

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

**Written by max.height**  
<https://ophiel.art>

**Originally posted on Google Groups:  
<https://groups.google.com/g/ophiel-magic9-20/>  
(Previous works also posted as “Sender” on the “Ophiel Magick” group, from the  
defunct YahooGroups)**

### 3 of 17 egg work. 2022

Here is where we are at, in the basic cosmic egg/chair exercises. This is from Ophiel, from his book; Clairvoyance, his chapter; Rising on the Planes, as you, the reader/operator/practitioner/occultist(?), start out!

“Illumination and its kindred advantages should come along in the wake of your successful learned-use, of almost any, of your Psychic studies and Practices, or rather, also, from any Occult pursuit. This practice I have found to be true, and the growth from ‘Psychic,’ to ‘Spiritual,’ is a natural one. At least, it has been for me, and I am giving it to you, the best I can. End quote. (Underlines, are the present writers.)

In the Gnostic schools of, pre-Christian Orthodoxy, Spirituality, was #2, Etheric and above; #1, Malkuth Earth/Hades, was/is Psychic. See/read previous ‘monologues,’ for Gnostic terms. In the/your basic cosmic egg and/or basic chair exercises, you are going from #0 to #1 to #2. In Ophiel’s basic exercises, you are going from #0 to #2. But... the idea? notion? that going from #0 to #2, means that you are missing, omitting, avoiding, evading, escaping, displacing, the/your, #1, malkuth earth/hades plane, is, to say the least(?), is stupid!

Just because someone/anyone is un-aware, un-awake, un-conscious, to/of, the/their #1, malkuth earth/hades plane, does not make it, #1, malkuth earth/hades, null and/or void!? Please re-write and print this, so that you can read it, until you understand it, psychic-tactile-feel-ing ‘is,’ the voice of? the/your, #1, malkuth earth/hades plane speaking, explain-ing, its self, to you!! = the reader, operator, practitioner, occultist(?) For all this, is delivered unto me, and to whomsoever I will, I will give it!?

Me = #1, malkuth earth/hades plane, psychic-tactile-feel-ing-believe-ing!?

Not = you #2, etheric reflective plane!?

Not = you #0, outer, outer physically physical!?

Do you? the reader, operator, practitioner, occultist(?), understand(?), the above yellow-highlight, For all this, is delivered unto me, and to whomsoever I will, I will give it = Luke, 4:6, KJV Bible.

For all this = above and below, #1!

Is delivered = must pass through, #1!

Unto me = #1!

And to whomsoever = everybody/anybody = Indiscriminately, NON-JUDGEMENTALLY!?

I will = #1, Psychically-Tactilely-Feel!?

I will = #1, shall!? must!? have to!?

Give it = #1, Adverse; Oppose; Obstacle; Inert; Immobile; Solid; Set; Fixed.

For you = #0 – TO WORK-OFF-OF/FROM!

For you = #0 – TO USE! USES! USE-ING! USED!

Better grammatical English; For all this, is delivered unto me, and to whomsoever I will, I shall give it!

Both egg and chair exercises, give you, Conscious, as a ness, a complete/total, gnostic understand-ing, of the above statement/declaration, by the/from your, adversary; opposer; slanderer! (Slanderer is the Greek term/word, used for obstacle/resistance.) The occult? of/for the/this, adversary; opposer; obstacle = slanderer! is the sense-ation, feel-ing of/for! resistance; inertia; immobile; fixed; set; immoveable; tangible; believe-able?

If, You? the reader, operator, practitioner, occultist(?), do not sense/feel, this/these, the above descriptions, things, when doing/practicing either egg or chair, then this is a/an indication of, the/your #3, ego body dominance!?! A/an, other, indication, of/for the/your #3, Ego Body Dominance, is the refusal(?), to accept(?), that there is a portion/part/piece of the Astral Light as Astral Light, that is, BLACK(?), DARK(?), BLIND!!?!

Please study this part, again: The word/term, Malkuth, is/means abode, dwelling, home, and when taken as a whole or group = Kingdom; Realm; World, etc, etc, et al! But... malkuth is not? #0, Outer, outer physically physical!?! **YOU CANNOT RECALL THIS ENOUGH, TO THE/YOUR #0 &+ #3, BODIES/SELF**!?! The above, is what you = #0, Outer, outer physically physical and/plus = #3, Ego body, present incarnation, personality body, are learning; mastering; doing; using(?), every-time/any-time you, #0 &+ #3, choose to do/practice, the/your basic cosmic egg and/or basic chair exercises!?! Both these exercises, are for(!), the/your #1, Malkuth Earth/Hades Plane Body, **PSYCHIC-TACTILE-FEEL-ING BODY**!?!

The/your #1, Malkuth Earth/Hades Plane, **psychic-tactile-feel-ing body = animates-moves** - the your #0, Outer, Outer Physically Physical Plane, **Body**!?!

Try this; the/your #3, ego body, present incarnation, personality body(?), does not! **animate/move**(?) the/your, #0, outer, outer physically physical plane, **body**!?!

Try this occult? one of the ways, methods, techniques, used, by individuals, to control/use, the/their #3, ego body, was/is/are to #0, outer, outer physically physical plane, **body** do(?) #0, **repetitions**, but, the/those/these, **repetitions**(?), are/must be, driven/projected, by/with the/your **emotions**!?! Ophiel explains this, the above, in his lesson one, of his Correspondence Course in Astral Projection (exercise/train – **repetitions**), wears out a stream/flow, in the/your #2, Etheric Plane, and in his Book; Clairvoyance, his chapter; Semi-Physical Types of Clairvoyance, wherein he writes this:

“In these systems, there is a looking at, or gazing at, a ‘reflection,’ of some kind. The eyes become, let us say, ‘bored,’ with the continuous ‘gaze,’ at a single shiny reflection, and they then become fixed, and SIGHT SHIFTS TO THE INNER AND LATCHES ON TO THE PROPER ASTRAL THREAD.” End quote.

Our ‘context,’ of/for the/our, #1, Malkuth Earth/Hades Plane, is/would be;

In the #0, outer, outer physically physical body exercises, of any/all kinds/types, the #0, outer body, is made to **repeat**, a/an #0, outer, outer physically physical body **movement**! Sitting still, is **still**, a/an #0, outer body, **movement**, hence **why/how?** meditations and/or contemplations, **work**(?) This #0, outer physical body movement, causes/creates/makes the #3, Ego Body, to be/become ‘**bored**’?, causes/creates/makes the #3, Ego Body, to stand aside? to stand down? to let go? to stop dominating? to stop judge-ing?

As the/your, basic cosmic egg and/or basic chair exercises, become/are, more and more familiar, to you, #1 &+ #0, then you, #3, stop trying to, dominate – Judge! and this stopping?’ of #3, allows you, conscious, as a #1, Malkuth Earth/Hades, ness, to **sense/feel**, the/your **answer**(?) **from**(!) **YOU**! #1, Malkuth Earth/Hades? (See/read Ophiel’s book; Clairvoyance, his chapter; The Two Minds.)

Ophiel’s **two-minds**, is/are(!) the/your #1, Malkuth Earth/Hades, **Psychic-Tactile-Feel**-ing Plane and the/your #0, Outer, Outer Physically Physical, **Use; Uses; Use-ing; Used** Plane!?! Do you? Can you? Are you? the reader; operator; practitioner; occultist(?), able to understand(?) this? For one thing, it means, that you, #3, ego body, are not in charge! are no, in control! You, #1, Malkuth Earth/Hades Plane **are**? in control? = Belief; Believe; Believed; Believe-ing!?! = **For all this, is delivered unto me, and to whomsoever I will, I shall give it!**

Forget all the, **religious** shit/nonsense!?! as regards the above, statement/declaration of/for the above; take the above statement; declaration; information, and **USE IT**!?! the information/instruction, as a **technique**(!), as a way-of-do-ing-being!?! as a way-of-do-ing-work-ing-from! apply the above statement to, the/your occult? work = all of it!?! The basic cosmic egg and/or basic chair exercises, is/are for(!), the your #1, Malkuth Earth/Hades Plane, **Psychic-Tactile-Feel-ing-Believe**-ing!?!

Why is it? What is it? About this, your, **Psychic-Tactile-Feel-ing-Believe**-ing!?! that you, Conscious(?), do, not understand(?) It has **already**(!), been presented/explained, that the/your, #1, Malkuth Earth/Hades Plane, **IS NOT**! #0, Outer, outer physically physical! **IS NOT**! #2, Etheric Plane, reflection/visualisation!?! The Astral Light **at**, the/your #1, Malkuth Earth/Hades Plane, **IS**! the Astral Light, at, its lowest point/place/plane, **as!** astral light!?! And you, Conscious, as a ness, are deeply-deeply attached (**Psychic-Tactile-Feel**-ing,) **TO/WITH IT** = #1! 24/7/365 days, at **all times**!?! (#1, Malkuth Earth/Hades ‘**YOU?**’ = **NEVER! EVER! SLEEPS?**)

The descriptions of/for the Astral Light, at this, its, lowest point/place, **before become**-ing, #0, Outer, outer physically physical (in other words, before **animate**-ing/**move**-ing, the/your #0, Outer, outer physically physical body!?!) is/are; Dark-ness; Black-ness; **Blind**-ness, **WHICH IS/ARE NOT**! 0, Outer, outer physically physical!?! They are **descriptions**,

approximations, comparisons!

How's this, for a description, approximation, comparison, Occult? secret; hidden; unseen!

Occult (adjective,) from the Latin; occultus = hidden; concealed; secret. From the past participle; oculere = cover; conceal. From; ob = over; against; toward; near; across; down. From the Proto-Indo-European Root word; epi = word forming element meaning; on; upon; above; over; at; close (in space or time,) in addition; also; and after. Related to the verb; celare – to hide; From the Proto-Indo-European Root word; kel = to cover; to conceal; to save?

But... only the initiated? knew/understood(!), that whatever, descriptions; approximations; comparisons; examples; terms, were/are used, to try to explain(?), the initiated? knew/understood, that it! was not! is not! #0, outer, outer physically physical!?! And that all the, iconography; movements; décor; scents; sounds; whatever!?! Which was/is used, are used, to distract, divert, decoy? the/their #3, ego body, present incarnation, personality body, from judge-ing = show-ing; reveal-ing; display-ing, which side? you, #0, outer, outer physically physical body conscious-ness-you? had/have/has – chosen!? (Judge; from the word, deik – to show; to reveal; to display!)

What is it(?), about the/your #3, Ego body, piggy-back-ing? in/on Conscious, when it, Conscious, is in a ness, state/condition, that you, the reader, operator, practitioner, occultist(?), do not get? Is it, that you #3, Ego Body think(?), feel(?), that it is you, #3, Ego Body, who are transfer-ing, project-ing(?), plane to plane? Wrong! Conscious, is not! the/your body/bodies and/or/nor, the/your #3, Ego Body!

Now the/this, #3, Ego Body, who, piggy-backs, in/on Conscious, when it, Conscious, is in a ness, state/condition, Judges; shows; reveals; display's, what the/your #0, outer, outer physically physical body, believes!? (Belief, from the PIE Root word; leubh – to trust; to care for.) and it is this belief; believe; believed; believe-ing, that stops/halts, the individual, from progress-ing? Remember/recall Neville Godard;

To pray for riches, whilst being conscious of being poor, is to be rewarded, with what you are conscious of!?!

The reason? (One amongst many(?)) why/of, being, whatever it is, that you are(?), is because the/your #3, Ego-Body, who, piggy-backs(?) in/on Conscious, when it, Conscious, is in a ness, state/condition; SHOWS; REVEALS; DISPLAYS!?! What you! #0 – Believes? leubh – trusts/cares for, now! and Ophiel writes, that the demiurge, will/shall, follow (Augustine's = agree-with!?!) the/your, strongest feel-ing/believe-ing!!?!

#0 &+ #3 = STRONGER THAN #1!?! NO! DON/T THINK SO!!?! Ophiel writes, in his Astral Projection, Correspondence Course, that it was when he started working with(!), the images, that came to him? in his dream projections, and realised that they were/are projections of himself, that he (Ophiel), had un-consciously, unknowingly projected, and that the/these projections, disappeared(?), which was when he took them, back into, himself! (Drained them, of their, power & glory? = ability and identity?!)

Ophiel, being #2, Etheric Plane, Clairvoyant, was able to see, these reflections! of himself? in the/his #2, Etheric Light/Demiurge, but the/these same!?! #2, etheric reflections, were/are, in/on his = #1, Malkuth Earth/Hades Plane, PSYCHIC-TACTILE-FEEL-INGS!!?!

So now? do you! the reader, operator, practitioner, occultist(?) understand how, the/your basic cosmic egg and/or basic chair exercises work/operate, now? Imagine, if you will, that you, conscious, as a ness, took, your #1, psychic-tactile-feel-ing/ings, up/in/on, to, the/your #2, etheric plane! test this! try this! use this! do this!?! take the/your #1, malkuth earth/hades, psychic-tactile-ing/ings, up/in/on, to, the/your #2, etheric plane!?!

Make the/your #2, Etheric Plane – Work like; Act like; Behave like; Operate like; Feel like; Seem like = the/your element nt force of, the/your element nt, element nt earth!?! – defined; three-Dimensional-ised; Symbol-ised! Make the/your #2, Etheric Plane, Element al-Earth-of-Water?! (Cube 'inside' Bowl.) Here it is, from Ophiel, from his book: Clairvoyance, his chapter; Semi-Physical Types of Clairvoyance;

"I find myself unable to convey clearly an idea to you as to how you 'see,' on the Inner Planes. Naturally, you have no physical bi-focal eyes – or two eyes seeing an oval space in front of you. You have a 'single eye' only, but, now that I think of it, the Inner Plane scenes appear three dimensional, the same as here, which I am unable to account for, and which, I will have to do further work on." End quote. (Underlines are the present writers.)

The above, is what you are doing? practicing(?), in the/your basic cosmic egg exercise.

The above, is what you are doing? practicing(?), in the/your basic chair exercise.

The above is what you are doing? practicing(?), in the/your basic cup, exercise.

Take a cup – and physically look at it, for the first time, notice its shape/form/function/material/purpose.

Take the same cup – and psychically-tactilely-feel it, the cup, as if/as though, you were blind.

Take the same cup – and psychically-tactilely define/three-dimensional-ise, symbol-ise it, the cup.

Take the same cup – and psychically-tactilely handle it, as if/as though, you were blind!

Take the same cup – and #2, etherically visualise it!?!)

But, now that I think of it, the Inner Plane scenes appear three dimensional, the same as here, which I am unable to account for, and which, I will have to do further work on. this ‘further work,’ you, the reader, occultist(?), are doing now!?!)

Reverse the same above process/exercise, and come back out/down, the way you went in/up!

Take the same cup – and #2, etherically visualise it!?!)

Take the same cup – and psychically-tactilely-feel it, the cup, as if/as though, you were blind!

Take the same cup – and psychically-tactilely define, three-dimensional-ise, symbol-ise it, the cup.

Take the same cup – and psychically-tactilely handle it, as if/as though, you were blind!

This is the same cup that you physically looked at, for the first time.

If you, the reader, are desperate? to fast track, into/onto the/your #2, Etheric Plane, take/do the basic cup, egg, and/or chair, exercises and apply it, to Ophiel’s Little System, of Astral Projection, with your stations, as well. Or, apply it, to Ophiel’s Dream Method, in your dream diary, making sure that when you are #0, awake, you tell? Yourself = Conscious, to psychically-tactilely-feel, the/your #2, Etheric Dream Images. Here it is, from Ophiel, from his book; Astral Projection, his chapter; Dream Method.

“Now how do you get this CRITICAL FACILITY to function on the Inner plane? Well at first thought it seems almost impossible to develop such an ephemeral thing so that it will work. However, it will work. And the way to make it work is thru a combination of Will Power and Desire. We are all more or less familiar with the strange ability we have of hearing a tune of new music and then find ourselves humming it in a few days. This is exactly the same process that will make the CRITICAL FACILITY A REALITY IN YOUR DREAM LIFE. Still another strange facility ability that we all have is that of reading a story, or seeing a moving picture, and then finding out the next day that we have dreamed about that story or picture. This carry-over is quite common. This ability, combined with Desire, Will, will do the work.

All you really have to do, is to think and desire a great deal about developing the Critical Facility and you will find yourself using it in your dream life.” End quote. (Underlines are the present writers.)

All you really have to do, is to psychically-tactilely-feel a great deal about developing/recognising the/your defined, three-dimensional-ised, symbol-ised, dream reflections, and you will find yourself ‘in’ your #2, Etheric Plane, dream life!?! And some of the ways/methods of/for doing this, is/are = basic cosmic egg exercise; basic chair exercise; basic ‘cup,’ exercise. In the case of the ‘cup,’ replace it, with any object; circumstance; thing and or it, and do(!), the exact same process/exercise, with whatever your ‘IT,’ is(?).

The essence, of/for this, is to present to you, the reader, operator, practitioner, occultist(?), that there IS!?’ such a place/plane/level as the/your, #1, Malkuth Earth/Hades, which is neither #0, Outer, outer physically physical and/or/nor - #2, Etheric Plane!?!)

Ophiel writes, that the Element nt of Water = Bowl - is flowing; fluid; accepting; absorbing; reflecting = repeating, (all reflections, are repetitions!!)

Ophiel writes, that the Element nt of Earth = Cube - is fixed; set; immobile; adverse; opposed; obstacle; resistance; inert, (final ‘unchanging,’ end!!)

So? What do you!! the reader, operator, practitioner, occultist(?), think about, having a/an #0, Outer, outer physically

physical plane and a #2, Etheric Plane = AND NO(?) #1, Malkuth Earth/Hades Plane!?!

As a person/individual practices, the/their basic chair exercise, an understanding(?) of what is happen-ing, takes place/happens, which conveys, to Conscious, as a ness, that the/their #1, Malkuth Earth/Hades Plane, is presenting, resistance; adverse; obstacle, to/of/for, them, #0, and it is from, this adversity; opposition; obstacle, that they = #0, Conscious, ness, and Body = WORK-OFF-OF = FROM!?!

Realisation of this, is a sign/indication, that you, Conscious, are becoming, aware and awake, to/of this!? And is an indication, that, Ophiel's neither state/condition, from his; Dream Method, of projection, is increasing and means that you are beginning to build/make, a connection/partnership, to/with your #1 &+ #0, body selves? Please note carefully! it is from!? the/your #1, malkuth earth/hades plane, that you, conscious, as a ness, enter into, the/your #2, etheric plane!?! Whether you, are aware; awake; conscious, to/of this, means nothing(!), to you, Conscious, and/or/nor, the/your planes!? #0, #1, #2, because it, still happens, still works!?

This, skill/art/expression/description, has already been presented, in the development of sensory deprivation! Which is happening/taking place, in the/your basic cosmic egg and/or basic chair exercises, which is then transferred over/delivered, to the/your other planes/levels!?

This, skill/art/expression/description, is!? Ophiel's 'NEITHER STATE/CONDITION,' in his; Dream Method of Projection, from his first book; Astral Projection.

Thank you.