

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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4 OF 17 chair exercise. 2022

Here is how the previous ‘monologue’ 3, chair exercise, finished.

“Here it is from Ophiel, from his book, Clairvoyance, his chapter; The Two Minds.

“Now in your experimental sub-mind work you will have to evolve your own types of exercises, like the examples given, and carry them out successfully. You have to release all conscious-mind control and practice allowing the sub-mind to take over, and this gives rise to a very queer feeling, as if you seem to be losing control over your objective world. Practice until you note a degree of entry of the sub-mind into the objective world, which is all you need to greatly improve and sharpen up your life.” End quote.

Well, this; **greatly improve and sharpen up, your life**(?), is what you(?), the reader/practitioner/occultist(?) is/are ‘doing,’ with the/your basic cosmic egg and/or basic chair exercises = at = the/your #1, Malkuth Earth/Hades = **PSYCHIC!** LEVEL!?! and/plus/also = the/your #0, Outer, Outer Physically Physical level!?!” End Quote.

For context, we read thusly: Now in your basic cosmic egg/chair exercises, with the/your #1, malkuth earth/hades plane, you = the reader/practitioner/occultist(?), will have to ‘evolve’ your own types/kinds of #1, malkuth earth/hades ‘applications?’, like in the examples given = **psychic-tactile-feel**-ing; define-ing; three-dimensional-ising and symbol-ising, and carry them out successfully.

You – Conscious – have to discipline the/your #3, Ego Body, so that it does not = judge – not me; not mine; not this; not that; not here; not now; else; other; separate; over there; apart. You – Conscious – have to release all Mind/#3, Ego control, and practice allowing your #1, malkuth earth/hades to – **psychically-tactilely-feel** – and this gives rise to a very queer feeling, as if, you seem to be losing control over your objective world.

Practice, until you note a degree of entry, of the/your #1, malkuth earth/hades plane as the/your **psychic-tactile-feel**-ing, into your #0, outer physical objective world, which is/will be - your – Conscious – answer!?! – which is all you need, to greatly improve and sharpen up your life!?! Do you? Are you? The reader, in a place, where you can/do, understand the, context/meaning, of/for ‘Ness’?

Ness = word-forming element, denoting a/an; quality/state and/or action, attached to an

adjective (past participle) of, in order to from a/an 'abstract' noun. From the noun stem + assu; Possibly, from the same root word, as the Latin 'tude/tudo'. Ness means to = protrude; project; stand-out; jut-forth (out crops of land, into sea; Nose, etc.) Are you, the reader/practitioner/occultist(?), aware; awake; conscious to/of(?) – the/your #1, Malkuth Earth/Hades Plane Body(?) = as it – Stops/Halts = Opposes? – is Adverse? – is a/an Obstacle – AS A NESS!?! Here is what Ophiel writes, in his vignette: Self Aware-ness:

“The, ‘dictionary’ does give a list of ‘synonyms,’ however, which is rather ‘illuminating.’ Some of these are, “Aware,” “Conscious,” “Alive,” “Awake,” meaning, “Having Knowledge of something that is not, ‘Obvious’ or ‘Apparent.” ‘*Aware*’ usually implies, ‘Vigilance,’ in ‘Observing’ and ‘Drawing Conclusions’ on what one ‘Sees’ and ‘Hears.’ *Consciousness*, implies, ‘Awareness’ of ‘Something Allowed?’ to ‘Enter’ the ‘Mind’ and with ‘Fixed Attention,’ upon it. *Alive*, ‘Adds’ to ‘Sensible,’ with the, ‘implication’ of ‘acute sensitivity’ to ‘something.’ *Awake*, implies, that one has, ‘Become Alive,’ to ‘Something’ and is on the, ‘Alert!’

Now, the word, ‘*Awake*’ is really more, ‘esoterically illuminating’ than the word, ‘*Awareness*’ the dictionary definition of ‘awake’ reads: “To come out of sleep: or a, ‘sleep-like state.” Those words are ‘Very Potent’. If you will stop to think of our lives, and the way they appear to be. I would say that many people are in a ‘Sleep-like state’ all through their, so called, ‘Waking-lives.’ Talk to people; watch them, if you ‘think’ deeply about it, and ‘feel’ deeply about it, you can, ‘sense’ that many people are, ‘NOT AWAKE!’ and ‘NOT AROUSED’ are, ‘NOT THINKING!’ and are, ‘NOT AWARE! Of what’s going on. They are not, ‘Aware’ of much of anything. They would rather get into a ‘Cocoon-like, dream-state, a ‘half-dead’ state, and stay there.

To repeat, people flounder through life wrapped up in a shell.

I have never found any group or religion, which woke them up even a little. Even a ‘*little*’ is a, ‘*lot*’ People seem to get a vague life pattern for themselves, with not much planning apparent. It seems clear enough that those people who get ahead in this world are those who are awake and planning, who are vital and dynamic. Have you ever noticed this yourself? Watch them next time; study some of these people. They actually seem to be more alert than other people. End quote.

As the individual practices, the action/doing, of the/their basic chair exercise = THEY BECOME ‘**PSYCHICALLY**!’?! = AWARE; AWAKE & CONSCIOUS = TO/OFF – THE MOVEMENT OF!?! = The/their #1, Malkuth Earth/Hades Body = AS IT (#1) – MOVES!?! = IN THE ‘OPPOSITE???’ = DIRECTION!?! – TO THEM!?! = #0!?!

IT IS THIS = **PSYCHIC**!?! = AWARE-NESS/AWAKE-NESS – OF MOVEMENT!?! = WHICH YOU – CONSCIOUS – AND YOU #0, OUTER, OUTER PHYSICALLY PHYSICAL YOU!?! – ARE TRYING TO DEVELOP; ENHANCE & INCREASE!?! – IN YOU – CONSCIOUS!?! AS A ‘NESS’ (#3, Ego Body you, feels nothing!?!) So, for ‘context,’ of the above Ophiel quote, we read thusly;

Now, the word, ‘*Awake*’ is really more, ‘esoterically illuminating’ than the word, ‘*Awareness*’ the dictionary definition of ‘awake’ reads: “To come out of sleep: or a, ‘sleep-like state.” Those words are ‘Very Potent’. If you will stop to think of our lives, and the way they appear to be. I would say that many people are in a ‘Sleep-like state = not psychically-tactilely-feel-ing’ all through their, so called, ‘Waking-lives.’ Talk to people; watch them, if you ‘think’ deeply about it, and ‘feel’ deeply about it, you can, ‘sense’ that many people are, ‘NOT AWAKE = not psychically-tactilely-feel-ing!’ and ‘NOT AROUSED = not psychically-tactilely-feel-ing!’ are, ‘NOT THINKING not psychically-tactilely-feel-ing!’ and are, ‘NOT AWARE = not psychically-tactilely-feel-ing’ of what’s going on. They are not, ‘Aware = not psychically-tactilely-feel-ing’ of much of anything. They would rather get into a ‘Cocoon-like, dream-state, a ‘half-dead’ state, #3, Ego Body State (Un-feel-ing?) and stay there. To repeat, people flounder through life wrapped up in their ‘#3, ego body shell’ (basic cosmic egg,) I have never found any group or religion, which woke them up, made them to psychically-tactilely-feel even a little. Even a ‘little’ is a, ‘lot.’ People seem to get a vague life pattern for themselves, with not much planning apparent. It seems clear enough that those people who get ahead in this world are those who are awake and planning, who are vital psychically-tactilely-feel-ing and dynamic. Have you ever noticed this yourself? Watch them next time; study some of these people. They actually seem to be more alert than other people?

The/this ‘sleep like state’, will take on a ‘new meaning?’, as soon as you, the reader/practitioner/occultist, take up the daily practice of, the/your basic cosmic egg and/or basic chair exercises, in the prescribed manner/way and method! Here it is, from Ophiel - Even a ‘little’ is a, ‘lot’!?!

In the basic cosmic egg exercise, the/your #0, outer, outer physically physical body – is passive = Ophiel’s ‘neither state/condition’ of/for, his Dream Method, projection = not awake! – but... not sleep-ing!

In the/ basic chair exercise, the/your #0, outer, outer physically physical body – is aware(!), is awake(!) = vital & dynamic - psychically-tactilely-feel-ing!?!

BOTH BODIES = #1 &+ #0 = ARE NOW AWAKE/AWARE – CONSCIOUS = AT THE SAME TIME!?! – CONSCIOUSLY, KNOWINGLY, DELIBERATELY = SHARING! HARMONISING! CO-OPERATING! COMMUNICATING! TALKING! DIALOGUING! ENGAGING = WITH EACH OTHER!?! = TO THE = EXCLUSION OF!?! = THE/YOUR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY!?! = WHO CAN ‘ONLY!’ = OBSERVE!?! (But...! Not Judge-ing!!).

Now! = it is the ‘movement of?’ – the/your #1, Malkuth Earth/Hades = AS IT! - #1, Malkuth Earth/Hades Plane = is/becomes **A FIXED-POINT!** = THAT IS VITALLY IMPORTANT!?! (Fixed Point = A **Symbol!**!!)

Note = #1, Malkuth Earth/Hades **Symbol** = **FIXED-POINT!** = **MOVES!**!?! = THE/YOUR = #0, OUTER, OUTER PHYSICALLY PHYSICAL BODY!?!

Note = **All Symbols** = ARE!!?! = #1, Malkuth Earth/Hades = **Psychically-Tactilely-Felt!**!?! But...! In the ‘case’ of #1! = Everything is down to = Belief; Believe; Believed; Believe-ing!?! = **Psychically-Tactilely-Feel-**ing!?! Define-ing; Three-Dimensional-ising; Symbol-ising! The ing/ising, at the end of these words, denotes the Elemental Principle, of the Element of, the force of, Elemental Water = repeat-ing. All ‘repetitions’ is/are Elemental Water ‘principle,’ (All! Reflections, are, repetitions! All! Visualisations, are, repetitions.)

The more times, you, as an individual, are able to ‘sense/feel’ the ‘movement’ of the/your #1, malkuth earth/hades body, as a/the/your – fixed-point/place = from which(?), the more you, the reader, as an individual, are going to – understand, as the; **FIXED-POINT** = from which(?) you – #0, Conscious, as a ‘ness,’ ARE GOING TO – **WORK-OF-OF-FROM!**!?

In the Egyptian Mythos, this, fixed-point – was/is the ‘sacred mound’.

In the Buddhist Mythos, this, fixed-point - was/is; the ‘immovable spot’!

In the Occult Mythos, this, fixed-point – was/is; the #1, Malkuth Earth/Hades Plane!

(Mythos, is being used here, in its ‘Aristotelian sense’, as an interconnecting body of interconnected ‘plot-points’, of a/any particular culture, tradition and/or religion, in the ‘fictional sense’, of people’s story telling.)

The ‘trick?’, was to present/display = **MACROCOSMIC IDEOLOGY!**

The ‘trick?’, was to then work it/display it as = MICROCOSMIC TECHNOLOGY!

Hence = Magic; Occult; Sacred; Ritual; Prayer; Supplication and/or Deification? So, in the basic cosmic egg and/or basic chair exercises, there is the ‘microcosmic technology/technique??’ of, standing/sitting, in order for, the ‘individual’ to sense/feel = FOR THEMSELVES!?! and learn/understand(?), HOW? and in what WAY? the/this/their = #1, Malkuth Earth/Hades = works/operates!?! = IN/ON ITS (#1) OWN! PLANE!?!

The actual ‘subtlety?’, of the/these exercises, is ‘lost’ on many an occultist(?), but, psychically, what happens/takes place, is that, as you, the ‘occultist?’, psychically develop, increase and enhance, the/your, psychic-tactile-feel-ing to the ‘point?’, where you = #0, Outer, outer physically physical you = CAN/DO = SENSE/FEEL IT (Your #1) MOVE? = BE/BECOME!?! = A/THE FIXED-POINT!?! = THEN IT IS BUT ONE SMALL STEP!?! TO SENSE/FEEL IT (THEIR #1) IN OTHERS!?! AND SO? INFLUENCE THEM!?! (See/Read Ophiel’s vignettes: Why do you let the Devil ‘USE’ you; The ‘OTHER’ you; Your ‘OTHER’ you.

Even now, sitting typing this ‘monologue’, the present writer is aware/awake/conscious to, the sensation/feeling ‘of’, the/their #1, malkuth earth/hades ‘body centre?’, above/over their ‘head’? It matters not one single jot, to the present writer, what others say/think. When the present writer ‘stands up’, they (the present writer), will/shall sense/feel the ‘movement of’, the/their #1, malkuth earth/hades flowing, down to the/their feet, and then, the present writer shall just #0, outer, outer physically, physically walk about and sense/feel the ‘movement of’, the/their #1, malkuth earth/hades at their feet.

In the basic cosmic egg exercise, you – conscious – as a ness, are slightly behind and above, over to the left side of the/your #1, malkuth earth/hades body and when you – conscious – as a ‘ness’ – enter the/your #0, outer, outer physically physical body, you – conscious – will/shall ‘move,’ to the/your #1, malkuth earth/hades ‘right side’ and move/animate the/your #0, outer, outer physically physical body.

So, in jargon speak; as you – conscious – transfer/project – to the/your #1, malkuth earth/hades plane and about turn/face and look back/behind, you – conscious – are moving left and right (so to speak?), this is when you get the ‘jargon’ sitting (conscious as a ‘ness’), on the ‘left-hand?’ of God and/or sitting on the ‘right-hand?’ of God, both these terms were/are also ‘used’, to express, the idea/notion of past/present ‘tenses’.

So, in jargon speak; as you #0 – conscious – stand/sit – the/your #1, malkuth earth/hades plane is to your #0, outer, outer physically physical plane – conscious – **left**. You are moving above and below (so to speak?), this is when you get the ‘jargon’ as above, so below (conscious as a ‘ness’) But...! Even though, in both ‘cases’, there is/are a ‘distinction?’ = of direction!?! Left/Right – Up/Down(?) = it is only(!), only(!) = **in/on the plane** which you – conscious – as a ‘ness’ – are in/on(?) = the you ‘get/have?’ = Forward/Backward = DUALITY!?! = ALL!! = in/on the same/one plane!?! (Forward/Backward in/on the same/one level!)

As you/if you(?), the reader/practitioner/occultist(?), give some time/practice, to these things, even just reading about them, and then thinking about them(?), then the/your #1, Malkuth Earth/Hades You – will/shall work it/them ‘out,’ for you – conscious – and so – make them work/operate (!?!) – for you - #0, Outer, outer physically physical!

Also, as you – conscious – work/study these things, within you, about you and surrounding you – conscious – then, #3, ego body you – slowly(?), learns to ‘observe’.

Please read Ophiel’s book; Astral Projection, his chapters; Little System and Dream Method, and read carefully, how Ophiel explains = Observation! (Stations/Dream Diary.)

It is simply a matter of ‘fact’, literal ‘fact’, that, in Ophiel’s two methods, these are for the development of, the/your #2, Etheric Plane ‘Clairvoyant’ (Light Seeing!), powers/abilities = Visualisation.

Also, it is simply a matter ‘fact’, literal ‘fact’, that **not** everyone, is in a position/place to ‘achieve’, the development of, the/their #2, etheric plane ‘visualisation’ powers?

But... IT IS(!), simply a matter ‘fact’, literal ‘fact’, that **everyone**(?), **is** in a position/place to #0, Outer, outer physically physical = **PSYCHICALLY-TACTILELY-FEEL**!?!

And... IT IS(!), simply a matter ‘fact’, that this ability(?) – to #0, Outer, outer physically physical = **psychically-tactilely-feel**!?! = COMES FROM!?! = THE/YOUR #1, MALKUTH EARTH/HADES PLANE!?! So! = THERE! HERE? – IS! – the/your = CONNECTION!?!

You! The reader/practitioner/occultist(?), may not ‘be?’, in a position/place ‘right now?’, to transfer/project, your ‘conscious’ – to the/your #2, Etheric Clairvoyant Plane? But... every

single day, of the/your #0, Outer, outer physically physical life/living = you! – conscious – as a ‘ness’ – ARE!! 100% - IN & OUT!?! = OF THE/YOUR #1 &+ #0 – PLANES/LEVELS = EVERY SECOND OF THE/YOUR LIFE/LIVING!?!

AND YET? AND YET! SO MANY, MANY OF YOU(?) – OCCULTISTS?? – REFUSE TO BELIEVE THIS!?! (#3, Ego Body? And ‘ITS?’ = JUDGE; JUDGE-ING; JUDGE-MEANT!?!)

Next time, you – the occultist(?) – try to #2, etheric visualise/project – add! - #1, Malkuth Earth/Hades Plane = Psychic-Tactile-Feel-ing – to the/your Visualisations = AND NOTE THE QUALITATIVE DIFFERENCE!?! (This type/kind of exercise/transfer; is the/your ‘powers’ of ‘making?’, the/your #2, Etheric Plane Elemental Water – act like; work like; behave like; feel like; operate like = the elemental ‘force’, of the/your #1, Malkuth Earth/Hades Plane = EARTH-of-WATER – Cube ‘inside’ Bowl.)

Please study as carefully, as carefully, as you can; It is the ‘position/place?’ of, the/your #1, malkuth earth/hades – fixed-point – Which Determines All/Everything(?), In/On All Planes!?! = AS THIS IS!?! THE POINT!?! = FROM WHICH?? – YOU! – CONSCIOUS, AS A #0, NESS!?! = WILL/SHALL WORK-OFF-OFF!?!

Thank you.