

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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05 of 17 Chair exercise. 2022

When/if = the/your #1, Malkuth Earth/Hades **Psychic-Tactile-Feel**-ing is/becomes a ‘fixed-point?’, this ‘fixed-point?’, is, generally(?), referred to, as a = SYMBOL!?!

Please study this next part carefully! Big occult! You, the reader/operator/occultist(?), can/do = ONLY! ONLY! HAVE/GET/RECEIVE? = SYMBOLS! = IN/ON THE/YOUR #1, MALKUTH EARTH/HADES PLANE!?! (Nowhere! Else!!). (See/read Ophiel’s book; The A & P of Occult.)

Symbol – literally means; that which is thrown/cast ‘together’ = Syn – word-forming element, which has the meaning of; together with; jointly; alike; at the same time as. Also sometimes means; complete, concentrated. From the Greek ‘syn’ (a preposition) = with; together; along with; in the company of; From the Proto-Indo-European Root word; ksun + bole = a throw-ing; project-ing; cast-ing. From; bol – stem of ballein = to throw. From the Proto-Indo-European Root word; gwele = to reach – throw.

The sense/evolution, in the Greek, is/was; throwing things together, in order to, ‘contrast/compare’ as a ‘token’, to see if, something was/is ‘genuine’, hence; an ‘outward sign’ of a/an ‘inner reality?’. The idea/notion of; That which; stands in place of/for – something else/other? was/is, first recorded, in Edmund Spencer’s epic poem = Faerie Queene, in 1590, and it was this ‘idea/notion’ – something else/other, that became/is popularised, in today’s English.

So, the actual, factual, literal, physically physical, object, circumstance, thing and/or it? That you, the reader/practitioner/occultist #0, outer, outer physically, physically ‘see?’ = IS NOT! NOT! = the actual, factual, literal – #1, Malkuth Earth/Hades Plane = SYMBOL!?! – but a/an, #0, ‘expression of/for’ it!?!

THE ‘REAL?’ SYMBOL(!) = IS IN/ON THE/YOUR = #1, MALKUTH EARTH/HADES PLANE! = AND IT ‘IS!’ = THE/THIS ‘REAL?’ SYMBOL(?) = THAT YOU – CONSCIOUS – AS A ‘NESS – PROJECTION’ = PSYCHICALLY-TACTILELY-FEEL!?! = WHICH ‘MOVES/ANIMATES!?!’ = THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL BODY!?!

THE ONLY! ONLY! WAY, THAT YOU, CONSCIOUS AS A ‘NESS’, CAN ‘SEE?’,
IN/ON THE/YOUR #1, MALKUTH EARTH/HADES PLANE – IS!?! –
BY/WITH/THROUGH = **PSYCHICALLY-TACTILELY-FEEL**-ING!?!

Cast-ing a ‘symbol?’, in/on the/your #1, malkuth earth/hades plane, consists of deliver-ing, a **psychic-tactile-feel**-ing, into/onto a ‘negative’ mould/impression, in a defined, three-dimensional form, which is sensed/felt by you – conscious-ness = AS ‘STOP/HALT!?!’ = OBSTACLE; OPPOSITIONAL; ADVERSE!?!

Which horse? is going to win? = stop/halt! = this one!

Which watermelon? should I choose? = stop/halt! = this one!

How much milk? should I pour? = stop/halt! = this much!

How much pressure? should I apply? = stop/halt! = this much!

Which stocks? should I buy? = stop/halt! = these ones!

Which stocks? should I sell? = stop/halt! = these ones!

Can you? Are you? #3, Ego Body, Present Incarnation, Personality body ‘ready?’, ‘prepared?’ to ‘hand over?’ – control? – to the/your #1, Malkuth Earth/Hades Plane Body ‘you?’, for the ‘benefit of?’, #0, Outer, Outer Physically Physical you? Read again, what Ophiel writes, in his book; Clairvoyance, his chapter; The Two Minds.

“Now in your experimental sub-mind work you will have to evolve your own types of exercises, like the examples given, and carry them out successfully. You have to release all conscious -mind control and practice allowing the sub-mind to take over, and this gives rise to a very queer feeling, as if you seem to be losing control over your objective world. Practice until you note a degree of entry of the sub-mind into the objective world, which is all you want, a degree of entry, and a degree is all you need to greatly improve and sharpen up your life.” End quote.

In the ‘passivity’ of the/your basic cosmic egg exercise, wherein, you – conscious-ness, simply **psychically-tactilely-feel**, each individual basic tattva symbol, within you, about you and surrounding you = #1 &+ #0, with #3, ego body you – observing, it is this #0 ‘passivity’, which allows you – conscious, as a ‘ness’, to make the/a ‘partial transfer/projection’ = BUT! – for many, the/their #3, Ego Body, still dominates!?! – and so, because of this #3, ego body Judge-meant (Not me; not mine; separate etc, etc, etc!) There is no = belief; believe; believed;

believing!?!)

With the/your basic chair exercise, there is an element of ‘activity’ (standing/sitting!), which = causes; creates; makes(?), the/your #1, Malkuth Earth/Hades Plane – rise(?), to the ‘surface of?’ – Conscious = AS A DIFFERENT? KIND/TYPE OF – NESS!?! A – **Psychic-Tactile-Feel-ing/Sensations of** =

Opposing = resistance!

Adverse = against!

Obstacle = stop/halt!

One of the strange sensations, that the present writer encountered, but never realised at the time, was the fact, that, as they learned and practiced, their egg/chair exercises, and because they (the exercises) egg/chair were #1, malkuth earth/hades plane exercises = there was/were – no – opposer/adversary/slanderer (obstacle)? And this was because(?), both #0 &+ #3 = agreed-with(?) – the/their #1, Malkuth Earth/Hades Plane at the time of, the/their practice secessions? (But they, the, present writer, didn’t know that/this, at the/that time!)

Also, (obviously!?!), the present writer didn’t know of/about the difference/distinction between each of the planes, at that time (practicing/learning), that the/your #1, Malkuth Earth/Hades Plane – was/is!?! = THE **PSYCHIC**-PLANE!?! AND/OR/NOR! THAT THE #2, ETHERIC PLANE AND ABOVE – WAS/IS! THE CLAIRVOYANT-PLANE!?! Then, later, came ‘time?’ (See/read Ophiel for this.)

#0, Outer, outer physically physical earth = real time – use; use-ing; used!

#1, Malkuth earth/hades earth = now time – psychic-tactile-feel-ing – believe - yes/no!

#2, Etheric plane = future time – clairvoyant – future time – reflection/distance!

As you, the reader know/understand it is ‘at?’, ‘between?’, the/your #2, Etheric and #4 Astral, that the/your #3, Ego body, Present Incarnation, Personality body = IS MOST FELT(?! The ‘evidence?’, of/for this, is large, is so ‘self’ evident, that the present writer is always amazed/stunned at the large amounts of protests, wails of anguish and denials, that they ‘receive?’, from those who – do not know?

BUT!!! THE/YOUR #3, EGO BODY(?) = IS! = A ‘CONSTRUCT?’ = AND IS ONLY ‘REFERRED’ TO = AS A ‘BODY?’, FOR THE CONVENANCE OF NARRATIVE!?! (The ‘Tyrant King/Usurper’ of myth and legend) (The ‘dweller??’ within(?)) AND!!! THE IN-CONVENANCE-OF THIS ‘BODY’ IS WHAT CAUSES/CREATES/MAKES!?! = ALL OF THE ‘PROBLEMS?’, OF/FOR THE ‘WOULD BE’ MAGICIAN/OCCULTIST(?).

Here, is how(?) = IT! = #3, Ego body, Present Incarnation, Personality ‘Body?’ you – Conscious(?), does this!?!

#3, Ego body = piggy-backs(?) – in/on Conscious – when ‘it – Conscious’ – is transferred/projected – to other/higher planes!

#3, Ego body = feels nothing(?) – in/on any/all planes – only - that planes ‘body?’ does!?!

(See/read Ophiel’s Little System and/or Dream Method, for ‘body’s’ (conscious-ness) feel-ing!?!) Here is an example from Ophiel’s book; Astral Projection, his chapter: Dream Method.) The problem/difficulty that the individual ‘has?’, is that, as conscious transfers/projects, to the ‘different planes/levels’, where the Laws, Rules & Governances are ‘different’, the/your #3, Ego Body = has ‘nothing?’ to ‘hold-on-too?’ and any ‘dominance?’, that it, #3, had/has, in/on the/your #0, Outer, outer physically physical plane – is ‘gone/lost?’.

Here is how Ophiel explains it, from his book; Astral Projection, his chapter; Dream Method:

“The ‘trouble’ you encounter and the dire things that old maid occultists warn you against, all the times in the past that you read about Astral projection, is really nothing but this DIFFERENCE that exists between the different planes and what happens when you try to act on the Inner planes the same way that you act on earth-physical. Some old maid New Thought practitioner got out there one time, by accident, and when she tried to come, she went, and it scared the wits out of her.

So, instead of trying to find out what was wrong she labelled it hell and warned everyone to stay away. I want you to understand this fully, so I will repeat it again – On the Inner planes you have ACT in accordance with the laws that govern that plane which laws are different than the laws that govern the physical plane.

And, until you learn these laws, and MOVE by them, you are going to find yourself in a very peculiar position when you try to do something. When you learn the laws, and act accordingly, all will be well.” End quote.

What can one say? = if you try to #2, Etheric Visualise, in/on the/your #1, Malkuth Earth/Hades Plane?? = then you(!), the ‘occultist?’, have not yet understood(?), the laws, rules & governances ‘of’ – the/your #1, Malkuth Earth/Hades = **Psychic-Tactile-Feel**-ing Plane!

Eros to Psyche = Bring-no-Light!! = Dark-ness; Black-ness; Blind-ness = Psychic-Tactile-Feel-ing – thus, you(!), the reader/practitioner/occultist(?) = **ARE!! = follow-ing/obey-ing – the Laws/Rules/Governances of! = the/your #1, Malkuth Earth/Hades Plane!?!** Now comes an important part from Ophiel, in the following paragraphs of this same quote, from his chapter: Dream Method.

“Now comes another very important part of your instructions which again I have never heard of from any other teacher and which I am giving to you as my discovery. This information is as follows – It appears, as a sort of natural law on these inner planes, that once you have made a projection from the physical body to the etheric plane, and after you have been there for a ‘time’, **THERE IS A VERY STRONG TENDENCY TO CONTINUE TO PROJECT AGAIN AND THEN AGAIN TO THE NEXT PLANE!!!**” End quote.

For some/many, in/on the/their #1, Malkuth Earth/Hades Plane, this, STRONG TENDENCY, is not ‘felt’ too much/as much(?), as the #1, Malkuth Earth/Hades Plane, tends to ‘hold?’, ‘keep?’, us – Conscious, from progressing to, the/our/your - #2, Etheric Plane!?! When you, the student have made, the correct amount of practice/doing, then this happens, as Ophiel writes it, in his previous chapter; Little System, of this/his same book; Astral Projection:

“The image is your etheric body and you are watching it thru the ‘eyes’ of the ASTRAL BODY – **when you WORK on or SEE any part of yourself you are working or seeing thru the body ‘above’ that body. So, in this case you are transferring down and not up.** Hold your consciousness into the Etheric body and go thru the route to the end and back keeping yourself in the image. See thru the eyes of the image and perform all the actions with the etheric counterparts of the physical body, the etheric arms and legs etc. Keep doing this until you are perfect at it.

ONE DAY THE TWO BODIES WILL FUSE INTO ONE BODY AND YOU WILL OPEN ANOTHER KIND OF AN EYE AND YOU WILL FIND THAT YOU ARE REALLY THERE IN THE ETHERIC BODY FOR REAL AT THE SAME TIME YOU WILL BE CONSCIOUS OF THE PHYSICAL BODY TOO AND YOU WILL KNOW THAT YOU ARE DUAL AND CAN AND DO FUNCTION IN BOTH BODIES AT ONCE.

Don't lose your head when this happens. By this time, you should have had so much practice along these lines that you should feel no great surprise. Stay out as long as you feel like it but don't go too far away for this first time. When you are ready to return to your physical body go about it the same as you would physically, return to the body and WILL TO TRANSFER YOUR CONSCIOUSNESS TO THE BODY. And you will open your physical eyes and ask yourself "was it a dream?" And was it?" End quote.

When you are #0, Outer, outer physically physical awake, aware, conscious – you(?) – conscious as a #0, ness, are already (!?!?) – IN! – A DYNAMIC – TO/WITH! – you(?) - #1, Malkuth Earth/Hades, psychic-tactile-feel-ing/believe-ing!?!

Here it is, in 'context', from the Ophiel quote above:

The image is your malkuth earth/hades body and you are watching it thru the 'eyes' of the #2, ETHERIC BODY – when you WORK on or SEE any part of yourself you are working or seeing thru the body 'above' that body. So, in this case you are transferring down and not up. Hold your consciousness into the Malkuth Earth/Hades body and go thru the route to the end and back keeping yourself in the image. See, thru the psychic-tactile-feel-ing of the image and perform all the actions with the Malkuth Earth/Hades, counterparts of the physical body, the psychic arms and legs etc. Keep doing this until you are perfect at it.

ONE DAY THE TWO BODIES WILL FUSE INTO ONE BODY AND YOU WILL OPEN ANOTHER KIND OF AN EYE AND YOU WILL FIND THAT YOU ARE REALLY THERE IN THE PSYCHIC BODY FOR REAL, AND, AT THE SAME TIME = YOU WILL BE CONSCIOUS OF THE/YOUR #0, OUTER PHYSICAL BODY TOO AND YOU WILL KNOW THAT YOU CAN BE 'DUAL' (ALL! IN/ON THE SAME/ONE PLANE!?!) AND CAN AND DO FUNCTION IN BOTH PLANES/BODIES AT ONCE.

Don't lose your head when this happens. By this time, you should have had so much practice along these lines that you should feel no great surprise. Stay as long as you feel like it, but there is no 'need' to prolong it too long, keep it to the same amount of time/practice, of the/your egg/chair exercises (3 to 4 minutes). When you are ready to return to your physical body go about it the same as you would physically do in the egg/chair, and simply return to the body and ALLOW YOUR #0 &+ #3, TO ENGAGE YOUR CONSCIOUS-NESS TO YOUR #0, BODY. And you will open your physical eyes and ask yourself "was it a dream?" And was it?

See-ing? – in/on the/your #1, Malkuth Earth/Hades Plane, is done through/by/with = PSYCHIC-TACTILE-FEEL-ING!?! = Define-ing; Three-Dimensional-ising; Symbol-ising.

Please study carefully! Very, very, carefully!

All! Of Ophiel's Projecting techniques, are based on = #3, EGO BODY = OBSERVATION!?! = BUT! = WITHOUT JUDGE-MEANT!?! (Read this for yourselves, in his 'Little System' & 'Dream Method'!) Once again, we read this part from Ophiel, as above:

“Now in your experimental sub-mind work you will have to evolve your own types of exercises, like the examples given, and carry them out successfully. You have to release all conscious -mind control and practice allowing the sub-mind to take over, and this gives rise to a very queer feeling, as if you seem to be losing control over your objective world. Practice until you note a degree of entry of the sub-mind into the objective world, which is all you want, a degree of entry, and a degree is all you need to greatly improve and sharpen up your life.” End quote. (Underlines are the present writers.)

And this gives rise to a very queer feeling, as if you seem to be losing control over your objective world = THIS 'QUEER-FEEL-ING!?!' = AS IF! AS THOUGH! = YOU(?) = #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY = SEEMS TO BE LOSING CONTROL? = IS!! IS!?! = WHEN THE/YOUR #3, EGO BODY(!) = IS!! NO LONGER(?) = JUDGE; JUDGE-ING; JUDGE-MEANT!?! = IN/ON THE/YOUR = #1, MALKUTH EARTH/HADES PLANE &+ THE/YOUR = #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE!?!?!

Bible does the/this exercise of = #3, non-judge-meant, by/with/through = believe you - #1, have 'IT' already!

Saint Augustine does the/this exercise of = #3, non-judge-meant! By/with/through = agreeing/agree-meant!

Franz Bardon does the/this exercise of = #3, non-judge-meant! By/with/through = withdrawing time!

Ophiel does the/this exercise of = #3, non-judge-meant! by/with/through = #2, visualisation!

Present writer does the/this exercise of = #3, non-judge-meant! by/with/through = #1, psychic-tactile-feel-ing!

Ophiel's presentation, is the only one that is, #2, Etheric Plane, all the other four, are all #1, Malkuth Earth/Hades Plane, but... what does that matter(?) = WHEN YOU

KNOW/UNDERSTAND(?) – THAT THE/YOUR #3, EGO BODY, PRESENT
INCARNATION, PERSONALITY BODY = PIGGY-BACKS!?! = IN/ON – CONSCIOUS –
WHEN IT – CONSCIOUS – IS IN A ‘NESS,’ STATE/CONDITION!?!

Thank you.