

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

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# 1 of 1, an indicator. 2022

The present writer shall present, since you have asked, some information/indication, of what direction, a/an individual could approach, their work; since most of the ‘monologues,’ are fairly ‘old,’ in the way that they are, have been ‘presented.’ (From before 2000, some late 60’s, 70’s and 80’s.) started presenting in 2003. Here is what Ophiel writes, in his book; Caballa Magic, his chapter; 5.

“Your senses form a sphere around you, (somewhat analogous to the sphere of availability as given in the book, “The Art and Practice of Getting Material Things Through Creative Visualization.”)

This sphere has been overlooked in magic Knowledge; an occult secret left out in the open freely, and thus “hidden” as, indeed, most all occult secrets are likewise so in the open and hidden by this obviousness!!! **Outside the egg-shaped** (I didn’t make it too well egg-shaped) magical mirror are “raw” undefined, un-delineated, vibration type, layer type, thought form types and shapes, and just plain FORCES, which FORCES, shapes, thought form types, layer types, vibration types, un-delineated, undefined “raw” Force Pressures are **CONVERTED** into the objects and THINGS of the Physical Plane; YOUR physical plane, which makes up your physical world by you. **In other words, you make the non-solid (?) SOLID, the non-material MATERIAL – YOU DO IT – YOU ARE THE MAGICIAN IN THE ONE TAROT CARD!!!** And, I repeat, you do it by means of the magical Power in your five senses.” End quote. (Underlines are the present writers.)

This, the above, is the basic cosmic egg/chair, ‘work/exercise,’ that the individual, undertakes, in order to, ‘see if?’, the exercises is/are for them, at this ‘point/place,’ in their occult life/living. It is for those who, for whatever reason(?), cannot get Ophiel’s materials to ‘work/operate,’ for them, in a manner/way, which is conducive, to/for ‘better,’ life/living, and/or, simply wanting more.

As soon as a person/individual, closes their #0, outer, outer physically physical eyes and ‘turns,’ inwards, they are ‘transferring,’ their ‘Conscious,’ as a ‘ness.’ This means, that the/their #0, Outer, outer physically physical plane ‘stimulus?’, ‘dominance?’, is reduced. This, reduced ‘stimulus/dominance,’ is called/named – sensory deprivation and has many, many, variations of doing/expression, the simplest of them all, being the, relaxing of the eyes/eye lids. (This type/kind of ‘expression/instruction,’ you can observe, in many of the effigies of the Buddha, with his eyes, half-closed, showing/revealing, the/a technique, of/for, ‘sensory-deprivation/stimulus’).

Meditation/Contemplation, notwithstanding(?) these two ‘techniques,’ will not/shall not/do not – increase/enhance, stimulate/develop – any kind/type, of **psychic** abilities. (See/read Ophiel, for this, in his book; The Occult.) However, long and continued practice of them, leads to a ‘path/way,’ of continuous/regular ‘sensory-deprivation,’ which, **then leads to** = **psychic** abilities. Here is how Ophiel writes it, from his book; Clairvoyance, his chapter; Rising on the Planes:

“This practice I have found to be true, **and the growth from ‘Psychic’ to ‘Spiritual,’ is a natural one. At least, it has been for me, and I am giving it to you, the best I can.** However, I don’t want you to follow me slavishly in anything or in any way. You always hear croakers in the Occult crying out vague warnings about some things without really coming out and laying it on the line, as to what they are really talking about.” End quote. (Underlines are the present writers.)

The above from Ophiel, was well known, in the ancient world, and was accurately written down, in the current Gnostic Schools, of the day (First two hundred years of the Christian era.) The school of Valentinus, was one that attracted Ophiel; here is what they have written, in Gnosticism, in general/of their day: Gnostic Concepts, are;

Sarkic = earthly; ignorant; un-initiated; hide bound. Lowest level of human thought; fleshly instinctive level.

Hylic = lowest order of three types/kinds of human. Unable to be ‘saved?’, because their thinking/feeling, is entirely material; incapable of understanding the gnosis. (Hylic = Material, is the ‘opposite?’ of **Psychic**.)

Psychic – soulful, partially initiated. Matter-Dwelling Spirits.

Pneumatic – Spiritual – fully initiated; Clairvoyant souls, escaping the doom(?), of the material world, via the/their accumulated, ‘gnosis?’.

Kenoma = Visible/Manifest Cosmos = anything lower than the ‘Pleroma = Full-ness.’ (Everything below ‘Kether.’)

Charisma = Gift of energy/teaching/instruction, given by the ‘Pneumatics – Clairvoyants,’ which encourages others to learn; develop; progress, through Gnosticism – personal/individual learning/knowing/experience-ing.

Logos – Divine ‘ordering,’ principle of the Cosmos. (Proto-Indo-European Root word; leg - I

order/organise.)

Hypostasis – literally means; that which stands beneath/behind.’ the inner reality/appearance, of/for a God, known to Psychics, via the/their = Psychic-Tactile-Feel-ing.

Ousa - literally, the essence, of God, known only to – Pneumatics = Clairvoyants.  
Specific/Individual ‘being.’

It is easy to see/read, that at one point/place, in ancient time/s, things like ‘Psychic,’ and ‘Clairvoyance,’ were not only ‘accepted?’ but... were widely known?? And then, the material-ism/literal-ism took over. Even in the ole crazy book (Bible,) this was a wide, well-known ‘problem?’ as in James 1. 19:25.

Wherefore, my beloved brethren; let every man, be swift to hear, slow to speak and slow to wrath. For the wrath of man, worketh not, the righteous-ness, of God. Wherefore lay apart, all filthy-ness (sex) and superfluity (trifles – cars; houses; clothes; bank balance, etc, etc.) of naughty-ness (Disobedient? Wicked? Wayward? =#3?), and receive with meek-ness (#1, Malkuth Earth/Hades Plane,) the engrafted word (written word = technique,) which is able to save your souls. But... be ye doers (#0, Outer, use; uses; use-ing; used = #0, actions/doings,’ of the ‘word,’ and not hearers only, deceiving your own selves (Daydreaming?). For, if any be a hearer of the word, and not a doer, then he be like unto a man, beholding his natural face, in a glass (a mirror/reflection,) for this man, beholdeth (sees,) himself, and then goes his way, and straightway, forgets, what manner of man, he desires (Psychically-Tactilely-Feels,) to be. But... whoso looketh in the perfect law, of liberty (Psychically-Tactilely-Feels,), and continues therein, he being not a, forgetful hearer, but... a ‘doer,’ of the ‘work,’ this man shall be blessed, in his deed. (In his #0, Outer, outer physically physical action/doing.)

Straight forwards = Creative Visualisation, information(?), without ‘technique!’, with which, the Ole Crazy Book abounds is stuffed full, with. As soon as the present writer ‘recognised?’, that the ole Crazy Book (Bible,) was all about – Creative Visualisation = their ‘sanity?’ was restored(?), and everything simply fell into line, fell into place. Here it is, from Ophiel, from his book; Contacting the Demiurge, his chapter; The A&P of Contacting the Demiurge or, The A&P of Showing God What to Do;

“Now here is a catch, and here is where you have to start to develop more subtle facilities. The impressions referred to above, come to you in the form of FEELINGS, not words, and you have to interpret these feelings correctly and translate them into words – verbalize them. Actually, this process is a never-ending process, especially at first, but later it becomes almost automatic, especially the more the process is used.” End quote.

For context, we read thusly: Now here is a catch, and here is where you have to start to develop more subtle facilities. The impressions referred to above, come to you in the form of; **PSYCHIC-TACTILE-FEELINGS**, **not words**, and you have to interpret these **psychic-tactile-feel**-ings correctly and translate them into #0, Outer, outer physically physical **actions/doings** – **not(!)** to just verbalize them. Actually, this process is a never-ending process, especially at first, but later it becomes almost automatic, especially the more the process is used.

Once again:

Your **PSYCHIC-TACTILE-FEEL**-INGS = form a sphere around you, (somewhat analogous to the sphere of availability as given in the book, “The Art and Practice of Getting Material Things Through Creative Visualization.”) **This sphere of Psychic-Tactile-Feel-ing has been overlooked in magic Knowledge; an occult secret left out in the open freely, and thus ‘hidden,’ as indeed, most all occult secrets are likewise so in the open and hidden by this obviousness!!!** **Outside the egg-shaped** (I didn’t make it too well egg-shaped) magical mirror are ‘raw’ un-defined, un-delineated, un-three-dimensional-ised, un-symbol-ised vibration type, layer type, thought form types and shapes, and just plain FORCES, which FORCES, shapes, thought form types, layer types, vibration types, un-delineated, un-defined, un-three-dimensional-ised, un-symbol-ised ‘raw’ Force, Pressures, are **CONVERTED** by/with **Psychic-Tactile-Feel**-ing = into the objects and THINGS of the Physical Plane; YOUR physical plane, which makes up your physical world by you. **In other words, you make the non-solid (?) SOLID, the non-material MATERIAL – YOU DO IT – YOU ARE THE = #1, MALKUTH-EARTH/HADES PLANE!?! MAGICIAN!! IN THE ONE TAROT CARD!!!!** And, I repeat, you do it by means of the magical Power in your five senses.

The present writer has no way of ‘knowing?’ (NOR DO THEY CARE TO!) how other ‘occultists?’, **Psychically-Tactilely-Feel**, about the/their #1, Malkuth Earth/Hades Plane.

In all the years of reading/studying(?), the present writer has never met/encountered/read anything, from anyone, where the ‘**connection/connections**,’ were/are presented, that go ‘on,’ endlessly – between the/their #1, Malkuth Earth/Hades Plane and the/their #0, Outer, Outer Physically Physical Plane!?! (Are you? reading this(!) one of **them**?)

Many #3, Ego bodies; Present Incarnation; Personality bodies – **still!** – **even after!?!** – being informed/instructed!?! – **still!** try to bring down/make – the/their #1, malkuth earth/hades body = a/an - #0, outer, outer physically physical body!?! which!! it = #1, = **is not!?!** Even in

something as simple/easy as the basic cosmic egg and/or basic chair exercises!?! Try this?

The/your #3, Ego Body = JUDGES? – and the word ‘Judge,’ comes from the Proto-Indo-European Root word; deik = to show; to reveal; to display.

The/your #3, Ego Body = Piggy-Backs? – in/on Conscious, whenever ‘it – Conscious,’ is ‘in’ a ‘ness,’ state/condition. Ness = to protrude; to project; a promontory; to jut-forth; to stick-out.

So, without any training, practicing, the/your #3, Ego body, present incarnation, personality body = already(?), interferes(?), blocks(?), inhibits(?), restricts(?), restrains(?), limits(?), what you – Conscious, as a ‘ness?’ – EXPERIENCES(?) Just by/with being/doing(?), what it - #3, Ego Body ‘does?’ = JUDGES!?!

Now! This, #3, Ego Body = Judge; Judges; Judge-ing; Judgement!?! is NOT(!), should NOT(?) = be a problem/difficulty? once it is understood(?) = how ‘it!’ - #3, is supposed(?) – to work/operate!?! for you = conscious, when in a ness, state/condition = transferring/projecting? Ophiel writes this out, very clearly, in his first book; Astral Projection, his chapter; Dream Method, wherein he writes, that the individual ‘conscious,’ as a ‘ness,’ in/on the/their #2, Etheric Plane, should just ‘stand-still!’ and just ‘observe?’, as if, as though, they were ‘in’ a ‘foreign?’ country/place, which they - #3, Ego Body = ARE!?! And this is what the individual should do/aim/try for, with the/their, #1, Malkuth Earth/Hades Plane, and for which, the basic cosmic egg and/or basic chair exercises, were presented. At the moment, this moment, there is/are, two more folders to present, after the current one (1 to 17 chair exercises,) and after that?

The present writer is over 70 years old, and has no intention of ‘speeding?’ anything up, as they ‘go towards?’ the final/inevitable meeting place? And whilst they (the present writer,) have no problem in ‘assisting,’ anyone, through/by/with, the/these ‘monologue,’ presentations, they (the present writer,) has/have, no intention of being, becoming(?) ‘involved?’ with any ones, art; life expression; occult direction(?). If you, are a ‘normal?’ individual, in/on the ‘Lower,’ but ‘necessary/normal,’ life path, then your ‘occult?’ should be/consist of = Health; Wealth; Sex (Biological/Physiological/Mutual/Consensual) Anything ‘forced?’ in any way/field, carries the ‘seed,’ of its own downfall/destruction.

A good to way to ‘see/observe,’ the #3, Ego Body, in action/doing, is to watch/see how

‘Grand,’ how ‘Impressive?’ the individuals = name of power? – magical name? – is!?! Also, a good way to ‘see/observe,’ the #3, Ego Body, in action/doing, is to watch/see how desperate(?), some are to get/have as many Ophiel ‘Vignettes,’ as they can, and which ones go to the ‘top!’ of their ‘List!?!’ (How to Control and Dominate Others – being THE! #1, vignette!?! Followed by/with; Magical Name/Name of Power? Etc, etc.) And yet(?), so, so, many failures??

It was the present writer, in the now defunct Yahoo Group, with the aid/assistance of Stephen Walford (Blessing be upon him!?!) who presented to the Yahoo Ophiel Magic Group, the finished article/book, of all the ‘current,’ Ophiel vignettes, in a single document/book format and all of Ophiel’s books and Correspondence Courses, which were presented in the file section, of this group, by the present writer, for all to access freely!?! And, of course, they are now all, available in/on the ‘web/net!?!’ and so they should be. Here it is, from Ophiel, from his first book; Astral Projection: Please study it carefully, as it has a very important part to play, in your now present work?

“In many cases, when the theory is wrong, the thing still works. In many cases things do not work because the basic theory is wrong, but would work, if a little knowledge was introduced. Many times, a thing works, as I said; BUT NOT BECAUSE OF THE REASON THAT IS GIVEN FOR IT WORKING, AND WITH THE RESULTS YOU MIGHT EXPECT.”

The Occult Art of Astral Projection, is definitely one of the above designated things. THE INNER PLANES ARE QUITE DIFFERENT THAN WHAT THEY ARE THOUGHT TO BE.” End quote. (Underlines are the present writers.)

Could you, the reader – take? – the above highlighted underline? – and put/place it – alongside? – the/your #1, Malkuth Earth/Hades Plane = Psychic-Tactile-Feel-ing! – And ‘get/have?’, the/your #3, Ego Body Self(?), to just ‘Observe?’.

When the present writer used to ask people/persons, how they ‘felt?’ about themselves, it was ‘ALWAYS?’, the/their #3, Ego Body, Present Incarnation, Personality Body, who ‘replied?’.

When the present writer was asked the same question = how they ‘felt?’ about themselves, it was ‘ALWAYS?’, the/their #1, Malkuth Earth/Hades Body, who replied? =

Just look at what I have?

Just look at what I do?

Just look at who I socialise with?

This/these = are how(?) ‘I’ #1, Malkuth Earth/Hades = feel!?! – about myself? = #0!

The Buddha, upon achieving ‘enlightenment?’ reportedly said, his very first words, were; THIS CANNOT BE TAUGHT!?! (i.e., = Enlightenment? = realisation of ‘Light?’) and then spent the next 40, years, trying to teach it!?! You can read, many times, in many places, where Ophiel writes, that ‘outside help?’, is of ‘no help?’, all that can be ‘achieved?’ is that the ‘individual,’ after much searching, learning, training – finally reaches(?), realisation(?), that everything/all, is simply a ‘projection?’, whereas, the vast amount, of the ‘herd,’ are simply ‘trapped/held?’ in the = use; uses; use-ing; used = state/condition, until they ‘die?’

So! In light of the fact, that = there is/are many who(?), for whatever reason(?), cannot get the/their ‘occult?’ to work/operate, for them, in the way/manner/method, as described/presented by Ophiel = #2, Etheric Plane Clairvoyance, that the present writer, suggests/recommends, that they find out/discover(?) if!?! They – Conscious, as a ‘ness,’ are more(?), inclined/leaned to/towards = BECOMING/BEING = **PSYCHIC**!?! = **TACTILELY-FEEL**-ING = DRAWN TOWARDS OR DRAWING AWAY FROM!?!

It is important(!), that you, reading this missive, in the light/knowledge/knowing(?), of what ‘it?’, is all ‘about?’, namely = **THE/YOUR = #1, MALKUTH EARTH/HADES PLANE**!?! = which is!?! – a descriptive term = of/for something(?), which is = completely normal/natural!?! and inherent(?), in ‘all!’ things!?! in/on the/your = #0, outer, outer, physically physical earth!?! Here is how Ophiel puts it, in his book; The Occult, in his chapter; Elemental Force of Water.

“I will say now, that each Elemental Force ‘rules’ a plane, or rather, ules its own plane. Hence, the Element of Earth rules the Physical Plane, **even though the Elemental Force of Elemental Earth is not the SAME as Physical Earth**, as I repeat to enforce this distinction, which, please keep in mind, as this idea, is the very essence of Magical Practices.” End quote. (Underlines are the present writers.)

Elementnt = substance; essence, of thing.

Elemental = substance; essence – pertaining to the ‘powers?’ of a/an Element!?!



Every = thing; object; circumstance; situation = in/on the your = #0, Outer, outer physically physical plane = IS! IS! ARE! – Elemental = pertaining to the ‘powers?’ of = THE ELEMENT OF!?! – the element! = element earth! = #1, Malkuth Earth/Hades!?!

YOU – Conscious, as a #0, ‘Ness,’ = are ‘in!?!’ = a duality!?! with!?! #0, Outer Physical Plane!?! Every = thing; object; circumstance; situation = in/on the your = #0, outer, outer physically physical plane = is! is! are! – #0, outer, outer physically physical!?! The ‘difficulty?’ that nearly ‘all?’, Ophiel students ‘have?’ = is that they (Like you! Who e-mail, the present writer!?! ) is that! = they always(?), always(?), = try to ‘change,’ ‘alter,’ ‘amend,’ and ‘adjust?’ = the/their #0, outer, outer physically physical plane = with the/their = #3, ego body, present incarnation, personality body!?! = which #3, body = feels nothing!?!

Only the/your #0, outer, outer physically physical body = feels = everything!?! – pan!?! = from! from! the/your #1, malkuth earth/hades plane body!?! = of which!?! – the/your = #0, outer, outer physically physical body = is! is! = a projection of!?! please study this, carefully! very, very, important!?!

Each Plane Body = IS! IS! = A PROJECTION OF?

THE PLANE ABOVE; OVER; HIGHER; BEFORE AND IN-FRONT OF?

THE PLANE BELOW; UNDER; LOWER; AFTER AND BEHIND!?! OF?

Each Plane Body; IS! IS! = THE ELEMENT EARTH ‘PRINCIPLE’ OF = THE PLANE/LEVEL ABOVE IT? = thus! making that ‘below?’ plane level a/an = elemental plane!?! = elemental = pertaining to the; powers of!?! but... not! not! = actually; factually; literally = a different force/plane? = its self!?! = so! start with kether, and follow this ‘principle,’ of = element above and elemental below!?!

When the present writer, used to(?), tell/inform individuals, that the much vaunted/venerated name of ‘Power?’ = Y.H.V.H. = started/began with a = closed-hand!?! (the elemental force – pertaining to the ‘powers’ of/above!?! ) and was the first-thing!?! to = be/appear!?! In the ‘Creative = Process?’, most persons/individuals ‘poo-pooed,’ the ‘idea?’, and yet!?! Here it is, from Ophiel, from his book; Caballa Magic (And also in his book; The Occult.) his chapter 4.

“(Hah! you ask where is Earth, the elemental force of Earth? In the case of this diagram, the elements change-pass from one element to another, and as a rule the element below can be considered “earth” to the element above. The line of change can also be considered the element Akasha, which is not shown here. When you make your diagrams, you can insert the Akasha symbol on the line if you wish and colour it, Indigo.)” End quote. (Underlines are the present writers.)

As you/if you(?), stand inside(?), the/your basic cosmic egg = then you – conscious, as a ‘ness,’ = are doing it?! = transferring/projecting?! = from! from! = #0 to?! #1?! = and it is simply a question? of degree?! = do/does?! – the/your #3, ego body accept this?! = or! or? = has the/your #3, ego body, present incarnation, personality body = already! already! = judge; judges; judge-ing; judgement?! = this?! is?? = not me; not mine; not now; not this; not that; not here; over there; else; other; apart; separate?!

Has the/your #3, Ego Body, Present Incarnation; Personality Body = already shown? already revealed? already displayed?! to the/your #1, malkuth earth/hades plane?? in/on the/your #1, malkuth earth/hades plane?! = what you?! #3, ego body?! already are?! and! and! wish to = continue?! = to be?!

1. The/your #3, Ego Body, – Piggy-Backs – in/on the/your = Conscious, when it (Conscious,) is in a ness!
2. The/your #3, Ego Body, – Presents = ITS SELF?! on/on the/your #1, Malkuth Earth/Hades Plane!
3. The/your #3, Ego Body, – Displays; Reveals; Shows? – what it IS? – NOW!
4. The/your #1, Malkuth Earth/Hades Plane – automatically/reflexively = COMPLIES?!

and that’s the part where you! #3, ego body, present incarnation, personality body = fall flat on your face?! (Metaphorically Speaking!?) Here it is, from Ophiel, from his book; Contacting the Demiurge, his; Introduction.

“In all these name forms the Force-Demiurge carries out CHANGES WITH NO REGARD FOR THE CONSEQUENCES. The Force-Demiurge does what you impress upon it to do! TO REPEAT – CARRIES OUT CHANGES WITHOUT REGARD FOR EARTH EFFECT CONSEQUENCES!!! (And that can be bad!!!)

(To digress a little – a person who suffers from poverty and lack, is doing so BECAUSE THE

**PERSON IS SO ORDERING HIS CONTACT WITH THE FORCE-DEMIURGE TO DO JUST THAT!)**

If a drunk is, rolling in the gutter, it is because the drunk has so ordered his contact with the Force-Demiurge to so do that! Sounds terrible but appears to be true!” End quote.  
(Underlines, are the present writers.)

In the above Ophiel quote = **IS**!?! – the/your #3, ego body, present incarnation, personality body!?!)

Big occult(?) = a ‘rogue?’ = out of control(?) - #3, ego body = always!?! always!?! – harms/injures(?) – its #0, outer, outer physically physical body!?! (Consciously/Un-Consciously = won’t/don’t matter!?! – STILL HAPPENS!?! = Ophiel’s ‘drunk?’ above?)

Big occult(?) = it - **#3, does so**!?! – by/with = judge; judges; judge-ing; judgement!?! = instead(?) of(?) = observe-ing!?!)

Ole Crazy Book Talk = Genesis 1 = MACROCOSMIC = **GOD**!?! = **Looked**!?! = Observed!?!)

Observe = to watch over; to regard!?!)

JUDGE = TO SHOW; TO REVEAL; TO DISPLAY; TO TELL!?!?! (From the Proto-Indo-European Root word = deik.)

It is because(?!), you are #3, Ego Body dominated(?!), that you – Conscious, as a ‘ness?’ = FAIL!?!)

It is because(?!), your #3, Ego Body – **piggy-backs**(?!), in/on - Conscious, as a ‘ness?’ = that you = FAIL!?!)

It is because of(?!), the #3, Ego Body – situation/circumstance, that the, Egg/Chair exercises are presented!?!)

It is because(?!), you do not practice the egg/chair exercises, that you do ‘not?’ understand – in your bodies!?!)

So, basically? There is/should be(?) = no need(?), to e-mail the present writer!?!)

So, basically? If(?), you don't succeed(?) There is/should be(?) = no need(?), to e-mail the present writer!?!

So, basically? If(?), you do succeed(?) There is/should be(?) = no need(?), to e-mail the present writer!?!

As there is not much to say? We (the present writer) can present/put it this way!?! = Between = you, #2, Etheric and you - #0, Outer Physical – there is? = you - #1, Malkuth Earth/Hades? And! And! The way/method/technique? (One 'amongst,' many?!), to get to know(?), understand(?), experience(?) – the/this/your = #1, Malkuth Earth/Hades Plane!?! = IS! IS! – through by/with(?), the/your awake-ness; aware-ness; conscious-ness? of(?!), the/your latent; dormant; atrophied; inherent = PSYCHIC-TACTILE-FEEL-ING = define-ing; three-dimensional-ising; symbol-ising #1, malkuth earth/hades body, via – the/your basic cosmic egg and/or basic chair exercises!?! – without! without! – pre-judge-ing!?! = now!?! – do you understand!?! = why!! – the/your 'occult!?!' = isn't work-ing!?! for you!?! = #3, ego body!?!

Ophiel's 'drunk?' in his above quote = went to his!?! – part/piece(?) – of #1, Malkuth Earth/Hades = and with? – his #3, Ego Body – judged!?! – where he was at!?! now!?! = in the gutter!?! = having had this!?! = shown; revealed; displayed!?! = to! to! – his #1, malkuth earth/hades plane = the/his #1, malkuth earth/hades plane = automatically? reflexively? = took 'sober'!?! = and gave him!?! – drunk!?! (Basic Chair exercise!?!)

Ophiel, in his vignette; Acceptance, revealed, that he personally, found 'lack,' to be 'degrading,' so he, Ophiel, whether he was aware? awake? conscious? to/of this? Gave 'lack,' to his #1, Malkuth Earth/Hades – Self! and then, as he (Ophiel,) admits openly = worked like hell! (No pun intended, simply an 'expression' of hard work/effort on Ophiel's part.) to 'get from under,' the/these things;

Ophiel – gave his psychic-tactile-feel-ing = Lack, is degrading! = to his #1, Malkuth Earth/Hades 'self,' = and his, #0, Outer, outer physically physical body and(!), his #3, Ego Body = WORKED OFF OF/FROM THIS!?! WORKED OFF OF/FROM THIS – Resistance; Inertia; Immobile; Adverse; Oppose; Obstacle = #1, Malkuth Earth/Hades = Psychic-Tactile-Feel-ing!?! = Lack, is Degrading!?! And he, (Ophiel,) did this/his work = #0, action/doing = by/with – providing a 'service,' for others, for which he, (Ophiel,) charged people for it.

Ophiel = PRESENTED TO! – HIS, #1, MALKUTH EARTH/HADES PLANE = SELF! = Lack, is degrading! This is the 'technique,' as presented by Saint Augustine of Hippo, in his

‘letter!?!’ = this guy – Augustine = KNEW!?! - Both these things, are Basic Chair Exercise work!?! That(!) is how simple/easy, it is/should be!?! The ‘difficulty?’, isn’t the/your #1, and/or/nor, the/your #0, it is your #3, who doesn’t, as yet(?), know how? to – observe!?! The present writer, shall be passing this e-mail, forwards/on, to the list.

Thank you.

PS. CAPITOLS are for ‘emphasis,’ only = not, shouting? (Nerdy Californian ‘dude,’ geek speak?)