

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

Written by max.height
<https://ophiel.art>

**Originally posted on Google Groups:
<https://groups.google.com/g/ophiel-magic9-20/>
(Previous works also posted as “Sender” on the “Ophiel Magick” group, from the
defunct YahooGroups)**

16 of 17 psychic exercises. 2022

Please note carefully; being, **psychic**(?), is simply being able to know? when/if? the/your #1, malkuth earth/hades body you/self(?), is communicating; talking; speaking; contacting; dialoguing; to/with, #0, Outer, outer physically physical you!? Please note carefully; when the/your #1, malkuth earth/hades plane/body, speaks; talks? to you, #0, outer, outer physically physical you, you conscious, will/shall feel/sense it? the message/communication, in the/your lower intestines/viscerally! And the effect? of/for this, Communication(?), is as unique, individual, and personal, as it gets/comes? (See/read Ophiel's vignette; Assistance from the Gods part two, for this/his 'Tingling Sensation.')

Also note that, being **psychic**(?), in your chosen field/area of expertise? assures your success, but... does not necessarily mean nor imply/infer, that you do not, will not, shall not, have to work hard!? for it = Success! (See/read Ophiel vignette; Acceptance.) The Laws; Rules & Governance, of/for the/your #0, Outer, outer physically physical plane, still apply! must still be followed! (See/read Ophiel's book; Creative Visualisation, his chapter; Sphere of Availability.)

During the/your practice doing, of the basic chair and/or basic cosmic egg exercises, you, the practitioner, will/shall be/become aware; awake and conscious to/of a/an, other? that is still you = Conscious, BUT...! May still feel **strange**? = to the/your #3, Ego Body, Present Incarnation, Personality Body! Ophiel writes about this/these sensations? Well, one of the ways to settle/relax these sensations, is for you = #3, Ego Body, to realise rationally(?), that it/this/these sensations, are still you, are still a part/piece of you and that, no matter how strange, they/these sensations are/will be, it is the job/task of/for the/your #3, ego body, to simply **observe**, knowing that you, conscious(?), are still in control!? and that the/these sensations of/for 'other,' will/shall pass, fade and/or fall back, into un-conscious-ness, and simply become? who you – conscious-ness = **are**!?! (Ophiel writes about this, in his; fade and/or fall back, into un-conscious-ness: Correspondence Course in Astral Projection: Images came to me (Ophiel,) but when I started to work with them, they faded, which was when I took the back into me.) Both egg and chair exercises, have this 'inbuilt' acceptance in them, because no part/piece of the whole, is trying to 'dominate,' and/or 'assert,' its 'self,' over the 'other' two!?

Both egg and chair exercises, are sharing; partnering; developing; enhancing; increasing and strengthening in that each of the three bodies, #1 &+ #0 &+ #3, are all working together? **for** each other!?

Many times, in both of Ophiel's exercise books; Astral Projection and Creative Visualisation, the individual novice/beginner occultist, is/are #3, ego body, present incarnation, personality body, **driven**!?! This is me! this is me! this is me! and so, the/their #1, Malkuth Earth/Hades, **Psychic-Tactile-Feel**-ing Body? says? Speaks, can't see you! can't hear you! can't feel you! don't **believe** you!? = #0 &+ #3!? = Failed Little System; Failed Dream Method; Failed Ritual; Failed Talisman; Failed Treasure Map/Chart; Failed Clairvoyance; Failed **Psychic**; Simply because the/your, #1, Malkuth Earth/Hades, **Psychic-Tactile-Feel**-ing Body? says? can't see you! can't hear you! can't feel you! don't **believe** you = Conscious-ness!?

Another thing that can throw the beginning student off, is, #1, **not believe**-ing? that there is a **difference**(?), in operation, in/on each of the different planes, even though Ophiel is quite specific about this, in his book; Creative Visualisation and in his Clairvoyance book. So, it would assist/pay dividends(?), to/for the beginning student, to accept, realise and recognise, that the/your #1, Malkuth Earth/Hades Plane, **is a totally, completely, separately, and individually, a plane on its own, with its own!?** set of laws; rules & **governances**!?! The way, in which this/the above, is/has been, presented/suggested/recommended(?), is in **TIME**!?! #2, Etheric Plane = Clairvoyance = visualisations – future-time. #1, Malkuth Plane **Psychic-Tactile-Feel**-ing – now-time. #0, Physical Plane Use = real-time.

Both egg and chair exercises, have this 'inbuilt acceptance,' in them, because no part/piece, of the whole, is trying to dominate and/or assert its self, over the other two!?

Both egg and chair exercises, are sharing; partnering; developing; enhancing; increasing and strengthening in that each of the three bodies = #1 &+ #0 &+ #3, are all working together? for each other!?

Both egg and chair exercises, will/shall help/assist, in the reduction of the wild/wide ranging/raging mood? swings, of enthusiasm (all 'out,' guns blazing!) and deep dark disappointments/depressions of object failure!?

Progress, in the articulation and development of/for the individual's latent; dormant; **Psychic** abilities, is/are greatly enhanced, by/with, both egg and chair exercises, as they/these, egg/chair, exercises, are taking place/happening, in both, now-time & real-time, experience and **EXPERIENCES**!?! Ophiel's examples, are in his book; Clairvoyance, his chapter; The Two Minds: Milk pouring; Watermelon; Gas-pedal!?

#2, Etheric-Future-Time = desired visualisations = how much? which one? how hard?

#1, Malkuth-Now-Time = **Psychic-Tactile-Feel**-ing = answers! = this much! this one! this hard!

#0, Physical-Real-Time = use; use-ing; uses; used!

In the above three steps/actions, is/are, all the basic **principles**? that you – the reader; operator; practitioner; occultist(?), will/shall ever!? need!? An average/mediocre? occultist(?), could take the above three steps, and in a very short time, for themselves(!), **achieve much**, in any direction/intention, that they wish to go?

#2, Etheric Light – Blue!? Reflection; reverse; repeat; two-dimensional-flat; visible.

#1, Malkuth Light – Black!? Silent; **psychic-tactile-feel**-ing; define; three-dimensional; symbol.

#0, Physical Light – Yellow!? Intimate; Immersive; Personal; Individual; four-dimensional.

All visualisations? are reflected reflections, which are repetitions, the/your #2, Etheric Plane shows, reveals its self? in the XXI Tarot Card, Rider-Waite, Pairs of opposites (Rods in the hands). Dancing = rhythmic dance, one foot raised? Thin ‘veil’ covering(?) but... **not hiding**? The ‘raised’ foot = future-time?

Black-on-Black-Astral-Light? the lowest of the low? as/still!? The Demiurgos!? as/still? the half-god, final! **blind!** the only(?) way/method to, **BELIEVE!**? in/on the/this plane, #1, Malkuth Earth/Hades, **IS?** by/with/through, **Psychic-Tactile-Feel**-ing!?

How many persons? do you, think? that there are? in the world today(!), that #2, visualise? and fail?

How many persons? do you, think? that there are? in the world today(!), that **don't**(?), **can't**(?) = #2, visualise? and succeed?

So! = **WHAT?** – **DO YOU THINK?** = **IS MISSING!**?!?

So! = **WHAT?** – **DO YOU THINK?** = **HAPPENING!**?!?

Bet a Dollar for a Dime! Every one of you, who read this stuff, can answer successfully, **now??** BUT...! can you answer? for yourselves? It is, not enough, as Ophiel writes, to just read, about this, you, the reader; operator; practitioner; occultist(?), have to critically; honestly; truthfully, for your-self? Conscious, as a test, try & use!? the exercises, in the prescribed manner/method way, in order for you, Conscious, to find out/discover ‘if?’ these exercises (Egg & Chair,) are for you personally and/or individually, at this point in your ‘occult’ life/living. Here is what Ophiel writes, in his book; Astral Projection, his chapter; Little System!

“Another thing you should acquire is that you should be able to explore and map out the inner planes, or rather set-up you own paths thru these inner planes, as there is nothing there now.

This physical world is the tail end of a number of other ‘worlds’ as you know, and the CAUSES OF THE END RESULTS on this plane, are in those inner planes.

When you know how to penetrate them and study the causes of coming events, you can alter those events somewhat, depending on your power to do so. These things are not trivial, believe me and their acquirement will give you a sense of power and peace that will go a long way, to make up for you may have suffered, in this past mixed-up life.” End quote. (Underlines are the present writers.)

Then in his next chapter; Dream Method, we read this part; “The ‘trouble’ you encounter and the dire things that old maid occultists warn you against, all the times in the past that you read about Astral projection, **is really nothing but his DIFFERENCE that exists between the different planes and what happens when you try to act on the Inner planes the same way that you act on earth-physical**. Some old maid New Thought practitioner got out there one time, by accident, and when she tried to come, she went, and it scared the wits out of her. **So instead of trying to find out what was wrong**, she labelled it hell and warned everyone to stay away.” End quote. (Underlines are the present writers.)

All, of Ophiel’s methods, of/for #2, Etheric Projection-Clairvoyance, are based on observation, of/for, reflections!? = left-facing-right; right-facing-left; up-being-down; down-being-up; in-being-out; out-being-in!? projecting out ‘to’ project in!? (Ophiel writes that we ‘project in, to out, the universe?’) Here is what the #1, Malkuth Earth/Hades says, in regards to opposites: For all this, is

delivered unto me, and to whomsoever I will; will I give it, Delivered to; #1, does not move! To whomsoever I will, will I give it!
So! #1, does move!?

#1, receives from #2!

#1, gives it to #0!

#1, is between - #2 & #0! - For all this = #2 &+ #0 = IS DELIVERED UNTO ME!! = #1!?!

When a person wishes to change/alter, things, then they, mentally-emotionally about face/turn and 'back-into,' so they repent?
The/this, ancient word was used, widely/wildly for = BINDING!?!

RE = Take back; Take up; Take in; Take back + Pen = to enclose; to confine; to re-strict; to limit.

These are techniques, and have nothing to do with any type/kind of or for, religious morality! The reason it (repent), was used so widely/wildly, was that it (repent,) was a technique, which at one time, was understood? in principle(!), by many/all persons, but... it did not mean!? that any/all persons, could work/operate it!? anymore than – everybody/anybody who reads occult? – is/becomes = automatically(?) psychic!

Without the technical? procedures/practices, and even with them? Not everybody/anybody? is/can be = psychic!? Many are called/attracted? but few are chosen!? [gifted!] But... that/this, is no excuse not to try!? When/if a person is/becomes 'adept,' at the/their egg/chair exercises, then that/this means, the/their #0 &+ #3 bodies are in harmony/balance, to/with the/their #1, malkuth earth/hades plane and body!? This type/kind of achievement is/comes with/through/by, Observation, without(!) pre-judgement! pre-determining!

The way/method/technique, to be/become 'adept,' is to practice often, keeping the practice times short, and repeating often. Each practice session has a defined/definite start and a defined/definite stop, it is these two, principles = Begin-ing & End-ing = which bind!?

Thank you.