

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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7 of 17 chair exercise. 2022

Both egg & chair, are what is called/named = pray-ing with the body! = pray-ing use-ing the body!

Expressions, like the ones above, are ‘negate-ing’, ‘neutralise-ing’ and ‘stable-ising’, the/your #3, Ego Body, as it simply ‘observes’ without ‘Judge-ing – show-ing; reveal-ing; display-ing!’.

Once again, just so everyone/anyone is clear(?), about how/what, the/your #3, judge/says?
Here it is:

Not me! Not mine! Not this! Not that! Not here! Not now! Else! Other! Over There!
Separate! Apart!

Remembering/Recalling – that the/your #3, Ego Body = FEELS NOTHING!?! (Do you(?), understand this?)

Here is what the, ole crazy book (Bible), says??

For all this, is delivered, unto me, and to, whomsoever, I choose, to give it!

Whatsoever things you desire, believe, that you have them already and they shall be yours!

#3 = Not!

#1 = Believe!

To pray for riches, whilst being conscious of being poor = is to be rewarded with what you are conscious of! (Neville.) = Not me! Not mine! Not this! Not that! Not here! Not now!
Else! Other! Over There! Separate! Apart! NOT RICH!?! #1, SAYS(?) – WELL! THAT I (#1,) CAN/DO = Believe!?! – So, you = Conscious, as a #0, ‘Ness,’ ARE POOR!?!
Remember/Recall = Judge? - show/reveal/display? Here is what Ophiel writes, in his book: Clairvoyance, his chapter; Counterparts and the ‘Other’ World:

“The preceding ideas – theories give rise to many possible explanations of how metaphysics

and miracles and such like might have worked in our past history. Also, this gives some clue as to how – why Christin Science and Unity health ‘treatments’ could ‘work’ and, indeed, should work as well as ‘miracles’ at shrines and pilgrimages, etc. **The person ‘praying’ might conceivably ‘touch’ the other, opposite one-half world thing and bring a ‘healing’ about – or a completeness, which would be the same as a healing.**

The above half-world idea could explain even the ordinary processes of life, where one keeps up a steady desire pressure for a certain object or condition and certainly the object or condition desired is not ‘here’ or we would not desire it. **Also, it is surely over there, or the ‘other half’ is.** Re-examine the material in my second book: The Art & Practice, of Getting Material Things, through Creative Visualisation, with this in mind.” End quote.

The present writer, has already explained, that for them; Counterparts are only, in/on the plane below, because a ‘Counterpart’ is a ‘copy’ (projection) of, the plane above. There is are = NO COUNTERPARTS!?! = BELOW THE/YOUR #0, Outer, outer physically physical Earth Plane – use; uses; use-ing; used!!

Both, egg & chair exercises, are #1, Malkuth Earth/Hades Plane ‘exercises’ because they take place/happen(?), in/on the/your #1, Malkuth Earth/Hades Plane = AND FOLLOWS THE LAWS, RULES & GOVERNANCES OF/FOR THE/THIS PLANE = WITH THE ‘RESULTS?’ OF/FOR THIS/THESE ‘EXERCISES!’ = HAPPEN-ING/TAKE-ING PLACE!?! = IN/ON THE/YOUR #0, Outer, outer physically physical plane!?! (As explained by Ophiel, in the/his quote, above.) Here again, is/are, the ‘results?’, of this, from Ophiel; Same book; Clairvoyance, his chapter; The Two Minds.

“Now in your experimental sub-mind work you will have to evolve your own types of exercises, like the examples given, and carry them out successfully. **You have to release all conscious-mind control and practice allowing the sub-mind to take over, and this gives rise to a very queer feeling, as if you seem to be losing control over your objective world.** Practice this until you note a degree of entry, and a degree is all you need to greatly improve and sharpen up your life.” End quote.

The above quote, is where ‘time?’ comes in!?! = EVEN IN/ON THE VERY, VERY FIRST PLANE – UP/IN? – LAST PLANE – DOWN/OUT!?! = BELIEVE YOU HAVE ‘IT’ ALREADY!?!

Here is what Ophiel writes, in his book: Contacting the Demiurge, his chapter; Section Nine:

“All of these actions are messages to your subconscious and don’t forget the desire emotions. And your subconscious passes on the message to the Universal Subconscious, which is another name for the Demiurge. Don’t forget, never forget, that there is some need to learn to use this Art and do allow some physical time for it to work. Time is a very mysterious thing and as I said several times before, Time on the Etheric, and the other inner planes, is **NOT THE SAME TIME DOWN HERE**. You should experience a gradual increase of your all-around well-being and your physical resources should show gradual improvement.” End quote. (Underlines are the present writers.)

All, 100%, of the/your #0, outer, outer physically physical actions/do-ings = **is/are messages to/of/for, the/your #1, malkuth earth/hades plane/body** = nothing is random!?! Chaotic = yes!?! Random = no!?! Cause & Effect!?! (The names/epithets, of/for the Demiurge, at the your #1, Malkuth Earth/Hades, level = Yaldabaoth – childish; Saklas – foolish; SamaEL – **Blind!** = explain the/your #1, malkuth earth/hades plane.)

In/on the/your #0, Outer, outer physically physical plane = you can only use; use-ing; used.

In/on the/your #1, Malkuth Earth/Hades, plane = you get to ‘choose!?!’

You = Conscious-ness! #0, get to use; use-ing; used – only! = no choice?

You = Conscious-ness! #1, get to ‘choose!’ = choose between two halves/sides of the one force!

(See/read Ophiel’s vignette: The Power of Speaking Things and Conditions into Existence.)

Remember/recall this ‘occult’ = only in/on the plane above; over; higher; before and in-front – do you get/have a ‘single’ force! = only in/on the plane below; under; lower; after and behind – do you get/have ‘one side/half’ of a ‘single’ force!

#1, Malkuth Earth/Hades = **Psychic-Tactile-Feel**-ing = Whole/Both Sides of a single-force!

For all this = both-sides! – is/are delivered unto me - #1, and to? Whomsoever I (#1), choose to give it!?! = share it!?!

WELL! = WHO? WHO? – DO YOU!! – THE/READER/PRACTITIONER/OCCULTIST(?) – THINK? – THAT THE #1, MALKUTH EARTH/HADES PLANE IS – **GOING TO SHARE THIS ‘SINGLE-FORCE’ WITH!**!?! (AT LEAST! THE VERY LEAST! – ONE

HALF/SIDE OF IT! – SINGLE-FORCE!!?)

Please study this ‘occult’ as it is very, very ‘elusive?’!

Most persons (ordinary?), actually; factually; literally - #3, Ego Body ‘CHOOSE’!?!)

Most persons (un-successful?), actually; factually; literally - #0, ‘ACCEPT’!?!)

Most persons (successful?), actually; factually; literally, let - #1, ‘CHOOSE’!?!)

#2, Etheric Plane/Body – Clairvoyant/Clairvoyance – future time!

#1, Malkuth Earth/Hades Plane/Body – **Psychic** – now time!

#0, Outer, Physical Earth Plane/Body – Physical – use time!

ONLY! – IN/ON THE = #1, NOW-TIME = DO YOU – Conscious, as a ‘ness’ – GET TO - CHOOSE!!?)

Only in/on the plane above; over; higher; before and in-front – do you get/have, a ‘single’ force!

Only in/on the plane below; under; lower; after and behind – do you get/have, ‘one side’ of a ‘single’ force!

In/on the/your #1, Malkuth Earth/Hades – do you Conscious – get/have = standing/sitting!

In/on the/your #0, Outer Physical Earth – do you Conscious – get/have = standing ‘or’ sitting!

As much as it pains the present writer, to sit here and write this, but for simple clarity(?), here is, yet another one of those endless lists!

In/on the/your #1, Malkuth Earth/Hades – do you Conscious – get/have = successful/un-successful!

In/on the/your #0, Outer Physical Earth – do you Conscious – get/have = successful ‘or’ un-successful!

In/on the/your #1, Malkuth Earth/Hades – do you Conscious – get/have = hot/cold!

In/on the/your #0, Outer Physical Earth – do you Conscious – get/have = hot ‘or’ cold!

In/on the/your #1, Malkuth Earth/Hades – do you Conscious – get/have = black/white!

In/on the/your #0, Outer Physical Earth – do you Conscious – get/have = black ‘or’ white!

Now that you, the reader ‘know of?’ = you only get/have ‘both sides’ of a single-force = in/on the plane above; over; before and in-front-of = the plane below; under; after and behind? HOW NOW?? DOES THE/YOUR #1, MALKUTH EARTH/HADES PLANE = SEEM/FEEL(?) = TO YOU – CONSCIOUS!?! (See/read Ophiel’s vignette; The Powe of Speaking Things & Conditions into Existence.)

So, you! The reader/practitioner/occultist = #0, Outer, outer physically physical body – Conscious = NOW KNOW(?), UNDERSTAND(?) = that in/on the/your - #1, Malkuth Earth/Hades Plane = THAT THERE ‘IS?’, SUCH A THING/FORCE(?) = AS STANDING/SITTING!?! AND! AND! = THAT THE/YOUR #1, MALKUTH EARTH/HADES YOU (!?!?) = IS GOING TO = MAKE A = CHOICE/CHOOSE-ING!?!

But! But! – big occult!?! = it (the #1 = ‘choice/choose-ing’?) = is going to = be!?! = the – opposite? adverse? obstacle? side/half?? = to you!?! = #0, outer physical!?!

You! Conscious – as a ness – transfer/projection – are going to deliberately? knowingly? understandingly = use; use-ing; used = the/your #1 &+ #0 – ‘bodies’ = as a/an – exercise/technique!?! to discipline(?), training(?) the/your #3, ego body – to = observe = without – judge; judges; judge-ing; judge-meant!?!

You! Conscious – as a ness – transfer/projection – are going to deliberately? knowingly? understandingly = use; use-ing; used = the/your #1 &+ #0 – ‘bodies’ = as a/an – exercise/technique!?! To = psychically-tactilely-feel = and thusly = enhance; increase; develop!?! this/these your – personal/individual dormant, latent, powers abilities that you have/possess now!?!

When you – Conscious – say(?), speak(?) – through the/your #0, Outer, outer physically physical body – actions/doing = body standing – the/your #1, Malkuth Earth/Hades Body = will/shall immediately/instantly! = DO THE ADVERSE/OPPOSITE/OBSTACLE = to you - #0 = AND PUSH-DOWN!?!

When you – Conscious – say(?), speak(?) – through the/your #0, Outer, outer physically physical body – actions/doing = body sitting – the/your #1, Malkuth Earth/Hades Body = will/shall immediately/instantly! = DO THE ADVERSE/OPPOSITE/OBSTACLE = to you - #0 = AND PUSH-UP!?!

This action/doing, of the/your #1, Malkuth Earth/Hades Plane Body, adverse/opposite/obstacle will/shall - give you - #0, the inertia; inert; fixed-point/place – to work off of!?!

When you – Conscious – say(?), speak(?) – through the/your #0, Outer, outer physically physical body – actions/doing = standing – in the/your basic cosmic egg/exercise, the/your #1, Malkuth Earth/Hades Body = will/shall immediately/instantly! = DO THE ADVERSE/OPPOSITE/OBSTACLE = to you - #0 = AND PSYCHICALLY-TACTILELY- FEEL = DEFINE; THREE-DIMENSIONAL-ISE; SYMBOL-ISE = THE, YOUR, FIVE BASIC ELEMENTAL FORCES (Through/by/with – the/their Symbol!) WITHIN YOU; ABOUT YOU; SURROUNDING YOU = #1 &+ #0!?!

#0, Outer, outer physically physical body = passive; receptive; accepting.

#3, Ego Body, present incarnation, personality body = observing; non-judge-mental.

#1, Malkuth Earth/Hades body = psychically-tactilely-feel-ing = move-ing/animated?

ROLE-REVERSAL!?! = THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL BODY = IS! IS! = NOW!?! = ADVERSELY; APPOSITIONALLY; OBSTACLE-ALY = IS!?! = NOW! = THE ELEMENTAL FORCE, OF THE ELEMENT, OF THE ELEMENTAL EARTH = IN 'PRINCIPLE'!?!

Here it is, from Ophiel, from his book; Caballa Magic, his chapter: 4 Workings;

“There is another great mystery here, and I have not made much progress in resolving it. To state it as clearly as I can, there is an outer Universe separate from you, and then there is an inner mechanism you have/possess which you use to cognize this outer physical universe, and in so cognizing this outer physical universe you MAGICALLY TRANSFORM something, SO THAT YOU BECOME THE UNIVERSE ITSELF AND EXPERIENCE THE UNIVERSE (I suppose you can call this living.)

This idea/thing is touched on briefly in the “Golden Dawn” books wherein the phenomenon is called “The Magic Mirror of the Universe.” The idea, greatly oversimplified, is that – a force/forces from “out there” impinges on the outer edge of your sphere, surrounding you, and you transform the force into a FORM, give the FORM movement, expansion, condensation and solidity. **YOU GIVE the force BEING, “physical being”!**

Now, again I say, I do not know the exact way, or manner, or mechanism, by which this transformation is done, but it is done. And, our/your Word/Universe is the result.” End quote.

The ‘outer universe’ is, anything above/over/beyond, what is called/named ‘Kether’.

The ‘inner mechanism’ is, **psychic-tactile-feel**-ing (define; three-dimensional-ise; symbol-ise.)

The ‘physical being’ is, action/doing – use; uses; use-ing; used.

The ‘exact-mechanism’ is, belief-believe-believe-ing-believed = **psychic-tactile-feel**-ing!

Then, farther on, same book; same chapter; 4 Workings, we read this part:

“Please note that you are looking at the Tree hence, the two sides are reversed to your two sides, your right and left side, I mean. So, turn around, mentally, and back into the Tree.” End quote.

Big, big ‘occult’ there, from Ophiel; basically, this is precisely what! – you ‘conscious’ – are doing!?! – in/on the/your basic cosmic egg and/or basic chair exercises!! Then, farther along, we read this part;

“Ophiel does not claim, again, to have the whole answer to IT ALL. I write what my pen puts down. I never know at the beginning of a sentence what the end of a sentence will be. Ophiel’s material can be **TESTED**, and do test it. **Don’t accept it blindly. Test it.**

Learn to Etheric project. Learn to Creatively Visualize. Develop some clairvoyance. **So, that is the test. TEST.**

There was one factual point I overlooked in the previous presentation. Take a look at the Tree again: Fig. 1a. Note: Each of the three (3) Sephiroth triangles has Air, Fire, and Water in it, but no apparent element of Earth, except you can see the word Earth repeated three times. **Please note: in this case the Element Earth is represented by the next three lower down Sephiroth!!!**” End quote.

Please note; in this/our/your ‘case?’, the Element of Elemental Earth is ‘represented’ by/with, the/your #0, Outer, outer physically physical earth! You cannot ‘control’ a plane, until and unless, you can ‘control’ the plane above; over; higher; before and in-front-of - the plane below; under; lower, after and behind!?!)

Well! THE PLANE ABOVE; OVER; HIGHER; BEFORE AND IN-FRONT-OF – THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE = IS! IS! = THE/YOUR - #1, MALKUTH EARTH/HADES PLANE!?! (If anyone! tells you, that the/your #1, malkuth earth/hades plane, is the – SAME AS? – IS THE SAME ONE? – AS THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE – THEN YOU, THE READER, SHOULD – MOVE ON!!?)

Ophiel’s ‘realisation?’, of/for this fact = #1 &+ #0, came late, in his studies, and even then, it was the ‘effects of/from’ the/this #1, Malkuth Earth/Hades Plane, that he ‘saw’ in/on his #2, Etheric Plane. (See/read Ophiel materials, for this.) (See/read Ophiel’s vignette; An Exercise in Preliminary Projection; See/read Ophiel’s first lesson; Correspondence Course in; Astral Projection, and his about face/about turn and look back/behind!)

ROLE-REVERSAL!!?! = THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL BODY = IS! IS! = NOW!!?! = ADVERSELY; APPOSITIONALLY; OBSTACLE-ALY = IS!!?! = NOW! = THE ELEMENTAL FORCE, OF THE ELEMENT, OF THE ELEMENT EARTH = IN ‘PRINCIPLE’!?!)

Naturally(?), the, ‘longest amount of time’, of/for the/this ‘role reversal?’ = IS, OF COURSE!!?! = WHILST/DURING = SLEEP!!?! (GET IT NOW??) = IT IS NOT! = SLEEP! = THAT MATTERS!!?! – BUT CONSCIOUS-NESS!!?! = DURING SLEEP!!?! The egg/chair ‘exercises’ is/are, to develop; increase and enhance, the/your #1, Malkuth Earth/Hades latent/dormant psychic-sense; aware; awake, conscious ‘ness’! So that, if/when(?), you – conscious – as a ‘ness’, get to transfer/project, into/onto the/your #2, etheric plane = YOU! CONSCIOUS – AS A ‘NESS’, GET TO MAKE/CREATE(?) = THE/YOUR #2, Etheric Plane = Look like; Work like; Act like; Behave like; Feel like!?! = the element force, of the element of, the element = Elemental Earth!?! = Define; Three-Dimensional; Symbol-ical!?!)

Here it is, from Ophiel, from his book: Clairvoyance, his chapter: Semi-Physical Types of Clairvoyance:

“I find myself unable to convey clearly an idea to you as to how you ‘see’ on the Inner Planes. Naturally, you have no physical bi-focal eyes – or two eyes seeing an oval space in front of you. You have a ‘single eye’ only, but now that I think about of it, the Inner Plane scenes appear three-dimensional, the same as here, which I am unable to account for, and which I shall have to do further work on.” End quote.

Imagine, if you will/can(?), that you – conscious – are blind!?! – Psychically(?) = you – conscious, as a ‘ness’, in/on the/your Black-on-Black; Black-Astral-Light = would have to be = HANDED!?! EVERYTHING!?!

For all this, is delivered unto me and to whomsoever I choose to give it!

For all this (Kether to Yesod), is delivered/given/presented unto me (#1), and to(?), whomsoever (Everybody/Anybody) ‘I’ (#1), choose (BELIEVE?), to give ‘IT!’ (Back = object; circumstance; thing!?!).

Imagine, if you will/can(?), that you – conscious – are blind!?! – Psychically(?) = you – conscious, as a ‘ness’, in/on the/your Black-on-Black; Black-Astral-Light = would have to – psychically-tactilely-feel = IT!

Imagine, if you will/can(?), that you – conscious – are in/on the/your #2, Etheric Plane = WHERE EVERYTHING!?! = IS(?) – A REFLECTION OF!?! – In this ‘case’ – the/your #1, Malkuth Earth/Hades = Psychic-Tactile-Feel-ing? = Defined? Three-Dimensional? Symbolical? = of the/your #0 &+ #1 planes???

But now that I think about of it, the Inner Plane scenes appear three-dimensional, the same as here, which I am unable to account for, and which I shall have to do further work on.

So, now??? = you, the reader/practitioner/occultist(?) now ‘know?’, informally, why and how? – it is!?! = that the/your #2, Etheric Plane ‘view/dream?’ = is/appears – three-dimensional!?!

It is ‘because?’, the/your – Conscious – as a ‘ness’ – transfer/projection – IS MAKING(?), CREATING(?) – the/your #2, Etheric – Elemental Water Plane!?! = Act like; Work like; Look like; Behave like; Feel like; Seem like, etc, etc – the/your #1, Malkuth Earth/Hades,

element force, of the element of, the element – Element Earth = Earth-of-Water!! – Cube
'inside' Bowl!!

This/these things, are, in 'essence', in – both the/your basic cosmic egg and/or basic chair exercises, which, if they/these two 'exercises' is/are for you, at this time, in your occult life/living, you, the practitioner, operator, occultist, will/shall simply 'absorb' them (the 'occults'), naturally, normally, without too much or any, disruption to the/your 'natural life flow', which should, over time, be/become 'easier', much more 'relaxed', which shows/reveals, that your partnership of #3; #2; #1 & #0 – is happening/taking place!

Thank you.