

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

**Written by max.height**  
<https://ophiel.art>

**Originally posted on Google Groups:  
<https://groups.google.com/g/ophiel-magic9-20/>  
(Previous works also posted as “Sender” on the “Ophiel Magick” group, from the  
defunct YahooGroups)**

### 3 of 17 chair exercise. 2022

The basic cosmic egg exercise, reveals the ‘movement of’ the/your #1, Malkuth Earth/Hades Body, in relation to, the/your, #0, Outer, Outer Physically Physical Body. AND! AND! = ANY ‘MOVEMENT OF?’ = THE/YOUR = #1, Malkuth Earth/Hades Body = WILL BE/SHALL BE ‘REVEALED?’ = in relation to, the/your, #0, Outer, Outer Physically Physical Body!?!

#0, Outer, outer physically physical body = inactive!

#1, Malkuth earth/hades plane body = active!

#1, Malkuth earth/hades plane body = inactive!

#0, Outer, outer physically physical body = active!

#1 = stand-ing/sit-ing = #0, inactive!

#0 = stand-ing/sit-ing = #1, inactive!

The plane above, over, higher, before and in front of #0 = **IS!** = #1, Malkuth Earth/Hades!

The plane below, under, lower, after and behind = **IS!** = #0, Outer, Outer Physically Physical Earth!

The ‘idea/notion?’ , that the individual = Conscious = as a Ness = protrusion; projection; jutting-forth; standing out – transfer = FROM!?! = THE/YOUR #2, ETHERIC PLANE? = AND THUS = BYE PASSING? = THE/YOUR #1, MALKUTH EARTH/HADES PLANE = TO! = THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE = DOES NOT! CANNOT! WILL NOT! = HAPPEN!?! Here it is, from Ophiel, in his second book; Creative Visualisation, his first chapter; Creative Visualisation:

“To be a little more specific – The Art of Creative Visualization, AND ALL OTHER OCCULT WORK, **involves WORK DONE ON OTHER KINDS OF PLANES** in addition to the work done on the physical plane!! And how to do Inner Plane work means KNOWLEDGE, KNOWLEDGE, AND MORE KNOWLEDGE and then PRACTICE, BASED ON THAT KNOWLEDGE, AND MORE PRACTICE, AND MORE PRACTICE.

In Creative Visualization work all the planes involved in our cosmic existence are used, the

Etheric, The Lower Astral, The Higher Astral, The Mental Plane, and the Causal Plane, **AND ALL THESE PLANES HAVE DEFINITE RULES AND LAWS FROM WHICH THEY WILL NOT DEVIATE ONE IOTA**. And so, the rules of all these planes must be followed closely if you are to expect good, final, physical plane end results from preceding Inner Plane operations.

Then, even when and if these laws are followed closely and intelligently and correctly, there can be other local and cosmic conditions which can prevent Occult techniques from working temporarily. Some of these will be noted later on in this book and explained separately.” End quote.

Context:

In Creative Visualization work all the planes involved in our cosmic existence are used, the MALKUTH, the Etheric, The Astral, The Mental Plane, and the Causal Plane:

AND ALL THESE PLANES HAVE DEFINITE RULES AND LAWS FROM WHICH THEY WILL NOT DEVIATE ONE IOTA.

And so, the rules of all these planes must be followed closely if you are to expect good, final, physical plane end results from preceding Inner Plane operations!

The ‘sphere’ at the ‘bottom’ of the Tree/Map = Malkuth – Kingdom! = IS NOT! AND NEVER HAS BEEN!?! = #0, OUTER, OUTER PHYSICALLY PHYSICAL!?! = ONLY THE UN-INITIATED!?! = THINK/FEEL THIS ‘WAY!?!’ = Malkuth is Physical!?!

The plane above, before, over, higher and in-front of – the/your #1, Malkuth Earth/Hades = IS! = the/your #2, Etheric Plane! (Big, big ‘occult!’, there, that can be/should be use; uses; use-ing; used – immediately!?!)

It is ‘because’, the/your #1, Malkuth Earth/Hades Plane = IS BLACK-ON-BLACK – BLACK-ASTRAL-LIGHT (Demiurges – LOWEST POINT/PLACE – BEFORE BECOMING #0, PHYSICALLY PHYSICAL!) – AND THE PLANE/PLACE WHERE = EVERYTHING!?! ALL!?! = IS ONE!?! = THAT THE/THIS #1, MALKUTH EARTH/HADES PLANE = IS!?! = REFERRED TO = AS INVISIBLE! AS SECRET! AS UNSEEN! AS HIDDEN! AS DARK-NESS; BLACK-NESS; BLIND-NESS!?!

Anyone who can/does understand the cup; knife; fork exercises and the three-step principle/process = HAS/IS = ALREADY! = TRANSFERRED/PROJECTED!

#0: Physical 'cup' = use; uses; use-ing; used 'cup'.

#1: Malkuth 'cup' = psychic-tactile-feel-ing 'cup'.

#2: Etheric 'cup' = clairvoyant-visualise-ing 'cup'.

#3; Ego Body = observe; observe-ing; observed.

Then/Next.

#3; Ego Body = observe; observe-ing; observed.

#2: Etheric 'cup'. = clairvoyant-visualise-ing 'cup'.

#1: Malkuth 'cup' = psychic-tactile-feel-ing 'cup'.

#0: Physical 'cup' = use; uses; use-ing; used 'cup'.

As you/if you – the reader/practitioner/occultist, do/practice the above (and it will/shall be/become much 'clearer' as you/if you 'progress', in your egg/chair exercises.) you – Conscious – must remember/recall – that there is/are = NO 'VISUALISATION/VISUALISATIONS!?!' = IN/ON THE PLANES = #1 &+ #0!?! (AND ALL THESE PLANES HAVE DEFINITE RULES AND LAWS FROM WHICH THEY WILL NOT DEVIATE ONE IOTA.)

Knowing/Understanding, that the/your #3, Ego body; Present Incarnation; Personality body = Piggy-Backs? = in/on – Conscious – when it – Conscious - is in a 'ness,' = explains(?) = why? = things go 'wrong?'.

AND ALL THESE PLANES HAVE DEFINITE RULES AND LAWS FROM WHICH THEY WILL NOT DEVIATE ONE IOTA = BUT! BUT...! = THE/YOUR #3, EGO BODY = JUDGE; JUDGES; JUDGE-ING; JUDGEMENT!?! – SKEWS/DISTORTS/DISRUPTS – THE/THESE PLANES LAWS, RULES & GOVERNANCES!?! Here it is, from Ophiel, from his book; Contacting the Demiurge, his chapter; Seventh Section:

“MORE SIDE NOTES. Have you ever noticed in life how occasionally a subtly expressed DESIRE will unexpectedly come true? Without a lot of praying and weeping and wailing? I suggest that in some subtle way a channel to the Demiurge happened to be open and the prayer/desire/thought got through instantly and (let us use that new word “programmed”) programmed the Demiurge to work, and create, or bring the already created to you.” End quote.

Here it is again, in ‘context’;

MORE SIDE NOTES. Have you ever noticed in life, **how occasionally a subtly expressed DESIRE will unexpectedly come true? Without a lot of praying and weeping and wailing?** I suggest that in some ‘subtle way?’ a channel to the Demiurge happened to be ‘made open?’ = BY/WITH/THROUGH = THE/YOUR #3, EGO BODY!?! = **NOT! NOT!** = JUDGE; JUDGES; JUDGE-ING; JUDGEMENT!?! And the prayer/desire/thought = got through instantly and (let us use that new word “programmed”) programmed the Demiurge **to work, and create, or bring the already created to you.**” End quote.

Once again; the/your #3, Ego Body = says/means? = Not me! Not mine! Not this! Not that! Not here! Not now! Else; Other; Separate; Apart; Over there! Read the above again, with this #3, in mind. And then think, about all your ‘happy’ co-incidences and your ‘un-happy’ ones!?!

As you sit in your chair, ready for the start of the/your exercise, standing/sitting, be/become aware, awake, conscious to/of the fact, of your = active/inactive = roles, that you – conscious and/plus – you - #3? – are about to participate/share in = THROUGH/BY/WITH!?! = THE/YOUR #1, MALKUTH EARTH/HADES BODY &+ = THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL BODY!?!

It is of ‘vital/important!’, understanding, that you – conscious – must be aware; awake and knowing – that it is(!), the/your #1 &+ #0 ‘bodies?’, that are/which are = DOING/SHARE-ING/PARTICIPATE-ING – IN!?! – THE ‘EXERCISE’!?! = **NOT! NOT!** = YOU! - #3, EGO BODY!?! Here is what Ophiel writes, in his first book: Astral Projection, his chapter: Little System.

“The image is your etheric body and you are watching it thru the ‘eyes’ of the ASTRAL BODY – **when you WORK on or SEE any part of yourself you are working or seeing thru the**

body 'above' that body. So, in this case you are transferring down and not up.

Hold your consciousness into the Etheric body and go thru the route to the end and back keeping yourself in the image. See thru the eyes of the image and perform all the actions with the etheric counterparts of the physical body, the etheric arms and legs etc. Keep doing this until you are perfect at it.

ONE DAY THE TWO BODIES WILL FUSE INTO ONE BODY AND YOU WILL OPEN ANOTHER KIND OF AN EYE AND YOU WILL FIND THAT YOU ARE REALLY THERE IN THE ETHERIC BODY FOR REAL AT THE SAME TIME YOU WILL BE CONSCIOUS OF THE PHYSICAL BODY TOO AND YOU WILL KNOW THAT YOU ARE DUAL AND CAN AND DO FUNCTION IN BOTH BODIES AT ONCE.

Don't lose your head when this happens. By this time, you should have had so much practice along these lines that you should feel no great surprise." End quote.

Context, reads thusly:

The image is your #1, malkuth earth/hades body and you are watching it thru the 'eyes' of the ETHERIC BODY – when you WORK on or SEE any part of yourself you are working or seeing thru the body 'above' that body. So, in this case you are transferring down and not up.

Hold your consciousness into the #1, malkuth earth/hades body and go thru the route to the end and back keeping yourself in the image. See thru the psychic-tactile-feel-ing of the image and perform all the actions with the/your #1, malkuth earth/hades, parts, of the/your physical body, the malkuth earth/hades, arms and legs etc. Keep doing this until you are perfect at it.

ONE DAY THE TWO BODIES #1 &+ #0 = WILL FUSE INTO ONE BODY AND YOU WILL OPEN ANOTHER KIND OF AN EYE (See-ing/Observing – through/by/with PSYCHIC-TACTILE-FEEL-ing) AND YOU WILL FIND THAT YOU = CONSCIOUS - ARE REALLY THERE IN YOUR #1, MALKUTH EARTH/HADES BODY FOR REAL 'AND' AT THE SAME TIME YOU WILL BE CONSCIOUS OF YOUR #0, PHYSICALLY PHYSICAL BODY TOO AND YOU – CONSCIOUS = WILL KNOW THAT YOU ARE/HAVE AND CAN AND DO FUNCTION IN BOTH BODIES AT ONCE. Don't lose your head when this happens. By this time, you should have had so much practice along these lines that you should feel no great surprise.

WHEN THIS, THE ABOVE 'HAPPENS' (Transfer/Projection of) THE/YOUR = #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY = IS! IS! = NO LONGER/NOT? = JUDGE; JUDGES; JUDGE-ING; JUDGEMENT!?! = Not me! Not mine! Not this! Not that! Not here! Not now! Else; Other; Separate; Apart; Over there!?! Even

simply reading of/about this, and these procedures, is conducive to good practice as the sub-conscious-mind = **Psyche** – is stimulated and the #3, Ego Body – is made receptive(?), accepting(?), to/of/for, the above presentations, as Ophiel writes; there is a mental/psychological ‘digestion’ taking place, each time, with each practice session.

Judge = from the Proto-Indo-European Root word; deik = to show; to reveal; to pronounce solemnly; So, ‘judge’; ‘judge-ing’; ‘judges’ and ‘judgement’ are = ALL #1, MALKUTH EARTH/HADES!?! (Judge-ing = by/with **Psychic-Tactile-Feel**-ing!?! IS! = #1!?! = UNTIL!?! = THE/YOUR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY = SPEAKS(?! (Speaks – is a descriptive/explanative term!)

The ‘language’!?! – OF/FOR(!) – THE/YOUR #3, Ego Body = IS! = Not me! Not mine! Not this! Not that! Not here! Not now! Else; Other; Separate; Apart; Over there! = **JUDGED!**!?!

The ‘difficulty?’ IS? - #3, Ego body, Present Incarnation, Personality body = YOU(?) (Body – is a descriptive, explanative term!) = **PIGGY-BACKS!**!?! = IN/ON – CONSCIOUS!?!

Try it this way; when/if? You – Conscious = get into/onto the/your #1, Malkuth Earth/Hades Plane – both you – Conscious ‘and’ #3, Ego Body – will/shall BE(!) – IN POSSESSION OF!?! = A/AN ‘OTHER?’ BODY? = IN/ON A/AN ‘OTHER’ PLANE!?! BUT...! BOTH YOU(?) – CONSCIOUS ‘AND’ #3!?! – WILL BE/SHALL BE = THE SAME!!?! (Hence ‘why?’, the your #3, Ego Body ‘judgements’, ‘judge-ing’ has such an ‘effect’ in/on the/your #0, outer, outer physically physical body!?!)

The individuals #1, Malkuth Earth/Hades **Psychic-Tactile-Feel**-ing Body - **BELIEVES!**!?! = FOR ‘ALL’ THIS (Above and Below) IS DELIVERED UNTO IT = #1!?!

The apparent(?) ‘conflict??’ (Adversary/Opposer?) as such(?), is from the #1, malkuth earth/hades planes; LAWS, RULES & GOVERNANCES and the #3, ego body, who is **piggy-back**-ing, in/on conscious as a ‘ness – transfer/projection?’, BUT...! IN/ON THE/YOUR #1, Malkuth Earth/Hades Plane = THE ASTRAL-LIGHT = IS!!?! = BLACK!!?! BLIND!!?! (Both these ‘terms’ are descriptive narrative!?!) And there is ‘NO LIGHT!!?!’ (#2, Etheric reflection!!) for your ‘**Psyche**?’ to ‘see??’ = BUT...! YOU = CONSCIOUS – ARE AWAKE; AWARE ‘TO’ THE/YOUR ‘OWN’, **PSYCHIC-TACTILE-FEEL**-ING!?!

WHICH IS!!?! WHAT IS!!?! WHAT?? AND THE ‘ANSWER IS!!?!’ = ??? – STOP!!?!

#1, Malkuth Earth/Hades Plane = Inertia; Inert; Heavy; Resistance = expressed/explained as – Adverse; Opposed; Obstacle = Stop! = MAXIMUM AMOUNT! – HALT!?! Here it is, from Ophiel, from his book; Clairvoyance, his chapter; The Two Minds:

How much milk should I ‘pour?’ = stop/halt! – this much!

Which watermelon, is ‘ripe?’ = stop/halt! – this one!

How much pressure should I apply to the ‘gas-pedal?’ = stop/halt! – this much!

Now! It is ‘in’ the basic chair exercise, that the psychological psychic-tactile-feel-ing = of = stop/halt! = is to be = learned-mastered and developed!?! Do you? The reader/practitioner/occultist? Understand this?

There is(!), a ‘moment?’, in you – the practitioner? – between – sitting & standing or sitting & standing – wherein, the/your #1, Malkuth Earth/Hades Psychic-Tactile-Feel-ing ‘body?’ – you!!! = OPPOSES! – IS!?! = ADVERSE!?! = HAS BECOME – A/AN = OBSTACLE = TO YOU – CONSCIOUS! – AS A NESS!?! (Projection/Transfer) – AND YOU!?! – CONSCIOUS – AS A NESS = DO NOT/CANNOT/ARE NOT!?! = #0, OUTER, OUTER PHYSICALLY PHYSICAL CAPABLE/ABLE = TO – SENSE/FEEL IT!?! = IT = Inertia; Inert; Heavy; Resistance – Adverse/Oppose/Obstacle!?!

Here it is, from Ophiel, from his book; Clairvoyance, his chapter; The Two Minds:

“Now in your experimental sub-mind work you will have to evolve your own types of exercises, like the examples given, and carry them out successfully. You have to release all conscious-mind control and practice allowing the sub-mind to take over, and this gives rise to a very queer feeling, as if you seem to be losing control over your objective world. Practice until you note a degree of entry of the sub-mind into the objective world, which is all you need to greatly improve and sharpen up your life.” End quote.

Well, this; greatly improve and sharpen up, your life(?), is what you(?), the reader/practitioner/occultist(?) is/are ‘doing,’ with the/your basic cosmic egg and/or basic chair exercises = at = the/your #1, Malkuth Earth/Hades = PSYCHIC! LEVEL!?! and/plus/also = the/your #0, Outer, Outer Physically Physical level!?!



Thank you.