

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

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## 16 of 17 chair exercise. 2022.

In Ophiel's book; Astral Projection, his chapter: Little System, we read this part:

“ON THE ETHERIC PLANE WHEN A THING IS CREATED IN THE FIRST PLACE (see last section) THE MEANS OF ITS CREATION IS DONE AFTER THE THING IS CREATED, and comes into being automatically. I do not have to point out to you how different this is from the earth plane. This reverse creation is one of the Laws of the Inner Planes.” End quote.

In the daily practice/doing, of the/your basic chair exercise, what you – the ‘occult’ student(?), are searching, looking ‘for’(?), is the, ‘reverse/resisting’ action/doing of!?! – the/your #1, Malkuth Earth/Hades Psychic-Tactile-Feel-ing-Body = Pushing Down – to stand-up! = Pushing Up – to sit-down! Psychic-Black-Malkuth-Black-Astral-Light-Body!

In the daily practice/doing, of the/your basic ‘Little System’ exercise, what you – the ‘occult’ student(?), are searching, looking ‘for’(?), is the, Clairvoyant-Light-Etheric-Light-Body!?!

In the daily practice/doing, of the/your basic cosmic egg exercise, what you – the ‘occult’ student(?), are searching for, looking for(?), is the, Basic-Training/Discipline-ing, of, the/your #3, Ego Body!?! (As it = #3, ‘observes’ = #1, Malkuth Earth/Hades, psychic-tactile-feel-ing-body you – Conscious, as you define; three-dimensional-ise; symbol-ise each of the five basic elemental forces as ‘tattvas’, within you, about you and surrounding you = #1 &+ #0!?!)

THE MEANS OF ITS CREATION IS DONE AFTER THE THING IS CREATED!?!

Stand-up = result! Means of its (Stand-up) Creation = Push-down! = THE MEANS (Push-down!) OF ITS (Stand-up) CREATION!?! = IS DONE (Stand-up) AFTER THE THING (Push-down) IS CREATED!?!

Do you? Are you? Can you? = the reader/occultist – understand(?) the above ‘examples’ in such a ‘way’, that it ‘benefits’ you!?! (Nothing else/other ‘matters!’) Do you understand Ophiel's materials a little bit better/easier now, and ‘how’ to approach/apply them? As a ‘non,’ #2, Etheric Projector/transfer!?!

In 2003, the present writer sent to the ‘Ophiel Magic Group’ at Yahoo, that there was scientific proven evidence, that the mind cannot tell the ‘difference?’, between, what is real? and what it (the mind), believes is real? When a person gets to Ophiel’s ‘neither state/condition?’ of = not awake/not asleep – the/their #0, outer, outer physically physical body ‘fades?’ into the background, of conscious and their #3, ego body!?! = BECAUSE!?! = Conscious &+ #3, are ‘Observe-ing?’ in/on a/an ‘OTHER’ plane/level!?! Like wearing clothes or jewellery and ‘not being’ conscious of them, in a now-time/real-time moment, and the/your #3, Ego Body, having been ‘sated’, at the ‘point of choice/choosing’, in the department store.

As soon as the #3, Ego body is ‘sated/satisfied’ = IT - #3, STOPS!?! = Judge; Jusges; Judge-ing; Judge-mental; - and STOPS!?! – interrupting the/your #1, Malkuth Earth/Hades Psychic-Tactile-Feel-ing Body! Remember! Recall! – the/your #3, Ego Body = piggy-backs!?! – in/on Conscious as a ‘ness?’.

The ‘language?’ of the #3, Ego body, Present Incarnation; Personality body = is – not me; not mine; not this; not that; not here; not now; else; other; over there; separate, etc, et al.

The ‘language?’ of the #1, Malkuth Earth/Hades body = - for ‘all’ this, is delivered unto me, and to, whomsoever I choose to give it?

The #1, Malkuth Earth/Hades Plane, Egg & Chair exercises, is/are, in ‘principle’ no different?? from Ophiel’s, #2, Etheric Plane exercises, except that the ‘emphasis’ of/for = observation!?! = is in/on the/your #1, Malkuth Earth/Hades Plane Plane!?! = Psychic-Tactile-Feel-ing!?! When the present writer, used to try to explain to persons/individuals, that conscious ‘transfer/projection’ into/onto the ‘Illuminated? Light’ = #2, Etheric and Above, was/is = Clairvoyance and that, conscious ‘transfer/projection’ into/on the ‘Un-Illuminated? Light’ = #1, Malkuth Earth/Hades, was/is = Psychic – they, the present writer, wasn’t regarded as much as anything? But, after some practice and judicious exercising, the ‘realisation’ of it, rose softly into, ‘conscious.’

Please study carefully! The ‘point?’ to the basic egg/chair exercise is one of = belief; believe; believe-ing; believed!?! The closest, to this, in Ophiel, is in his vignette; How to get Ahead.

“In the Vignette below the ideas expressed are different. Read the Vignette over carefully many times, notice the ideas therein and attempt to integrate these ideas into your daily life living. Remember this vignette is concentrated occult Knowledge and not masses-messes of

words. So, study and apply it. ‘Truly’ the right application this Vignette can alter your life for the better. The object of life, is to live on all planes and to live more expansively on all planes. There is nothing much to hold you back from expanding on the Inner Planes, as existence is non-resistant there, no-thing to hold you back or to have to work against. So, you can amass inner knowledge to any extent and without effort.

However, we also exist, a large number of us, and a large part of us, on the Physical Plane where the rules are different from those on the Inner Planes. There, different rules ‘rule’ or ‘govern,’ which simple statement is never completely understood. While it is true that all the features of the Physical Plane are governed by the rules, which come down through the Inner Planes to ‘here’, there are important physical plane rules, which must be obeyed here, or matters will not satisfactorily work out here.” End quote. (Underlines are the present writers.)

One of the above ‘major!?!’ laws, rules & governances of/for the present #0, Outer, outer physically physical plane, that is ‘not taught?’, any more, is that of ‘providing a service??’, for which you can ‘charge’ people, persons, individuals ‘for’ = the/that ‘service’!?! Service, is now ‘confined’ to the wider ‘Institutions’ and is generally of a ‘collective’ = Military; Political; Social; Medical; Police, etc et al. In ‘industry’ there is no longer any ‘service,’ that/this, has been replaced with ‘quality control’ and ‘maximum profit margin’ With ‘no service’ comes ‘no respect’, and this is shown/revealed in ‘sourcing and delivery’, where entire ‘non-profit’ species are made ‘extinct’, because they (the species) are not ‘considered’ part of the ‘bottom-line!’.

Well, we all now ‘know?’ how that is going to end up!?! Don’t we???? So, in keeping with Ophiel, the ‘point?’ the ‘development?’ of any ‘art/skill-set’ that you, the reader/occultist, are trying to/going to, ‘achieve?’ in the application(?) of = the/your ‘occult’ – must have a ‘point?’, ‘purpose?’, ‘reason?’. In Ophiel’s ‘case’ he wanted ‘Astral Projection’ because he wanted to ‘see?’, what everyone was ‘doing’ and what they were ‘up to??’, but... when he learned the truth, he was well ‘past’, that/this idea/notion.

Your Little System/Dream Method exercises are ‘specific!?!’ = no ‘messaging’ about!! = they are for the/your development; enhancement; increase of, the/your #2, etheric plane clairvoyance!?!

Your egg/chair exercises are ‘specific!?!’ = no ‘messaging’ about!! = they are for the/your development; enhancement; increase of, the/your #1, malkuth earth/hades psychic-tactile-feel-ing!?! = Do you! = the reader, operator, practitioner, occultist(?) – understand/realise(?) – that the/your #1, Malkuth Earth/Hades Plane – Black-on-Black; Black-Astral-Light –

egg/chair exercises – IS/ARE!! – FOR! – the/your, psychic-tactile-feel-ing!?! = NOT! NOT!  
– the/your #2, Etheric Plane clairvoyance-visualisations!?! REMEMBER THIS!?!

Eros to Psyche = BRING-NO-LIGHT!?! (#2, Etheric Plane – Visualisation Light!?!)

Psyche = BRINGS-LIGHT!?! (#2, Etherically Visualises – ‘sees’ what she (psyche – desires!?!)

Automatically/Reflexively = invokes/evokes = the Laws; Rules & Governances of #1, Malkuth Earth!!

Eros is – Repelled/Rejected – Adverse? Opposed? Slandered = Obstacle!?! – Flees/Departs!?!

Does this not ‘possibly?’ explain? even a little? Why, the/your talismans; treasure maps/charts; ritual; prayers; Little System, route/stations; Dream diary; Prayers; Hopes; Dreams = whatever? = FAILS!?! = BECAUSE YOU – CONSCIOUS, AS A ‘NESS?’ – BRING/TAKE!?! = A/AN #2, ETHERIC-LIGHT!?! INTO/ONTO!?! = THE WRONG PLANE!?! (#2, Visualising? When you – Conscious – should be = PSYCHICALLY-TACTILELY-FEEL-ING!?!)

Thus, when you/if you – Conscious, as a ‘ness’ = choose to test, try, use – the/your basic cosmic egg and/or basic chair exercises = YOU! – the operator/occultist = DO NOT! NOT! = VISUALISE!?! = BRING NO LIGHT!?!

As ‘soon as?’ you – the operator/occultist – start/begin, the/your/Ophiel’s, Little System and/or Dream Method exercises = YOU! – CONSCIOUS! = AS A ‘NESS (Protrude; Project; Jut-Forth; Stand-out; Stick-out)’ OF!?! = CLAIRVOYANCE-FEEL-ING!?! ARE! ARE! – IN/ON THE/YOUR = #2, ETHERIC REFLECT-ING PLANE!?!

As ‘soon as?’ you – the operator/occultist – start/begin, the/your basic cosmic egg and/or basic chair exercise = YOU! – CONSCIOUS! = AS A ‘NESS (Protrude; Project; Jut-Forth; Stand-out; Stick-out)’ OF!?! = PSYCHIC-TACTILE-FEEL-ING!?! ARE! ARE! – IN/ON THE/YOUR = #1, MALKUTH EARTH/HADES PLANE!?!

As ‘soon as?’ you – the operator/occultist – start/begin, the/your, USE; USES; USE-ING, USED, #0, Physically Physical System Exercises = YOU! – CONSCIOUS! = AS A ‘NESS (Protrude; Project; Jut-Forth; Stand-out; Stick-out)’ OF!?! = ARE! – IN/ON THE/YOUR =

#0, PHYSICALLY PHYSICAL PLANE!?!)

IT IS SIMPLY A QUESTION OF???) – TECHNIQUE/SKILL = ART? = ACQUIRED THROUGH ‘DILIGENT’ LEARN-ING/MASTER-ING, PREPARATION, PRACTICE-ING AND THEN APPLICATION!?! BUT...! AT WHAT = LEVEL??! (Do you understand(?), this??) Ophiel, next writes;

“I first heard of this kind of situation many, many years ago when I was dabbling in Christian Science studies. A man who was practising Christian Science, (the idea of supply) was employed as an automobile salesman. He spent a great deal of his time during working hours reading the Christian Science textbook and he did expect his studies to bring him success in the sales of cars. Apparently, he thought the studies themselves should suffice to ‘bring’ him the business. And to tell the truth, in the Christian Science textbook there is every indication that such is the case. Actually, LIFE on all planes is needed equally, but, as I said, this fact definitely is not brought out clearly in the Christian Science textbook, nor, indeed, in any other ‘spiritual writings.’ In some way, the discrepancy was brought to the man’s attention and he began to apply physical principles coupled to his spiritual studies and he then became a very successful salesman.

Now, when you work physically and mentally, both together, you create a much stronger current in the Astral Light (Or, as it has been, called, a ‘strain’ in the Astral Light.) and the results should come much more quickly on both planes. Usually, the combination of physical movements and mental work was performed for initiations into one degree after another in some of the Lodges and Societies, but there is no reason why it cannot be employed for any reason and indeed it is, even for so-called ‘bad’ reasons. (Actually, there is no ‘bad’ or ‘good’ on the Inner Planes.)” End quote. (Underlines are the present writers.)

As soon as, a person/individual, gives themselves #3, ‘over to’, the/their #1, Malkuth Earth/Hades Psychic-Tactile-Feel-ing Plane = then many, many, things = change?! Know-ing(?), Understand-ing(?) and Use-ing, the/your #1, Malkuth Earth/Hades Plane, in a ‘conscious way?’, changes everything!? Actually, LIFE on all planes is needed equally!?!)

The ‘trick?’ is ‘in!’, the black-on-black; black-astral-light = dark-ness; black-ness; blind-ness = psychic-tactile-feel-ing!?! = IN/ON!?! = THE/YOUR #1, MALKUTH EARTH/HADES – BLIND-NESS!?! = YOU! – CONSCIOUS = AS A ‘NESS?’ – CAN/DO/WILL/SHALL = BELIEVE - ANYTHING!?! Ophiel next writes;

“All of this is very well and good but surely, we can go a little more deeply in our quest of real occult knowledge, which leads to power. You have been told elsewhere that the Inner Planes are full of (Liquid) Light. This Light, while it is still Light, is un-solidified, undifferentiated physical matter, or, in another way of speaking, physical plane ‘results’, final results. On the Inner Planes when you do something mentally, you start currents moving in the Liquid Light. These currents are supposed to flow towards whatever goals you are working for. On the Inner Planes there are well-defined areas, which contain the subject matter you are interested in. (These are the Astrological designations which ‘rule’ the subjects in which you are interested.)” End quote.

Context;

On the/your #1, Malkuth Earth/Hades Plane, when you – conscious, as a ‘ness’ = psychically-tactilely-feel, something/anything, without a, Judge; Judges; Judge-ing; Judge-meant! Then chances are, that this/your #1, psychic-tactile-feel-ing = WILL BE/SHALL BE = BELIEVED!?! = THUSLY! – CAUSE-ING, CREATE-ING, MAKE-ING = A ‘STRAIN??’ – IN/ON THE/YOUR #1, Malkuth Earth/Hades Plane – ‘Light!?!’.

In all ‘other’ planes/levels, you – Conscious, as a ‘ness’, have a ‘belief’ = IN ‘PRINCIPLE!?!’.

In on the/your #1, Malkuth Earth/Hades, level, you – Conscious, as a ‘ness’, have a ‘belief’ = IN ‘FACT!?!’.

Whatever ‘IT = Object; Circumstance; Thing!’, IT – IS! = YOU - #1, BELIEVE? IS BECAUSE YOU – CONSCIOUS, AS A ‘NESS’ = CAN/DO!?! = PSYCHICALLY-TACTILELY-FEEL = IT!?! - AS ‘BEING’ = YOU!?! - Consciously/Un-Consciously = WON’T/DON’T MATTER ONE SINGLE ‘JOT!’?! (See/read, Ophiel’s book; Contacting the Demiurge.)

One (amongst many?), of the ‘occult training techniques’, for the development; enhancement; increase, of the/your = latent/dormant, Psychic-Tactile-Feel-ing powers, that the present writer would suggest/recommend, to some individuals, was to = treat/handle their – Object; Circumstance; Thing – AS IF! AS THOUGH! = ‘IT’ – was a ‘pet?’ – dog; cat; bird; horse, etc, etc. The ‘Unconscious-ness’ of - pet-ing/stroke-ing/feed-ing – carried with it, in the/their ‘sub-conscious-ness?’ a ‘one-ness/accept-ing-ness/belong-ing-ness’, etc – But...! above all, it ‘carried’ a believe-able-ness!?! A ‘NOW-TIME/USE-TIME = NESS.’

The ‘application’ of/for the above ‘technique,’ would only ‘carry weight?’ in those who have, had, a ‘pet’, as the ‘idea of’, would be easy for them/their = #3, Ego Body – to ‘accept?’ = without Judge; Judges; Judge-ing; Judge-meant!?!)

Another ‘difficulty?’ that the present had, was trying to get people/persons, (occult persons?), to ‘accept?’, that the ‘language of/for?’, the/their #3, Ego Body – was/is??? – NOT! (Negation/Denial/Rejection, etc.) and, that the/this – NOT! – was/is, ex-press-ed, as a/an: Else; Other; Separate = NOT ME!?! – Since ancient times, Egyptian and Pre-Egyptian, this ‘NOT!’, WAS/IS ‘EX-PRESS-ED’ AS = Judge; Judges; Judge-ing; Judge-meant!?! (Weigh-ing of the ‘Heart – Conscious’). Also, in the Old Testament, as ‘Negative Imperative?’ = Thou Shalt Not! In the ‘letter’ of Augustine of Hippo = DO IT NOT! – AGREE-WITH!

Imagine now? (If you can??), that you – the reader/conscious-ness(?) – ARE IN/ON A PLANE/LEVEL!?! = WHERE THERE IS = NO WHITE-LIGHT!?! (#4, Astral.) OR, NO BLUE-LIGHT!?! (#2, Etheric.) = BUT...! ONLY, ONLY, ONLY! = BLACK-on-BLACK!?! = BLACK-ASTRAL-LIGHT!?! (#1, Malkuth.)

Could you? Can you? – Conscious, as a ‘ness – protrusion; projection; jut-ing forth; stick-ing out; stand-ing out!?!’ in/on the/your #1, Malkuth Earth/Hades Plane(?) – psychically-tactilely-feel(?) – the/your Object; Circumstance; Thing and/or IT!?! – in the same mode/way, as you ‘did/do!?!’ – the/your ‘pet!’ = Remember-ing/Recall-ing!?! = THAT THE YOUR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY – YOU!! = PIGGY-BACKS!?! – IN/ON/WITH – CONSCIOUS, AS A ‘NESS’!?!)

In/on the plane/level of, the/your #1, malkuth earth/hades plane/level = there is/are ‘NO’ - #4, white astral light, or/nor - #2, blue etheric light!?!)

In/on the plane/level of, the/your #1, malkuth earth/hades plane/level = there is/are – only, only, the Black-on-Black = BLACK-ASTRAL-LIGHT!?! – Thus, ‘negating’ the ‘negation?’ of the/your #3, Ego Body, Present Incarnation, Personality = Judge; Judges; Judge-ing; Judge-meant = NOT ME! NOT MINE! NOT THIS! NOT THAT! NOT HERE! NOT NOW! OVER THERE! SEPARATE; ELSE; OTHER!?!)

Saint Augustine of Hippo, writes in his letter (number one, of 1 to 17 letter & egg) = When - #3, Ego Body ‘says’ = Get Drunk and the/your – Adversary/Opposer/Slanderer Body says =



Do it not! – you Conscious, as a ‘ness’ = **AGREE-WITH!** = THINE

Adversary/Opposer/Slanderer!?! = This is what the/your = egg/chair exercises - is/are ‘all about.’ (Difficult to ‘describe/explain,’ but... ever easy to ‘do/practice?’)

Thank you.