

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

Written by max.height
<https://ophiel.art>

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Here is what Ophiel writes in his vignette; Exploring Other Planes For Knowledge:

“Astral projection, as it is called and referred to, generally means to ‘Leave’ the physical body and ‘go’ elsewhere, elsewhere being what was considered to be a ‘Plane’ named the ‘Astral Plane.’ I want to correct several things-ideas right now, there are, depending on what teaching-book you are reading, seven planes, roughly considered. (For more exact knowledge about these seven planes, see Ophiel’s other books and his Correspondence course on Astral Projection.) I will use some ordinary English names here – Physical Plane – Etheric Plane – Lower Astral – Higher Astral – Mental Plane – Higher Mental – Archetypal Plane. (In this small article I cannot go too deeply into these planes and their meaning. Please see Ophiel’s other books and writings.)” End quote.

#0, Outer, outer physically physical plane = use; uses; use-ing; used.

#1, Malkuth earth/hades plane = **psychic-tactile-feel**-ing = define; three-dimensional-ise; symbol-ise.

#2, Etheric plane = reflect; repeat (all ‘reflections,’ are ‘repetitions!’) visualise.

#4, Astral plane = emote; project; direct.

#5, Archetypal plane = foundation; first-stamp; first-imprint/im-press-ion; first-mould.

#6, Akasha = cause; causes; caused; change; changes; change-ing; changed.

#3, Ego Body, Present Incarnation, Personality Body = is a ‘construct?’ of the/your now-time; real-time – environment. Therefore ‘it = #3,’ has no plane!? But....! it = #3, **Piggy-Backs!**? in/on Conscious, when it – Conscious, is ‘in,’ a ‘ness,’ state/condition.

Step one; you can only, only! = use; uses; use-ing; used! – the/your #0, outer, outer physically physical plane!? You! = conscious, as a #0, ‘ness,’ cannot; do not; will not; shall not = change; alter; amend; adjust; adapt! the/your #0, plane! = **CANNOT BE DONE!**? Therefore, it must be, as Ophiel writes; you must transfer/project = in, to ‘out!’ the universe!?

FIRST INNER PLANE ‘IN?’ = IS! IS! = #1, MALKUTH EARTH/HADES PLANE!?

LAST INNER PLANE ‘OUT?’ = IS! IS! = #1, MALKUTH EARTH/HADES PLANE!?

#1, Malkuth earth/hades plane = above; over; higher; before and in-front!

#0, Outer physical earth plane = below; under; lower; after and be-hind!?

#1 = **psychic-tactile-feel**-ing – controls/determines = #0!

#0 = can only, only! = use; uses; use-ing; used!

For all this, is delivered unto me (#1) and to whomsoever I will, will I give it!?

Power = to be able (to do/accomplish.)

Glory = from the Greek word; Kleos – reputation; renown; report; notoriety; fame; **psychic-tactile-feel**-ing!?

Glory = from the translation of the Hebrew word kavod (k-v-d) importance; deference; heavy-ness; weight.

The ole crazy book (bible,) is all about creative visualisation, without the actual; factual; literal, technique!?

K-V-D = Heavy-ness/Weight = Adverse; Opposed; Obstacle!?

K-V-D = Heavy-ness/Weight = Inert; Immobile; Fixed; Set

The Greeks used the word ‘doxa,’ for the Hebrew ‘kavod/K-V-D,’ AND ONE OF THE ‘MEANINGS,’ OF/FOR ‘DOXA,’ IS!? = JUDGEMENT!? From the Proto-Indo-European Root word; deik = to show; to reveal; to display!?! And! And! the way/method/technique!?! of/for the/this = SHOW-ING; REVEAL-ING; DISPLAY-ING!?! WAS/IS!? = THROUGH/BY/WITH = OBSERVATION!? (To ‘watch over?’)

But...! Observe-ing, from 'where?' to 'where?' Up/In? Down/Out? Across? at what 'level?'

For all this is delivered unto me, and to, whomsoever 'I!?' will, will 'I!?' give it!?

Ophiel next writes;

"When you 'Project,' by several different methods, **you do not 'LEAVE THE BODY!'** (If you read a book about 'Astral Projection' and the author says that you 'Leave' the 'Body' and go 'Off' somewhere, leaving a shell of a body behind/empty, you can depend on the fact that that author is a fake!) **YOU DO NOT LEAVE THE BODY!!! In, any kind of, 'Projections' YOU TRANSFER YOUR 'CENTRE' OF CONSCIOUSNESS, TO ANOTHER, PLANE!!!!** This Transfer, of your centre of consciousness, and not all of you, does away with that old boggy about some 'evil,' spirit will come along and take over your empty body/shell.' Most of you is there at all times, and running the body's living machinery." End quote.

Can you? Are you? able to, understand(?) the above, from Ophiel, in light of your doing/practicing, of the/your Basic Cosmic Egg and/or Basic Chair exercises.

The present writer 'knows?' what their 'power!?' = IS!?

The present writer 'knows?' what their 'glory!?' = IS!?

If, you care to take the time, to softly 'enter,' into(?) the/your dark-ness; black-ness; blind-ness, via the/your basic cosmic egg and/or basic chair exercises, then, as soon as? you – Conscious, as a 'ness,' you – Conscious, will/shall 'experience?' the/your = **Psychic** side/half, of who you are, what you are!?

Try this? = in the ole crazy book (Bible,) you have two sons? One of God and the Other of Man!?

Son of God = #2, Etheric Plane, Conscious – as a 'ness.'

Son of Man = #1, Malkuth Plane, Conscious – as a 'ness.'

Son of God = #2, Etheric Plane, Conscious, as a 'ness,' = Higher to Lower!

Son of Man = #1, Malkuth Plane, Conscious, as a 'ness,' = Lower to Higher!

Imagine now(?) if you can(?) = THAT THESE TWO SONS(?) ARE FIGHTING!? ARGUING!? BICKERING!? OR!? CLASHING!? GRINDING!? CUTTING!? = INTO EACH OTHER!?

Imagine now(?) if you can(?) = That you = #0, Outer, outer physically physical you! = are now the 'victim?' 'casualty?' 'recipient?' of such = Consequences!? Clashes!?

You = #0, want to do well, in your life/living, so that you are not a 'casualty?' of consequences? of ignorance? But....! you = #0, Outer Physically Physical = CAN ONLY! ONLY! – USE; USES; USE-ING; USED!?! Therefore!?! AS A MATTER OF – NECESSITY!?! PRIORITY!?! YOU = #0 &+ #3, Ego Body = MUST LEARN THE – LANGUAGE!?! OF – BOTH THESE PLANES/SONS!?!

Son - #2, Etheric, speaks; Whole/Complete/Both = SIDES/HALF!?! OF THE ONE!?! SINGLE!?! FORCE!?!

Son - #1, Malkuth, speaks; HALF! OF THE ONE!?! SINGLE!?! FORCE!?! (Psychically-Tactilely-Feels!?!)

You - #0, Physical speaks; USE; USES; USE-ING; USED!?! (Works-off-of/from = #1!?!)

Much of this, and things like this, are in the folder/files to come, there is no hurry/rush? It either 'works?' for you, or it 'doesn't,' in the 'case of,' – not working? it simply means, being patient and practicing more? In the 'case of,' – more? long duration and infrequent practices, are 'not,' normally conducive to good understanding through a/the/any kind/type of - technique? So? = KEEP IT SHORT! PRACTICE IT OFTEN! DO IT OVER, FOR AS LONG AS IT TAKES!?

Both egg and chair exercises, fall into this, the above category, and through their simplicity, the individuals latent; dormant; atrophied – **Psychic-Tactile-Feel**-ing is developed, enhanced, and stimulated, with regards to the/their #1, Malkuth Earth/Hades Plane, Conscious-ness/Body!?! Allied to this, is, of course? Is the #0, individuals, #3, Ego Body, Present Incarnation, Personality Body!?! All these folders/files, are for those Ophiel, students, who, for whatever reason(?) cannot/do not/are not yet able to get Ophiel's materials to 'work/operate,' for them = #0!?! Ophiel then writes, further in his/this,

vignette;

“With that out of the way, we can proceed onto the first projection kind of work-projections. (Note – All projections are actually, all the same. **Projections are not really projections, in the sense of, out of, away from, the body.** All projections are transfers of ‘centres of consciousness,’ to other ‘centres of consciousness,’ and they function as if, it is a ‘projection.’ There, are great ‘mysteries,’ here, but you don’t have to know it all now, for simple types of projection described here. Go along now as it is.)” End quote.

Projections are not really projections, in the sense of, out of, away from, the body and **there it is!**?

Projections are not really projections, in the sense of, out of, away from, the body and this is the most ‘common?’ of mistake, that the beginner/novice ‘makes!?’

All projections are transfers of ‘centres of consciousness,’ to other ‘centres of consciousness,’ and they function as if, it is a ‘projection = and there it is! In order to become/be(?) – **Psychic?** – you! the reader, operator, practitioner, occultist(?) must **transfer/project!**? the/your ‘Conscious,’ as a ‘ness!?’ to the/your = #1, Malkuth Earth/Hades Plane! = **WHERE THE ASTRAL-LIGHT IS = BLACK? BLIND? = Psychic-Tactile-Feel-ing!**? – define; three-dimensional; symbol.

It is the ‘individuals,’ #3, Ego Body, who cannot/does not ‘let-go!’ ‘relax!’

It is the ‘individuals,’ #3, Ego Body, who cannot/does not ‘transfer!?’

It is the ‘individuals,’ #3, Ego Body, who ‘remains?’ ‘stays?’ – dominant! in!? the/your #0, body!?

Hence in Ophiel’s ‘Dream Method,’ we ‘go?’ to ‘sleep?’ and then? come back!?

In your question to the present writer, you say/write, that the egg/chair aren’t(?) working/operating for you, even though you have tried them both, for several weeks(?) the reason of/for this is simple(?) = you are doing them # &+ #3! You haven’t actually; factually; literally = let go? You are simply going through the #0, outer physically physical ‘motions of?’ egg standing/chair sitting/standing = THINK-ING! THIS IS IT! (Then same goes for ‘doing?’ Ophiel’s Little System and his Treasure Map and/or Talismans! = ALL! #3, EGO BODY/#0, PHYSICAL BODY! = Hence! – Doesn’t work!)

As long as you are #3, Ego Body – Judge-ing? Determining? Then your ‘chances?’ ‘opportunity?’ to ‘transfer,’ is, will be ‘zero!?’ If you read Ophiel’s first book; Astral Projection, his chapter: Little System, you can read this:

“ONE DAY THE TWO BODIES WILL FUSE INTO ONE BODY AND YOU WILL OPEN ANOTHER KIND OF AN EYE AND YOU WILL FIND THAT YOU ARE REALLY THERE IN THE ETHERIC BODY FOR REAL AT THE SAME TIME YOU WILL BE CONSCIOUS OF THE PHYSICAL BODY TOO AND YOU WILL KNOW THAT YOU ARE DUAL AND CAN AND DO FUNCTION IN BOTH BODIES AT ONCE.” End quote.

How about that = **ONE DAY!**? even Ophiel knew, that it = the **ONE DAY!**? is not only different(?), for each of us, but...for many, many, would be ‘occultists?’ that/this = **ONE DAY!**? never comes/arrives! The actual; factual; literal technique(?) of/for/in(?) the Ole Crazy Book (Bible,) is this ‘variation,’ on, Ophiel’s, **ONE DAY!**? = For all this (#2 &+ #0,) is delivered unto me (#1,) and to whomsoever (Anybody/Everybody) I will, will I give it! (No favourites?) = **SO!** – THE EGG/CHAIR TECHNIQUES! = **IS/ARE!**? – **THE DELIVERY!**? **METHOD/TECHNIQUE!**? But...! You ‘can’t?’ deliver? = because the/your #3, Ego Body, Present Incarnation, Personality Body = won’t/can’t!? – let go? Here it is, from Ophiel, from his book; Clairvoyance, his very last chapter: The Two Minds.

“Now in your experimental sub-mind work you will have to evolve your own types of exercises, like the examples given, and carry them out successfully. You have to release all conscious-mind control and practice allowing the sub-mind to take over, and this gives rise to a very queer feeling, as if you seem to be losing control over your objective world. Practice this until you note a degree of entry of the sub-mind into the objective world, which is all you want, a degree of entry, and a degree is all you need to greatly improve and sharpen up your life.” End quote. (Underlines are the present writers.)

The yellow highlight, in the above Ophiel quote, is what you are ‘exercise-ing,’ for/towards! You have, as a/an ‘exercise,’ the your ‘cup,’ exercise? for the/you three different planes/levels? Practice this technique, for a while, and continue with the/your basic cosmic egg and/or basic chair exercises, as they are the same thing! = THE RE-EDUCATION! – of/for the/your = Conscious, as a ‘ness,’ and, the/your #3, Ego Body, Present Incarnation, Personality Body = **TRAIN-ING TO OBSERVE!**? = **WITHOUT JUDGE-ING!**? Take, a/an, small object – knife; spoon; plate; cup; shoe; watch; ring, etc, etc.

#0, outer physical cup, handle it, until you sense/feel it’s, weight; colour; shape; from; function!

#1, **psychically-tactilely-feel** handle the cup, until you sense/feel it’s, weight; colour; shape; from; function!

#2, etherically visualise, your 'cup,' WITH!? the/your #1, psychic-tactile-feel-ing – defined; three-dimensional-ised; symbolised!?

WITH THE 'ADDITION!?' OF/FOR THE/YOUR #1, MALKUTH EARTH/HADES PLANE - #1, Psychically-Tactilely-Feel-ING!?! – TO/WITH!?! THE/YOUR #2, ETHERIC VISUALISATION!?! THERE SHOULD BE? A MARKED DIFFERENCE? TO/IN/ON, THE/YOUR #2, ETHERIC VISUALISATION!?!

You can also 'reverse,' the three-step-process = #2, Etheric; #1, Malkuth; #0, Physical!?! And be able to 'sense/feel?' the 'difference?' in the/these, three plane/levels of Conscious, as a 'ness.' The present writer, assuring you, the individual, that the/these two exercises 'work?' isn't going to = make them work? – for you!?! Any more than reading Ophiel's writings, is going to 'make?' them 'work?' for you!?!

Keep reading, keep trying, until? = ONE-DAY!?! Well, knock me down with a feather! There you go!?! it works?

The present writer shall forward this reply, to the list, as you may not be the only person, who hasn't quite got there yet, and who are 'still?' #3, looking? for something(?) outside(?) of themselves!?! Or, who are still trying, to change; alter; amend; adjust and adapt, the/their #0, Outer, outer physically physical plane = FROM!? THE/THEIR #0!?! Outer, outer physically physical plane!?! (Duality!?! – Conscious, as a 'ness,' = going across the same/one, plane!?!) can't be done? (But...! you already know that/this? don't you!?!)

Read over Ophiel's vignette, under review; Exploring Other Planes for Knowledge, and 'change?' how it reads, when you 'replace,' Ophiel's references to the/your, #2, Etheric Plane, to the/your #1, Malkuth Plane, with what you know/understand now!?!

"Now in your experimental sub-mind work you will have to evolve your own types of exercises, like the examples given, and carry them out successfully. You have to release all conscious-mind control and practice allowing the sub-mind to take over, and this gives rise to a very queer feeling, as if you seem to be losing control over your objective world." End quote. (Underlines are the present writers.)

and this gives rise to a very queer feeling, as if you seem to be losing control over your objective world = and this is what is 'daunting?' to/of/for? the/your #3, ego body self!?!

Thank you.