

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

Written by max.height
<https://ophiel.art>

**Originally posted on Google Groups:
<https://groups.google.com/g/ophiel-magic9-20/>
(Previous works also posted as “Sender” on the “Ophiel Magick” group, from the
defunct YahooGroups)**

06 of 17 of who you are. 2023

Simply by/with the doing/practicing, of the/your basic cosmic egg and/or basic chair exercises, with the knowledge/knowing/understanding, that their (egg/chair exercises,) single purpose, is to stimulate, increase, enhance and develop, the/your latent, dormant, atrophied = **Psychic-Tactile-Feel**-ing-Body!? Most individuals who 'fail,' in the/these daily exercises, are either 'psychotic,' and/or #3, Ego Body Dominated.

The/your, 'introduction?' of the/your #1, Malkuth Earth/Hades Plane 'self?' to the/your #3, Ego Body Self(?), is the most 'important?' step, of the/your 'Magical Practices/Career?' This 'introduction,' if not accomplished, in a 'Fair & Equal!?' manner/method/way, can/does(!) create/make, for much of the, troubles/difficulties? That you read about, in the 'scare-mongers,' review, of most 'orthodox,' regimes, of/for 'Culture?'

The 'bogy,' man syndrome, of the 'dread?' = **HE'S BEHIND YOU!**!? can be, and is? – Traumatise-ing? to say the least?? All 'initiation,' ceremonies = **ARE!**? – **INTRODUCTION!**!? Ceremonies!?! (Fairy Tales and Mythologies, all **have?** = **introductions?** in them? Usually, in the 'form,' of a/the 'catalyst?')

Catalyst (noun,) substance/subject, which speeds up, a reaction, but...! in and of itself? **Remains 'un-changed!'** Catalyst = from the Proto-Indo-European Root word; leu = **to loosen; to divide/separate; to cut apart from.**

In British/English culture, this 'theme,' is kept 'alive,' in the age/old, Tradition!?! of the; Christmas Pantomime!?! Where is he? And all the children, in the audience, call/shout out! = He's Behind You!?! (The 'defeat!' of Winter and the 'coming?' of Summer = Prince Charming!?! Etc.) All, fine and dandy! But...! maybe? not so much? when it is 'just?' you!?! and you are, 'on your own?' and! = **He's Behind You!**!?

As someone who has had, first hand 'experience!' of such a phenomenon, and no one to 'ask?' it is a very, very! acute '**fear symptom!**!?' During the present writers, meditative sessions, it occurred to them, one time, to try to 'find/discover?' the/this 'Other?' and when it was 'achieved?' then, as Ophiel writes, in his vignettes, many 'Other?' things? just fell into place, naturally.

As already explained, the/your #3, Ego Body – **Piggy-Backs!** – in on Conscious, whenever 'it' = Conscious, is in a 'ness,' state/condition!?! And, **if(!),** you, the reader/occultist(?), **are(?)** = #3, Ego Body – Dominated? then, when you – Conscious, transfer/project, to a/an 'other' plane/level (Even as Ophiel writes; up to and including – the/your, #4, Astral Plane!?!) the/your #3, Ego Body, Present Incarnation, Personality Body = **IS THERE!**!?

Ophiel, in his first book; Astral Projection and in his; Correspondence Course in Astral Projection, warns, cautions, his students about this/their #3, Ego Body, especially in the 'God/Saviour,' complex!?! Where the 'Narcissus,' **view?** is Greatly Amplified!?! And 'overrides?' the #1 &+ #0, view? Being the 'centre?' 'pinnacle?' of/for a 'particular?' industry = Religion; Political; Financial; Military; Industrial; Academic; Educational; Social; Entertainment; Sport; Music; etc, etc, et al! = IS '**NOT!**' THE '**SAME AS!**' – **BELIEVE-ING; DECLARE-ING; STATE-ING!**? **THAT YOU ARE 'DEVINE?'** = **HEAVEN SENT!**!?! Etc, etc!

Anyway! What you are to 'look for?' '**psychically-tactilely-feel,**' for?' in/on the/your #1, Malkuth Earth/Hades Plane = **IS!**? = **INERTIA/INERT!**!?! **AS THE = RESISTANCE; ADVERSE; OPPOSED; OBSTACLE!**? **AND YOU!** CONSCIOUS! – **AS A NESS!**? **ARE TO = EMBRACE/ACCEPT IT!**? **THE/THIS, INERT/INERTIA!**!?! Inert, is from the Proto-Indo-European Root word; ar-, meaning = to fit together!?!

The word/expression = which **best explains(?)**, the/this/your = #1, Malkuth Earth/Hades Plane = **INERT/INERTIA!**? = **IS!**? = **STOP!**? **HALT!**? When the, **Psychic,** person/individual = MEETS AND GREET, THIS/THEIR = **STOP!**? **HALT!**? - #1, Malkuth Earth/Hades Plane – **FORCE!**? = **THE/THIS = STOP!**? **HALT!**? = **IS!** = **YOUR ANSWER!**? **FOR YOU!** = #0!?! But...! as Ophiel writes, in his books; the/your 'answer?' comes in 'feel-ings,' and it is up to you! = #0 &+ #3, to 'recognise!?' these/your 'feel-ings?' and what they 'mean?' to you – Conscious-ness.

Clairvoyance = future time.

Psychic = now time.

Physical = real time.

So! In 'bind-ing,' you, the reader/occultist(?), know of, the three-step-process, as pointed out, in previous 'monologues,' in this series; of who you are!?

Step 1 = Visualisation = both sides/halves of, in/on the same/one plane/level = Dreamer & Dream!?

Step 2 = **Psychic-Tactile-Feel**-ing = one/half! of the, #2, Etheric, Visualisation!?

Step 3 = Physically, physical – animate/animation – use; uses; use-ing; used – **worked-off-of/from** #1!?

#2, Etheric Mirror; Reflector/Reflected – both Sides! (This is a; Law/Rule/Governance for this plane!)

#1, Malkuth **Psychic-Tactile-Feel**-ing = one Side! (This is a; Law/Rule/Governance for this plane!)

#0, Physical **Working-Off-Of/From** #1; use/uses/use-ing/used! (This is a; Law/Rule/Governance for this plane!)

Saint Augustine, of Hippo = if thine adversary says = **DO IT NOT!** = **AGREE-WITH-HIM!**?

The present writer says = if thine adversary says = **BE IT NOT!** = **AGREE-WITH-HIM!**?

The above 'INFORMATION!?' is from, the ole crazy book (Bible,) wherein there is 'lots?' of information, but(!) absolutely no/none 'technique!?' In the book of 'eternal comedy,' (You! know the book! the present writer is type-ing about!) the 'technique!?' **AS! INFORMATION IS!**? = **THOU SHALT NOT!**? Which is a pathetic!?! way!?! of saying = **I-Agree-With!**? But...! The two planes/levels 'involved!?' were never explained, revealed, had been 'lost?' since the decline of the Eleusinian/Mithraic Mysteries and then, the 'non-initiated,' Gnostic Christians, (Mostly to do with Jerome, and his 'high moral,' Christian teachings,) made the Demiurge 'Evil?' There were others, but he (Jerome,) was up there!?) Jerome 347-420, wrote to Augustine 354-430, and said, that he (Augustine,) had 'renewed?' the ancient? Faith?? Jerome, was the most prolific early church writer and Augustine was the second most prolific, early church writer.

So, Ophiel freely writes in his vignette; Acceptance, what his (Ophiel's) #1, is/was? Ophiel said that; he found lack, to be degrading, and he worked like hell, to get out from under it. So! to the test!?

#2, Etheric 'visualisation,' mirror/reflection = whole force – Rich/Poor! – Ophiel 'visualised' Rich, and gave to his #1, Malkuth Earth = **lack is degrading!** and he, Ophiel = #0 = **AGREED-WITH-THIS** = his = #1!?! and he, Ophiel #0, = **WORKED-OFF-OF/FROM THIS** – HIS! #1!?! = **THUS! OPHIEL HAD 'BIND/BOUND!?!' HIS 'LACK?'** Ophiel, always tried to 'eradicate?' those things, which would/could? hold him back, or may/might, stop him, from what it was, he wanted to do/achieve. Ophiel himself, was a 'very,' pragmatic, type/kind of person. (If it doesn't work? then into the trash can with it!?)

In your egg/chair work/exercises, you, the reader/occultist(?), are projecting/transferring, your Conscious, as a #1, 'ness,' just as you would, if you, Conscious, were projecting/transferring, your Conscious, as a #2, 'ness.'

In your egg/chair work/exercises, you, Conscious, as a 'ness,' are(!) exercise-ing, the/your #1, Malkuth Earth/Hades Plane = **Psychic-Tactile-Feel**-ing, of define; three-dimensional-ise-ing; Symbol-ise-ing!?

But...! You! Conscious, as a 'ness,' = must 'buy-in!?' must 'commit!?' – to what the/your = goals/aims are for? in the/these 'exercises!?' = development; enhancement; increase, of the/your = latent; dormant; atrophied, sense-ation, of/for, the/your = **psychic-tactile-feel-feel**-ing!?! the 'benefits,' of/for this, which may be accrued, in direct proportion, to, the/your personal/individual, ability, is/are secondary, to the actual 'ability,' itself!?

The above, being the case? = learn/develop, the technique, first, and see where it leads to? Ophiel, writes, that this is the best/better, way/practice, and is to be recommended, rather than trying to learn/develop it (the, ability,) simply for a 'show/display?' of/for, power; dominance; one-up-man ship!?! Remember/recall, that Ophiel, writes, that you should start/begin with things that are 'near, to you (Not! in the, #0, outer, shape/form!?! = of the/your visualisation!?) but... 'near,' to you, in your, Sphere of Availability/**Possibility!**? Which you, the reader/occultist(?), can 'change/alter!' to become/be, a '**Probability!**'?

Try this, it is from Ophiel's vignette; Exploring Other Planes for Knowledge:

"Astral projection, as it is called and referred to, generally means to 'Leave' the physical body and 'go' elsewhere, elsewhere being what was considered to be a 'Plane' named the 'Astral Plane.' I want to correct several things-ideas right now, there are, depending on what teaching-book you are reading, seven planes, roughly considered. (For more exact knowledge about

these seven planes, see Ophiel's other books and his Correspondence course on Astral Projection.) I will use some ordinary English names here – Physical Plane – Etheric Plane – Lower Astral – Higher Astral – Mental Plane – Higher Mental – Archetypal Plane. (In this small article I cannot go too deeply into these planes and their meaning. Please see Ophiel's other books and writings.)” End quote.

Here is/are the planes/levels, for the present writer;

#0, Outer Physical Plane.

#1, Malkuth Earth/Hades Plane.

#2, Etheric Plane.

#4, Astral Plane.

#5, Archetypal Plane.

#6, Akashic Plane.

It matters little to the present writer, if a plane/level has a 'higher/lower,' part, as it is 'still,' 'all,' the one/same plane! In Ophiel's quote above, there is 'no?' Malkuth Earth/Hades Plane? In Ophiel's vignette; An Exercise in Preliminary Projection, Ophiel writes, that he became aware; awake; conscious, to a/an 'other' plane/level, which he hadn't/didn't, know of? at that time. Which was/is 'BETWEEN!?' the #0, Outer, Outer Physically Physical Plane and the, #2, Etheric Plane, which Ophiel, names, the plane of the Element's, and it was 'possible?' to project/transfer to the/this Plane!? A 'fact,' which he, Ophiel, had never considered before, that/this time.

EVERYBODY! EVERYBODY! IN A 'NORMAL?' LIFE/LIVING!? IS IN? AND OUT? OF THE/THIS = #1, MALKUTH EARTH/HADES PLANE!?! = EVERYDAY! ALL DAY!? Ophiel, next writes:

“When you 'Project,' by several different methods, you do not 'LEAVE THE BODY!' (If you read a book about 'Astral Projection' and the author says that you 'Leave' the 'Body' and go 'Off' somewhere, leaving a shell of a body behind/empty, you can depend on the fact that that author is a fake!)

YOU DO NOT LEAVE THE BODY!!! In, any kind of, 'Projections' YOU TRANSFER YOUR 'CENTRE' OF CONSCIOUSNESS, TO ANOTHER, PLANE!!!!

This Transfer of your centre of consciousness, and not all of you, does away with that old boggy, about some 'evil' spirit will come along and take over your empty body/shell. Most of you is there at all times, and running the body's living machinery.” End quote. (Underlines are the present writers.)

YOU DO NOT LEAVE THE BODY!!! In, any kind of, 'Projections' YOU TRANSFER YOUR 'CENTRE' OF CONSCIOUSNESS, TO ANOTHER, PLANE!!!!

As you, if you? choose to practice the/your basic cosmic egg and/or basic chair exercises, in the prescribed manner/method/way, then you will be 'doing/practicing,' many things, at once? which will stand you in 'good stead,' and give you, the reader/occultist, a 'solid,' (no pun intended!), base, from which to #0, work-off-of/from!? You! the 'occultist?' #0, ARE WORK-ING-OFF-OF/FROM!? You! the 'occultist?' #1!?

You! the occultist = #0? ARE NOT! NOT! WORK-ING-OFF-OF/FROM!? THE/YOUR = #2, ETHERIC PLANE!?! Can you? Are you? the occultist? able to understand? the above? Can you? Are you? the occultist? able to make? the above? – work/operate? for you! = #0? Ophiel next writes;

“With that out of the way, we can proceed onto the first projection kind of work-projections. (Note – All projections are actually, all the same. Projections are not really projections, in the sense of, out of, away from, the body.)

All projections are transfers of 'centres of consciousness,' to other 'centres of consciousness,' and they function as if, it is a 'projection.' There are, great 'mysteries' here, but you don't have to know it all now, for simple types of projection described here. Go along now as it is.” End quote. (Underlines are the present writers.)

Ophiel then writes, farther on, in his vignette; this part:

“You can rest assured, that while travelling the route, you ARE ON THE 'ETHERIC PLANE' AND YOU ARE

LEARNING TO GET THE 'FEEL' OF IT." End quote. (Underlines are the present writers.)

Too be read thusly; You can rest assured, that while visualise-ing = travelling, the/your route, you ARE ON THE 'ETHERIC PLANE' AND YOU ARE LEARNING TO GET THE 'FEEL' OF IT."

You can rest assured, that while psychically-tactilely-feel-ing = travelling, the/your route, you ARE ON THE/YOUR = #1, MALKUTH PLANE AND YOU ARE LEARNING TO GET THE 'FEEL' OF IT.

If you, the reader/occultist(?), would like to 'get ahead/in front,' of Ophiel's quote above, then the practice/doing of the/your basic cosmic egg and/or basic chair exercises, will/shall 'prepare,' you – Conscious, as a 'ness,' very aptly!? for it! Do the whole of Ophiel's Little System of/for Etheric Projection, and his 'visualisations/stations,' etc, whilst keeping up with the/your #1, Malkuth Earth/Hades Plane = Psychic-Tactile-Feel-ing, then, when ready, simply 'add!?' the/your #1, Malkuth Earth/Hades = 'Three-Dimensionality,' to your Little System Route and Stations? In/on the/your #2, Etheric Plane!? And 'observe?' the difference!?

There should come a time, after daily practice/doing of the/your basic cosmic egg exercise, when the/your, #0, Outer, outer physically physical world about you, #0, will 'disappear/fade,' from Conscious-ness, view? When all, that you, the operator/occultist(?), can/do 'Observe,' IS! the/your #1, Malkuth Earth Hades Plane. The 'strange?' thing? is/will be = THE SENSE/FEEL-ING? OF? SEPARATION/APART-NESS, AS YOU – CONSCIOUS, AS A 'NESS,' WORK/OPERATE!?! Here it is, from Ophiel, from his first book; Astral Projection, from his first chapter; Little System.

"At first YOU WILL SEEM TO BE LOOKING AT YOURSELF DOING THE ACTION. When you have done this for a while and you are familiar with yourself doing the actions AND FULLY REALIZE THAT IT IS

YOU WHO ARE DOING THE ACTIONS IN DUAL – THEN MAKE THE ATTEMPT TO TRANSFER YOUR CONSCIOUSNESS, YOU, YOURSELF, TO THE IMAGE OF YOURSELF THAT YOU ARE WATCHING – Try to see thru the eyes of the image, feel it about you, feel yourself into it. The image is your etheric body and you are watching it thru the 'eyes' of the ASTRAL BODY – when you WORK on or SEE any part of yourself you are working or seeing thru the body 'above' that body. So, in this case you are transferring down and not up.

Hold your consciousness into the Etheric body and go thru the route to the end and back keeping yourself in the image. See thru the eyes of the image and perform all the actions with the etheric counterparts of the physical body, the etheric arms, and legs etc. Keep doing this until you are perfect at it. ONE DAY THE TWO BODIES WILL FUSE INTO ONE BODY AND YOU WILL OPEN ANOTHER KIND OF AN EYE AND YOU WILL FIND THAT YOU ARE REALLY THERE IN THE ETHERIC BODY FOR REAL AT THE SAME TIME YOU WILL BE CONSCIOUS OF THE PHYSICAL BODY TOO AND YOU WILL KNOW THAT YOU ARE DUAL AND CAN AND DO FUNCTION IN BOTH BODIES AT ONCE." End quote.

Context, reads thusly, for us;

ONE DAY, THE TWO BODIES, #1 &+ #0, WILL FUSE INTO ONE BODY OF CONSCIOUS-NESS? AND YOU WILL HAVE OPENED ANOTHER KIND OF AN EYE/REALISATION, AND YOU WILL FIND THAT YOU ARE REALLY THERE, IN THE/YOUR #1, MALKUTH EARTH/HADES PLANE BODY FOR REAL, AT THE SAME TIME YOU WILL BE CONSCIOUS OF THE PHYSICAL BODY TOO AND YOU WILL KNOW THAT YOU ARE DUAL AND CAN AND DO FUNCTION IN BOTH BODIES AT ONCE. And the 'amazing?' thing is? will be? = the realisation? that you, Conscious, as a 'ness,' have always(?) done it/this!? = WHAT WAS/IS!? MISSING!? WAS/IS!? = the Conscious, 'ness?' of(!?) it!?

There will/shall 'also?' come a time when, you – Conscious, will/shall 'realise?' that the/your #0, Outer, outer physically, physical body = IS!? – a 'projection,' of/for? the/your #1, Malkuth Earth/Hades Plane Body, and that you – Conscious, as a 'ness?' project/use, the/these 'bodies?' It is constructive/helpful? to have your #3, Ego Body, Present Incarnation, Personality body, you – accept? this/these 'things?' in a way, that is suitable to/of/for – yourself (Conscious,) as there is a 'definite,' connection, to the/your 'bodies,' with which, your #3, Ego-Self, piggy-backs, in/on!?

The basic cosmic egg, exercises, is to surround you – Conscious, as a 'ness,' in a 'balanced,' 'cohesive,' and 'constructive,' way, in order that you = #0 &+ #3, can 'relax?' and work/play, #0, Outer, outer physically, physically, knowing/understanding(?) that you – Conscious, as a #0, ness, cannot/do not/will not/shall not? change; amend; adjust or force? the/your #0, Outer, outer physically physical plane, but can only! only! use; uses; use-ing; used – IT = #0!?! (Big

'step?' in your 'occult?' development? When/if this 'happens?')

It is a very, very! simple exercise, to change/alternate, from the/your; Basic Cosmic Egg = passive; receptive; receive-ing = to the/your – active/dynamic #1 & #0 – do-ing; partner-ing; share-ing; harmonise-ing! of the/your; Basic Chair exercise!

Thank you.