THE ART AND PRACTICE OF OPHIEL

A Collection Of Monologues On Working With His Materials

In particular, techniques and practices for working alongside, and with, the Malkuth Earth/Hades body

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In all of Ophiel's writings, it is about being/becoming = Clairvoyant – Clair = Light + Voyance = Seeing. This 'clair-voyant' seeing, is to 'do with', the/your #2, Etheric Plane and 'above'.

The present writer, is presenting/suggesting, for those, who are unable at this particular time, in the/their 'occult' life/living, who are unable to, transfer/project their - conscious, as a 'ness,' for whatever reason, to the/their #2, Etheric Plane/Level!?!

Conscious, as a 'ness', was/is, with 'us = conscious' before we are/were 'born' (in womb?), and it remained that 'way', even after birth, until we reached about 18 months, give or take a little, and then our #3, Ego Body-ness = began to 'erupt' into/onto, conscious, as a part of, its 'ness' – not me; not mine; not this; not that; not now; not here; else; other; separate!?! Ask any parent about it/this, and they will be/shall be able to tell you, all about the; screaming, crying, hissing, spitting tantrums; yelling = I want! Give me! Mine! Don't Touch! Leave it! Get Away! Want it! Don't want it! Etc, etc, etc, et al!?! shopping malls; doctors' surgeries; schools; houses; siblings!! Anywhere, anytime – scream, scream, scream!?!

The/your #3, Ego Body = \underline{Piggy} - $\underline{Backs}(?)$ – in/on Conscious, whenever/if ever – it = Conscious – transfers, projects – to, is, becomes, a 'ness'!?!

The most 'important?' plane/level 'to' the/your #0, Outer, outer physically physical plane/level = \underline{IS} !?! – the/your #1, Malkuth Earth/Hades Plane/Level!?! <u>EVEN IF</u>!?! – <u>YOU CAN</u>!! - #2, Etheric Plane Project!?! (Ophiel discusses this, in his book; Clairvoyance, in his chapter; Semi-Physical Types of Clairvoyance.) As already pointed out/suggested(?), #2, Etheric Plane and above, is/are Clairvoyance and everything in/on the/your #1, Malkuth Earth/Hades Plane 'is!?!' = <u>PSYCHIC</u>-<u>TACTILE</u>-<u>FEEL</u>-ING!?!

To practice – Clairvoyance = you, Conscious – must visualise = #2, Etheric Plane!

To practice $-\frac{\text{Psychic}}{\text{Psychic}} = \text{you}$, Conscious $-\text{must} \frac{\text{psychically}}{\text{Psychically}} - \frac{\text{feel}}{\text{feel}} = \#1$, Malkuth Earth/Hades Plane!

To practice – Success = you, Conscious – must physically, physically = use; uses; use-ing; used; action/doing!

In the 'case' of the basic cosmic egg exercise, you – Conscious - are = Passive/Receptive = <u>non-objecting</u>!?! = with - #3, Ego Body Observe-ing, – but not! – Judge; Judge-ing; Judges; Judge-meant!?!

In the 'case' of the basic chair exercise, you – Conscious – are = Active/Doing = <u>non-objecting</u>!?! = #3, Ego Body Observe-ing, – but not! – Judge; Judge-ing; Judges; Judge-meant!?!

So!?! The 'SECRET??' – Seems to be(?), not so 'much?', in <u>what we do</u>? But...! More so(?), in the <u>way that we do it</u>!?!

In the 'case' of the basic cosmic egg exercise, the reader/occultist(?), consciously; knowingly; deliberately; purposefully = <u>psychically</u>-<u>tactilely</u>-<u>feels</u> – all five basic element <u>forces</u> symbols, <u>define</u>; <u>three-dimensional-ised</u>; <u>symbol-ised</u> – within them, about them and surrounding them = #1 & + #0 = AT <u>THE</u> <u>SAME/ONE</u> <u>TIME</u>!?! (Merging/Intermingling = <u>SHARING</u>!?! – <u>BEING</u>!?!), with the/their #3, Ego Body – non-judgemental = Observe-ing!

In the 'case' of the basic chair exercise, the reader/occultist(?), consciously; knowingly; deliberately; purposefully = <u>psychically-tactilely-feels</u> – <u>THE ELEMENTAL FORCE</u>!?! – <u>OF THE/THEIR</u> - #1, Malkuth Earth/Hades = <u>ADVERSE-NESS</u>; <u>OPPOSED-NESS</u>; <u>OBSTACLE-NESS</u>; <u>INERT-NESS</u> = <u>RESISTANT-NESS</u> = <u>STOP/HALT</u>!?! (Push down, to stand-up. Push up, to sit-down.)

Both exercises to be done/practiced in/on the/your #0, outer, outer physically physical plane and the/your #1, malkuth earth/hades plane, with, the/your #3, Ego Body – <u>observe-ing = WITHOUT</u> – <u>JUDGE-ING!?!</u> (See/read previous 'monologues' in this series, for the 'language?', of/for the #3, Ego Body.) There is/are many, many persons/individuals, who have a very good #1 &+ #0 – relationship to/with each other naturally.

Ophiel writes this 'natural type person', as individuals who are 'in keeping/harmonised' to/with, the/their 'astrological' birth sign, and that this has very little to 'do with', the actual individual themselves, per se, but is more of a 'circumstantial?', natural 'organic', type/kind of thing, as the 'original idea' of/for Astrology, was more of a/an; environmental situation and for 'large numbers' of persons/individuals, more a 'way of flowing?', of/for, the basic

element forces and their astrological counterparts. (Astrological 'weather?')

It was/is, then up to the 'individual', who is in 'harmony with?' – these 'cyclic' <u>forces</u> – to sense/feel the/their (the '<u>forces</u>') <u>flow/flowing</u>(?), and to then 'merge with' them (the <u>forces</u>), to the/their 'individual' selves!?! (Read this for your selves, in Ophiel's writings.) Once again, for your (the reader!), advancement/benefit – the basic cosmic egg and/or basic chair exercises, is/are, great/wonderful/amazing – <u>filters</u>!?! Of/for the/these <u>forces</u>!?!

In the basic cosmic egg exercise = you! - #1, Malkuth Earth/Hades – Conscious, as a 'ness' = get to touch - psychically-tactilely-feel-believe!?! – THE BASIC ELEMENTAL FORCES = <u>SYMBOLS</u>!?! – <u>OF/FOR</u>!?! – THESE '<u>FORCES</u>' = <u>IN YOU</u>!?! – <u>AT</u>! <u>AT</u>! = THE/YOUR #1, MALKUTH EARTH/HADES PLANE, LEVEL!?! And! – if you were to 'practice!?!' diligently, your personal/individual 'ability</u>?' = SKILL 'ART' – would be/become more and more = ENHANCED!?! – POSSIBLY TO THE 'POINT/PLACE' = <u>WHERE YOU</u> <u>COULD/SHOULD – APPLY IT TOO</u>!?!

Example!! = <u>COULD</u> <u>YOU</u>! (The reader/operator/practitioner/occultist!?), <u>TAKE(?)</u> <u>WITH</u> <u>YOU</u> – CONSCIOUS – AS A 'NESS'? The/your #1, Malkuth Earth/Hades Plane/Powers = <u>Psychic-Tactile-Feel</u>-ing – <u>INTO/ONTO</u>!?! = THE/YOUR #2, ETHERIC PLANE/LEVEL – <u>AND THUS BE/BECOME</u> = <u>CLAIRVOYANT</u>!?!

Example!! = <u>COULD YOU</u>! (The reader/operator/practitioner/occultist!?), <u>TAKE</u>(?) <u>WITH</u> <u>YOU</u> – CONSCIOUS – AS A 'NESS'? The/your #1, Malkuth Earth/Hades Plane/Powers = <u>Psychic-Tactile-Feel-ing INTO/ONTO</u>!?! THE/YOUR #2, ETHERIC PLANE/LEVEL <u>AND</u> <u>THUS BE/BECOME</u> = <u>CLAIRVOYANT ENOUGH</u>!?! – <u>TO</u> '<u>MAKE</u>!?!' – THE/YOUR #2, ETHERIC ELEMENTAL WATER PLANE = Behave like? Look like? Work like? Operate like? Feel like? Act like?! The, <u>EARTH-of-WATER</u>!? (From a 'two-dimensional view, to a 'three-dimensional view? See/read Ophiel's book; Clairvoyance for this.) All of the above – you 'do!', in Ophiel's method/methods = #2, Etheric, but... not everyone '<u>can</u>?', '<u>does</u>?'!?! – get there!?! As it is not so 'easy?', for many, persons/individuals to be/become -'Clairvoyant!'.

In the 'case' of egg & chair, you, the reader, are 'starting from!', already 'being??' = <u>Psychic</u>!?! In his book; Clairvoyance, Ophiel uses this designated term 'clairvoyance' in a wide/sweeping term, to cover all aspects of aware-ness; awake-ness; conscious-ness. And, in the 'difference?', of the two planes; #2, Etheric and #1, Malkuth Earth/Hades Earth, there is a/an, entire 'World! Plane!', of 'difference?'.

Ophiel writes, that there/is are 'strange sections' of 'reversal', where everything is 'reversed' (what is coming here, is going there.) See/read Ophiel's book; Astral projection, his chapter; Dream Method; 'some old maid New Thought practitioner'. See/read Ophiel's book; Creative Visualisation, his chapter; Law of Emotion; 'believe you have it already'. See/read the letter of Saint Augustine of Hippo; Agree with thine Adversary/Opposer.

Please study carefully!!! = to be/become '<u>psychic</u>!?!' – the individual; the practitioner; the occultist(?), must be able to '<u>psychically</u>-<u>tactilely</u>-<u>feel</u>!?!' = Earth-of-Earth, <u>not</u>! <u>not</u>! = #2, <u>visualise</u>!?!

Please study carefully!!! = to be/become '<u>clairvoyant</u>!?!' – the individual; the practitioner; the occultist(?), must be able to '<u>visualise/reflect</u>!?!' = Water-of-Water, <u>not</u>! <u>not</u>! = <u>psychically</u>!?! – <u>feel</u>!?!

In the/your daily practice/doing of the/your basic cosmic egg and/or basic chair exercises, you – Conscious, as a 'ness', are working/operating in/on the/your = #1, Malkuth Earth/Hades = <u>PSYCHIC</u>-<u>TACTILE</u>-<u>FEEL</u>-ING<u>PLANE</u>!?! As you – Conscious, as a 'ness,' define; three-dimensional-ise; symbol-ise, the/your basic element forces, within you, about you and surrounding you = #1 &+ #0, with you = #3, ego – observe-ing!?!

In the/your daily practice/doing of Ophiel's methods, you – Conscious, as a 'ness', are working/operating in/on the/your = #2, Etheric = <u>CLAIRVOYANT</u>-<u>REFLECTING</u>-<u>VISUALISING PLANE</u>!?!

This, the above; <u>TWO PLANES/LEVELS(?)</u>, is/are a 'fact?', 'distinction?' that = <u>IS/ARE</u> - <u>IMPORTANT</u>!?! <u>ENOUGH TO BE RECOGNISED</u>!?! <u>AND TO – WORK-WITH</u>!?! – KNOWINGLY; DELIBERATELY; PURPOSEFULLY AND CORRECTLY!?!

BOTH THESE PLANES = #2 &+ #1 = '<u>HAVE</u>!?!', '<u>CONTAIN</u>!?!' <u>A</u> '<u>DIFFERENCE</u>!?!' – <u>IN</u> '<u>TIME</u>!?!'

#2 = Future Time – clairvoyance = visualisation - assume!

- $\#1 = \text{Now Time} \frac{\text{psychic}}{\text{psychic}} \frac{\text{feel}}{\text{feel}} \frac{\text{feel}}{\text{ing}} = \text{symbol} \text{polarity}!$
- #0 = Real Time physically physical use; use-ing; used duality!

NUMBER TWO ETHERIC PLANE – CLAIRVOYANCE = GIVES POSSIBILITIES !?!

<u>NUMBER ONE MALKUTH EARTH/HADES</u> – <u>PSYCHIC</u>-<u>TACTILE</u>-<u>FEEL</u>-ING = <u>GIVES</u> <u>ANSWERS</u>!?!

<u>NUMBER ZERO PHYSICAL EARTH = USE; USES, USE-ING; USED!?!</u>

<u>STOP!</u> <u>STOP!</u> <u>TRYING</u> <u>TO</u> <u>CHANGE/ALTER</u> = THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL WORLD = <u>ABOUT</u> <u>YOU</u> <u>NOW</u>!?! = <u>YOU</u>!?! – CONSCIOUS(?), READING THIS NOW – PHYSICALLY PHYSICAL = <u>CANNOT</u>! <u>DO</u> <u>NOT</u>! <u>WILL</u> <u>NOT</u>! <u>SHALL</u> <u>NOT</u>! – <u>CHANGE</u>; <u>ALTER</u>; <u>AMEND</u>; <u>ADJUST</u> <u>ANYTHING</u>!?! = AND! AND! – IT IS THE/YOUR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY!?! = <u>WHO</u> <u>IS</u>!?! – <u>STOPPING</u>!?! <u>HALTING</u>!?! – THE/YOUR – <u>VISUALISED/PSYCHIC</u>-<u>TACTILE</u>-<u>FEEL</u>-ING/S – <u>FROM</u> <u>HAPPENING/TAKING</u> <u>PLACE</u>!?! (See/read Ophiel's book; Creative Visualisation, his chapter; Sphere of Availability.)

The 'reason?', why(?), the/your visualisations don't work/operate, is because they (your visualisations), lack 'substance = <u>psychic-tactile-feel</u>-ing'. They/the/your 'visualisations' are simply 'reflections?' = Water-of-Water and they/the/your 'visualisations/reflections = have 'no' <u>psychic-tactile-feel</u>-ing = <u>in them</u>!?! Your #2, Etheric Plane 'Visualisations' = <u>HAVE</u> <u>NO SUB-STANCE</u> = Elemental Earth/Hades = 'IN <u>THEM</u>!?!' Be! Become! = <u>PSYCHIC</u> <u>FIRST</u>!?! <u>Tactilely-Feel</u> = <u>Define-Three-Dimensional-ise-Symbol</u>-ise your object; circumstance' thing and or IT = <u>first</u>!

Enter the/your #1, Malkuth Earth/Hades <u>Psychic</u>-<u>Tactile</u>-<u>Feel</u>-ing Plane/Level <u>first</u>, via the/your basic cosmic egg and/or basic chair exercises = <u>AND ENHANCE</u>; <u>DEVELOP</u>; <u>INCREASE</u> and <u>REFINE</u>!?! – THE/YOUR LATENT; DORMANT; NATURAL – <u>Psychic</u>-<u>Tactile</u>-<u>Feel</u>-ing <u>ABILITIES/POWERS</u>!?!

As you 'stand-inside?', the/your basic cosmic egg, and define; three-dimensional-ise; symbol-ise, the/your five basic element <u>forces</u> symbols, within you, about you and surrounding you = #1 &+ #0, you – the operator/occultist(?) = <u>ARE</u> '<u>INVOKING/EVOKING</u>!?!' – <u>INDUCING</u>!?! – Ophiel's 'Neither State' condition, of; <u>NOT</u> <u>ASLEEP! NOT AWAKE</u>!?! = <u>AND</u>! <u>AND</u>! = YOU – THE PRACTITIONER, OPERATOR, OCCULTIST(?) = <u>ARE</u> <u>DOING THIS</u> – EXERCISE/TECHNIQUE = <u>CONSCIOUSLY</u>; <u>KNOWINGLY</u>; <u>DELIBERATELY</u>; <u>PURPOSELY</u>!?! IN ORDER TO <u>TRAIN/DEVELOP</u>

THE/YOUR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY = <u>TO</u> <u>NOT</u>! <u>NOT</u>! = JUDGE; JUDGES; JUDGE-ING; JUDGE-MEANT!?! BUT <u>ONLY</u>! <u>ONLY</u>! = <u>TO OBSERVE</u>!?!

As you 'stand/sit', the/your basic chair exercise = <u>IS FOR YOU</u>!?! = <u>CONSCIOUS</u> – <u>AS A</u> '<u>NESS</u>!?!' – <u>TO</u> <u>PSYCHICALLY</u>-<u>TACTILELY</u>-<u>FEEL</u>!?! – <u>WITHIN YOU</u>!?! = #0, OUTER, OUTER PHYSICALLY PHYSICAL YOU!?! = <u>THE MOVEMENT</u>!?! – <u>OF/THE/YOUR</u> = #1, MALKUTH EARTH/HADES YOU!? AND, ITS/THIS = <u>MOVEMENT</u>!?! – <u>IS</u>!?! – <u>OBSERVED</u>!?! BY/WITH THE/YOUR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY = <u>WITHOUT</u>!?! = JUDGE; JUDGES; JUDGE-ING; JUDGE-MEANT!?!

Just as you 'don't?', fall out of bed at night(?), so you won't/don't <u>fall-down(!)</u>, during your basic cosmic egg exercise!

Just as you 'don't?', wake up, at night(?), when you #0, outer physically 'move/turn' whilst asleep in bed(?), so you won't/don't, wake up(?), when you #0, outer, outer physically, physically 'move' – stand/sit!?!

<u>BUT</u>...! In both exercises – egg/chair – you = Conscious, as a 'ness – protrusion; projection; standing-out; jutting-forth; promontory; transfer' = <u>MUST</u> <u>SIMPLY</u> = <u>OBSERVE</u>!?! – <u>WITHOUT</u> = #3, EGO BODY - JUDGE; JUDGES; JUDGE-ING; JUDGE-MEANT!?!

<u>THESE</u> = EGG & CHAIR - <u>ARE THE EXERCISES/TECHNIQUE OF/FOR - THE/YOUR</u> #1, MALKUTH EARTH/HADES = <u>PSYCHIC</u>-<u>TACTILE</u>-<u>FEEL</u>-ING BODY!?! – <u>IN/ON</u> <u>THE/YOUR</u> = #1, MALKUTH EARTH/HADES PLANE!?!

PLEASE DO NOT WASTE YOUR 'TIME!', TRYING TO LEARN TO = #2, ETHERIC PROJECT, WITH THESE TWO EXERCISES/TECHNIQUES!?! (NEVER GOING TO HAPPEN!?!)

But...! If you 'do' choose to test; try; use, them, and they (the exercises) are for you, the reader/occultist at this time in your 'occult' life/living, then, this will/shall happen. Here it is, from Ophiel, from his first book; Astral Projection;

"The colours on the dust jacket of this book are the colours you will 'See' just before you 'break thru' into the Astral plane with your newly developed clairvoyant Inner sight gained through the work given in this book. When you 'see' these colours, you will know you are making progress.

The first thing to appear is the solid black. Then next, the colours begin to appear thru the black, as is shown where the colours are lined in-between with black. The black then thins out and away, the colours become more brilliant and finally, burst out into the blinding pure white Astral Light." End quote.

The = dark-ness; black-ness; <u>blind-ness</u> = <u>IS</u> <u>NOT</u>! <u>NOT</u>! – <u>A/AN</u> '<u>ABSENCE</u>!?!' <u>OF/FOR</u>!?! #0, OUTER, OUTER PHYSICALLY PHYSICAL – <u>LIGHT</u>!?!

The = dark-ness; black-ness; <u>blind-ness</u> = $\underline{IS} \underline{NOT}! \underline{NOT}! - \underline{A} \underline{COLOUR}'!?!$

The = dark-ness; black-ness; <u>blind</u>-ness = <u>IS</u>!?! – THE DEMIURGIC 'LIGHT!?!' – <u>AT</u>! <u>AT</u>! – THE/YOUR = <u>ITS</u>!! (The Demiurge), #1, MALKUTH EARTH/HADES PLANE LOWEST LEVEL!?!

<u>SO</u>! = <u>ENTER</u> <u>IT</u>!?! <u>PROJECT TO</u> <u>IT</u>!?! = THE/YOUR – <u>PSYCHIC</u>-<u>TACTILE</u>-<u>FEEL</u>-ING!?! = DARK-ness; BLACK-ness; <u>Blind</u>-ness = DEFINE-ING; THREE-DIMENSIONAL-ISING; SYMBOL-ISING = OBJECTS; CIRCUMSTANCES; THINGS AND/OR <u>ITS</u>! = <u>THAT</u> <u>YOU</u>!?! = #0 &+ #3 – DESIRE; WANT; NEED AND BROOD ON!?! = <u>AND DO NOT</u>! <u>DO NOT</u>! – <u>TRY TO</u> #2, ETHERIC 'VISUALISE' = <u>IT</u>!?!

Eros to <u>Psyche</u> = <u>BRING-NO-LIGHT</u>!?!

SO! YOU! THE READER/PRACTITIONER/OCCULTIST(?) = <u>DO LIKEWISE</u>!?! – AND THE 'WAY??', TO/OF, TO 'DO!' THE ABOVE – <u>BRING-NO-LIGHT</u> (#2) = <u>IS</u> <u>TO</u> – <u>PSYCHICALLY</u>-<u>TACTILELY</u>-<u>FEEL</u>!?! <u>WITHOUT</u>! = <u>JUDGE</u>-ING!?! = Show-ing; Reveal-ing; Display-ing = Not Me! Not This! Not That! Not Here! Not Now! Over There! Else! Other! Separate! Opposed! Adverse! Obstacle! Fixed! Inert! Immobile!

So? Now you, the reader should(?) know/understand(?) = \underline{HOW} !?! - \underline{TO} <u>MAKE</u> - <u>BELIEVE</u>? = THAT YOU - CONSCIOUS, AS A 'NESS!?!', - \underline{HAVE} !?! - YOUR = OBJECT; CIRCUMSTANCE; THING AND/OR IT? <u>ALREADY</u>!?!

SO! = <u>WHAT ARE</u> <u>YOU</u> <u>GOING</u> <u>TO</u> '<u>DO</u>? <u>NOW</u>?'!?!

Thank you.