 'work?????', really???? You did the 'same?' with your 'stupid?' Talismans!?! Both 'tools,' = talisman and treasure map chart, were not only 'done?', by/with #3, Ego Body you = <u>WHO PIGGY</u>-<u>BACKS</u>!?! – in/on Conscious, when Conscious, is in/on a 'ness,' state/condition = <u>BUT</u>!?! <u>ALSO</u>!! – JUDGES – shows; reveals; displays!?!

So, you tell the present writer – at which point/what point place(?), did you – start to <u>believe(</u>?), that you #3, Ego Body = <u>HAD</u>!?! <u>OWNED</u>!?! <u>POSSESSED</u>!?! – your object; circumstance; thing and/or it!?! Did you even 'get?' form the/your #0, Outer, outer physically physical and #3, Ego body planes(?) to, the/your #1, Malkuth Earth/Hades Plane!?!

The 'way?', that the above is 'supposed?' to work, is covered by Ophiel, in his book; Talismanic Magic, in his chapter; Charging a Talisman, wherein Ophiel writes, that you(!), must 'give out to/towards?' the/your talisman, well now you know(?) how? Well, now you what(?), 'to give out to/towards,' the/your talisman = <u>PSYCHIC</u>-<u>TACTILE</u>-<u>FEEL</u>-ING!?! = <u>WHICH</u> 'IS!?!' = <u>THE/YOUR</u> = <u>POWER</u>!?! Your – being of course(?), your Conscious, as 'ness,' and <u>NOT</u>! <u>NOT</u>! – THE/YOUR #3, <u>PIGGY</u>-<u>BACKING</u>!?! EGO BODY, PRESENT INCARNATION, PERSONALITY BODY 'CONSTRUCT?' = <u>WHICH</u>-<u>FEELS</u>-<u>NOTHING</u>!?! BUT... STILL REVEALS; DISPLAYS; SHOWS; REVEALS – Judge; Judges; Judge-ing; Judgement!?!

As soon as you, the reader, <u>understand(?)</u> the 'language?' of/for the/your #3, Ego Body, then many 'other?' things, simply fall into place?? Here is some of the 'language?' again:

Not me; Not mine; Not here; Not this; Not now; Over there; Else; Other; Separate; Apart – this is the/your #3, Ego Body Judgement!?!

Remember Neville? To pray for riches, whilst being conscious of being poor – is to be rewarded with what you are Conscious of!?!

Try this?? To pray for riches, whilst psychically-tactilely-feel-ing being poor - is to be rewarded with what you are Conscious of psychically-tactilely-feel-ing!?!

If you know how(?) to 'observe?', then do it!?!

If you don't know how(?) to 'observe?', then do/practice, test, try, use, the/your egg and/or chair exercises!?!

If you try to use; think; feel, that there is some 'trick?' to it, then it is simply your #3, Ego Body, doing it!?! and so, you, the reader/operator, are 'doomed?' to failure?? Let Go! Fall Back! Relax! Try this:

You = #3, Ego Body - cannot/do not 'change,' 'alter,' 'amend,' 'adjust,' – the/your #0, Outer, outer physically physical plane!?!

You = #3, Ego Body - cannot/do not 'change,' 'alter,' 'amend,' 'adjust,' – the/your #0, Outer, outer physically physical plane!?! But...!?! You = #0 – <u>CAN</u>! SO, HOW DO YOU!?! <u>DO</u> YOU!?! <u>DO</u> IT!?! You - #0, <u>ask</u>!?! By/with <u>doing</u>(?), the #0, Outer, outer physically physical <u>actions/doings</u> <u>without</u> the/your #3, Ego Body <u>Judge</u>-ing!

You = #3, Ego Body - cannot/do not 'change,' 'alter,' 'amend,' 'adjust,' – the/your #1, Malkuth Earth/Hade's plane!?! But...!?! You = #1 - <u>CAN</u>! SO, HOW? DO YOU!?! <u>DO</u> YOU!?! <u>DO</u> IT!?! You - # 1, Malkuth/Earth Hades – <u>psychically</u>tactilely-feel-belief/believe = IT!?! without the/your #3, Ego Body <u>Judge</u>-ing!

Faith = to convince; to persuade; to 'ask,' as if/as though, in a court of law = Judgement? <u>Blind</u>-Justice!?!

Belief = to accept without proofs; to accept without Judgement, to psychically-tactilely-feel-accept !?!

Ego body = a consequential construct of being, which <u>piggy</u>-<u>backs</u> in/on Conscious, when it, Conscious, is in a 'ness,' state/condition.

Ness = to protrude; to project; promontory; jut-forth; stand-out.

In the above, is/are the basic cosmic egg and/or basic chair exercises, which are; #1, Malkuth Earth/Hades, exercises, and are <u>not</u>! #2, Etheric nor/or #0, Outer Physically Physical

Since 'art,' 'art expression,' 'artistic creation,' is in direct proportion to the individuals personal 'skill set,' natural or acquired, all that the present writer can 'do,' is to present, and let the reader, decide for themselves? How they(?) choose to use/apply/adapt the information/presentation is entirely up to them, their self, and how they <u>psychically-tactilely-feel-believe</u> about themselves = #0 &+ #1 = #1 &+ #0 – with the/their #3, Ego body = <u>OBSERVING</u>!?! AND <u>NOT</u>! <u>NOT</u>! – <u>JUDGE</u>-ING = to show; to reveal; to display.

Most 'occult?' nut jobs = #3, Ego maniacs, 'lavish/lather?' themselves, in #3, Ego mad/maniac: Magical Names; Names of

Power(?) (Which the present writer, falls about laughing at!?!)

Most 'occult?' nut jobs = #3, Ego maniacs, 'lavish/lather?' themselves, in #3, Ego mad/maniac: Magical Rituals, Talismans and Robes; Bells; Books and Candles(?)

Whereas, as a basic; basic tool, the 'art form' used, was/is(?), that of = Pantomime!?!

Pantomime (noun) 1610's = one who 'ex-press-es meaning' by <u>actions</u> and <u>not</u> in words. From the Latin; pantomimus = mime; dancer. From the Greek; pantomimos = literally – <u>imitator of all</u>! From; panto/pan = All + Mimos = imitator.

In the modern sense, in 1976, Richard Dawkins (Evolutionary Biologist,) wrote in his book; The Selfish Gene, his interpretation of, this gene type(?) = selfish, as a; mimeisthai = Greek – to <u>imitate</u>, which is described as a 'gene,' which 'echo's/resonates,' to its 'self?'. Dawkins was looking for a 'medium,' which was/is 'used,' to convey the 'idea of,' a 'unit/piece/part,' of a 'Cultural Transmission' (Symbol!) In the new digital age, the/this type kind of 'meme,' is that of the 'sound bite,' or 'viral spread of content,' which influences individuals, which then 'becomes?' an 'entity??' in its 'self???' = And then 'distorts,' contorts,' the general populace, society as a 'whole,' who have 'bought in?' to this type/kind of evolutionary digital culture/gender!?!

The 'song,' may be 'different?' but... the 'tune?' is <u>always</u>, the <u>same</u>!?!

The #0, outer physical, may be 'different?' but.... the #1, is <u>always</u>, the <u>same</u>!?!

There is 'no power?' in the Stars!

There is 'no power?' in the Cards!

There is 'no power?' in the Book!

There is 'no power?' in the Candle!

There is 'no power?' in the Crystal!

There is 'no power?' in the Bell!

There is 'no power?' in the Robes!

There is 'no power?' in the Ritual!

There is 'no power?' in the Talisman!

There is 'no power?' in the Symbol!

There is 'only power?' in YOU!

It is <u>your power</u>!?! – <u>that you(!</u>) Conscious, as a 'ness,' = <u>give to them</u>!?!

It is <u>your power</u>!?! – <u>that you(!</u>) Conscious, as a 'ness,' = <u>psychically</u>-<u>tactilely</u>-<u>feel</u>-ing = <u>give to them</u>!?!

BUT...! IF THE/YOUR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY = JUDGES!?

THEN THEY? = HAVE POWER(?) OVER YOU!?! = CONSCIOUS, AS A 'NESS?'

SO! In order to circumvent, such a/an eventuality/possibility = the 'loss?' of your inherent/natural 'power?' the basic cosmic egg and/or basic chair exercises, were/are presented, in order that you – conscious, as a #1, malkuth earth/hades 'ness,' could start/begin to = train; discipline; clam; sedate; sooth; placate!?! the/your #3, Ego Body, Present Incarnation, Personality Body – so that 'it = #3,' did not 'Judge,' but only '<u>Observed</u>!?!' (See/read Ophiel's vignettes; The Two Dreamers; The Two Creators.)

Ophiel also does the same thing/technique, in his Little System and Dream Method of #2, Etheric projection.

In both of Ophiel's 'techniques,' there is great emphasis, laid on the individuals 'powers?' of '<u>observation</u>?' as '<u>visualisation</u>?' but... for many, this style/approach, is too much for them. The present writer has met many who, for whatever reason(?) cannot/do not/are not? in a position/place, to make the transfer/projection to the/their #2, Etheric Plane, in any kind/type of 'convincing' way?

Ophiel describes this, in his book; Clairvoyance, his chapter; Semi-Physical Types of Clairvoyance.

"It may seem strange to speak of simi-physical types of clairvoyance in connection with something that is usually considered 'spiritual' or, at least, 'inner plane,' but a little thought/consideration will remind you of that previously demonstrated interplane fact that all things are connected by those 'sticky' threads of Astral Matter.

ALL 'CLAIRVOYANCE' HAS TO COME THROUGH THOSE 'THREADS,' AND IT CANNOT COME IN ANY OTHER WAY. (This is almost positive proof that the threads exist.) <u>So, therefore, it is permissible for you to use any</u> <u>method or device that works for you to strengthen your control-connection-contacts, with these threads</u>." End quote. (Underlines are the present writers.)

ALL 'CLAIRVOYANCE,' HAS TO COME THROUGH THOSE <u>PSYCHIC</u>-<u>TACTILE</u>-<u>FEEL</u>-INGS = <u>AND IT</u> '<u>CANNOT</u>!?!' <u>COME</u> IN <u>ANY</u> <u>OTHER WAY</u>!?! <u>So, therefore, it is permissible for you to use any method or device that</u> works for you to strengthen your control-connection-contacts, with these threads.

The very 'idea?', 'notion?', that the/your #1, Malkuth Earth/Hades Plane, is somehow(?) #2, Etheric and/or #0, Outer, outer physically physical = <u>IS ALSO</u>!?! – A PART/PIECE OF YOUR 'PROBLEMS?' – BECAUSE YOU! who e-mail, the present writer(!), ARE WORKING/OPERATING <u>FROM</u>!?! THE/YOUR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY!?! (Thus, once 'again?', handing 'over,' your 'power!?!', in the 'hopes?' that something/anything, is going to help/assist/do 'IT' for you - #3!?! = <u>NEVER GOING TO HAPPEN</u>!?! See/read Ophiel, for this; his book; The Occult, his chapter; The Four Winds = NO ONE CAN DO IT FOR YOU BUT YOURSELF!?!)

It is a simple failure? of your #3, Ego Body, to 'recognise/accept?' = That of its 'self?' it can 'do nothing?'.

It is a simple failure? of your #3, Ego Body, to 'recognise/accept?' = That of its 'self?' it can 'only observe?'.

It is a simple failure? of your #3, Ego Body, to 'recognise/accept?' = That of its 'self?' it must 'not Judge?'.

Thus, basic cosmic egg and/or basic chair exercises and/or basic cup exercise, of #0, #1, #2, plane to plane exercise = assume; polarity; duality.

So, therefore, it is permissible for you to use any method or device that works for you to strengthen your control-connectioncontacts, with these threads.

The present writer, has, in the past, over the years, come under 'attack,' from various individuals, as the/their #3, Egos are 'perceived?' as being under 'attack?'

See/Read Ophiel for this; vignette; The God that is 'in' my mouth.

"You (WE) constantly say to others. 'You are a rat!' or 'You are a bad child!' or 'You are a dumb bell!' or 'You are a damn fool!' or 'You are a stupid child!' You are this, this and this, etc. The pressure of a constant barrage of destructive speech does bring about the very thing that is not really wanted by anyone, the speaker or the spoken too. This is done basically by ignorance on the part of the speaker. Who does not know the destructive effects of his speech and in many cases could not be persuaded that his ordinary talk could have an effect on others and through them, on the physical environment?" End quote.

See/Read Ophiel for this; Vignette; The Power of Speaking Things and Conditions into Existence.

"I recall now many things that puzzled me in the past, for many years my family was in the medium class hotel business where we dealt with many people who were not very successful in life/living. When I would speak to these people about things in life that were better than what they had, their reaction was one of carping criticism and disparaging remarks of a negative nature about almost every subject that was brought up. Nothing is ever any good to these people." End quote.

The above Ophiel quotes, '<u>is/are</u>?' = #3, Ego body '<u>JUDGEMENTS</u>?' = <u>BEARING DOWN DIRECTLY</u>!?! – <u>IN/ON</u> <u>THE/YOUR</u>!! = #1, Malkuth Earth/Hades, <u>PSYCHIC</u>-<u>TACTILE</u>-<u>FEEL</u>-ING-<u>BODY</u>!?!

Why is this? – it is <u>because(</u>?), the/your #3, Ego Body, Present Incarnation, Personality Body 'Construct?' – <u>PIGGY</u>-<u>BACKS</u>!?! IN/ON CONSCIOUS, WHEN IT (CONSCIOUS) IS IN A 'NESS,' STATE OR CONDITION!?!

Please note carefully: Your #3, Ego Body – should! should! = simply <u>observe</u> = without judgement!?!

Please note carefully: Your #1, Malkuth Body – does! does! = simply <u>believe</u> = without judgement!?!

Judge = to show; to reveal; to display – From the Latin; iudicare = to judge; to examine officially; form an opinion upon. From; iudicem/iudex = a judge/judgement; compound of 'ius = right; law + root of dicere = to say. From the Proto-Indo-European Root word; Deik = to show; to reveal; to display. Also, pronounce solemnly.

Observe - from the Latin; observare = watch over; heed; take note; look to; attend to; regard; <u>comply with</u>. From; ob = <u>in</u> <u>front; in front of; before</u> + servare = to watch; keep safe. From the Proto-Indo-European Root word; ser = protect.

In the daily practice of the/your egg/chair exercises, you - #3, are <u>comply</u>-ing <u>with</u>? (<u>Agree</u>-ing <u>with</u>?), the above. (Comply; from the Latin; compler = to fill up; to fulfil; to finish; to end. From com = close; nearby; with + plere = to fill. See/read letter of Saint Augustine of Hippo; <u>Agree-with</u>!?!)

If you do the/your basic egg/chair exercises, <u>with</u> – the/your #3, Ego body – Judge-ing? Then you are <u>not(?)</u> there yet!?! (Hence '<u>why</u>!' your 'occult?' practices(?), are <u>not</u> – working, for you!?!)

There is '<u>no luminosity</u>!?!' in/on the/your #1, Malkuth Earth/Hades Plane! You can/should read this for yourself, in history = Mythology. The Dark-ness; Black-ness; <u>Blind</u>-ness = was/is, there <u>first</u>!?! And the 'Command?', 'Instruction?' was given = Let There Be! (The '<u>first</u>?' <u>Duality</u>???)

There is much, that will/shall, over time, rise softly in conscious-ness, when/if, the basic cosmic egg and/or basic chair exercises are preformed in the prescribed manner/method/way.

Your 'power?' is that of <u>psychic</u>-<u>tactile</u>-<u>feel</u>-ing = define; three-dimensional-ise; symbol-ise, in/on the/your #1, Malkuth Earth/Hades Plane! = <u>DO NOT HAND OVER</u>!?! = <u>THIS/YOUR POWER</u>(?) <u>TO</u> = #0, Outer, outer physically physical objects; circumstances; things and/or its!?!

<u>DO NOT</u>!! = EXPECT THESE THINGS – TALISMANS; RITUALS; WORDS OF POWER; TREASURE MAPS/CHARTS = TO <u>DO THE</u> '<u>WORK</u>!?!' <u>FOR YOU</u>!?! = Conscious as a 'ness.'

THE/YOUR '<u>WORK</u>!?!' = <u>IS</u>!?! = <u>TO</u> <u>PSYCHICALLY</u>-<u>TACTILELY</u>-<u>FEEL</u>-<u>BELIEVE</u>!?!

If you 'lack?' confidence(?), in your egg/chair exercises – no problem!?! Who cares??

What you could/should 'do?', if you want(?), is to do the whole of Ophiel's Little System, method of #2, Etheric Projection, and '<u>ADD</u>!!' YOUR = <u>PSYCHIC</u>-<u>TACTILE</u>-<u>FEEL</u>-ING-<u>BELIEVE</u>-ING!?! TO!! THE YOUR 'VISUALISED' JOURNEY = Earth-of-Water!?! (Cool, eh??).

The present writer shall just present this e-mail reply, to the group list for other members to peruse, as every little helps, even a little!

Thank you.