

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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1 of 1 tattva exercise. 2022

Here is what was presented in 1 of 1 Clairvoyance: 21/10/2022:

Element^{nt} = essence of; sub-stance of; reality of.

Elemental^{al} = pertaining to; applicable to, the powers of. (A/an 'Element^{nt}.')

So, in order to 'understand?' better(?), Ophiel's colour plate, in his book; Caballa Magic, and just simply to broaden/widen your 'horizons?' try this with Ophiel's 'combined,' tattva symbols. PUT/PLACE! = THE/WORD = ELEMENT^{AL} – in front of the Smaller Tattva Symbol, which is showing you! the reader, HOW THE/THAT/THIS = PLANE/LEVEL ELEMENT^{NT!} = IS WORKING; OPERATING; BEHAVING!?! AND SEE IF? YOU CAN DETECT/FIND/DISCOVER – ANY DIFFERENCE(?) – IN YOU!?!

Element^{nt} = essence of; sub-stance of; reality of.

Elemental^{al} = pertaining to; applicable to = the powers of. (A/an 'Element^{nt}.')

Element^{nt} = essence of; sub-stance of; reality of/for the Plane!

Elemental^{al} = How the/that Plane = is working like; looking like; acting like; behaving like; seeming like; Psychically-Tactilely-Feel-ing like!?!

The above information 'should?' give you, the reader/occultist(?) = INSTANT ACCESS!?! – to/of/for – each/any of the Planes!?! Don't just read this! Test it! Try it! Use it!

Element^{nt} of Elemental^{al} – Akasha-of-Earth = Element^{nt} Earth – like(?) – the Element^{nt} Akasha! = Elemental^{al}!

Element^{nt} of Elemental^{al} – Air-of-Earth = Element^{nt} Earth – like(?) – the Element^{nt} Air!?! = Elemental^{al}!

Element^{nt} of Elemental^{al} – Fire-of-Earth = Element^{nt} Earth – like(?) – the Element^{nt} Fire!?! = Elemental^{al}!

Element^{nt} of Elemental^{al} – Water-of-Earth = Element^{nt} Earth – like(?) – the Element^{nt} Water!?! = Elemental^{al}!

Element^{nt} of Elemental^{al} – Earth-of-Earth = Element^{nt} Earth – like(?) – the Element^{nt} Earth!?! =

Elemental!

These longer names/terms/expressions, are more instructive/informative/intuitive, and should make your Tattva work-ings, more enjoyable, as you are now operating/working/doing, from a 'place,' of knowing/understanding!?! End.

So, in Ophiel's book: Caballa Magic, in his colour plate of combined Tattva, we have each of the planes, five of them, and in Ophiel's book; The Occult, we have each of the Elements Tattva, described/explained, as planes/levels. In his second book; Creative Visualisation, in his first chapter of the same name, we read this:

“Apparently Creative Visualization Systems “work” for some people and, apparently, do not “work” for other people! If a visualization system does work it will, apparently, work certain times and, apparently, not work certain other times! Again, a Visualization system will work, apparently, for some people instantly and again, for some other people, apparently never work at all! And, to sum this up, it could be truthfully said that Systems of Creative Visualization appear to be a poor hit and miss proposition and cannot be depended upon for constant results; **especially on the physical plane where RESULTS MUST BE AS EXPECTED AND MUST WORK OUT PROPERLY-ALWAYS TO BE KNOWN AS SOMETHING SUCCESSFUL:**

Now, after much study and experience, I believe, I am, in a position to be able to elucidate an important Statement, as to the apparent whys of the above workings and non-workings of the Occult-Creative-Visualization-Process – and that Statement is – **THE ART OF CREATIVE VISUALIZATION DEPENDS FOR ITS SUCCESSFUL OPERATION UPON CORRECT KNOWLEDGE, CORRECT UNDERSTANDING, AND CORRECT RIGID FOLLOWING OF DEFINITE RULES!!**

To be a little more specific – The Art of Creative Visualization, **AND ALL OTHER OCCULT WORK, involves WORK DONE ON OTHER KINDS OF PLANES** in addition to the work done on the physical plane!! And how to do Inner Plane work means KNOWLEDGE, KNOWLEDGE, AND MORE KNOWLEDGE and then PRACTICE, BASED ON THAT KNOWLEDGE, AND MORE PRACTICE, AND MORE PRACTICE. In Creative Visualization work all the planes involved in our cosmic existence are used, the Etheric, The Lower Astral, The Higher Astral, The Mental Plane, and the Causal Plane, **AND ALL THESE PLANES HAVE DEFINITE RULES AND LAWS FROM WHICH THEY WILL NOT DEVIATE ONE IOTA.**” End quote.

So, simply for context, we read Ophiel's quote above, thusly:

Apparently Creative Visualisation Systems ‘work’ for some people and, apparently, do not ‘work,’ for other people! If a visualisation system does work, it will, apparently, work certain times and, apparently, not work, certain other times! Again, a Visualisation system will work, apparently, for some people instantly and again, for some other people, apparently never work at all! And, to sum this up, it could be truthfully said that Systems of Creative Visualisation appear to be a poor hit and miss proposition and cannot be depended upon for constant results; **especially on the physical plane where RESULTS MUST BE AS EXPECTED AND MUST WORK OUT PROPERLY-ALWAYS TO BE KNOWN AS SOMETHING SUCCESSFUL**:

Apparently Creative Visualisation Systems “work” for some people and, apparently, do not “work” for other people! This = work/don’t work = is because of the ‘**INNER**,’ structure/form(?), of the individual and the/their #3, Ego Body, Present Incarnation, Personality Body = **POWERS OF OBSERVATION!?! = THE/THEIR ‘INDIVIDUAL,’ NATURAL(?), POWER/ABILITY TO = OBSERVE** (Word means: to watch over!?!)
WITHOUT! = JUDGE-ING! (Word means: to show; to reveal; to display!?!)

THE ART OF CREATIVE VISUALIZATION DEPENDS FOR ITS SUCCESSFUL OPERATION UPON CORRECT KNOWLEDGE, CORRECT UNDERSTANDING, AND CORRECT RIGID FOLLOWING OF DEFINITE RULES!! = What? are the Laws = Rules & Governances(?), of/for? the/your #1, Malkuth Earth/Hades Plane!?! = Dark-ness; Black-ness; Blind-ness. Eros to **Psyche** = **BRING NO LIGHT!?!**

To be a little more specific – The Art of Creative Visualisation, **AND ALL OTHER OCCULT WORK, involves WORK DONE ON OTHER KINDS OF PLANES** in addition to the work done on the physical plane!! And how to do Inner Plane work means **KNOWLEDGE, KNOWLEDGE, AND MORE KNOWLEDGE and then PRACTICE, BASED ON THAT KNOWLEDGE, AND MORE PRACTICE, AND MORE PRACTICE**. In Creative Visualisation work all the planes involved in our cosmic existence are used =

The #0, Outer Physical Earth Plane = Element of!!

The #1, Malkuth Earth/Hades Plane = Element of!

The #2, Etheric Plane = Element of!!

The #4, Astral Plane = Element of!!

The #5, Mental Plane = Element of!

The #6, Causal Plane = Element of!

AND ALL THESE PLANES HAVE DEFINITE RULES AND LAWS FROM WHICH THEY WILL NOT DEVIATE ONE IOTA!?!

Element of = essence of; sub-stance of; reality of = FROM WHICH ELEMENT! = THEY WILL NOT DEVIATE ONE IOTA!?!

The/your #3, Ego Body, Present Incarnation, Personality Body = IS A CONSTRUCT/COMPOSITION!?! Here is a wonderful ‘inner?’ occult secret for you, the reader, to play with? In the ‘deeper?’ occult(?), the #3, Ego Body, is referred to, as the; FALSE GOD!?! And this ‘expression/term?’ was used/applied, to those who made ‘contact/connections?’, in/on the/their ‘Inner Planes,’ at the/their #4, Astral Plane, and declared themselves as; THE GOD? A GOD? A/AN = EMISSARY/MESSENGER/SAVIOUR!?! = OF/FOR!?! THE/A/AN – GOD? (Ophiel warns/writes about this in his book; Astral Projection, and more, in his; Correspondence Course in Astral Projection.)

So, if we read the above ‘correctly,’ from Ophiel = AND ALL THESE PLANES HAVE DEFINITE RULES AND LAWS FROM WHICH THEY WILL NOT DEVIATE ONE IOTA!?! = THEN!?!

COMBINED TATTVA IS/ARE = PERFECTLY ACCEPTABLE. COMBINED TATTVA ARE SHOW-ING! DEMONSTRATE-ING! REVEAL-ING! DISPLAY-ING! HOW THE PARTICULAR PLANE = IS = WORK-ING; OPERATE-ING; ACT-ING; BEHAVE-ING; LOOK-ING LIKE! SEEM-ING LIKE! FEEL-ING LIKE! = THE SMALLER TATTVA SYMBOL EX-PRESS-ION!?! THUS! WE HAVE!?! A/AN = Element = pertaining to; applicable to = the powers of. (A/an ‘Element.’)

BUT!! = IT IS ‘STILL!?!’ ALL!?! = THE SAME/ONE PLANE!?! (Get it now??)

Ophiel’s colour plate, in his book; Caballa Magic, is show-ing/display-ing = DUALITY!?! = ALL! – IN/ON THE SAME/ONE PLANE!?!

Start/begin, in/on any ‘row,’ and ‘go,’ left to right and you will visually ‘see,’ that you have

not! not! left the actual; factual; literal = plane itself!?!)

ALL!?! – IS IN/ON THE SAME/ONE PLANE = AND THEREFOR!?! = MUST BE(!) THE ELEMENT OF!?! = WHICH IS = ACTING; BEHAVING; WORKING; FEELING; LOOKING; OPERATING = LIKE!?!)

So! = IN/ON THE PLANE OF = AKASHA – IT MUST ALL BE = ELEMENT OF!?! = AKASHA!?!)

So! = IN/ON THE PLANE OF = AIR – IT MUST ALL BE = ELEMENT OF!?! = AIR!?!)

So! = IN/ON THE PLANE OF = FIRE – IT MUST ALL BE = ELEMENT OF!?! FIRE!?!)

So! = IN/ON THE PLANE OF = WATER – IT MUST ALL BE = ELEMENT OF!?! WATER!?!)

So! = IN/ON THE PLANE OF = EARTH – IT MUST ALL BE = ELEMENT OF!?! = EARTH!?!)

Knowing this/knowing of this, is of great assistance, in/on the ‘lower,’ planes!?! For instance, the present writer is in/on the/their #0, Outer, outer physically physical plane, replying to the/your e-mail = So, every – thing! – else/other(?), must also be!?! – #0, Outer, outer physically physical!?! = Duality!?!)

So! = UP A PLANE WE GO!?! = #0, TO #1!?! AND WE ARE GOING TO ‘CHANGE!?!’ ‘ALTER!?!’ ‘ADJUST!?!’ ‘AMEND!?!’ THE/THAT/THIS = #1, PLANE!?!)

Change = Akasha - Element AL Akasha = pertaining to the, powers of, qualities of!

Foundation = Air – Element AL Air = pertaining to the, powers of, qualities of!

Direction = Fire – Element AL Fire = pertaining to the, powers of, qualities of!

Reflection = Water – Element AL Water = pertaining to the, powers of, qualities of!

Result = Earth – Element AL Earth = pertaining to the, powers of, qualities of!

Please see/read Ophiel’s book and Correspondence Course, in the Foundations of the Occult, for the Basic Element Symbols.

The present writer stands, where they know they will not be, disturbed/interrupted, and

performs the/their basic egg exercise. When all five basic element symbols, are within them, about them and surrounding them, they begin!?!

First, they concentrate and reinforce, the sensation of the = psychic-tactile-feel-ing of/for the/their = Akashic, element nt = Egg, and think/feel = ‘change!?!’ – the object, circumstance, thing and/or IT – is either coming or going, depending on what the ‘change!?!’ – is!?!

Second, they come down, concentrate, and reinforce, the sensation of the = psychic-tactile-feel-ing of/for the/their Air, element nt = Sphere, and think/feel = ‘foundation!?!’ – the object, circumstance, thing and/or IT – is now fixed/permanent, either coming or going, depending on what the ‘foundation!?!’ – is!?!

Third, they come down, concentrate, and reinforce the sensation of the = psychic-tactile-feel-ing of/for the/their Fire, element nt = Inverted Pyramid, and think/feel = ‘direction emot!?!’ – the object, circumstance, thing and/or IT – is either coming or going, depending on what the ‘direction e-mote!?!’ – is!?!

Fourth, they come down, concentrate, and reinforce the sensation of the = psychic-tactile-feel-ing of/for the/their Water, element nt = Bowl, and think/feel = ‘Visualisation!?!’ – the object, circumstance, thing and/or IT – is either coming or going, depending on what the ‘Visualisation!?!’ – is!?!

Fifth, they come down, concentrate, and reinforce the sensation of the = psychic-tactile-feel-ing of/for the/their Earth, element nt = Cube, and think/feel = ‘Define; Three-Dimensional-ise; Symbol-ise!?!’ – the object, circumstance, thing and/or IT – is either coming or going, depending on what the ‘Visualisation!?!’ – is!?!

It is ‘in,’ the final element al = Cube-inside-Cube, that the present writer, now dwells, upon!?!

Element al = pertaining to; applicable to, the powers of. (A/an ‘Element nt.’) So, the ‘smaller,’ symbol, within the larger symbol, is telling/instructing – you = Conscious, as a ‘ness,’ – how the actual; factual; literal – Plane! – is operating; working; how it is = to be used!?! = AS!?!

Ophiel covers each = BASIC ELEMENT NT FORCE = in his book; Astral Projection, in his chapter; The Symbol Method and in his book; The Occult.

Imagine now(?), if you can; that you – Conscious, as a ‘ness,’ would like to use(?), the/your Basic Element nt Earth FORCE! as a/an = Element AL Force? Well, now you ‘can?’ and can now use it well!!?! The ‘trick?’ is to know!!!!!! that it is = STILL ALL THE ELEMENT OF EARTH!!?!

When the present writer ‘creates/makes,’ a living Tattva, they do so, via the basic cosmic egg exercise!?!

Please study carefully! = THE TATTVA SYMBOL SELECTED TO BE!! THE ELEMENT-AL = FORCE – IN/ON THE ELEMENT NT PLANE = IS THE ONE THAT ‘MOVES!’ ALONG THE BODY!!?!

As in this particular ‘example,’ here = The Basic Akashic Egg, with the ‘ITEM’ TO BE ‘CHANGED’ IN/INSIDE IT! = is ‘shrunk.’ So that it now fits/sits – IN/INSIDE! – the ‘Sphere,’ at the head, then it = THE ‘EGG’ = MOVES DOWN THE BODY! – INTO EACH OF THE/YOUR ‘OTHER!?!’ = BASIC ELEMENT NT SYMBOLS, UNTIL IT (The Akashic Egg,) REACHES THE BASIC ELEMENT NT EARTH ‘CUBE.’

The individual, performing such a/an action/doing = WILL/SHALL! – EXPERIENCE(?), THIS MOVEMENT(?) THROUGH!!?! THE/THEIR #0, OUTER, OUTER PHYSICALLY PHYSICAL BODY!?! VIA THE/THEIR #1, MALKUTH EARTH/HADES PLANE BODY!?! (See/read Ophiel’s vignettes; Assistance from the Gods, parts 1 & 2, for Ophiel’s ‘tingling,’ sensation.) Here is how Ophiel describes, explains this, from his book; Talismanic Magic, his chapter: The Elemental Forces.

“To repeat for emphasis, the names Akasha, Air, Fire, Water, and Earth are the ordinary names given for the purpose of CONCEALING THE INNER MEANINGS OF THESE NAMES OF THE ELEMENTAL FORCES. This double-naming doubletalk comes down to us from the Medieval Age, when it was necessary to hide and conceal magical works from the sweet, loving, gentle church of Jesus, which would burn alive anyone suspected of having a mind of his own, or anyone who wanted to study what he pleased, freely, minding his own business.

The true, full names of these Forces were (leaving Akasha for later, as it is different):

The Elemental Force of Elemental Air.

The Elemental Force of Elemental Fire.

The Elemental Force of Elemental Water.

The Elemental Force of Elemental Earth.

As you can see from these longer names, there is more to these Forces than just ordinary physical air, fire, water, earth, and ether. The word Elemental before Air, Fire, Water and Earth means the principle of, and not the air, fire, water, earth themselves (they are not even elements in the scientific sense of today).” End quote.

So, for the sake of ‘context,’ we slightly amend/adjust the above Ophiel quote to read thusly:

Element^{nt} = essence of; sub-stance of; reality of = PLANE OF; PRINCIPLE OF.

Elemental^{al} = pertaining to; applicable to = the powers of = Plane of; Principle OF. (A/an ‘Element^{nt}.’)

So, now we read it thusly;

The Elemental^{al} Force of Element^{nt} Air.

The Elemental^{al} Force of Element^{nt} Fire.

The Elemental^{al} Force of Element^{nt} Water.

The Elemental^{al} Force of Element^{nt} Earth.

So, from the above table, the individual, can see/read, that Ophiel is talking about the/these basic occult tattva FORCES = BEING USED!?! IN/ON THE ‘OTHER,’ PLANES = AS ‘PRINCIPLES OF!?!’ = AND THIS IS WHERE DION FORTUNE AND OPHIEL COME TOGETHER, WHEN THEY WRITE;

YOU CANNOT CONTROL/USE A PLANE, UNLESS AND UNTIL = YOU – CONSCIOUS, AS A ‘NESS,’ – HAVE CONTROL/USE – THE/A PLANE = ABOVE; OVER; BEFORE; AHEAD AND IN-FRONT OF = THE PLANE BELOW; UNDER; AFTER AND BEHIND!?!

The present writer is ‘in/on?’ the Element^{nt}/Plane of = the #0, Outer, outer physically physical plane, and use; uses; use-ing; used = IT – the Element^{AL} Force of = the #1, Malkuth Earth/Hades Plane = TO WORK OFF OF/FROM = the/their #1, Malkuth Earth/Hades, Element^{NT} Force - HIGHER TO LOWER!?!

So, that/this #0, Outer, outer physically physical use; uses; use-ing; used!?! = IS ALL!?! – THAT THE – UN-INITIATED = PERSON/INDIVIDUAL BIOLOGICALLY = SEE!?! This, ‘explains?’ = WHY? – the/your ‘Occult?’ – isn’t/doesn’t – WORK!?! Here it is, from Ophiel, from his book; Astral Projection; his chapter: Little System.

“On the one hand there are certain widely held ideas that are true and, also there are certain fundamental things that are true. On the other hand, there are many widely held ideas that are not true and many fundamental conceptions that are not true. In many cases things do not work because basic theory is wrong but would work if a little knowledge was introduced. Many times, a thing works, as I said, BUT NOT BECAUSE OF THE REASON THAT IS GIVEN FOR IT WORKING AND WITH THE RESULTS THAT YOU MIGHT EXPECT. The Occult Art of Astral Projection is definitely one of the above designated things. Astral Projections do work BUT NOT WITH THE RESULTS YOU EXPECT, because the Inner Planes are not what you thought they were or were taught they were. THE INNER PLANES ARE QUITE DIFFERENT THAN WHAT THEY ARE THOUGHT TO BE. So, I suggest you forget what you have been TOLD the inner planes are like or speculate on what you are going to see and experience – learn the Art – practice the Art – and follow where the results lead. You will then KNOW what the inner planes are like from first hand personal knowledge and not from hearsay.” End quote.

Now, the plane, that the present writer ‘harps on?’ about, is the/your #1, Malkuth Earth/Hades Plane and the/your Psychic-Tactile-Feel-ing, of/for the/this = #1, Malkuth Earth/Hades Plane, which IS(!), the/your latent, dormant, atrophied – Psychic Perception! = IN/ON THE/THIS/YOUR = #1, Malkuth Earth/Hades Plane = ABOVE; OVER; BEFORE; AHEAD AND IN-FRONT OF = THE/THIS/YOUR #0, Outer, Outer Physically Physical = PLANE BELOW; UNDER; AFTER AND BEHIND = IT! = #1!?!

When the ‘Akashic Egg Symbol,’ is ‘resting/sitting/halted?’ at the bottom, of the Cube = we now have!?! – The Element^{nt} Force, of the Element^{nt} Earth – Act-ing like; Look-ing like; Work-ing like; Operate-ing like; Seem-ing like? = The Element^{NT} Akasha = which it is not!?! BECAUSE IT (The ‘Egg,’ Symbol,) IS A/AN Element^{AL}!?! IT IS ‘STILL,’ ALL = THE ELEMENT^{NT} OF THE ELEMENT^{NT} EARTH!?! BUT...! NOW IT (Element^{nt} Earth) IS(!) = IN A

POSITION/PLACE!?! = TO CHANGE!!?!

Oh, my F'n God! (If there was/is such a thing? [As a 'God?']) writing/explaining this stuff, is mentally 'exhausting,' and, in truth = BORING!?! – for the present writer, but... Ophiel's materials are 'important?' for those 'participating,' in them, and the 'finished,' writings, are their own reward!?!

There should be/will be, a 'strange sensation,' as you do/practice this work/exercise = THAT OF 'SOMETHING?' MOVE-ING? = DOWN YOUR #0, BODY!!?! (The/your Akashic Egg Symbol!) and this is the 'feel-ing/sensation,' that Ophiel writes about, in his last chapter, of his book; Clairvoyance; The Two Minds;

“Now in your experimental sub-mind work you will have to evolve your own types of exercises, like the examples given, and carry them out successfully. **You have to release all conscious-mind control and practice allowing the sub-mind to take over, and this gives rise to a very queer feeling, as if you seem to be losing control over your objective world.** Practice this until you note a degree of entry of the sub-mind into the objective world, which is all you want, a degree of entry, and a degree is all you need to greatly improve and sharpen up your life.” End quote.

You have to release all conscious-mind control and practice allowing the sub-mind to take over, and this gives rise to a very queer feeling, as if you seem to be losing control over your objective world. = THIS IS OPHIEL'S = NEITHER STATE/CONDITION = NOT ASLEEP AND NOT AWAKE!?! = SENSORY DEPRIVATION!?! TO/OF/FOR = THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL BODY!?!

This – Ophiel's 'Neither State/Condition,' from his first book; Astral Projection, his chapter; Dream Method, is also achieved/achievable = in/by/with/through – The Basic Cosmic Egg Exercise and/or The Basic Chair Exercise, both of which, are #1, Malkuth Earth/Hades Plane Exercises.

Side note; the present writer does all of the above exercise, in total/complete – black-ness; dark-ness; blind-ness, use-ing Psychic-Tactile-Feel-ing!?! End of side note.

When the present writer senses = psychically-Tactilely-Feels – that they are 'finished,' the 'process,' is reversed; the 'Egg,' now 'moves,' from the 'Cube,' up/in to the 'Bowl,' up/in to the 'Inverted Pyramid,' up/in to the 'Sphere,' to re-appear, as the Basic Cosmic Egg – within

them, surround-ing them and about them = the present writer, with the other four Element Symbols, located 'in,' their place.

So! The Element Symbol, for 'CHANGE,' = Cosmic Egg – was brought down, from above, to the Element Plane Symbol, for 'stability/solidity/inert-ness/fixe-d-ness/adverse-ness/obstical-ness/immobile-ness,' = Cube, where the 'Egg – Change – Symbol,' – now operated(?), as a/an Element AL – Principle of/for!?! = FROM WHICH!?! THE PRESENT WRITER AND YOU! (Who e-mailed, the present writer.) CAN #0, WORK OFF OF/FROM!?! = CHANGE = HIGHER PLANE TO LOWER PLANE - #1 TO #0!?!

This, the above, is the/a 'Tattva,' method. If you read, Ophiel's book; Contacting the Demiurge, you can read what 'colours,' you can 'add,' to your Egg, as it 'descends,' but...! AS SOON 'AS!' IT/THE/YOUR 'EGG,' REACHES THE/YOUR #1, MALKUTH EARTH/HADES PLANE = THERE IS(!) NO(!) COLOUR!?! If you wish, you can also go to the back of Ophiel's first book; Astral Projection, and in there, you will read the 'colours' recommended to/of/for, the/your Basic Akashic Cosmic Egg.

Side note; In the ole crazy book (Bible,) the first chapter of/for Genesis, is all about the/your = #1, Malkuth Earth/Hades Plane!?! And how to Operate/Manipulate it!?! For the present writer, this book, is all about, Creative Visualisation, without the techniques/explanations, for it and/or/nor, the 'techniques/explanations,' of when it is 'Macrocosmic description,' or a, 'Microcosmic description.'

But, in reality (yours!), all you can do, is what you can do? the 'difference?' being(?) = do what you can do? and do it well!?! Please remember to 'take back,' whatever 'Tattva,' you choose to use, as a/an Element AL, in/on any, Plane Element NT, you happen to be working on/with. The 'idea,' is to get – Conscious you, as a 'ness,' – used to the 'sensation/feel-ing,' of the/your = Element AL, Symbol 'moving,' through you = #1 and/plus you = #0!?!

Thank you.

P.S. As per usual, the present writer shall just, forward, this e-mail to the reset of the list, as it may assist some of them also, who are now presently working with, the/their basic cosmic egg and/or basic chair exercises.