

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

**Written by max.height**  
<https://ophiel.art>

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# 1 of 1 variation exercise. 2022

There is/are many ways, to do/practice and it is up to each individual, how they wish to approach each/any presentation put before them. A list of Ophiel's vignettes, is/are available widely, in the internet, thanks to the work of several members of the now defunct; Yahoo Groups - Ophiel Magic Group. And when you see someone/anyone, all you have to do, to get a 'bead,' on them, is watch and see, which vignettes they 'go for.'! = Names of Power! How to Control and Dominate Others! How become a Power, in your Job; Lodge; Club! Change your Name to a Magical Name, etc, etc, etc. All 99% = #3, Ego Body Dominated, driven!

Should an individual, choose, based on the/their #3, Ego Body, then chances are, that they are going fail, as there is, no substance (Element Earth,) behind them = #0 &+ #3, and after the first initial rush of enthusiasm(?) and failure, they, the would be 'occultist,' gets/becomes, so frustrated/exasperated, that they give up! = oh, yeah, tried that, doesn't work!? Here is what Ophiel writes, in his book; Clairvoyance, his chapter; The two minds.

"Now in your experimental sub-mind work you will have to evolve your own types of exercises, like the examples given, and carry them out successfully. You have to release all conscious-mind control and practice allowing the sub-mind to take over, and this gives rise to a very queer feeling, as if you seem to be losing control over your objective world. Practice this until you note a degree of entry of the sub-mind into the objective world, which is all you want, a degree of entry, and a degree is all you need to greatly improve and sharpen up your life." End quote.

Context;

Now in your experimental sub-mind work you will have to evolve your own types of exercises, like the examples given, and carry them out successfully = two of the basic exercises, is/are, of course, the/your basic cosmic egg and/or basic chair exercises, which are both, for the development; enhancement; increase of/for, the/your latent/dormant, now present (but still un-developed,) **Psychic**, abilities.

You have to #3, ego body, release all conscious-mind control and practice allowing the/your #1, Malkuth Earth/Hades Plane – Psychic-Tactile-Feel-ing, sub-mind to take over, and this gives rise to a very queer feeling, as if, you seem to be 'losing control,' over your #0, objective world = when Ophiel writes 'you,' he means, the/your #3, Ego Body, present incarnation, personality body 'construct,' which now 'resides,' within you, and which, now **piggy-backs**(?), in/on the/your, Conscious, when it/the/your Conscious, is a, ness, state/condition.

The word; ness, is/means – to protrude; to project; a promontory; jut-forth; stand-out.

The/your #3, ego body, makes/creates = a judge; judges; judging; judgement.

The word, 'judge,' is/means and comes from, the word; deik – to show; to reveal; to display. Each of the above three actions/doings, is/are, what goes on, 24/7/365, and instead of 'complementing,' it, the/your #3, Ego Body, is 'detracting,' but...? not for all? They is/are many, many naturally 'gifted,' persons, individuals, who are 'fated,' to succeed in life/living and have no need, to try and understand it or why.

You have to #3, ego body, release all conscious-mind control and practice allowing the/your #1, Malkuth Earth/Hades Plane – Psychic-Tactile-Feel-ing, sub-mind to take over = and, at the/this present moment, in time, the 'allowing,' of the/your #3, ego body 'releasing,' is to be done/achieved/accomplished, through/by/with – your #3, Ego Body's ability to; stand-aside and simply 'observe,' without judgement!? The occult? being in, the understanding/knowing/knowledge of = what the word/action/doing, of/for the word 'Judge,' is/means = deik – to show; to reveal; to display.

To whom? do you think? the/your #3, Ego Body, is judge-ing = show-ing; reveal-ing; display-ing to?

Where? do you think? the/your #3, Ego Body, is judge-ing = show-ing; reveal-ing; displaying at?

Why? are you, conscious, as a 'ness?', un-aware; un-awake; un-conscious to/of/for this?

Well, that is easy and it is, as Ophiel writes, in his second book; Creative Visualisation; and all these planes, have laws; rules & governances, from which they (the planes,) will not deviate one iota!

Therefore, because of the/these laws; rules & governances, the present writer recommended to several persons, individuals, who were unable to get Ophiel's materials to work/operate for them, in the way, that they wished, since they could not #2, etheric project, as yet. It was therefore suggested/recommended that they attempt, test, try, to be/become **Psychically**, aware, awake, and conscious to/of it.

Once a/an individual is/becomes aware awake, and conscious to the immediacy/instantaneous 'ness,' of/for the/their #1, Malkuth Earth/Hades Plane, then many/all sorts of things(?), rise softly into Conscious, as a 'ness,' from which the reader, operator, practitioner, occultist(?) can work from! **Now in your experimental sub-mind work, you will have to evolve your own types of exercises, like the examples given, and carry them out successfully!?**

Big occults(?), for you, the reader/occultist(?),

The/your, #0, Outer, outer physically physical body, **works-off-of/from**, the/your, #1, Malkuth earth/hades plane body.

The/your #1, Malkuth earth/hades plane body 'moves/animates,' the/your, #0, Outer, outer physically physical body through/by/with, its/your, #1, Malkuth earth/hades plane/body,

## Psychic-Tactile-Feel-ings.

Psychic-Tactile-Feel-ings, set; inert; fixed; defined; three-dimensional-ised and symbol-ised, to such an ‘extent,’ that the/your #1, Malkuth Earth/Hades Plane, trusts = belief; believe; believed; believe-ing, the/these symbols, and creates/makes the/your #0, Outer, outer physically physical world, about now.

If you would like to make progress, in your occult work/efforts, you, conscious, as a ‘ness,’ should/could(?), make a conscious effort, to work-off-of/from, the/your #1, Malkuth Earth/Hades Plane.

Practice this, until you note a degree of entry of the/your sub-mind, into the/your objective world, which is all you want, a degree of entry, and a degree, is all you need, to greatly improve and sharpen up your life.

Exercise; choose a room that you are familiar with and know well, check the room out and observe it, paying close attention to the, qualitative feel, of the room itself and its purpose.

When you are ready, stand where you know you will not be disturbed, and perform the/your basic cosmic egg exercise. Do all the actions, in the/your dark-ness; black-ness; blind-ness. When you are finished defining the/your five basic element symbols, within you, about you and surrounding you, #1 &+ #0, sense/feel ‘observe,’ everything in your chosen room, and sense/feel, where everything is. Do this, in total, complete an utter dark-ness; black-ness; blind-ness.

Then, when you are ready, begin to let ‘light!’ enter into the/your ‘room,’ so that now, you can, visually ‘see,’ the room, and all the objects therein. BUT...! the/this/your, light source, must of a, secondary nature?

In the present writers ‘case,’ when they were/are practicing, they made the light, come into the room, through the window of the room, from the sunshine, outside. (Not direct a source.)

In the present writers ‘case,’ when they were/are practicing, they made the light, come into the room, from the ceiling light/wall lights, in the room. (Not direct a source.)

In the present writers ‘case,’ when they were/are practicing, they made the light, come into the room, from lighted candles in the room. (Not direct a source.)

So that the Light, had a, medium = sunshine; ceiling/wall-lights/candle, through which it, the Light, could express itself? Here is the same thing, as Ophiel writes it, in his book; Contacting the Demiurge, in his first chapter, of the same name; The Art & Practice of Contacting the Demiurge, Or, The Art & Practice of Showing a God what to do.

“I desperately wanted Astral Projection (it is really Etheric Projection, but then everyone called it Astral and I then knew no better). The Knowledge of how to project to inner planes was pointed out to me in/from various sources already in existence, but the Knowledge was

overlaid with all kinds of goofy life-imposed restrictions about how it might be wikked, or Jesus might not like it, etc. and so I had to strip all this worry stuff, off of the Knowledge and get down in workable form, which is what I was able to do. And, I am happy to say, many people have been able to practice a large degree of projection by following the books' instructions.

Now for the vital Knowledge behind this whole book business – or rather, the vital knowledge of the projection disassociation book, one point at a time – Things come about this way, often this fashion.

I was idly projecting one time and it occurred to me, as I was observing a simple inner projection scene, that the inner scene was full of light, or lit up, or illuminated, or, to make it real plain, the Inner Scene was just as if it were daylight in the projection. The idea that there was LIGHT, illuminating light on the inner planes, has never come to my thought attention before; had never occurred to me even though every ordinary dream I ever had, in addition to the dream-type projections, as well as “Little System” projections, were “lit up” with Light.

This “discovery” may not seem to be very much to you, nor was it to me, for a long time, but now, it seems to me, it was the most significant discovery I ever made in my Occult work, because this chance attention paid to the chance notice of Light Illumination, in a projection-dream, led to the discovery of the semi-physical existence, of the Demi-urge on the inner planes, near the earth plane, and that the half-God CAN BE SEEN with the/your inner sight.

A fact that none of the ancient Gnostic systems or books ever mentioned anywhere, in any of their writings, that I can find.” End quote.

The present writer, is pretty sure, that there is/are many, ancient writings, that speak of the/this ‘Light,’ but... it is the ‘context,’ which throws many ‘off,’ of their understanding, because, they the un-initiated, always makes the, assumption, that they, the writers, are writing about #0, outer, outer physically physical light! Next, Ophiel, continues with this;

“You have seen this inner light too, as you could not have a dream that was not “lit up.” If it wasn't lit up, how could you “see” the details-things in the/a dream?” End quote.

The way/method to see, the details-things, in your, #1, Malkuth Earth/Hades Plane = dream, projection, projecting, is in, the/your, #1, Malkuth Earth/Hades Plane = Psychic-Tactile-Feeling! First, there is the Dark-ness; Black-ness; Blind-ness, which is not #0, Outer, outer physically physical, absence of, light. Ophiel continues farther on, in is chapter, with this;

“I found, at first, when I attempted to pin down the light, and its source, the Light evaded me!!!! The Light retreated before my inner search and probe! The Light seemed to disappear around a “corner” of some inner kind of dream-material building, and when I followed the Light on around the dream material corner, it would go around another corner. But, as time went on, I got closer and closer to the Light, and finally I did see a faint electric light-type globe burning, and several times I saw an old kerosene-type lamp lit up and burning.

After a time of these things, the Light gradually grew brighter and, as I came “outside” in the dream scene, the Light would disappear up into some dream material clouds, and hide behind them! Still later, the Light became very bright until the Light filled the whole of the projected inner plane sky-type heavens. At this point, I withdrew to size up the situation and to decide on my next moves.

Also, I want you to understand, before going any further, that the previously described semi-phenomenon is not something peculiar to me alone, but I have been able to get others to reproduce it also, so, for the time being, I am assuming that we are in a sort of psychic inner metaphysical type of real contact with the intermediary Power known by many names, but the name of this agent of the Transmundane God will do as well as any other names-title until we clarify our own thinking more precisely. The name is Demiurge, a Greek name-word, which means half-God and also means “Worker.” This name will come up again and again from now on in this book.” End quote. (Underlines are the present writers.)

So, for the time being, I am assuming that we are in a sort of ‘PSYCHIC,’ inner metaphysical type of real contact with the intermediary Power known by many names.

The Light evaded me!!!! The Light retreated before my inner search and probe!

But, as time went on, I got closer and closer to the Light, and finally I did see a faint ‘electric light-type globe burning,’ and several times I saw an ‘old kerosene-type’ lamp lit up and burning.

First rule, Eros gave/gives to **Psyche** = BRING NO LIGHT! with you!

First thing **Psyche** did/does, was to = BRING A LIGHT! with her!

Psyche ‘stares,’ at Eros = EROS DEPARTS! LEAVES! AVOIDS! EVADES? **Psyche!**

In other words??? - YOU CANNOT/DO NOT/MUST NOT = #3, EGO BODY – STARE AT!?! – JUDGE!?! - THE LIGHT? – IN/ON THE/YOUR INNER PLANES!?! But.... must have a/an intermediary/secondary!?! – mediator!?! Sound/read familiar? = a saviour? Several years ago, the present writer presented about this ‘stare,’ from another Greek Myth; Perseus and the Gorgon. Where Perseus, had to/has to, use/stare at, the Medusa’s ‘reflection,’ in his ‘shield = basic cosmic egg/aura.’

The basic ‘technique?’ being = that the individual conscious, as a ‘ness,’ cannot/does not; STARE DIRECTLY AT! – THE LIGHT!?! (Basic Cosmic Egg and/or Basic Chair exercises.) The intermediary/secondary, in this case/exercise, is; sunlight through the window; electric light from the ceiling; candle light, in the room. Sourcing the ‘Light?’ in this secondary/intermediary ‘way,’ was well known, to ancients but... the/their ‘knowing?’ wasn’t? understanding, for the lay person (non-conscious projector,) so, as explained in Ophiel’s vignettes; Prometheus & Epimetheus and The Thread, the worthy ancients, threw these, and many other types, kinds of myths, out there, and waited to see how, the populace,



would act/re-act, to them.

So, the ‘basic,’ is? you – Conscious, as a ‘ness,’ cannot/must not, stare at/look directly at, the Light, but must work-with-it (The Light,) indirectly, as Ophiel writes, **very clearly**, in his book; Contacting the Demiurge. Farther on in this same book/chapter, we read this, from Ophiel.

“The fourth book, The, Art and Practice of Clairvoyance, was written in response to an uneasy feeling I had that such treatment was necessary. During its writing, I became fairly sure that every person was clairvoyant, and that the first step towards the more, fuller use of clairvoyance by a person, was to pay attention to the clairvoyance type of im-press-ions that “come” to you from (?) (very probably through the chakrams, from the inner etheric body chakram located in and on the physical body and then onto/into your nervous system.)

Now here is a catch, and here is where you have to start to develop more subtle facilities. The impressions referred to above, come to you in the form of FEELINGS, not words, and you have to interpret these feelings correctly and translate them into words – verbalise them.” End quote. (Underlines are the present writers.)

Simply for ‘context,’ we read thusly;

Now here is a catch, and here is where you have to Start To Develop More Subtle Facilities. The impressions referred to above, which, come to you #1, Malkuth Earth/Hades PSYCHICALLY, in the form of PSYCHIC-TACTILE- FEELINGS and not words, you – Conscious - have to interpret these psychic-tactile-feel-ings correctly and translate them, into #0, Outer, outer physically physical – actions/doings!

In/on the/your #0, Outer, outer physically physical, plane = use; uses; use-ing; used! Cannot be ‘changed.’

In/on the/your #1, Malkuth Earth/Hades, plane = **psychic-tactile-feel-ing-believe**-ing! Can be ‘changed.’

In/on the/your #2, Etheric, plane = all, is ‘seen’ as a reverse, reflection; repetition.

All, reflections, in/on the/your, #2, Etheric Plane, are where, the Element **nt** Force of the Element **nt** Water, is behaving like; looking like; working like; acting like; operating like, the Element **nt** Force of the Element **nt** Earth. But... it is still, all the Element **nt** Water. Thus, it is now a/an Element **al** Force = Element **al** Earth ‘of,’ Water.

Element **nt** = essence of; substance of; actually of = Bowl – Element **nt** Water.

Element **al** = pertaining to, the ‘powers,’ of.

Cube ‘inside,’ Bowl – Element **nt** Water ‘as’ Element **nt** Earth = Element **al**.

Window/Sunshine; Ceiling Light; Candle Light = Element **al** – medium/intermediary!?!)

The above is so that you - #3, Ego Body, Present Incarnation, Personality Body – do not ‘stare = judge,’ and thus, automatically/reflexively Invoke/Evoke, the/your #1, Malkuth Earth/Hades Plane; Laws, Rules & Governances = Adverse; Oppose; Obstacle; Inert; Stop; Halt, from which you, #0, are going to, **work-off-of/from**? Here is how, Ophiel writes it, from his book; Contacting the Demiurge, in his chapter; Seventh Section.

“MORE SIDE NOTES. Have you ever noticed in life how occasionally a subtly expressed DESIRE will unexpectedly come true? Without a lot of praying and weeping and wailing? I suggest that in some subtle way a channel to the Demiurge happened to be open and the prayer/desire/thought got through instantly and (let us use that new word “programmed”) programmed the Demiurge to work, and create, or bring the already created to you.

FURTHER NOTE ABOUT THE DEMIURGE. You must furnish a pattern for the Demiurge to follow, to build on, to arrange the physical plan on. To arrange to bring about the kind of result you want. Your ability to visualize is one of your powers to create-furnish such patterns as you will.

ANOTHER NOTE. You should know, and allow for the fact, that it is not easy, even for the Demiurge, to arrange events for single individuals as per their exact desires, and quicky time as it were. It is necessary for YOU to cooperate with the Demiurge, in every material way you can, to furnish “paths” through which the Demiurge can “work.” (Remember, “IT” is The Worker-The World Builder.) Remember that ALL that you want is here now, but your, want must be “steered” in your direction, and through channels and paths, and contacts, on this Plane. And if the paths and channels are not here now, and you do not furnish some build-up along that line, then the Demiurge must start from nothing, and that is a job, even for a God! So do your part. End quote.

Context, reads thusly;

MORE SIDE NOTES. Have you ever noticed in life, how occasionally, a **subtly expressed DESIRE**, **will unexpectedly come true**? Without a lot of praying and weeping and wailing? I suggest, that in some **subtle way**, a channel to the Demiurge happened to be open, and the prayer/desire/psychic-tactile-feel-ing, got through instantly and (let us use that new word “programmed”) programmed, the Demiurge to work, and create, or bring the already created, **to you** = #0.

FURTHER NOTE ABOUT THE DEMIURGE. **You must furnish a pattern for the Demiurge to follow**, to build on, to arrange the physical plan on. **To arrange to bring about the kind of result you want**. Your ability to **Psychically-Tactilely-Feel-Believe**, is one of your Consciousness, powers, to create-furnish such **patterns** as you, Conscious-ness, will, as you ‘do?’ in the/your basic cosmic egg and/or basic chair exercises.

ANOTHER NOTE. You should know, and allow for the fact, that it is not easy, even for the Demiurge, to arrange events **for single individuals as per their exact desires, and quicky time**



as it were. It is necessary for YOU to cooperate with the Demiurge, in every material way you can, to furnish “paths” through which the Demiurge can “work.” (Remember, “IT” is The Worker-The World Builder.) THE DEMIURGE = WILL, SHALL, DOES!?! ACTUALLY; FACTUALLY; LITERALLY – BUILD YOUR WORLD(?), ABOUT YOU – CONSCIOUS, AS A ‘NESS,’ – ACCORDING TO!?! – THE/YOUR #1, MALKUTH EARTH/HADES PLANE = PSYCHIC-TACTILE-FEEL-ING = FROM WHICH!?! – THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL SELF? – WILL/SHALL = WORK-OFF-OF/FROM!?!

Other than, weekly presentations and capitols and highlights, the present writer doesn't know how else, to emphasise, the subtlety, the nuance, of/for these things. So, even though, the present writer, tries to explain? broaden? widen? the scope/range, of/for these things, like, such as, the/this ‘not staring at,’ by/with introducing a/an, expression/symbol of/for, the Light, as a/an intermediary source = sunshine; ceiling light; candle light, etc, all that the present writer can do, is what they can do.

Ophiel also explains, the/this ‘intermediary role,’ throughout his writings, as macrocosmic, via the ‘standard model,’ of Gods and Tattvas. Also, in his book; Clairvoyance, in his chapter; The Categories of Physical Existence.

But... as soon as the ‘idea/notion?’ of – intermediary/mediator – is introduced, then many ‘other?’ things, begin/begins, to rise ‘softly,’ into Conscious, as a ‘ness.’ Ophiel writes about this; Raw Astral Light, in his; Caballa Magic Book and in his other writings. In his book; The Occult, he discusses, the idea, that someone/somewhere, realised that there had to be kind/type of ‘Buffer?’ between Conscious, and the Raw Astral Light. Zeus and Semele (Whose name means – EARTH! = #1, Malkuth Earth/Hades!!) Where/are the two Gods, involved, in the ‘second,’ birth. (Second birth – EARTH! = #0, Outer Physical Earth!)

As you may not be the only member, to be in this position, the present writer shall just pass this along to the group as a whole.

There should be, a marked, difference(?), in your practice/practicing, of Light, from the/your now, defining, definition, of/for the/your/a/an, intermediary/mediator, Light source, thus negating, any inclination, tendency? to, stare at; look at; look for. Thusly, there should be no, automatic/reflexively reverse-ness, invoked/evoked, as you work to transfer, your conscious, as a ness, from the/your, #0, to #1, to #2, planes.

The/your Light, source, is now BEHIND? you – Conscious. This is much more tricky/difficult to write/explain, that it is to do/practice? so don't just, short change yourself, put ‘it,’ to the test; try it; use it!?! and see/how you get on.

First select your room, space, practice area and go over it #0, physically, physically, and get a definitive, qualitative, quantitative feel for it.

Next, do the/your basic cosmic egg exercise and when finished, with all five, basic elements forces symbols, within you, about you and surrounding you – gently switch to your selected room, space, practice area and stand in the dark-ness; black-ness; blind-ness and sense/feel the/your chosen area – within you; about you and surrounding you, now. Gently relax, in this/your now practice area.

Then, when ready gently introduce your ‘Light,’ source = sunshine; ceiling/wall light; candle light = AND WATCH YOUR CHOSEN SPACE, LIGHT UP? FROM THE/THIS – YOUR CHOSEN, LIGHT SOURCE.

When ‘finished,’ reverse the whole process; reduce the/your Light Source, slowly, and enter the/your basic cosmic egg dark-ness; black-ness; blind-ness – Psychic-Tactile-Feel-ing, and then absorb your symbols, back into you, #0, Outer, outer physically physical you, and simply open your eyes.

The, intermediary/mediator technique, is ancient, before the written word, and is to ‘do with,’ the/your - OTHER? The/this ‘OTHER,’ was always there, from the beginning! (In the beginning was the Dark-ness and the Dark-ness, was Void and Empty?) The/this ‘OTHER,’ was always there, from the beginning! Just beyond(?), the reach(?), of the ‘camp-fire?’ silent, patient, waiting, sitting, watching(?) Psychically-Tactilely-Feel-ing – you(?), #0, reading these/this monologues.(Wee joke there(?), methinks!?)

Thank you.