## THE ART AND PRACTICE OF OPHIEL

A Collection Of Monologues On Working With His Materials

In particular, techniques and practices for working alongside, and with, the Malkuth Earth/Hades body

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Originally posted on Google Groups: <u>https://groups.google.com/g/ophiel-magic9-20/</u> (Previous works also posted as "Sender" on the "Ophiel Magick" group, from the defunct YahooGroups)

## 2 of 17 chair exercise. 2022

If you, the reader/practitioner/occultist(?) = #3, Ego Body – the/your egg/chair exercises, then you – Conscious – are <u>wasting</u> <u>your time</u>!?! The/your basic egg/chair exercises = <u>IS/ARE</u>!?! <u>FOR</u>!?! = the/your #1, Malkuth Earth/Hades Plane Body!?! And, plus, the/your #0, Outer, Outer Physically Physical Body = to get to 'KNOW</u>?' = each other. The/your basic egg/chair exercises = <u>IS/ARE</u>!?! <u>FOR</u>!?! = the/your – Conscious, as a 'ness = protrusion; projection; jutting forth; standing-out!?!' Wherein, you – Conscious – get/have a/an = <u>experience of</u>!?! <u>AND WHERE YOU(</u>?) = #3, Ego Body, Present Incarnation, Personality Body = <u>MUST NOT</u>: Judge; Judges; Judge-ing; Judge-meant!?! (Judge = PIE root word deik – to show; to reveal; to display)

Definition of = #0 - use; uses; use-ing; used.

Definition of  $= #1 - \frac{\text{psychic}}{\text{psychic}} \cdot \frac{\text{feel}}{\text{feel}}$ -ing = define; three-dimensional-ise; symbol-ise.

Definition of = #2 - reflect; reflection; reflected; repeated = all reflections are repetitions.

Definition of = #3 – judge; judges; judgement; judge-ing.

No physically physical verbalisation, in any of the above. The 'calls' are <u>for(?)</u>, the attention of(?), the/your #3, Ego Body(?).

Body standing/Body sitting; Body forwards/Body backwards; Body left/Body right!

Leg raised/Foot forwards/Foot back; Toes bend/Toes straight; Leg down! (Each leg individually.)

Hands raised (at face level with palms facing you), hands closed/hands open!

Arms forwards (extended front), arms raised (pointing upwards), arms side (shoulder level out), arms down!

The/your #1, Malkuth Earth/Hades Body, follows the 'calls' and the/your #3, Ego Body 'observes!' <u>without judgement</u>!?! Judgement = #3 = this is me! This is me! I am doing this! I am doing this! = <u>No</u>, <u>you are not</u>! = #0 &+ #1 = <u>ARE</u>!?! = <u>TOGETHER</u>!?! <u>IF</u>, the/your #3, Ego Body, <u>makes a judgement(?)</u> (deik = shows; reveals; displays.) <u>THEN THE/YOUR</u> #1, <u>MALKUTH EARTH HADES</u> = <u>WILL FOLLOW</u> '<u>THAT-JUDGEMENT</u>!?!' = <u>BECAUSE IT</u> (the judge-meant), <u>WAS/IS</u> = <u>MADE IN/ON ITS</u> '<u>OWN</u> #1, <u>PLANE</u>!?! (Blind Isaak to his 'son?' – come closer that I may touch [<u>psychically</u>-tactilelyfee] you!?! Ole crazy book (Bible) talk!?!)

In the basic chair exercise, the individual would start/begin with; Body Standing/Body Sitting, and at the same time, these #0, outer, outer physically physical actions, were/are taking place/happening, the individual's conscious-ness, would be, turned inwards = #3, EGO BODY = <u>PIGGY</u>-<u>BACKS</u>!?! = <u>IN/ON CONSCIOUS</u> <u>WHEN IN/ON A</u> '<u>NESS</u> = Transfer/Projection' <u>STATE/CONDITION</u>!?! (BIG OCCULT THERE!?!)

<u>SO</u>! *IT CONSCIOUS-NESS NOW <u>HAS</u> #3, IN THERE = #1 – <u>WITH IT</u>!?! = <u>PSYCHIC</u>-<u>TACTILE</u>-<u>FEEL</u>-ING BODY!?! = #1 &+ #3!?! (See/read letter of Saint Augustine of Hippo.) It is important that you, the reader/projectionist, Consciously/Knowingly/Deliberately, keep this idea/feel-ing, in mind when you – conscious – project/transfer, as this also(?), helps assists, in the exercise.* 

The idea is, to <u>align</u> your #1, Malkuth Earth/Hades <u>Psychic</u>-<u>Tactile</u>-<u>Feel</u>-ing, to/with your #2, Etheric Plane 'Little System', by/with '<u>adding</u>' the elemental <u>force</u>, of the element, of the elemental earth, thus increasing your powers of belief; believe; believed; believe-ing, of your #2, elemental water, etheric plane, through/by/with – your – Earth-of-Water <u>force</u>!?! =

<u>Clairvoyant</u>-<u>Tactile</u>-<u>Feel</u>-ing.

Earth-of-Water = Cube 'inside' Bowl – <u>Clairvoyant</u>-<u>Tactile</u>-<u>Feel</u>-ing = Visualisation. Water-of-Earth = Bowl 'inside' Cube. – <u>Psychic</u>-<u>Tactile</u>-<u>Feel</u>-ing = Define-Three-Dimensional-Symbol.

Here is what Ophiel writes, in his book: Caballa Magic, in his chapter: 4 Workings.

"There was one factual point I overlooked in the previous presentation. Take a look at the Tree again: Fig. 1a. Note: Each of the three (3) Sephiroth triangles has Air, Fire, and Water in it, but no apparent element of Earth, except you can see the word Earth repeated three times. <u>Please note: in this case the Element Earth is represented by the next three lower down</u> <u>Sephiroth</u>!!!" End quote. (Underlines are the present writers.)

Please note: in this case, the Elemental Earth <u>force</u> '<u>principle</u>', is represented by/with = the/your #0, outer, outer physically physical plane = <u>use</u>; <u>use-ing</u>; <u>used!!!!</u>

Please read again; the/your #0, outer, outer physically physical body = IS! = the 'talisman'! = of/for, the/your #1, Malkuth Earth/Hades <u>Psychic</u>-<u>Tactile</u>-<u>Feel</u>-ing Body!?!

Please start thinking/feeling this, every day, that you do and even if you don't, do/practice the/your basic cosmic egg and/or basic chair exercises!?! Here is what Ophiel writes, in his book; Talismanic Magic, his chapter: What is a Talisman:

"It might be right, and conducive to fuller understanding at this point, to put down a complete dictionary definition of a Talisman, and see how it differs from our usual idea of what a Talisman is and does.

Talisman: (French, through Spanish and Italian.)French, Arabic, tilasm, tilsam; Greek telesma,Payment, completion; Latin-Greek, an initiation,Incantation; French, telein, to complete, initiate.

1. A figure cut or engraved under certain superstitious observances of the heavens,

supposed to act as a charm.

2. Hence, something that produces extraordinary effects, especially in averting evil;

an amulet; charm.

Note the words payment and completion in this definition. In all the ordinary ideas of a Talisman the idea of a "payment" or a "completion" has never entered into it before. What do these words mean? I do not want to make a mystery out of these words; it is my intention to make all the knowledge I have about Talismans freely available to you, but I cannot go into it fully at this point, as there are some other things that have to be considered first. Therefore, will you keep these words in mind for now? Later, in the proper place, I will bring them back into the information/knowledge.

Another dictionary definition is as follows: "A stone, ring, or other object, engraved with figures or characters supposed to possess occult powers and worn as an amulet or charm. Anything whose presence exercises a remarkable or powerful influence on human feelings or actions." And now, from the Occult viewpoint, just what is the definition of a Talisman? (Apart from all other things.) An acceptable definition could be:

An Object. A Physical Object. (I cannot imagine any other kind – a nonphysical Talisman, for example, seems impossible to us although there is some evidence that some kinds of "things" exist on the "way through" to here, from the "higher planes," in the physical presence of which certain definite actions take place, are completed.) Or let us say the same thing as the above in a more "romantic" way.

A Talisman is any kind of a physical object which possesses "Magical Powers" to bring about certain desired physical happenings, and we should add, bring about desired physical happenings without too great a dislocation of all other natural forces now at work in our lives and circumstances. This, then, is what a Talisman is, and what might be expected of its powers, and answers our first question."

Talisman (noun), 1630's; magical figure cut/engraved in/on, under certain; observances. In ancient Greek; 'completion'; from = Telein – perform; action; payment; fulfil. From; telos = end; completion; fulfilment. Telos (noun) = ultimate object; aim or purpose. Greek telos = goal; end; limit; complete; fulfilled. From the Proto-Indo-European Root word; kwel (1) = turning point – changing point/direction!?!

So, let us put/place the two yellow-highlights above, together!?! And now! We read thusly! A Talisman is any kind of a physical object which possesses "Magical Powers" to bring about certain desired physical happenings, and we should add, bring about desired physical happenings without too great a dislocation of all other natural forces now at work in our lives and circumstances. Proto-Indo-European Root word; kwel (1) = turning point – changing point/direction!?! Can you see it? Do you read it? Are you able to, understand it? So that you can = Work it? = Kwel (1) = <u>A Turning Point – A CHANGING</u> <u>POINT/DIRECTION</u>!?! = <u>is this or is this not</u>? The whole point/purpose?? to/of/for? your 'occult'!?! = <u>A CHANGE OF</u> <u>DIRECTION</u>!?! The/your = #0, Outer, outer physically physical body = <u>IS</u>? = the 'Talisman?' = to/of '<u>FOR</u>?' – the/your #1, Malkuth Earth/Hades <u>Psychic</u>-<u>Tactile</u>-Feel-ing!?!

The/your = #0, Outer, outer physically physical body = <u>IS</u>? = the 'Talisman?' = to/of '<u>FOR</u>?' – the/your #1, Malkuth Earth/Hades <u>Psychic</u>-<u>Tactile</u>-<u>Feel</u>-ing/<u>Feel</u>-ings = <u>OF</u>!?! = Talismans! Rituals! Prayers! Treasure Maps/Charts! Hopes! Dreams! Ambitions! Desires and <u>Brood</u>-ings!?! (Brood = to inculcate by/with 'heat!' = emotions!?!)

Now? Do you <u>understand why</u>??? From the above information = <u>how important</u>? = the development, enhancement, increase of; the/your #1, malkuth earth/hades = psychological <u>psychic</u>-<u>tactile</u>-<u>feel</u>-ing = <u>IS</u>!?!

Now? Do you <u>understand why</u>??? From the above information = <u>how important</u>? = the development, enhancement, increase of; the/your #0, outer, outer physical body = use; use-ing; used; <u>agree</u>-ing = <u>IS</u>!?!

Now? Do you <u>understand why</u>??? From the above information = <u>how important</u>? = the training, development, discipline-ing of; the/your #3, ego body, present incarnation, personality, = observe/observe-ing = <u>IS</u>!?!

As you, conscious – as a 'ness' – begin/start the/your basic cosmic egg and/or basic chair exercises = <u>YOUR</u> -#3, EGO BODY = <u>WILL BE/SHALL BE</u> = <u>PIGGY</u>-<u>BACK</u>-ING = <u>IN/ON THE/YOUR</u> – Conscious-ness! <u>AND THIS</u> (#3), <u>IS</u>!! <u>WILL BE/SHALL BE</u>!?! – <u>WHERE THE/YOUR</u> (Conscious) <u>DIFFICULTY</u>!?! WILL/SHALL <u>BE</u>!?! Well! One of the tested and tried 'true', methods/techniques 'around' this, #3, Ego Body Dominance(?) = <u>IS TO READ</u>!?! Not to discuss, not to view-point, not to opinion, not to reveal, not to display!?! not to show!?!

## <u>WHY NOT</u>!?! (Asks the normal/rational individual?) AND THE <u>ANSWER-IS</u>!?!

Well, if you <u>do</u> discuss; <u>do</u> view-point; <u>do</u> opinion; <u>do</u> reveal and <u>do</u> display!?! <u>THEN</u> <u>THE/YOUR</u> #3, EGO BODY = <u>WILL/SHALL</u> = <u>JUDGE</u>! <u>JUDGE</u>-ING! <u>JUDGE</u>-MEANT! <u>JUDGES</u>!?! = Not me! Not mine! Not This! Not That! Not Here! Not Now! Over there! Separate! Apart! Else! Other! <u>NOT</u> <u>BELIEVED</u>!?! (See/read Ophiel vignettes; The 'OTHER' you; Your 'OTHER' you; Why do let the Devil 'USE' you.) Hence, the insistence/distance(?), of/for the/these; monologues! Learn/Master the 'tools?', that suit/appeal to 'you?', #1 &+ #0!?!

Example = if the egg/chair do not 'appeal?', to the/your #3, Ego Body, Present Incarnation, Personality Body(?), does that 'mean?', that these two exercises – do not 'work?' – will not 'work?' – for everybody, anybody? Because it doesn't suit you(!), the, #3, Ego Body = reader?

Example = if the egg/chair do not 'appeal?', to the/your #3, Ego Body, Present Incarnation, Personality Body(?), this does, that 'means?', that these two exercises – do not 'work?' – will not 'work?' – for = <u>YOU</u>!?! Because = <u>YOU</u>!?! = #3!?! = <u>HAVE JUDGED IT SO</u>!?! = <u>AND THE/YOUR</u> #1, Malkuth Earth/Hades Body = will/shall <u>follow(?)</u>, the/your – <u>strongest</u>? = <u>view</u>!?! (The present writer sees(?), that you have <u>already(!) forgotten(?)</u> – that the/your #3, ego body – <u>piggy-backs</u>(?), in/on – conscious – ness!)

The general, 'rule of thumb' is; cosmic egg first and then, basic chair, so it is assumed, that the reader, has enough personal/individual experience (Gnosis – personal/individual experience of.) of the/their basic cosmic egg exercise. Allied with/along with, the contents/meaning, of these first two monologues.

From a sitting position, with the individual's thighs in parallel with, the floor, they lean forwards and say; body standing, and proceed to do the #0, outer, outer physically physical 'action'! The 'call' prior too, the actual, factual, literal, physically physical 'action!', vocally/sub-vocally - is for(!), the/their = #3, Ego Body, Present Incarnation, Personality Body!?! (More on this part later.) The 'calls' should not(!), be – left out(?) – at the beginning/start of the/these, exercises. The reasons of/for this, are of a subtle nature, and should 'not' be evaded/avoided!?!

As the body leans forwards, it reaches the 'breaking-point/transition-point', wherein the individual, is 'neither' standing 'or' sitting, but is in the 'motion' of become-ing so; standing/sitting = <u>balanced</u>! = between the two 'states.'

It is 'in here?', that there is a, #1, Malkuth Earth/Hades = <u>movement</u>!?! = <u>STOP</u>! <u>HALT</u>! = IT IS THE JOB/TASK, OF/FOR – CONSCIOUS – TO BE/BECOME AWARE; AWAKE = TO/OF THIS – <u>MOVEMENT</u>! = IT IS THE JOB/TASK, OF/FOR - #3, EGO BODY – TO OBSERVE = THIS – <u>MOVEMENT</u>!

From where you, #0, are – sitting!?! As you = #0, begin to 'stand' = THERE IS A/AN '<u>INNER MOTION</u>?' = AS THE/YOUR #1, Malkuth Earth/Hades Body = <u>IS/BECOMES</u> – <u>FIXED</u>? <u>SET</u>? = <u>AND</u> '<u>RUSHES</u>?', '<u>FLOWS</u>?' = TO BE/BECOME – <u>THE/YOUR</u> <u>OPPOSITE</u>!?! <u>THE/YOUR</u> #0, <u>ADVERSARY</u>!?! <u>SO</u>! <u>WHILST</u>;

Next;

From where you, #0, are – standing!?! As you = #0, begin to 'sit' = THERE IS A/AN '<u>INNER MOTION</u>?' = AS THE/YOUR #1, Malkuth Earth/Hades Body = <u>IS/BECOMES</u> – <u>FIXED</u>? <u>SET</u>? = <u>AND</u> '<u>RUSHES</u>?', '<u>FLOWS</u>?' = TO BE/BECOME – <u>THE/YOUR</u> <u>OPPOSITE</u>!?! <u>THE/YOUR</u> #0, <u>ADVERSARY</u>!?! <u>THE/YOUR</u> <u>OPPOSER</u>!?! <u>SO</u>! <u>WHILST</u>;

<u>YOU</u> = #0! = <u>ARE</u> <u>SITTING</u> <u>DOWN</u>!?!

<u>YOU</u> = #1! = <u>ARE</u> <u>PUSHING</u> <u>UP</u>!?!

Please see/read Ophiel's vignettes; The Power of Speaking Things and Conditions into Existence and How to Control and Dominate Others.

The 'strength?', in this exercise, is 'in?', the knowing/knowledge, of '<u>how</u>?' it 'works/operates!?!'. That <u>gives</u> 'it?' = <u>you</u>! – conscious – #1! = ITS 'power!?!', which you, the operator#0, can now <u>use</u>; <u>use-ing</u>; <u>used</u>!?!

As you go through the 'movements' #0 &+ #1, there will come a 'time of familiarity?', when you – conscious as a ness – go to 'do' something, and your 'two bodies', #1 &+ #0, with the/your #3, ego body 'observe-ing', and you – conscious = will/shall 'cognise/re-cognise' = the/your 'answer?' = <u>IN PROPORTION TO(?) – THE AMOUNT</u>; <u>TYPE</u>; <u>KIND(?) = OF</u>! = <u>OPPOSITION(?)</u>, <u>ADVERSE(?) = Psychic</u>-<u>Tactile</u>-<u>Feel</u>-ing = that you – <u>Conscious</u> – <u>get/have</u>!?!

If the present writer, could go back and change/alter, the/this = adversary/opposer shit!?! = to inertia/inert – so that, the reader/practitioner = Conscious &+ #3, Ego Body - got the 'impression' (proper 'impression!!') that the/their #1, Malkuth Earth/Hades – was/is = completely/totally – passive/receptive = For All This, Is Delivered Unto ME! = #1, AND I = #1 = DO NOT! DO NOT! = JUDGE! (See/read letter of Augustine of Hippo, to see who it is, that 'delivers thee' to the 'Judge?', and the 'Judge?' to Officer(?), and the Officer(?), to the prison(?), from whence thou shalt not come out, until the last farthing has been 'paid??'!)

Try this; Know-ing/Understand-ing (ing = fixed/attached to present tense verbs, to mean their; action, result, product, material, etc. Or the denoting of a continuous or completed/habitual action = walk/walk-ing; talk/talk-ing; do/do-ing; fly/fly-ing; eat/eat-ing; read/read-ing; etc, et al.) <u>IS A FORM/TYPE/KIND OF = AUTOMATIC/REFLEXIVE</u> = Elemental Earth <u>force/principle</u> – action/do-do-ing!?! Hence 'why!' Ophiel laid great emphasis, on paint-ing, make-ing, do-ing – talismans; treasure maps/charts; tattva symbols, etc, etc.

## WHAT IS IT? ABOUT THE BASIC CHAIR EXERCISE(?), THAT YOU, THE READER, DO NOT UNDERSTAND!?! DO YOU NOT <u>UNDERSTAND</u>!?! THAT YOU #0, - <u>WORK-OFF</u>-<u>OF</u>-<u>FROM</u>!?! THE/YOUR = #1, MALKUTH EARTH/HADES PLANE – <u>BODY</u>!?!

Thank you.