

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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14 of 17 chair exercise. 2022

There is ‘no way?’ – that the present writer, can explain in writing, that the/your #1, Malkuth Earth/Hades Plane = IS NOT! – A ‘COLOUR’!?! IS NOT! – AN ‘ABSENCE’ OF #0, OUTER, OUTER PHYSICALLY PHYSICAL ‘Light’!?! But... as soon as a person ‘starts/begins’ the/their, basic cosmic egg and/or basic chair exercises, everything/all = changes/alters!?!

Why? = because you – conscious(?), as a ‘ness?’ = are now(?) in a position/place to be = able to = LOOK-BACK! LOOK-BEHIND! (Look ‘down?’ from on high!?!) (Consciously; Knowingly; Deliberately!?!).

As ‘soon as!?!’, you, the reader/practitioner/occultist(?), start/begin the/your #1, Malkuth Earth/Hades Psychic-Tactile-Feel-ing – Define; Three-Dimensional; Symbol-ical ‘exercises’ = THAT’S IT!?! = YOU THE READER/OCCULTIST(?) = ARE! HAVE? – TRANSFERRED/PROJECTED!?!

As ‘soon as!?!’, you, the reader/practitioner/occultist(?), ‘stand-inside?’, your basic cosmic egg = THAT’S IT!?! = YOU THE READER/OCCULTIST(?) = ARE! HAVE? – TRANSFERRED/PROJECTED!?!

As ‘soon as!?!’, you, the reader/practitioner/occultist(?), ‘stand-up’ and sense/feel(?), the/your #1, Malkuth Earth/Hades ‘self?’ = ‘push-down’ = THAT’S IT!?! = YOU THE READER/OCCULTIST(?) = ARE! HAVE? – TRANSFERRED/PROJECTED!?!

Big ‘occult?’, for you, the reader/practitioner/occultist(?) – it is a question of ‘degree!?!’ Here it is, from Ophiel, his chapter; Little System, from his book; Astral Projection.

“When you have done this operation for a long time and you are thoroughly familiar with it, you then add the following work – Start at the first place of your route, your bed or your chair – Image yourself raising out of bed, or your chair, and starting your route. At first YOU WILL SEEM TO BE LOOKING AT YOURSELF DOING THE ACTION. When you have done this for a while and you are familiar with yourself doing the actions AND FULLY REALIZE THAT IT IS YOU WHO ARE DOING THE ACTIONS IN DUAL – THEN MAKE THE ATTEMPT TO TRANSFER YOUR CONSCIOUSNESS, YOU, YOURSELF,

TO THE IMAGE OF YOURSELF THAT YOU ARE WATCHING – Try to see thru the eyes of the image, feel it about you, feel yourself into it.

The image is your etheric body and you are watching it thru the ‘eyes’ of the ASTRAL BODY – when you WORK on or SEE any part of yourself you are working or seeing thru the body ‘above’ that body. So, in this case you are transferring down and not up. Hold your consciousness into the Etheric body and go thru the route to the end and back keeping yourself in the image. See thru the eyes of the image and perform all the actions with the etheric counterparts of the physical body, the etheric arms and legs etc. Keep doing this until you are perfect at it.

ONE DAY THE TWO BODIES WILL FUSE INTO ONE BODY AND YOU WILL OPEN ANOTHER KIND OF AN EYE AND YOU WILL FIND THAT YOU ARE REALLY THERE IN THE ETHERIC BODY FOR REAL AT THE SAME TIME YOU WILL BE CONSCIOUS OF THE PHYSICAL BODY TOO AND YOU WILL KNOW THAT YOU ARE **DUAL** AND **CAN AND DO FUNCTION IN BOTH BODIES AT ONCE**.

Don’t lose your head when this happens. By this time, you should have had so much practice along these lines that you should feel no great surprise. Stay out as long as you feel like it but don’t go too far away for this first time. When you are ready to return to your physical body go about it the same as you would physically, return to the body and WILL TO TRANSFER YOUR CONSCIOUSNESS TO THE BODY. **And you will open your physical eyes and ask yourself “was it a dream?” And was it?”** End quote.

It has never, in all the years of ‘occult’ study/reading/practicing, ceased to ‘astound/amaze,’ the present writer, that, individuals, do not understand? that they are **already!?! = already!!!** – **two?** #0, Outer, outer, physically physical and #1, **Psychic-Tactile-Feel-ing!?! of? = #0!?!**

#1, Malkuth Earth/Hades says; For all this, is given unto me, and to, whomsoever I choose, to give it!

#0, Outer, Outer, Physically Physical says; Use; Uses; Use-ing; Used!

It is these ‘two’ bodies, who are in ‘charge/control?’ of = the/your #0, world!?!

AS SOON AS!! YOU – CONSCIOUS = START/BEGIN – THE/YOUR BASIC COSMIC EGG EXERCISE AND/OR BASIC CHAIR EXERCISE = THAT’S IT!?! = IT IS DONE!?! = YOU CONSCIOUS – ARE! HAVE! = TRANSFERRED/PROJECTED!?!

YOU = CONSCIOUS – ARE ‘NOW!’ = IN/ON THE/YOUR #1, MALKUTH

EARTH/HADES PLANE? = KNOWINGLY! DELIBERATELY! PURPOSEFULLY!?”

Don't just read it! = Test it! = Try it! = USE IT!?!

The 'pressure?' is 'off' – #4, emotional you!

The 'pressure?' is 'off' – #3, ego you!

The 'pressure?' is 'off' – #2, visualising you!

The 'pressure?' is 'off' – #0, physical you!

For all this, is given unto me, and to, whomsoever I choose, to give it!

The 'pressure?' is 'from?' - #1, Malkuth Earth/Hades you? = Adverse; Opposed; Obstacle; Resistance; Inert!

Once a person 'has,' through daily practice/doing, of the/their basic cosmic egg/chair exercise, the 'gnosis = personal/individual experience of, first hand', of the/their #1, Malkuth Earth/Hades psychological psychic-tactile-feel-ing = define-ing; three-dimensional-ising; symbol-ising, then they, the practitioner, can move on to the next state/stage!?!

FAITH! = BELIEF!

The word 'Faith,' etymologically means; To Persuade/To Convince.

The word 'Belief,' etymologically means; To Trust.

#0 = Faith to #1!

#1 = Belief to #0!

Be, Become, PSYCHIC FIRST! Demonstrate?! = to both #1 &+ #0, through/by/with, the/your 'daily' practice of, the/your basic cosmic egg and/or basic chair 'exercises' = AND 'KNOW'!?! = THAT IT 'IS!?!' = THE/YOUR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY = THAT 'IS!?!' = JUDGE; JUDGE-ING; JUDGE-MENTAL!?! = THAT 'IS!?!' = STOP-ING; RESTRICT-ING; HALT-ING; LIMIT-ING = THE/YOUR #1, MALKUTH EARTH/HADES PLANE 'BODY' – FROM! –

BELIEVE-ING!

HOW??? You quite rightly ask!?! Big Occult (Again!!!!), oh yes!!!

Your, #3, Ego Body, is a ‘construct?’, of the/your now present ‘real-time = physically physical!?!’

Your, #3, Ego Body = **PIGGY-BACKS**!?! = IN/ON = CONSCIOUS!?! = AS A ‘NESS’!?!

Many times, over many years, persons/individuals would, come and ask, the present writer, for a/the/their ‘magic?’ – bullet/solution? – to/of/for their problem? – and in, 99.99 per cent, of the time, there wasn’t/isn’t one!?! (See/read Ophiel materials for this; like planting a seed, to grow a tree, to build a boat, to ‘escape’ a flood!?! Too little, too late!?!) So, just to ‘emphasise’ the ‘point!’ here it is, from Ophiel, from his second book; Creative Visualisation, his chapter of the same name:

“Now, after much study and experience, I believe I am in a position to be able to elucidate an important Statement as to the apparent whys of the above workings and non-workings of the Occult-Creative-Visualization-Process – and that Statement is –

THE ART OF CREATIVE VISUALIZATION DEPENDS FOR ITS SUCCESSFUL OPERATION UPON CORRECT KNOWLEDGE, CORRECT UNDERSTANDING, AND CORRECT RIGID FOLLOWING OF DEFINITE RULES!!

To be a little more specific – The Art of Creative Visualization, AND ALL OTHER OCCULT WORK, involves WORK DONE ON OTHER KINDS OF PLANES in addition to the work done on the physical plane!! And how to do Inner Plane work means KNOWLEDGE, KNOWLEDGE, AND MORE KNOWLEDGE and then PRACTICE, BASED ON THAT KNOWLEDGE, AND MORE PRACTICE, AND MORE PRACTICE.

In Creative Visualization work all the planes involved in our cosmic existence are used, the Etheric, The Lower Astral, The Higher Astral, The Mental Plane, and the Causal Plane, AND ALL THESE PLANES HAVE DEFINITE RULES AND LAWS FROM WHICH THEY WILL NOT DEVIATE ONE IOTA.” End quote. (Underlines are the present writers.)

Here now! IS!! Where you(?), the reader/operator/practitioner/occultist = ON THEIR ‘OWN!’ – SHOULD? BE!?!

In Creative Visualization work all the planes involved in our cosmic existence are used, the Physically-Physical; the Malkuth Earth/Hades; the Etheric; the Astral; the Mental Plane, and the Causal Plane; AND ALL THESE PLANES HAVE DEFINITE RULES AND LAWS FROM WHICH THEY WILL NOT DEVIATE ONE IOTA!?!

AND ALL THESE PLANES HAVE DEFINITE RULES AND LAWS FROM WHICH THEY WILL NOT DEVIATE ONE IOTA!?! SO WHY?????? WOULD YOU!!! = HAVE??? TRY???? USE????

FAITH?? = IN/ON THE/YOUR #1, MALKUTH EARTH/HADES PLANE???

BELIEF? = IN/ON THE/YOUR #0, OUTER, PHYSICALLY PHYSICAL PLANE???

AND ALL THESE PLANES HAVE DEFINITE RULES AND LAWS FROM WHICH THEY WILL NOT DEVIATE ONE IOTA!?!

Rule/Law of/for #0, Outer Physically Physical Plane = use; uses; use-ing; used!

Rule/Law of/for #1, Malkuth Earth/Hades Plane = psychic-tactile-feel-ing!

Rule/Law of/for #2, Etheric Plane = reflect; reverse; repeat!

Rule/Law of/for #3, Ego Body 'construct' = judge; judges; judge-ing; judge-meant!

Each of the 'actions/do-ings?' of/for the above, planes/levels = IS/ARE!?! – THE 'LANGUAGE OF' = each of these planes!?! NONE OF THEM!! = IS/ARE!?! = #0, Outer, outer physically physical = VERBAL!?!

Do you? Can you? Are you? The 'reader', 'practitioner', 'occultist?', able to understand(?), the above?? Please put it = TO THE 'TEST!?!' TRY IT!?! USE IT!?! Reverse the numbers to; #3; #2; #1 and #0!?!

Take the/your #3, Ego Body 'self?', to the/your #2, Etheric Plane and 'visualise', your desire; want; need; brood-ing.

Take the/your #3, Ego Body 'self', along with, the/your #2, Etheric Plane 'visualisation', into/onto, the/your, #1, Malkuth Earth/Hades Plane – Black-on-Black/Black-Astral-Light = and Psychically-Tactilely-Feel-IT!?! AS YOU WOULD(?) YOURSELF/YOUR BEING!?!

Define 'IT,' Three-Dimensional-ise 'IT,' Symbol-ise 'IT,' UNTIL YOU = #1, Consciousness!?! = BELIEVE!!! = THAT 'IT' – Object; Circumstance; Thing!?! = IS!!! = YOURS ALREADY!?! YOURS NOW!?! – IS WHO/WHAT!?! = YOU ARE!?!

IT IS – BECAUSE OF!?! = THE/YOUR #1, MALKUTH EARTH/HADES PLANE = BLACK-on-BLACK! BLACK-ASTRAL-LIGHT!?! THAT = THE/YOUR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY = CANNOT? DOES NOT? = SEE/OBSERVE!?! = SO, IT!!! = #3, EGO BODY = CANNOT? DOES NOT? WILL NOT!?! = SIT IN JUDGE-MEANT!?! (Show/Reveal/Display!?!)

Take the/your #0, Outer, Outer Physically Physical Body = and use; use-ing; used!?! = Remember! Recall! = THAT YOU – CONSCIOUS – AS A 'NESS' = CAN ONLY! = USE; USE-ING; USED!?! = #0!?!

All, of the 'above,' is 'inherent in,' the/your basic cosmic egg and/or basic chair exercises. When the present writer used to inform individuals of this, type/kind of thing, the present writer would simply 'use' the 'medium' which was 'current,' for the particular individual, themselves.

Ritual Magic; Talismanic Magic; Token Magic (Treasure Maps/Charts, etc.), Tarot Reading; Crystal Gazing, Runes; etc, etc, etc, et al. And the present writer would always, always encourage, entice, induce, the individual to be, become = PSYCHIC FIRST!?! = BECAUSE OF ITS (Psyches) = IMMEDIACY!?! – INSTANT-NESS!?! AND!! ABOVE ALL!?! = ITS 'TANGIBILITY!?!' = ITS 'REALITY'!?! = ITS 'NOW-TIME'!?!

Psyches = NOW-TIME! = WAS/IS POWERED!?! BY/WITH = THE #2, ETHERIC PLANE!?! – Ophiel explains all this, in his very first lesson, of his; Correspondence Course in Astral Projection, his lesson one = training/repeating!?! (Wearing out a 'channel?') But... so many of his students/practitioners, overpower, his information, by/with, making it (the information), purely-physically-physical!?! = WITH NO = FAITH CONNECTION!?! = TO THE/THEIR - #1, Malkuth Earth/Hades = BELIEF!?!

FAITH = TO PERSUADE/TO CONVINCER! – SELF!?!

BELIEF = TO TRUST! – SELF!?!

IF! The your; #1, Malkuth Earth/Hades ‘SELF?’ = DOES NOT BELIEVE!?! = Then the/your
#1, Malkuth Earth/Hades ‘SELF?’ = WILL NOT TRUST!?! = THEN NOTHING
HAPPENS!?!

The moment/instant, that the present writer ‘put aside?’ their #3, Ego Body, the/their
‘occult?’, became much ‘more?’; no more struggle-ing; strive-ing; force-ing; demand-ing;
judge; judges; judge-ing; judge-meant!

For all this, is delivered unto me #1 = no more struggle; strive; force; demand; judge; judges;
judge-ing; judge-meant! - Here is what Ophiel writes, in his book; Talismanic Magic, his
chapter; Charging a Talisman;

“The object of your Talisman is to persuade. (Along with all kinds of prayers, supplications,
petitions, please, calls, beseech-ments, implorations, invocations, and entreaties.) All these
actions are made basically for the purpose of altering physical circumstances which are
present manifestations of the present action patterns of the, can we say, “local” Astral Light
combinations.

Also, do not forget that there appears to be strong evidence that present unwanted adverse
actions of the present Astral Light combinations in your life are of your own ignorant doing
or of the doing of others about you.

So, therefore many answers to prayers, and answers to successful Talisman workings, are
often merely a stopping of what you are doing wrong, or influencing the Astral Light in the
wrong way, and this stopping can be brought about by you by preparing the Talisman and
studying all the factors involved, and thereby gaining some conscious insight into what is
wrong and making conscious connections.” End quote. (Underlines are the present writers.)

Can you? Are you? The reader/operator/practitioner/occultist(?), able to see/read, in the
above ‘where?’ the/your #1, Malkuth Earth/Hades = Psychic-Tactile-Feel-ing-Body, comes
into ‘play’, in the above Ophiel quote?

Can you? Are you? The reader/operator/practitioner/occultist(?), able to apply, in the above
‘where?’ the/your #1, Malkuth Earth/Hades = Psychic-Tactile-Feel-ing-Body, comes into
‘play’, in the above Ophiel quote?

Only regular daily practice, of the basic cosmic egg and/or basic chair exercises, is/are, going
to assist; aid; help; contribute; and/or satisfy; you and your ‘answer?’ to the above question.

Thank you.