

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

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## 04 of 17 of who you are. 2023

The present writer, has already presented about ‘Narcissus?’ Whose, etymology, reads thusly, (*ναρκάω narkao* = I grow numb.) And it was/is, about; Reflection/Mirror Image? Two-Halves, in/on the same/one plane/level!? And so, Cancels? each other? Immobilises, each other? Cancels out, each other? Negates, each other? Etc, etc.

The individual, stares? At them/their ‘selves?’ to the ‘exclusion?’ of all else/other and is where the/their #3, Ego Body? = Rules Supreme/Rampant!? Ophiel warns about this, as the person/individual ‘enters?’ the/their ‘own!’? #4, Astral Plane, and he, Ophiel, cautions, his students/readers about this. (See/read, Ophiel’s Correspondence Course, in Astral Projection.) Once this type/kind of person, get into a position of power, authority, then the eventual ‘doom?’ of the Society/Organisation, is only a matter of Time!?

#3, Ego Body, Present Incarnation, Personality Body = YOU! – the reader/occultist = ALREADY!? HAVE THE/THIS ‘NARCISSIST!?’ Complex! In each of us, it is only a question of ‘Degree?’ as pointed out, by Ophiel, in Astral Projection Course. But, now comes some ‘heavy?’ stuff? For which, the present writer does not, in least little bit, apologise for? (Why should they?), all that is required of you, the ‘occultist?’ is that you ‘read,’ until you, the reader/occultist(?), feel satisfied/ready, within your ‘self,’ and then, take ‘IT,’ from there!? Ophiel, writes it this ‘way,’ in his book; Astral Projection, in his chapter; Body of Light Method:

“6. All things have a counterpart on the Inner planes. In fact, the real thing is there and not here. You can go, in your Body of Light, to the “place,” in the Inner planes where these counterparts are, and **THERE MERGE YOURSELF WITH THE COUNTERPART AND THUS CONTROL IT.** This is the basis of the instruction referred to before under the heading of the instructions; “How to become a power in your Job, Lodge, Town, Group, School etc, signed by Sorel.” End quote.

A ‘counterpart?’ is a ‘copy of,’ something/anything = **AND IS ALWAYS!?** – IN/ON THE PLANE = BELOW; UNDER; LOWER; AFTER AND BEHIND!?

So! The ‘Counterpart!?’ to/of/for = A/THE/YOUR - #2, ETHERIC PLANE = VISUALISATION!? = IS! – A/THE/YOUR #1, MALKUTH EARTH/HADES PLANE = **PSYCHIC-TACTILE-FEEL-ING!?**

So! The ‘Counterpart!?’ to/of/for = A/THE/YOUR - #1, MALKUTH EARTH/HADES PLANE = **PSYCHIC-TACTILE-FEEL-ING = IS!** – A/THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL EARTH PLANE = USE; USES; USE-ING; USED!?!

You can go, in your Body of Light, to the ‘LOWER PLANE!?’ ‘place,’ in the Inner planes, where the ‘counterpart = copy,’ to/of/for, the plane above, over, higher, before and in-front = are, and, **THERE MERGE YOUR CONSCIOUS-NESS = SELF!?** VIA THE/YOUR **PSYCHIC-TACTILE-FEEL-ING, WITH!?** THE COUNTERPART, AND THUS? CONTROL IT.

Can you? Are you? the reader/occultist(?) able to see/read/observe(?) in the above, your #1/#0 and #0/1 – #0, action/doing + **Psychic-Tactile-Feel-ing-Believe-ing!?** Here is how Ophiel, writes it, farther on in his chapter; Body of Light;

“You must remember the idea of being born again and stick to that idea. Can you remember how it was when you were a body just born? and trying to see, move about, etc? Well, that is exactly where you are now with this Inner plane body. Also do remember that there is really nothing-something for you to see there. **YOU HAVE TO COGNIZE THIS SOMETHING THAT I SPOKE ABOUT BEFORE AND THEN RECREATE IT IN THE TERMS OF THIS INNER PLANE WHERE LAWS ARE DIFFERENT THAN THE PHYSICAL PLANE THAT YOU JUST CAME FROM.** So, you will not only be learning how to ‘see-create’ on the Inner but you will be learning the laws of that plane, which laws are different than here.” End quote. (Capitols are Ophiel’s.)

To ‘see/create,’ in/on the/your #0, Outer, outer physically physical plane, you must; use!

To ‘see/create,’ in/on the/your #1, Malkuth earth/hades plane, you must; **psychically-tactilely-feel!**

To ‘see/create,’ in/on the/your #2, Etheric plane, you must; reflect!

The above, are the ‘bone/basic?’ laws; rules; governances, of/for each of the/these planes!? The two closest, nearest to you,

#3, Ego Body, is/are, of course! #0 &+ #1, so they/these two, are the immediate ones!? To work-off-of from/with!? in the/your #1, now-time, #0, real-time. Ophiel continues, with this;

“Select a counterpart of some simple object, such as a chair or a table, for your first feeling work. Place the Body of Light, with you in it, in front of the object you have selected. You can now extend a “hand” from the Body of Light and touch the object. The contact should bring a sensation and, of course, this sensation is different from that of a physical contact with the physical body. Again, you have to practice and practice again and again this etheric contact. Run your hand over the object and try to assemble the feelings into something like recognition of some kind of form and shape. You will find that you have to create this form and add substance to it yourself as was explained before but for now just get as much ordinary feeling-sense out of the contact as you can. Your feeling will never be as perfect as physical feeling is so don’t expect too much from this but on the other hand you do not have to use the force-feeling on the Inner planes that you do on the outer physical to accomplish results.” End quote.

Simple context, for us, would read thusly:

Select the #1, ‘counterpart’ of some simple object, such as a chair or a table or a cup, or your basic cosmic egg, exercise, for your first psychic-tactile-feel-ing work. Place, your Conscious, as a ‘ness,’ with you in it, inside, your Egg. You can now extend a ‘hand,’ from your, #1, Body and touch/feel, your symbol. The contact should bring you, Conscious, as a #1, ‘ness,’ a sense-ation and, of course, this sense-ation is different, from that of a, physical contact, with your physical body. Again, you have to practice and practice again and again, this psychic-tactile-feel-ing contact. Run your #1, hands over your #1, inner symbol/object and try to assemble, the feelings, into your recognition of the kind of form and shape. You will find that you, Conscious, as a #1, ‘ness,’ are create-ing/make-ing, this form and add-ing substance, to it, yourself, as is/was explained before, in you = #1, psychic-tactile-feel-ing, but for now, just get as much ordinary feeling-sense out of your, contact, as you can. Your feeling, in/on the/your #1, Malkuth Earth/Hades Plane, will/shall? be, become, as ‘real?’ as, the/your, #0, outer physical body feeling, is real! Thus, the psychic-tactile-feel-ing in/on the/your = #1, Malkuth Earth/Hades Inner Plane, that you get/have, MOVES/ANIMATES!? = YOU! – #0, CONSCIOUS, AS A ‘NESS!?’ in/on the/your, #0, Outer, outer physically physical plane, for you, to accomplish results.

Then, this part from Ophiel;

“You will learn that on the recording of inner plane sensations the imagination will be a much more potent force to be reckoned with. In fact, later when you learn to make extreme journeys into the deeper inner planes you will have to look out for your imagination as in those deeper planes the imagination is very powerful and the “matter” of those planes extremely fluid so much so that you can form this Inner plane matter very easily into whatever thing you are imagining at the time and it will take that form and even say (Mean) what you WANT TO HEAR. Many people have deceived themselves in this way and imagined that they were Gods or were special messengers of the Gods etc. and made no end of trouble for themselves and for others who believed them. There are, ways of doing this sort of thing right, and I want you to do it right, from the beginning.” End quote.

Context, reads thusly:

You will learn that on your recording, of inner plane sensations, your #3, Ego, will be a much more potent force to be reckoned with. In fact, later when you learn to make extreme journeys, into the deeper inner planes, you will have to look out for your #3, Ego, as in those deeper planes, the imagination of self-delusion? is very powerful, and the ‘matter,’ of those planes, extremely fluid, so much so, that you can form this Inner plane matter very easily, into whatever ‘thing,’ you are imagining at the time, and it will take that form, and even say (Mean = Clairvoyantly,) what you, #3, WANT TO HEAR. Many people have deceived themselves in this way, and imagined/reflected! that they were, Gods; that they were, Beautiful? or were Special, of the Gods etc. and made no end of trouble, for themselves and for others, who believed them. There are, ways of doing this sort of thing right, and you should ‘want,’ to do it right, from the beginning.

Who? Amongst us? Have not(?) had/has? a Beautiful Vison/Visualisation = Reflection? that entrances? us!? = #3, Ego Body, Present Incarnation, Personality Body!?

It is ‘because?’ the/your #3, Ego Body, Present Incarnation, Personality Body – piggy-backs? – in/on Conscious, when it, Conscious, is in a ‘ness,’ state/condition = AND JUDGES = deik – to show; to reveal; to display; that so much ‘disruption,’ is caused/created through ‘ignorance,’ un-awake-ness? un-aware-ness? and, un-conscious-ness reflex? (See/read Ophiel’s vignette’s; Why do you let the Devil ‘USE,’ you. The ‘OTHER’ you. Your ‘OTHER’ you. etc. etc.)

It is 'because?' the/your #3, Ego Body, Present Incarnation, Personality Body – piggy-backs? – in/on Conscious, when it, Conscious, is in a 'ness,' state/condition = AND JUDGES = deik – to show; to reveal; to display; that so much 'disruption,' is caused/created through 'ignorance,' un-awake-ness? un-aware-ness? and, un-conscious-ness? AND! IT IS BECAUSE(?) THE/YOUR #3, EGO BODY = STARES!?! INTO!?! = THE/YOUR #2, ETHERIC PLANE 'POOL?' = AND SHOWS? REVEALS? DISPLAYS!?! = HOW 'IT!?! LOOKS? NOW!?! = WHAT IT (#3,) WANTS NOW!?! THAT THE/YOUR = #1, MALKUTH EARTH/HADES!?! = GETS/RECEIVES!?! THE = WRONG MESSAGE!?!

Enter! Neville Goddard; to pray for riches, whilst being conscious, of being poor, is to be rewarded, with what you are conscious of, namely more, poor!? (Namely = MORE OF THE SAME!?!) So! THE BIG QUESTION IS!?! = WHAT THE 'DONALD DUCK!?!' ARE YOU!?! – CONSCIOUS, AS A 'NESS!?!' = STARE-ING AT!?!

IS 'IT?' = OF WHO(?) YOU! ARE? (Easy way to 'check?' this? is to 'look?' about you, at the/your, 'now,' present? = life/living?) Here is what Ophiel writes, in his vignette; The Thread.

"As the years passed by, the conviction grew inside me that the escape idea was basically correct. And, as the years of Occult research passed, I came to focus my attention on mankind's myths and legends, as having possible deep hints about Inner Plane matters. And indeed, I found many stories there, which, when fully studied and applied, with the missing symbols restored, showed me much of the 'Way Out,' which I followed and now present to you." End quote.

The/these, cultural, Myths/Legends, much like the ole crazy book (Bible,) ARE STUFFED FULL!?! of 'Information,' MINUS! = techniques!? In this series of 'monologues,' 1 to 17, of who you are? It is all 'about?' what the general, wider 'occult,' field, refer to, as, bind-ing. (It is the 'background,' information, which causes(?), it this/the, information to seem(?) so/too long!?! But, in the 'real?' world = #0! And in lots of 'cultures?' there is/has and always, was/is? Those individuals, who? for whatever reason? Were, are, in 'love?' with themselves!?

IT IS! WHEN!?! = THE/THESE PERSONS/INDIVIDUALS!?! ARE – ABLE? – TO MAKE/CREATE THE 'TRANSITION!?!' FROM!?! THE/THEIR #2, TO THE/THEIR #1!?! THAT THINGS!?! ARE DIFFERENT!?! – FOR THEM!?!

Recap! = The/your #1, Malkuth Earth/Hades Plane, is = Above; Over; Higher; Before and In-front!

Recap! = The/your #0, Outer Physical Earth Plane, is = Below; Under; Lower; After and Behind!?!

The/your #1, Malkuth Earth/Hades Plane, is = Psychic-Tactile-Feel-ing! – define; three-dimension; symbol.

The/your #0, Outer Physical Earth Plane, is = Use; Uses; Use-ing; Used!

I came to focus my attention on mankind's myths and legends, as having possible deep hints about Inner Plane matters. And indeed, I found many stories there, which, when fully studied and applied, with the missing symbols restored, showed me much of the 'Way Out,' which I followed and now present to you, the reader, occultist? In the 'case,' of the Myth of/for; Psyche & Eros, it is thus;

Eros, was/is the male son, of Aphrodite, the Goddess of the 'Pool?'

Psyche, was/is the female daughter of Hades, the God of the 'Blind-ness?'

None! of this, was is, #0, Outer, outer physically physical!?! But!?! = TRY TELLING THAT! TO YOUR #3, EGO BODY!?! (By the way? The 'voice?' inside your head, that you? Have conversations with, all day long? Isn't? even? Your Ego? Either!?) The first century, Rome, was the place, were Cicero (Marcus Tullius,) introduced, the 'Other,' you? or if/you prefer; Your 'Other,' you? and he (Cicero,) described this/his 'Other,' Alter Ego? = A second self? A trusted friend? (Saint Augustine of Hippo; Oh, what 'friend?' thou hast found!?)

But...! It/all this, had to wait, until the 18<sup>th</sup> century, when, Anton Mesmer, and his followers, displayed? showed? revealed? The/this 'Other?' (Alter Ego!), which showed; revealed; displayed? A, behaviour pattern, which was 'different/individual?' to the, waking state conscious-ness, of the #0, Outer Physically Physical Body, who owned it!?! compared to, when they were/are under the 'hypnotic,' state/condition. It appeared(?), that 'another?' character, had developed, in the altered state of 'conscious,' as a 'ness,' but... in the same body!

Freud, all during his career, would 'indicate,' such instances, of errant 'character?' in order to support, his thesis of/for a/an 'un-conscious-ness. He, (Freud,) considered that, the two different workings, of/for the same/one conscious, was like a

'splitting,' of the individuals, mental activities, into two halves, and said, that it was the same 'conscious-ness,' **turning to one or the other of these 'halves,' alternately.** Freud, also considered, such a/an action, as being in the 'root/source,' of the phenomenon, of the/a/an, **alter-ego,** as residing in the '**Narcissistic Stage,**' of early childhood development. It was Heinz Kohut, who would identify, **a specific need,** in that early phase of 'mirroring,' by another, which resulted later, in what Kohut, called the '**twinsip,**' or 'alter-ego-transference.'

What these individuals, didn't know/recognise, that the/this/their 'OTHER,' was/is 'inherent?' in the/your 'un-conscious,' 'un-recognised,' un-aware; un-awake; un-conscious, as a 'ness,' = **WAS/IS!?** – **THE/THEIR = YOUR!?** #1, Malkuth Earth/Hades Plane = **PSYCHIC-TACTILE-FEEL-ING-BELIEVE-ING!?** (Who? **is!?** – Staring? into the/their '**reflection = pool!?**' of – Conscious, as a 'ness?') (See/read Ophiel's book; Clairvoyance, his chapter; The Two Minds.)

The above, is what you, the reader/occultist(?) are = **WORK-ING WITH!?** in your daily practice/doing, of the/your Basic Cosmic Egg and/or Basic Chair Exercises! (The/your 'OTHER,' has many, many, many 'names,' 'descriptions?' 'explanations?' but... they are 'all,' just the same/one thing!?) We turn now, back to where we were? The 'divide-ing?' 'part-ing,' of the; Waters? (#2, Etheric!?) and we '**Bind**' the side/half? That we = Conscious, as a #0, 'ness,' = **Do 'not!'** **want!**

The first thing, on the 'agenda?' is = **recognition?** then, **understand-ing?** Ophiel, writes this out quite clearly, when he writes, that the person would have to 'eradicate,' all those 'things,' which are stopping you, #0, from 'achieve-ing,' your goals/aims. The 'suggestion?' from the present writer, to many of those who e-mail, is, as already simply stated; how? in what way? can you, the reader/occultist(?), provide a 'service,' to/for others, for which you can then 'charge,' them, for the/this/that/your service?

It wouldn't actually matter very much, which industry or service provision you choose? all, that would be necessary, is, that what your 'IT!' **IS?** that, **IT!** = is **not(!) beyond!?** the/your 'Sphere of Availability!?' (See/read Ophiel's book; Creative Visualisation, and his; Rag Picker vs Dept Store Manager!? Comparison!? Each, of these two individuals, were 'ready?' both of them, but... **at the/their 'own!?' level!?**)

So! One of the things(?), on 'offer?' is? the 'chance/opportunity?' to be/become = **PSYCHIC!?** TO THE '**BEST?'** OF THE/YOUR = **NOW PRESENT SITUATION/CIRCUMSTANCE!?** The 'techniques?' on offer? is/are, of course, the/your = Basic Cosmic Egg and/or Basic Chair Exercises, at, the/your = #1, Malkuth Earth/Hades Plane, and, #0, Outer, Outer Physically Physical Plane!?

The Basic Cosmic Egg Exercise, is **passive/receptive!?**

The Basic Chair Exercise = **is active/dynamic!?**

The Basic Cosmic Egg Exercise **is passive/receptive!?** = **observe-ing!?**

The Basic Chair Exercise = **is active/dynamic!?** = **resistance/resist-ing!?**

Thank you.