

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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12 of 17 chair exercise. 2022

When the present writer, used to show/demonstrate the ‘basic chair exercise’, to individuals, many would say, straight away, that they ‘felt?’, the ‘downwards’ motion/movement of/for, the/their #1, Malkuth Earth/Hades Plane Body!?! But...! The present writer also ‘knew?’, by the amount/length of time = day/week/month – that they ‘continued?’, to practice, showed to the present writer, whether they had ‘truly?’, felt anything ‘**psychic**’ at all. There was a young chap, at work one day, who expressed an ‘interest’ in such matters (Occult?), to whom, the present writer gave the, basic chair exercise, and told them to, practice for a while. After about three weeks, he was just ‘bursting’ to tell/inform, the present writer, that they had, had, the most wonderful, of ‘full-knowledge’ experience, of his ‘dream?’ = knew, 100%! = that they were ‘dreaming!?!’.

It is difficult to ‘know’, if a reader understands or not, (but... each to their own). Over the years (60 +), the present writer has tried, in many ways/means/methods, to encourage people/persons, who expressed their ‘interest’, in the wider/general ‘occult’ field, (but it is, heavy going, against over two thousand years of institutional indoctrination; Black = Evil; Dark = Evil; **Blind** = Evil; Evil – Active? Evil – Conscious?), that to develop; increase; enhance the/their dormant/latent ‘**Psychic**’ = #1, Malkuth Earth/Hades – **Tactile-Feel**-ing, was the ‘proper?’, ‘correct?’, way method, to approach/enter, the/their ‘inner planes?’. (This was/is how(?), the ‘Gnostics,’ taught it!)

You, the reader/practitioner/occultist, based on ‘Caballa’, have a = plane/level of – conscious, which is ‘symbol-ised’, by a ‘sphere’, at the bottom of the glyph/symbol called the ‘Tree of Life & Death’, the present writer has already indicated/intimated, other titles/formations of/for the/this ‘Tree of Life & Death’. As ‘standard issue??’, in the ‘general occult?’. This ‘Tree of Life & Death’, was/is = to be used? – whilst the individual was #0, Outer, outer physically physical ‘Alive?’, and was/is = to be used? – whilst the individual was/is #0, Outer, outer physically physical ‘Dead?’ (Egyptian ‘idea/concept’; Papyrus of Ani – Book of the Dead: Book of Coming Forth by Day, or; Book of Emerging Forth into the Light; Obtained by; E. A. Wallis Budge.)

The ‘occult?’ of/for the/this ‘sphere’, at the ‘bottom’ of the/your; tree/map = **IS THAT IT!** = #1, Malkuth Earth/Hades Plane = **IS NOT! NOT!** = #0, Outer, Outer Physically Physical!?!
And that; TO THINK/FEEL(?), THAT/THIS ‘WAY?’ – ABOUT THE/THIS #1, ‘SPHERE?’ = IS! = YOUR ‘WAY-OF?’, ASKING FOR TROUBLE!?! (Consciously/Un-Consciously? = matters ‘not!’ – one single ‘jot!’)

The ‘benefits of???’ the/your/this = #1, Malkuth Earth/Hades **Psychic-Tactile-Feel-ing-Plane!**?! = IS/ARE!?!

#1 – NO NEED TO ‘VISUALISE?’!

#2 – NO NEED TO ‘EMOTE?’!

#3 – NO NEED TO ‘PRAY?’!

#4 – NO NEED TO ‘RITUAL?’!

#5 – NO NEED TO ‘TALISMAN?’!

#6 – NO NEED TO ‘TREASURE MAP?’!

You = #1, Malkuth Earth/Hades YOU(?), the reader/operator/occultist(?) = **DO NEED!**?! = HOWEVER, = TO **PSYCHICALLY-TACTILELY-FEEL-BELIEVE!**?! Why? = because that/this, is!?! = the Laws; Rules & Governances, of/for the/this plane/level/conscious ‘ness’ = that you!?! = #3, ego body, present incarnation, personality body(?) = are ‘**piggy-back**-ing?’ = in/on!?!

ALL! Of the above, is ‘inherent?’, within the/your basic cosmic egg and/or basic chair ‘exercises’, because it/they, take place/happen, in/on the/your #1, Malkuth Earth/Hades Plane! Also, please note carefully. In the wider ‘general occult’ shit, that abounds out there, there is this, constant flow, of ‘diatribe = waste of time!?!’ Kether-to-Malkuth ‘descending shit!!’, well the truth(?), of the matter ‘IS!’ = THAT IT IS THE ‘TREE OF RETURN!?!’ THAT IS/WHICH IS! = TO BE USED!?! = MALKUTH TO KETHER!?! So! The ‘force descends from!’ the, inner plane, to the outer plane = Kether to Malkuth = BUT...! Conscious – as a ‘Ness!?!’ = MUST ASCEND/ASSUME!?! – FROM!! = Malkuth-to-Kether!?! = From **PSYCHIC** to **CLAIRVOYANT!**?! (See/read 1 to 17 Psyche & Eros.)

Dione Fortune, writes in her book; Mystical Qabalah, chapter ‘X’ that the person has to ‘accept life’, as it ‘is?’ for them, and that like a, ‘yacht in a race’, we have to ‘round’ the; outer marker buoy = as in a ‘race’ = before we – conscious – can ‘return/ascend/assume?’. Well, the/this; outer marker buoy = is! = the/your #0, Outer, outer physically physical – use; uses; use-ing; used!! = plane!?! AND NOT! – the/your #1, Malkuth Earth/Hades Plane!?! So, a person/individual has to **psychically-tactilely-feel** - #0, outer, physically physical life/living first!?! And from this ‘stand-point = **psychically-tactilely-feel**-ing’ = being the/their ‘assent!?!’

Duality = all/everything – in/on the same/one plane – going across the plane!

Assume = take back; return; about face, ascend = as below – so above = lower to higher!

Polarity = bring down; out; descend = as above – so below = higher to lower!

These three above, is/are = the only three directions there is/are for conscious = AS A
'NESS'!!?

These three above directions = is/are = the 'equal-armed-cross' + = Above; Across; Below!?!)

Above; is/are the 'single' force!

Below; is/are the 'one-side' of the force!

Across; is/are the 'use; uses; use-ing; used' of the force!

In the basic egg/chair 'exercises' = conscious – as a 'ness' is in a/an 'assumed' form, to/with, the/your #2, Etheric Plane = Standing/Sitting - single force!

In the basic egg/chair 'exercises' = conscious – as a 'ness' is in a 'duality' to/with, the/your #1, Malkuth Earth/Hades Plane! = **AND** '**CHOOSES!**?!' – which – side/half, of the #2, 'single-force' above; over; higher; before and in-front – of = #1, Malkuth Earth/Hades = Wants? Needs? Requires? Desires? Broods on?

In the basic egg/chair 'exercises' = conscious – as a 'ness' in/on the/your #0, Outer, outer physically physical plane = POLARISES!?! = use; uses; use-ing; used! = the/your – **Psychic-Tactile-Feel**-ing = AND #0, EITHER STANDS OR SITS!?! (**AND** #1, **CHOOSES?** – For all this, is delivered unto me 'and to' whomsoever(?) – **I CHOOSE?** = to give it! = You - #0, Conscious-ness!)

Richard White, who used to be a student of Ophiel, described Ophiel as a 'very pragmatic' person, who went straight to the 'heart' of things, and had very little time for 'speculation' and/or 'supposition' he (Richard White) described Ophiel, in the words of Sia Baba:

“The secret of liberation lies not in the mystic formula that is whispered in the ear and rotated on the Rosary. It lies in the stepping out into action, the walking forward in practice.”

So basically, the, ‘exercise = stepping out into action and walking forward in practice?’ in this/our particular ‘instance’ = IS!?? = TO ‘BECOME?’ ‘BE?’ = PSYCHIC!?! FIRST!?!

Psyche = from the Greek; meaning = Animating/Animated – Spirit Within!?! = PSYCHIC-TACTILE-FEEL-ING-BELIEF-BELIEVE-BELIEVE-ING-BELIEVED!?! Psyche = breath – life – animate.

Psyche = TACTILE-FEEL-ING = Define-ing; Three-Dimensional-ising; Symbol-ising!

Basic Cosmic Egg Exercise =

#0, Outer, outer physically physical body – passive/receptive/dormant.

#3, Ego Body, Present Incarnation, Personality Body – non-judge-mental.

#1, Malkuth Earth/Hades, Psychic Body – active – define/three-dimensional-ising/symbol-ising.

All five basic element forces symbols, within you; about you; surrounding you = #1 &+ #0.

The above, is all that is required/needed, at the start/beginning, of/for the stimulation; enhancement and development, of for, the/your dormant/latent Psychic abilities.

Basic Chair Exercise = #1 &+ #0, bodies = working together, harmonising; sharing; co-operating; partnering; supporting; developing; stimulating; enhancing; refining; determining; pro-active; dynamic = 0 - 1; 1 - 0; 0 - 1; 1 - 0; 0 - 1!?! #1, Malkuth Earth/Hades; #0, Outer, Outer Physically Physical;

In/on the/your #2, Etheric plane = is? = the one/single force = standing/sitting??

In/on the/your #2, Etheric plane = you – conscious, a ‘ness’, invoke the elemental, force-of-the-principle-of! The ‘element’ = element earth = define; three-dimensional-ise; symbol-ise.

This is called/named – elemental al Earth-of-Water = Cube ‘inside’ Bowl – tattva symbol.

This is where/when(?), the/your #2, Etheric Plane Elemental Water = acts like; looks like; works like; behaves like; feels like; operates like???? = the/your #1, Malkuth Earth/Hades Plane ‘Force’ = BUT...! IT IS ‘STILL!’ ALL ELEMENT WATER!?! It, Element Water, when in the #1, state/condition, is a/an Element Water!?!

You – Conscious, as a ‘ness’ take the ‘one-side’ of the/your ‘single-force = standing-sitting’, into/onto the next plane/level – down/out = #1, Malkuth Earth/Hades = BLACK-ON-BLACK; BLACK-ASTRAL-LIGHT! AND YOU – CONSCIOUS, AS A ‘NESS’ = PSYCHICALLY - TACTILELY - FEEL! = YOUR CHOICE!?!

YOUR CHOICE = MEANS = WHAT YOU = CONSCIOUS – AS A ‘NESS = TRANSFER/PROJECTION’, YOU!! = #1, MALKUTH EARTH/HADES = PSYCHICALLY - TACTILELY - FEEL-ING = BELIEF! BELIEVE! BELIEVING! BELIEVED!?!

ONCE MORE! FROM THE ‘TOP!!’ = YOU! = YES! YOU!! = #0, OUTER, OUTER PHYSICALLY PHYSICAL YOU!! = READING THIS/THESE ‘MONOLOGUES’!!! = CANNOT/DO NOT/WILL NOT = HAVE NOT! EVER!?! = CHANGED/ALTERED!?! = THE/YOUR = #0, OUTER, OUTER PHYSICALLY PHYSICAL WORLD!! (Read this in Ophiel’s book; Contacting the Demiurge.)

YOU! (Reading this, ‘capitalised for emphasis’) MONOLOGUE = CAN ONLY! ONLY! = USE; USES; USE-ING; USED!?! = THE/THIS/YOUR = #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE!?!

The above ‘information?’ = IS A – GOD SEND!?! = TO/OF/FOR! = THE/YOUR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY!?! AND OTHER BODIES!?!

Side note; Unfortunately, the present writer cannot ‘emphasis/emphasise’ the above, enough, about this! Please, don’t be, ‘fooled’ by/with the Californian ‘geek realm’, of ‘Capitol Letters’ on paper/e-paper(?), is ‘SHOUTING!?!’, a kind/type of ‘onomatopoeia = words used for sounds’, no doubt from the reading of their D.C./Marvel Comic Books (Modern expressions of Mythos – Good vs Evil!?! Hero ‘journey’!?! Etc.), the present writer ‘has’ read/loves them all!! (For decades ‘and!’ seen the movies!!) End of side note.

You = #0 &+ #3 – Conscious, as a ‘Ness’ = can only(!), only(!) only(!) = use; uses; use-ing;

used – the/your #0, Outer, Outer Physically Physical Plane!?! = ANY AND ‘ALL!?!’ = CHANGES/ALTERATIONS!?! = IS/ARE/MUST ‘BE!?!’, ‘COME!?!’ – FROM THE/YOUR #1, MALKUTH EARTH/HADES PSYCHIC-TACTILE-FEEL-ING = PLANE!?! PLEASE THINK ABOUT THIS!?!

#1, Malkuth Earth/Hades = above; over; higher; before and in-front!

#0, Outer Physical/Earth = below; under; lower; after and behind!

Now? Do you? = The reader – understand???

Imagine now, if you will/can? That you, the reader, ‘are’ = Psychic?

Imagine now, if you will/can? That you, the reader, ‘can’ = Tactilely-Feel this?

FOR ALL THIS (Above & Below) IS DELIVERED/GIVEN? = UNTO ME = #1! = AND TO??? = WHOMSOEVER (Anybody/Everybody!?!), I (#1), CHOOSE (BELIEVE???), TO ‘GIVE IT’ (REALITY?).

SO! DOES YOUR #1, MAKE THE/YOUR #2, VISUALISATIONS = REAL?

SO! DOES YOUR #1, MAKE THE/YOUR #0, USE; USES; USE-ING; USED = REAL?

FOR ALL THIS IS DELIVERED UNTO ME, #1, AND TO, WHOMSOEVER I, #1, CHOOSE TO GIVE IT!

Your #1, Malkuth Earth/Hades Plane = IS! IS! = the/your PSYCHIC! = plane!?!

You = Conscious – would do well, to try and ‘transfer/project’ to the/this plane/level ‘first!?!’

One of the things(?), that the present writer, like/likes/liked? About the/their #1, Malkuth Earth/Hades Psychic Plane/Level = WAS/IS!?! = THE FACT!?! = that they, the present writer = COULD ‘GO THERE?’ (#1) WHILST AWAKE; AWARE & CONSCIOUS = RIGHT FROM THE START!?!

In Ophiel’s system, the person does the exact same thing, ‘go there,’ but... AT A COMPLETELY DIFFERENT/HIGHER LEVEL!?! = #0 to #2!?!

Ophiel’s #2, Etheric Plane System/Method, may not suit all students/readers, as it is a

‘Clairvoyant’, system/method = visualising in the ‘Light?’!

The proposed #1, Malkuth Earth/Hades System/Method, is a ‘**Psychic**’, system/method = **tactile-feel**-ing! = WHICH ALL STUDENTS – **ALREADY!**?! **USE!**?! (Un-Conscious/Un-Consciously, doesn’t make any ‘difference’ to the ‘fact.’)

What? = IS THE ‘POINT?’, ‘PURPOSE?’, ‘REASON?’ = OF/FOR HAVE-ING!?! – A/AN ENTIRE PLANE? = AND THEN!!!! = DOING NOTHING ABOUT IT?? = OTHER THAN CALLING/NAMING IT = AS EVIL!?! = ADVERSE; OPPOSING; OBSTACLE!?! (The reader would do well, to think about this??)

The basic cosmic egg and/or basic chair exercises, is/are, for the induction/inducement of what Ophiel calls, his; Neither State Condition – not ‘wake’ and/nor not ‘asleep’ – but **passive/receptive** – where your #3, Ego Body, is ‘**non-judgemental**’!?! Other methods of/for this type/kind exercise, is/are, ‘meditation’ and ‘contemplation’ (See/read Ophiel’s book; The Occult, for this.) The more ‘ancient’ technique, was/is that of ‘sensory deprivation,’ to allow the ‘Neither State Condition’ to ‘arise naturally’ into conscious, as a ‘ness = protrusion/projection/promontory/standing out/jutting forth/rise to the surface’ et al.

Many persons when they do/practice Ophiel’s Little System ‘knock themselves out?’ with everything being ‘visualisation’ until they reach Ophiel’s ‘ONE DAY’, when they/their ‘conscious-ness’, breaks through the dark-ness; black-ness; **blind-ness** = WHICH IS!?! – THE/THEIR #1, MALKUTH EARTH/HADES PLANE!?! Here it is, from Ophiel, from his book; Astral Projection:

“Regarding Colour on Jacket: The colours on the dust jacket of this book are the colours you will ‘See’ just before you ‘break thru’ into the Astral plane with your newly developed clairvoyant Inner sight gained thru the work given in this book. When you ‘see’ the colours you will know you are making progress.

The first thin to appear is the solid black. Then next the colours begin to appear thru the black as is shown where the colours are lined in-between with black. The black then thins out and away, the colours become more brilliant and finally burst out into the blinding pure white Astral Light.” End quote.

Both egg and chair exercises, allow you – conscious, and you - #3, ego body, to ‘accept’ the dark-ness; black-ness; **blind-ness!** Which is ‘**not!**’ the physically physical ‘absence?’, of

physically physical light!?! But, is(!), the/your #1, Malkuth Earth/Hades **Psychic** – dark-ness; black-ness; blind-ness!?!

Thank you.

P.S. As already stated in this ‘monologue,’ both egg and chair exercises, are presented, so that the Ophiel student, can ‘experience,’ Ophiel’s ‘Neither State,’ condition, whilst awake; aware and conscious of, as was presented in Ophiel’s first book; Astral Projection, his chapter; Dream Method. The ‘Neither State Condition,’ is; not awake and not asleep. This type/kind of ‘condition,’ is the state/stage a person ‘enters into,’ on their ‘way,’ to ‘full sleep,’ every time they go to sleep and on the way from sleep, before awakening.