

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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9 of 10 chair exercise. 2022

As was quoted from Ophiel, from his book; The Occult, that he (Ophiel), pointed out/indicated, that the ‘key’ to ‘occult?’, success, lay in the individual’s level of ‘emotional feel-ing’, but... the ‘difficulty?’, ‘problem?’ is that most persons/individuals ‘emotional body = #4, astral!’, has been/is, for many (millions!!), stunted; deformed; atrophied and insensitive/dulled! So, much so, that when they come to projection/occult work – the ‘damage?’, has already been done!?!

If you don’t believe the present writer, then please go and examine all of the/your ‘failed!?!’, talismans; treasure map/charts; prayers; vignette series; ritual; little system; occult symbols – etc, etc, etc!?! (We have all been there! Even ‘Ophiel’!?!) What many, many people/persons, at the beginning do, is to read up on all the relevant available literature that is available and they, the writers did not understand; that for the wider/larger ‘occult’ field/populace, from the 1800’s onwards = THEY/THESE WRITERS = **GOT IT WRONG!**!?!

When the present writer, used to(!), present to individuals, that the/their ‘**psychic**’ abilities(?), were/are = #1, Malkuth Earth/Hades and that the/their ‘**clairvoyant**’ abilities(?), were/are = #2, etheric and above/higher, they, the present writer was, poo-pooed? away!! Even now, when the present writer points out, to several persons, that Ophiel’s exercises at the/your #2, Etheric Plane Level of Conscious-ness, is/are(!) – Clairvoyant! Here is how Ophiel writes it, in his book; Clairvoyance, his chapter; You are naturally Clairvoyant.

“The above described, powers, and many of a similar nature, are called clairvoyance – clair-light, voaynce-seeing.” End quote.

But...! The word ‘**Psychic**’ = IS NOT! – Clairvoyance!

But...! The word ‘Clairvoyance’ = IS NOT! – **Psychic!**

Psychic = Greek – animated spirit!

Clairvoyance = Latin/French – clear-seeing!

Clairvoyance is a/an ‘adjunct’ to – being = **Psychic!**?! = **FIRST!**?! – AND NOT!! – THE OTHER WAY ROUND!?! (**Consciously/Un-Consciously = won’t/don’t matter one single jot!**!?!) Here it is, from Ophiel, from his book; Clairvoyance, his; *Additional foreword:*

“I had heard about this, so called Kundalini Fire, of course, many years ago when I was just starting out on my Occult studies, and I timidly inquired about it, at the time, with bated breath, etc. As all do. I, however, never did get any satisfactory answer to my questions in all these years. Many pseudo teachers, when asked, would look wise, like a poked owl, and mutter some vague noncommittal reply that summed up nothing real. (They did not know themselves.)

I, since then, have conducted a series of investigations of this subject and have come to the following conclusions. The Kundalini Fire is really an enhanced movement of nerve energy along the nerve system of the human body. This energy movement comes through enhanced perceptions developed and put out by the person in his occult development work; by mediation and contemplation, by study and practice of Knowledge based on the Caballa etc. And this appears to be all that the ‘Kundalini Fire’, really is.

As you can readily see, the above, described development, COMES AFTER THE PROPER OCCULT WORK IS DONE AND NOT BEFORE. There is no such thing as the opposite process taking place – that Occult development can come or comes after some kind of a mechanical ‘raising’ of the Kundalini Fire. A little thought should have shown this obvious fact to people, by themselves.” End quote. (Underlines are the present writers.)

This = ‘Energy ‘Movement’ = comes through ENHANCED PERCEPTIONS DEVELOPED AND PUT OUT BY THE PERSON IN HIS OCCULT DEVELOPMENT WORK;
by/with/through = PSYCHICALLY-TACTILELY-FEEL-ing!?! And mediation – MIDDLE MOVEMENT and contemplation – MOVE-ING IN A PATTERN, based on, study and practice, based on the Knowledge/Knowing ‘PERSONAL/INDIVIDUAL’ EXPERIENCES OF’, the Individual by themselves of themselves - first-hand = Gnosis! = It is a simple enough matter to keep these two – Psychic/Clairvoyance – separate! As they are both in and on, separate and individual planes! Psychic = #1, Malkuth Earth/Hades; Clairvoyance = #2, Etheric and above!?!

Knowing this, of this, these things, is/are ‘conductive’ to good/constructive practicing times, training times, as it ‘helps’ both #0 &+ #3, bodies, to ‘share!?!’. Here it is, from Ophiel, same book, Clairvoyance, but in his chapter; You are naturally Clairvoyant:

“Now comes a note and a word of caution - while it is true, that daily available use of clairvoyance can be a great help in your daily life, clairvoyance, per se, is not ALL POWERFUL. It will not make you a giant power all at once. You still need all the Earth Skills that you can get muster the use of. Skill in the use of clairvoyance and Earth Skills

must be used together. To repeat – Clairvoyance Skills and Physical Skills should SUPPLEMENT EACH OTHER. They do not SUPPLANT EACH OTHER. You will have to learn to develop clairvoyance and you should develop all the Physical Skills you can, and then learn to WORK THEM BOTH IN CONNECTION WITH EACH OTHER AND WITH YOU, AND ALL YOUR OTHER ASSETS, THAT YOU MAY NOW POSSESS.” End quote. (Underlines are the present writers.)

Context;

Now comes a note and a word of caution – while it is true, that daily available use of clairvoyance can be a great help in your daily life, clairvoyance, per se, is not ALL POWERFUL. It will not make you a giant power all at once. You still need all the #0, Outer, Outer Physically Physical Earth Skills that you can get must use the use of. Skill in the use of Clairvoyance and in Psychic-Tactile-Feel-ing-Believe-ing, along with #0, Outer, Outer Physically Physical Earth Skills must be used together.

To repeat – Clairvoyance Skills and Psychic-Tactile-Feel-ing-Believe-ing Skills and Outer, Outer Physically Physical Skills, should SUPPLEMENT EACH OTHER. They do not SUPPLANT EACH OTHER!

You will have to learn to develop clairvoyance skills, psychic skills and you should develop all the/your #0, Outer Physical Skills, so that you – Conscious, as a ‘ness’ - can, and then learn to WORK THEM ‘ALL IN CONNECTION WITH EACH’ OTHER AND WITH YOU = #1 &+ #0 &+ #3, AND ALL OF YOUR OTHER ASSETS, THAT YOU MAY NOW POSSESS.

Explaining one plane in light (no pun intended!), of the a/an, other plane, may be good enough for such ‘occult’ giants(?), that have gone before(?), but...seemingly not so in this ‘context/presentation of #1?’, for some it is too much, too hard, too difficult(?), because of its range, scope, depth and simplicity? But... truth be told, there is a ‘wealth’ of information of/for the #1, Malkuth Earth/Hades Plane, and its Laws; Rules & Governances of/for its own plane and that of the/your #0, Outer, Outer Physically Physical Plane!?! Of which, according to the leading ‘occult?’ lights(?), it #1, Malkuth Earth/Hades = IS! = the ‘God/Force?’ of/for #0, Outer Physical Plane!?! Which, of course ‘means?’ – both you, the reader/practitioner/occultist ‘and!’ everything/everyone(?), in/on the Planet right now!?! (See/read Ophiel vignettes, for this ‘fact!’)

Both egg & chair exercises = gives you – conscious, as a ‘ness – transference/projection’, an aware-ness; awake-ness and conscious-ness-of = THE ‘OTHER’ YOU! = YOUR ‘OTHER’

YOU! = THE ONE WHO 'USES' YOU! = #0!?! Here is what Ophiel writes in his vignette; The Power of Speaking Things and Conditions into Existence:

“There is nothing in the Physical Universe that does not have ‘TWO SIDES’ to it. Even ‘GOD’ has two sides!!! (I am not going to give you a list of things for which they are two sides; such a list would be endless.)

Now the two sides are generally what we think of as opposites. Make up list of 100 things that are opposite to each other in order to condition your mind to this awareness. Such things as ‘UP/DOWN’, ‘BLACK/WHITE’, ‘SPIRIT/MATTER’, ‘BIG/LITTLE’ and ‘LEFT/RIGHT’, etc. Read over your list and look back at the illustrations given, there are always two sides and it this double-sidedness of all things that ‘PREVENTS US?’ from ‘HAVING’ what we really want.” End quote.

Body Standing - Body Sitting! = there are always two sides! Ophiel then writes;

“When we ‘GET’ what we want, we also ‘GET’ what we don’t want, for the ‘SIDE’ of what we do want is ‘FOLLOWED’ by its ‘OPPOSITE’, like the dog following his master.

The ‘TWO SIDES’ then often ‘CANCEL EACH OTHER OUT!?’ Like your expenses using up all your income. The ‘TWO SIDES’ are really ‘DEPENDENT’ on each other and in a very strict sense they could not exist alone without each other, or rather; they could not come into existence without each other. How could you ‘USE’ a board with only ‘ONE’ side? How could a board of wood exist with only ‘ONE’ side? BUT WHEN YOU DO ‘USE’ ONE SIDE OF THE BOARD YOU ‘DO’ IT BY FASTENING THE OTHER SIDE DOWN!” End quote.

Context;

When we ‘GET’ what we want, in/on the/our/your ‘#1, inner plane’, we also ‘GET’ what we don’t want, for the ‘SIDE’ of what we do want is ‘FOLLOWED - EQUALLY’ by its ‘OPPOSITE’ The ‘TWO SIDES’ then often ‘CANCEL EACH OTHER OUT!?’ BUT...! IN THE BASIC CHAIR EXERCISE = YOU – THE READER/OPERATOR/PRACTITIONER/OCCULTIST(?) = GET TO SENSE/FEEL – CONSCIOUSLY, KNOWINGLY, DELIBERATELY = THE/THIS = OPPOSING-ADVERSE-OBSTACLE = MOVEMENT!

There are always two sides and it this double-sidedness of all things that 'PREVENTS US?' from 'HAVING' what we really want! BUT WHEN YOU DO 'USE' ONE SIDE OF THE/A FORCE = YOU 'DO' IT BY FASTENING THE OTHER SIDE DOWN = Body Standing - Body Sitting! Please read this once again, for your general 'occult' understanding/knowing.

ONLY IN/ON THE/A PLANE ABOVE; OVER; HIGHER; BEFORE AND IN-FRONT-OF = THE PLANE/LEVEL THAT YOU – CONSCIOUS – AS A 'NESS' = DO YOU GET/HAVE – A 'SINGLE' FORCE!?!

ONLY IN/ON THE/A PLANE BELOW; UNDER; LOWER; AFTER AND BEHIND = DO YOU – CONSCIOUS – AS A 'NESS' = DO YOU GET/HAVE – ONE 'SIDE' OF A 'SINGLE' FORCE!?!

#1, MALKUTH EARTH/HADES = SINGLE-FORCE = STANDING/SITTING!

#0, OUTER PHYSICAL EARTH = ONE-SIDE-OF-FORCE = STANDING 'OR' SITTING!

#1, MALKUTH EARTH/HADES = ONE-SIDE-OF-FORCE = BINDING = ADVERSE/OPPOSITE!

BIG! BIG! REALLY!! BIG!?! = OCCULT(?) FOR YOU! THE READER!?! CAN ONLY 'DO THIS?' IN 'PRINCIPLE!?!' AS IT/THIS APPLIES TO = ALL THIS!?!

You – Conscious, as a 'ness,' go to the/your #1, and you say/speak = Psychically-Tactilely-Feel-JUDGE(?), I-AM – STAND-ING!?! #1, TAKES THIS = STAND-ING AND GRIPS/GRASPS – YOD'S!?! IT? SO, #0 = TAKES THIS = STAND-ING – AND WORKS-OFF/FROM = IT! = #1!?! – AND #0, SITS!?!

When the present writer is going about the/their normal day, at any time they wish, they automatically 'switch views', when sitting 'or' standing = JUST TO 'SENSE/FEEL!' = WHERE! = THE/THEIR - #1, Malkuth Earth/Hades FORCE – AS THE – OPPOSE-ING; ADVERSE; OBSTACLE – SIDE FORCE – IS LOCATED!?! (In other words – where!?! – the/their #1, malkuth earth/hades force, is??) At his present time of typing this particular 'monologue', the present writer can/does sense/feel the/their #1, malkuth earth/hades force hover-ing? located? situated? concentrated? fixed? – above/over and behind, their head!?! to their left!?!

This may seem ‘arbitrary’ and/or ‘subjective’ to any and all ‘onlookers?’, but to anyone who has taken the time/trouble to ‘experiment’ with the/their #1, Malkuth Earth/Hades **Psychic-Tactile-Feel**-ing-Body, there is ‘no need’, for a/an ‘explanation’ and/or/nor, a/an ‘rationalisation’. (See/read, Ophiel’s chapter; Reversal of the Planes, in his book: Creative Visualisation.) Ophiel next writes:

“To repeat: WHEN YOU, BY YOUR INNATE POWERS, CREATE THE THING/CIRCUMSTANCES THAT YOU ‘WANT’ FOR YOUR HAPPINESS. **YOU ALSO CREATE THE OPPOSITE AT THE SAME TIME**!!!! (For God’s sake and your sake, study this until you understand it.) **In the examples, achieving the desired result was accomplished by ‘BINDING’ THE ‘ACTION NOT WANTED’?**” End quote.

Body Standing - Body Sitting! = **there is/are/always two sides!** = IN/ON THE PLANE ABOVE!?!

#1, Malkuth Earth/Hades Plane/Body – LANGUAGE? DIALOGUE? SPEECH? TALK? CONVERSATION? = STOP! HALT! = ADVERSE; OPPOSE; OBSTACLE; INERT; SOLID; FIXED; IMMOBILE. NO FARTHER!?! (Ophiel – milk-pouring; watermelon; gas-pedal exercises.) Ophiel next writes:

“**In the examples, achieving the desired result was accomplished by ‘BINDING’ THE ‘ACTION NOT WANTED’?**” End quote. (Underlines are the present writers.)

Body Standing - Body Sitting! = **there is/are/always two sides!**

Ophiel – milk-pouring – how much? = this much! = stop/halt!

Ophiel – watermelon – who’s ripest? = I am! = stop/halt!

Ophiel – gas-pedal – how hard do I press = this hard! = stop/halt!

So! The reader/student/practitioner/occultist(?), through/by/with(?), the/their ‘daily’ consciously; knowingly; deliberately – doing/practicing of, the/their basic chair exercise, of standing/sitting = would/could?? – come to, arrive at(?), a place/position? = where they – conscious – as a ‘ness’ = RECOGNISE!?! = THE/THEIR #1, MALKUTH EARTH/HADES PLANE/BODY = WORK-ING? OPERATE-ING? HAPPEN-ING? – IN THEM!?! = AND #0/#3 = ACT/ACTION = ACCORDINGLY!?! – IN/ON THE/THEIR #0, OUTER, OUTER

PHYSICALLY PHYSICAL PLANE/PLAN/TALISMAN/TREASURE MAP/CHART!?!

CLAIRVOYANCE = #2, Etheric Plane and Higher &+ Lower!

PSYCHIC = #1, Malkuth Earth/Hades Plane = Higher &+ Lower!

PHYSICAL = #0, Outer, Outer Physically Plane = Higher &+ Going Across the Plane = DUALITY!?!

PLEASE STUDY CAREFULLY! = THERE IS NO!! – CLAIRVOYANCE! – IN/ON THE/YOUR = #1, MALKUTH EARTH/HADES PLANE AND/OR/NOR = #0, OUTER PHYSICAL PLANE!?!

The present writer has already pointed out, that the basic cosmic egg exercise, is a fabulous ‘filter’ mechanism, between, the/your #2, Etheric Plane and the/your #0, Outer, outer physically, physical plane!?! As they (Egg/Chair exercises,) take place/happen in/on the/your #1, Malkuth Earth/Hades Plane. But...! For many, many, would be Occultists = this statement of ‘fact!’, is too much, for the/their ‘fragile/delicate?’, #3, Ego Body, and so, it/both – egg/chair – exercises are dismissed out of hand. Ophiel next writes;

“All the old magical operations had this ‘BINDING ACTION’ in them but the actual instructions for ‘BINDING’ were left out of books and never written down before as such. This knowledge was really ‘SECRET’ and passed on only by word of mouth. NOW THAT YOU KNOW OF THIS OPERATION AND IF YOU TAKE IT INTO ACCOUNT FOR EVERYTHING YOU DO FOR THE REST OF YOUR LIFE, YOU CAN BECOME A SUCCESS IN EVERYTHING YOU DO.” End quote. (Underlines are the present writers.)

RECOGNITION!?! = STOP/HALT!?! = OPPOSE? ADVERSE? OBSTACLE? = BIND-BIND-ING!?! = PSYCHIC-TACTILE-FEEL-ING = Define-ing; Three-Dimensional-ising; Symbol-ising!?!

So! Now you, the reader/practitioner/occultist(?), know/understand the ‘point/purpose’ of/for the/your egg/chair ‘exercises!?!’. It is so that you – Conscious – as a ‘ness’ = can/do – Psychically-Tactilely-Feel!?! – the/your – Real-Time &+ Now-Time, ANSWER!?! And, #0, WORK-OFF/FROM IT!?! (The/your bind-ing!) Do you, the reader; operator; practitioner; occultist(?) = UNDERSTAND THIS = #0, WORK-OFF/FROM IT!?!

The 'Prince-of-Dark-ness!' (Demiurge.)

The 'Prince-of-This-World!' (#0, Outer Physical.)

The 'God-Force-of-This-World!' (#0, Outer Physical.)

Is! The plane above; over; higher; before & in-front! (#1, Malkuth Earth/Hades.)

Of! The plane below; under; lower; after & **behind!** (#0, Outer Physical Earth.)

Egg/Chair exercises = #1, Malkuth Earth/Hades &+ #0, Outer Physical Earth.)

Point/purpose of/for?!? – the/these exercises??

RECOGNITION!?! = STOP/HALT!?! = OPPOSE? ADVERSE? OBSTACLE? = BIND-BIND-ING!?! = #0, YOU – CONSCIOUS, AS A 'NESS!?!' = **WORK-WORK-ING-OFF/FROM IT!**?! = THE/YOUR #1, MALKUTH EARTH/HADES PLANE = RESISTANCE!?! INERTIA!?! = OPPOSITION? ADVERSE? OBSTACLE!?!

DON'T! DON'T! JUST 'READ?' THE ABOVE!! = TEST IT? TRY IT? USE IT?

DO/PRACTICE!?! THE/YOUR BASIC CHAIR EXERCISE!?! UNTIL YOU UNDERSTAND!?! IT!?!

DO/PRACTICE!?! THE/YOUR BASIC CHAIR EXERCISE!?! UNTIL YOU UNDERSTAND!?! IT!?! = **PSYCHICALLY!**?!

DO/PRACTICE!?! THE/YOUR BASIC CHAIR EXERCISE!?! UNTIL YOU UNDERSTAND!?! IT!?! = **PSYCHICALLY!**?! = AND THEN = APPLY IT!?! = TO!?! – THE/YOUR TALISMANS; RITUALS; TREASURE MAPS/CHARTS AND, MORE IMPORTANTLY = TO OPHIEL'S = FIRST BOOK!?! – THE ART & PRACTICE OF ASTRAL PROJECTION!?!

Do you? Can you? Are you? = the reader; operator; practitioner; occultist(?), able to **understand**(?), the above?

Do you? Can you? Are you? = the reader; operator; practitioner; occultist(?), able to

understand(?), the/your Psychic-Tactile-Feel-ing? = AND APPLY IT (Psychic-Tactile-Feel-ing?), to the/your practicing/doing of Ophiel's, Little System? and/or his; Ritual?? and or/his; Talismans/Treasure Map/Chart???

Thank you.