

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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**Originally posted on Google Groups:
<https://groups.google.com/g/ophiel-magic9-20/>
(Previous works also posted as “Sender” on the “Ophiel Magick” group, from the
defunct YahooGroups)**

13 of 17 chair exercise. 2017

Become **PSYCHIC** first!?! Eros to **Psyche** = bring-no-light! (See/read ‘monologues,’ 1 to 17 Eros & Psyche.) On many occasions, when speaking to persons/individuals about this, the present writer was always struck, by how many actually/automatically, reflexed, and assumed(?), that these two; Eros & Psyche, were actually, factually, literally = REAL!?! – persons/individuals?? Like ‘Biblical’ stories = Have ‘real?’ persons(?), in them(?).

Did John Wayne actually, factually, literally = win the west? – for America???

Did John Wayne actually, factually, literally = win the war? – for America???

John Wayne – not even the ‘actors’ real name!?!

John Wayne – didn’t even like horses!?!

John Wayne – didn’t even serve in the military!?! (Through no fault of his own!?)

So? Was ‘John Wayne?’ ever actually, factually, literally – a ‘real?’ person?

Psyche = was a ‘mortal woman?’ loved(?), by a ‘God?’ – Eros??

Was there, ever(?), a ‘man?’ who was, loved(?), by a ‘God??’!

God! (If ever, there ever was/is(?), such a ‘thing?’) give me (the present writer!) strength!?!

There is a ‘strange’ type/kind of ‘osmosis?’ which ‘pervades’ the **psyche**-animated spirit, of the ‘average’ person/individual, which makes them (the ‘average’ person), a ‘lotus eater??’ (Ulysses/Odysseus), and describes the/a/an, individuals ‘attitude?’ = mental posture/stance’ to trying to develop, enhance, increase, the/their aware-ness; awake-ness; conscious-ness. See/read Ophiel’s vignette; Self-Aware-ness.

For many persons/individuals, the basic cosmic egg and/or basic chair exercises are ‘invalid?’ because they are ‘not?’, as exciting/daring as ‘full projection/transfer’ of conscious, would be, and so, the exercises are dismissed and/or ignored? Remember this, from the ‘end’ of the previous monologue in the/this series;

“What? = IS THE ‘POINT?’, ‘PURPOSE?’’, ‘REASON?’ = OF/FOR HAVE-ING!?! – A/AN ENTIRE PLANE? = AND THEN!!!! = DOING NOTHING ABOUT IT?? = OTHER THAN CALLING/NAMING IT = AS EVIL!?! = ADVERSE; OPPOSING; OBSTACLE!?! (The reader would do well, to think about this??)”

The present writer, always liked the idea/notion, that Ulysses, set sail, off home, with ‘twelve ships’ lost eleven of them, except his own (obviously!?!), then ‘lost’ all his ‘crew members’ except twelve of them? One has only to ‘look’ at the twelve signs of the ‘Zodiac’ to understand the ‘occult?’ of/for this ‘return home hero’ adventure story. (Why not take the ‘day off’ and examine the ‘Twelve Labours’ of Hercules!?!)

The twelfth and final labour of Hercules, was the capture of Cerberus; a dragon-tailed dog, with three heads, who is the ‘guardian/keeper’ of the entrance/exit, to/of the ‘Realm of Hades?’ It says, in the myth, that in order to gain ‘access to?’, the underworld(?)

(Aren’t we occult students(?), told(?), informed(?), that this/here = #0, Outer, outer physically physical ‘us?’ = are already(?), in/on the underworld (!?!))

Anyway!! Hercules, had to go to the ‘Eleusinian Mysteries?’ in order to be/become = AN INITIATE OF!?! = those ‘Mysteries??’ to gain ‘access to?’ the Underworld? (The reason of/for this, was to indicate/show, that the ‘Eleusinian Mystery Cult’ = knew/taught/instructed/revealed!?! – this??) So! Now that Hercules has been ‘initiated’ he can ‘enter?’ the Underworld of Hades!?! And! As a ‘bonus?’ he, Hercules, can take with him?? = Athena & Hermes!?! (Go you now! And check out your tree/map, for these two ‘Gods??’)

So, Hercules is; Tra-La-La-ing, in/through Hades, and he just ‘happens?’ to come across the ‘two individuals’ who tried to ‘kidnap?’ = Persephone - Wife! – of Hades!!

One Myth says; that the both of them had ‘snakes’ coiled about their ‘bodies’ and then, ‘turning to stone’! (See/read Ophiel’s book; Caballa Magic, his last chapter, his last two pages.)

One Myth says; Hades, on learning/finding out, about their ‘plans?’ prepared a ‘sumptuous meal,’ for them and ‘invited them’ to ‘sit-down?’, they both ‘accepted?’ the invitation, and

‘sat?’, but...! Unknowingly to them, these ‘chairs/seats,’ were of, ‘forgetful-ness’ and so, both were ‘permanently’ trapped/held.

Now, Hercules had ‘no problem?’ pulling Theseus from his ‘chair’ first! But...! Some of Theseus ‘thigh’ = stuck to the chair!?! (Thigh = ‘euphonism for sperm’ = meaning/symbolising – that ‘some?’ of his ‘desire?’ remained in/on = the Plane/Level of Hades!?!) But...! When Hercules went to ‘free’ Pirithous, whose ‘desire’ for the ‘Goddess’ was too ‘great to overcome’ the Realm of Hades ‘shook,’ so Pirithous, had to be left behind.

Hercules, then petitioned, the God Hades, for his permission to raise to the ‘surface?’ (Conscious-ness), his ‘servant’ = Cerberus. Hades ‘agreed?’ to this, but... only if? Hercules could ‘overpower’ his ‘servant,’ with his ‘bare-hands’ (Only ‘with’ – his #0, Outer, outer physically physical – actions/doings!?!), this, Hercules ‘does’ and carries Cerberus = ON HIS BACK! BEHIND HIM!?! – When King Eurystheus ‘saw?’ the THREE-HEADED-DOG!?! He, Eurystheus fled, into his ‘pithos’! (Pithos = large ‘jar/container’ used widely, extensively, throughout the Peloponnese/Greece and ‘used’ here, as, symbolic of, the #0, Outer, outer physically physical body. (The Kings ‘conscious-ness?’ couldn’t handle/cope(?), with the ‘sight?’ of, the three-heads = Past; Present; Future – Eternity! and so ‘fled?’ – back into the/their #0, body = pithos - jar!?!))

Eurystheus, (whose name means ‘broad-strength’ = #0, outer physical body), instructed Hercules to ‘return?’, the ‘Dog’ to his/its ‘Master?’, and thus, releasing Hercules = CONSCIOUS-NESS!?! = from any of his (The Kings = #3, Ego-Body) – JUDGE; JUDGEING; JUDGEMENTS!?!)

Dog = #1, Malkuth Earth/Hades – Conscious-ness?? (Why not go and check out Ophiel’s Astral Projection Book, and his, Astral Projection Correspondence Course in Astral Projection, and read what Ophiel writes about the ‘Wolf’ and the ‘Dog’ in the 18th Tarot Card.) The ‘twin towers’ in the/this card are ‘symbolic’ representatives of; the ‘Egyptian Pylons’ (Door-ways/Gates?), to the various levels/planes, of/for – conscious, as a ‘ness.’ and was/is ‘used?’, in the ‘Tattva-Principle?’ and ‘Symbol-Method!’. Here is what Ophiel writes, in his vignette: The Thread;

“The Bible is not much help in actually delineating the exact appearance/composition of God. In fact, it tells very little about him personally and does not describe him at all comprehensively. There is a scripture that says all we can ever know of God is his back parts. (Exodus 33; verses 20-23.) Some verses would shock the ‘Hell’ out of some puritan

Christians if they ever read the Bible, which they don't do. If this physical life has any meaning at all, it seems that something that we have to learn is how to handle the proper escape from this Physical Plane trap. (Please note I said 'seems.')

Hera-kleos = Glory of Hera = Clairvoyant = #2, Etheric and above.

Eurystheus = Broad Strength = Psychic = #1, Malkuth Earth and #0, Physical Earth.

There is another version, wherein Hercules finds both, Theseus and Pirithous, stuck to a 'rock,' and when Hercules lifts Theseus free, it is part of his 'buttocks', that he leaves behind him! The broad/wide 'occult' = is one of direction = behind – inner(?)! Here it is, from Ophiel, from is book; Astral Projection, his chapter; Little System.

“AND NOW YOU HAVE THE SECRET OF ASTRAL PROJECTION in a nut shell. YOU DO NOT PROJECT AN ETHERIC BODY OR AN ASTRAL BODY. ALL YOU DO IS TO TRANSFER CONSCIOUSNESS TO ANOTHER BODY OTHER THAN THE PHYSICAL.”
End quote. (Underlines are the present writers.)

Well! It just so, happens(?), that for the present writer, the 'particular' body(?), that they wish to 'transfer?' to, is(!), the/their = #1, Malkuth Earth/Hades Plane 'Psychic' Body!?!

Well! It just so, happens(?), that for the present writer, the 'particular' body(?), that they wish to 'transfer?' to, is(!), the/their = #1, Malkuth Earth/Hades Plane 'Psychic' Body!?! AND!! = THE 'EXERCISES' THAT THEY (The present writer), use; use-ing uses; used? – is/are? – the/their = basic cosmic egg and/or basic chair, 'exercises.'

The present writer has, in their time, 'assisted/aided,' those who were into, 'Tarot/Rune' reading; those who were into 'pendulum' swinging; those who were into Ophiel materials; Those who, where into 'Ritual', etc; etc. HOW? = NO GREAT SECRET!?! = For all this, is delivered unto 'me and to' whomsoever 'I' choose(?), to give it???

BE/BECOME 'PSYCHIC?' FIRST!?! = 'ENTER!' (Transfer!!) = YOUR 'CONSCIOUS' – INTO/ONTO – THE/YOUR #1, MALKUTH EARTH/HADES PLANE!?! = DARK-NESS; BLACK-NESS; BLIND-NESS!?! = PSYCHICALLY-TACTILELY-FEEL = Define; Three-Dimensional-ise; Symbol-ise – YOUR LITTLE SYSTEM ROUTE & STATIONS!?!

Stand or Sit = 'enter/transfer', your – Conscious, as a 'ness' = INTO/ONTO – THE/YOUR #1, MALKUTH EARTH/HADES PLANE = KNOWING!?! UNDERSTANDING!?! – THAT THE/YOUR = #3, EGO BODY! PRESENT INCARNATION! PERSONALITY BODY!?! = IS! IS! – PIGGY-BACKING!?! = IN/ON/WITH!?! = THE/YOUR – CONSCIOUS!! – AS A 'NESS!?!' = AND IS! IS! – MAKING – JUDGE; JUDGE-ING; JUDGE-MEANTS!?! (Not me! Not mine! Not this! Not here! Not now! NOT REAL! NOT HAPPENING! ELSE! OTHER! SEPARATE! APART! OTHER!)

Most normal people/persons 'balk?' at the thought/feel-ing, of the/their #1, Malkuth Earth/Hades Plane/Body(?), and this is because, in part and in the main, the tactile-feel-ing-sensation(?), of 'OTHER' = is disconcerting/disturbing?? – uncomfortable?? - to the/your 'resident?' = #3, Ego Body, Present Incarnation, Personality 'body?'. (See/read Ophiel's vignettes; Why do you let the Devil 'USE' you; The 'OTHER' you; Your 'OTHER' you; Showing God what to 'do'.) When in the, egg/chair exercises, the/your, #3, Ego Body, Present Incarnation; Personality Body = IS MADE TO OBSERVE = WITHOUT-JUDGEMENT!?! Eros to Psyche = BRING-NO-LIGHT!?!

To #2, Etheric Plane = Reflect/Visualise = is! = to 'be' – Clairvoyant!

To #1, Malkuth Plane = Tactilely-Feel = is! = to 'be' – PSYCHIC!

To #3, Ego Body = JUDGE; JUDGE-ING; JUDGE-MEANT = IS! = TO BE = APART/SEPARATE!?! = Not Me, syndrome!!

To #0, Outer Physical Body = Use; Uses; Use-ing; Used!

Mix 'n' Max, any of the above four 'bodies?' and see what you – Conscious = come up with! With the egg and/or chair exercises – comes the tactile/tangible = sense-ation/feel-ing!?! – of 'OTHER' = Without!! – the difficulty/problems(?) of – the/your #3, Ego Body = WHO CANNOT(!) – DOES NOT(!) – IS NOT(!) = ABLE TO 'SEE = JUDGE'!?!

Why? = IS THIS 'NO-JUDGE-MEANT!' = SO IMPORTANT!?! SO NECESSARY!?!

BECAUSE IT/THIS = 'NO-JUDGE-MEANT!' = MEANS!?! = THAT THE/YOUR #1, MALKUTH EARTH/HADES 'BODY' = PLANE!?! = CAN/DOES – BELIEVE!?!

BECAUSE IT/THIS = 'NO-JUDGE-MEANT!' = MEANS!?! = THAT THE/YOUR #2, ETHERIC PLANE - VISUALISATION 'IT' = PLANE!?! = CAN/DOES/IS!?! –

BELIEVED!?!

BECAUSE IT/THIS = 'NO-JUDGE-MEANT!' = MEANS!?! = THAT THE/YOUR #0,
OUTER, OUTER PHYSICALLY PHYSICAL – ACTIONS/DO-INGS = IS/ARE –
BELIEVED!?!

For all this - #2/#0, is(!), delivered unto me (#1), and to, whomsoever (everybody/anybody
#2/#0), I (#1), choose (tactilely-feel-believe) to give it.

Now! Big Occult(?), please read carefully and, if possible, for you(!), read Psychically. The
moment/instant – that Conscious(?) says = GET THEE (#1) = BEHIND ME!?! = THE
'DEAL/BARGAIN/OATH/BIND-ING' = IS DONE!?! = Simply 'because of' =
position/place/plane – location!?! End of occult!

Speaker = above; over; higher; before and in-front!

Listener = below; under; lower; after and behind!

If you – Conscious, as a 'ness,' would like to 'speak' #2, Etheric, then you – Conscious –
Reflect/Visualise!?!

If you – Conscious, as a 'ness,' would like to 'hear' #2, Etheric, then you – Conscious –
Psychically-Feel!?!

If you – Conscious, as a 'ness,' would like to 'have' #1, Malkuth, then you – Conscious –
Use; Use-ing; Used!

#3, speaking/talking = judge; judge-ing; judge-mean!

#2, speaking/talking = reflect; reflects; reflected; visualise!

#1, speaking/talking = psychic-tactile-feel-ing!

#0, speaking/talking = use; uses; use-ing; used!

The present writer, would strongly, advise; suggest; recommend(?), that when it 'comes to',
planes (any/all), that you = Conscious and/plus #3, Ego body = start/begin to = DISMISS!?!
= ANY & ALL!?! = NOTIONS; IDEAS; PRACTICES!?! = WHICH INVOLVES!?! = ANY
& ALL = PHYSICALLY PHYSICAL VERBALISATIONS!?! = OF ANY!?!
DESCRIPTIONS (Ritual; Prayer; Oaths; Commands; Words of Power; etc, et al!) As this,

(verbalisation!?!), is only a/an, ‘adaptation?’ to/of/for = communication!! = AT IN ON!?! = THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE!?! (See/read Ophiel materials, for this!!)

In the basic cosmic egg/chair exercises, you, the ‘individual’ are learning/mastering the ‘first’ = inner-language!?! – Psychic-Tactile-Feel-ing = belief; believe; believe-ing; believed!?!

In the basic cosmic egg/chair exercises, you, the ‘individual’ are learning/mastering the ‘first’ = inner-language!?! – Psychic-Tactile-Feel-ing = belief; believe; believe-ing; believed!?! = AND! AND! = RE-TRAIN-ING(?), INSTRUCT-ING(?), IN-FORM-ING(?), RE-EDUCATE-ING!?! = THE/YOUR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY!?!

YOUR #3, EGO BODY = CANNOT!?! = JUDGE; JUDGE-ING; JUDGE-MEANT; JUDGES!?! = IN/ON THE/YOUR = #1, MALKUTH EARTH/HADES – PSYCHIC-TACTILE-FEEL-ING PLANE!?! THE/YOUR = BLACK-ON-BLACK! = BLACK-ASTRAL-LIGHT!

In the basic cosmic egg/chair exercises, you, the ‘individual’ are, quite literally, actually, factually = CALM-ING! SOOTH-ING! PLACATE-ING! DOWN!?! – the/your #3, Ego Body, and its ‘reflex’ actions/speech!?!

As the/your #1, Malkuth Earth/Hades Body, starts to develop; increase; enhance, its latent/dormant abilities, you – Conscious, as a ‘ness’ – in/on - the/this/your – first-inner-plane! = going up/in – can ‘reap’ the ‘benefits’ of/for, your efforts. As a ‘conscious’ transits ‘from’ #1, to #2, there is always the great ‘eulogy?’ to/of/for = THE LIGHT!?! – AS IF? AS THOUGH? – IT HAS JUST??? ‘SUDDENLY’ APPEARED???

Here is what Ophiel writes, in his book; Clairvoyance, his chapter: The Astral Light:

“To make this a little clearer – The Light that floods the Inner Planes is also the MATERIAL from which the objects, and inhabitants! of these Inner Planes are made/composed of!!! Having gone this far, I will go a little farther – at this point, it seems to me you might be ready to grasp another great basic concept – try it – here it is. The Matter of the Physical Plane is also composed of this same LIGHT!!!” End quote.

Well, well, well! If #0, is ‘composed’ of the/this same ‘Light’, and #2, is ‘composed’ of the/this same ‘Light’, then why(?), is the #1, malkuth earth/hades plane – not(?) – ‘composed?’, of the/this same ‘Light’.

Note; Hercules – petitioned, the God Hades = #1, Malkuth Earth!?!)

Petition = from the Proto-Indo-European Root word; pet = to rush (towards,) to fly/flee (from,) – a supplication or prayer, especially to a Deity! From Old French; petition = request = petition. Modern French; petition. Directly from the Latin; petitionem, peitio = s blow; attack; thrust; aim; goal; seeking; searching. In Law; a claim; suit. From the past-participle stem, of petere = go to; to make for; to seek; to strive after; to ask for; to assail; to attack; to beg; to beseech; to request; to derive; to require; to fetch; to demand. It was/had become, by the 15th century; a formal written request, to a/an earthly superior. In law; it was/is a written application, for a/an ‘order/instruction, from the/of the court (1737.)

Now! The proper way/method/means of/for = PETITION-ING!?! – THE ‘GOD/DEITY?’ – OF THE/YOUR/THIS, #1, Malkuth Earth/Hades Plane = IS! = THROUGH/BY/WITH = THE/YOUR = PSYCHIC - TACTILE - FEEL-ING!?! = Define-ing; Three-Dimensional-ising; Symbol-ising, and(!), it must be done, in total/complete silence; dark-ness; black-ness; blind-ness!

This is what you, the reader/occultist(?), do/practice – petition(?), every-time/any-time, that you Conscious, as a ‘ness,’ – choose to do/practice the/your basic cosmic egg and/or basic chair exercises.

Thank you.