

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

**Written by max.height**  
<https://ophiel.art>

**Originally posted on Google Groups:  
<https://groups.google.com/g/ophiel-magic9-20/>  
(Previous works also posted as “Sender” on the “Ophiel Magick” group, from the  
defunct YahooGroups)**

# 1 of 2 beginning tattva. 2023

Stand where you know, you will not be interrupted or disturbed, during the length of your practice time, which should be reasonably short, five/six minutes max. There is no need to prepare or 'get ready!?' in order to practice. What you, the reader/occultist, are about to do, is the very simple exercise; The Basic Cosmic Egg, exercise. This 'exercise,' is a basic Tattva exercise, of/for, the/your; #1, Malkuth Earth/Hade Plane. Which, in the Greek system of things, is done through/by/with, what is called/named; Psyche.

**Psyche**, is the Greek word, used to describe the/your, now existent, but latent/dormant, inner **tactile-feel**-ing, define-ing, believe-ing – Self!?! The word 'Psyche,' was, for the Greeks, the '**animating/move**-ing,' principle, of/for the human body, and was considered, of the 'lesser?' powers of the Mind/Conscious, as a 'ness.' The 'higher?' (Divine = Light!?) powers, being that of the, #2, Etheric; #4, Astral; #5, Archetypal; #6, Causal.

In general, the '**Psyche**,' was treated as the 'animate-ing/move-ing,' principle, which was 'in!' a 'very close!?' relationship to/with – the #0, Outer, outer physically physical body!?! The 'Pneuma,' the 'Nous,' and the 'Logos,' were/are, all, above/over and before, the '**Psyche**.' but...? was/were/are? in the 'breath/breathing?' of the individual, #0(?) and each, could be studied/used, by Conscious, when it – Conscious, was in a 'ness,' state/condition. And, in the Greek tradition/method, it was/is; Psyche, who guides/leads, the #0, Outer, outer physically physical body, by/with, 'her!?' prompt-ings!?

The end suffix 'ing,' attached to verbs, (to do,) means the, action/result and/or product/material, etc, etc, is from, Old English – ing/ung. (Old English is Anglo-Saxon middle 5<sup>th</sup> century.) This 'ing,' is from the Proto-Germanic, unga/inga. In early use, it was used to denote the completion or repetition or a/an, habitual action; walk-walking; eat-eating; breath-breathing; do-doing, etc. The use of 'ing,' was/is/has been, greatly expanded in both; Middle English (Norman Conquests 1066 to 1500.) and in Modern English (14<sup>th</sup> to 17<sup>th</sup> century; 'change,' of vowels.) It was from the Old English 'present participles,' of verbs and adjectives, with the suffix -ende, derived from the Proto-Indo-European Root word; -nt-, that the/this 'vowel,' became weakened, in the late 'Old' English, and the spelling/writing with -g, began in the 13<sup>th</sup>/14<sup>th</sup> centuries. It was amongst the Anglo-Norman scribes, who confused it 'nt,' with '-ing.'

The word 'ness,' is means; to protrude; to project; prominent; jut-forth; stand out.

Like? = #3, ego body = to show; to reveal; to display = ness?

Like? = #2, etheric plane – Visualisation; Dream; Reflection = ness?

Like? = #1, malkuth earth/hades – **Psychic-Tactile-Feel**-ing = define; three-dimensional; symbol-ical = ness?

Like? = #0, physical earth – Use; Uses; Use-ing; Used = ness?

So, taking the above, information/understand-ing? You, the reader; operator; practitioner; occultist(?) are going to 'create/make?' a '**ness**,' of **things**? in the/your daily practice/do-ing, of the/your = basic cosmic egg and/or basic chair exercises. You, the occultist(?) do the/this/these 'exercises,' in order to see 'if?' they are for you, or not!?

Both egg and chair, exercises, is/are, #1, Malkuth Earth/Hades Plane 'exercises,' and '**not**!' = #2, Etheric Plane, exercises!?! (Ophiel's, #2, Etheric exercises, will do fine for them.)

Both egg and chair, exercises, is/are, #1, Malkuth Earth/Hades Plane 'exercises,' to see 'if?' you 'have?' any latent/dormant/atrophied, **Psychic-Tactile-Feel**-ing, which, will be/shall be – in direct 'proportion?' to? = the/your #3, Ego Body, Present Incarnation, Personality Body, Dominance? (Not a very 'good,' word? for this, but... you get the 'idea!?' another word, is/could be, Interference?)

It is simply a 'fact,' that when you, the practitioner/operator, transfer/project, that the/your #3, Ego Body, transfers/projects, with you!?! Which is just as well!?! It is the/this 'transfer,' of the/our #3, Ego Body, which us (humans,) different(?) from those other animals about us, so that we 'humans,' are at the 'top,' of the food chain.

So, as we stand ready to perform, the/our #1, Malkuth Earth/Hades Plane, Basic Cosmic Egg exercise, it is 'important!?' that we have, a 'clear = rational!?' understanding/acceptance(?) of what 'it,' is, that we are doing, and what 'it,' is, that we are hoping to 'achieve!?'

The above is important!? = that you! conscious = have, a ‘clear = rational!?’ understanding/acceptance(?) of what ‘it,’ is, that you! are doing, and what ‘it,’ is, that you! conscious = are hoping to ‘achieve!?’

THE ‘REASON?’ OF/FOR THIS, IS THAT THIS, CONSCIOUS, AS A ‘NESS!?’ = IS!? = WHAT YOU! – CONSCIOUS, AS A ‘NESS!?’ – ARE GOING TO BE WORKING-OF-OFF-FROM!? = IN/ON THE/YOUR!? – OWN!? = #1, Malkuth Earth/Hades Plane!? (A ‘virtuous,’ circle/cycle!?)

In ‘occult?’ Tattva, this type/kind, of action/doing!? is called/named/described, as = Earth-of-Earth!? = ALL!? – PSYCHIC-TACTILE-FEEL-ING WORK/WORK-ING!? = IS! IS! = #1, Malkuth Earth/Hades Plane – Work-ing!? (See/read Ophiel’s colour plate, in his book; Caballa Magic.)

Basically, in Tattva work/work-ing, you, the reader/occultist, must have a ‘technique,’ which allows you – Conscious, as a ‘ness,’ to be able to, transfer/project, from one level of ‘Conscious+ness,’ to a/an ‘other?’ level(?) layer(?) of ‘Consciousness,’ such as in Ophiel’s work/writings/techniques. The ‘slight?’ difference(?) between Ophiel’s work, and the present writers, is that the present writer, presents, about the/your = #1, Malkuth Earth/Hades Plane and not(!) necessarily, about the/your #2, Etheric Plane, which you say, you cannot reach!?

Everything/All = above; over; higher; before and in-front of, Malkuth = SPRINGS-UP-FROM!? – Malkuth! = Microcosmic!?

Everything/All = below; under; lower; after and behind of Akasha = SPRINGS-DOWN-FROM!? – Kether!? = Macrocosmic!?

Everything/All = above; over; higher; before and in-front, of, #0, Physical = SPRINGS-DOWN-FROM!? – #1, Malkuth! = Macrocosmic!? – personal/individual!?

Everything/All = below; under; lower; after and behind, of, #1, Malkuth = SPRINGS-UP-FROM!? – #0, Physical! = Microcosmic!? – personal/individual!?

Having read the above, you will now have no problem, with the #1, Malkuth Earth/Hades Plane, Statement!? = For all this (Above & Below) IS! DELIVERED UNTO ME! (#1) and, to whomsoever I will, will I give it!?

Try this; For all this (Above & Below) IS! DELIVERED UNTO ME! (#1) and, to whomsoever I will, will I RETURN!? IT = Psychic-Tactile-Feel-ing!? IRRESPECTIVE!? OF THE CONSEQUENCES!? (See/read, Ophiel’s book; Contacting the Demiurge.)

So, basically, in this Tattva exercise, you, the reader/operator/occultist, are going to ‘exercise,’ = IN ORDER TO DEVELOP; ENHANCE; INCREASE REFINE!? The/your = LATENT; DORMANT; ATROPHIED!? PSYCHIC-TACTILE-FEEL-ING!? AND! AS ALREADY POINTED OUT!? THIS IS WHAT! YOU – CONSCIOUS, AS A ‘NESS,’ = WILL BE/SHALL BE WORK-ING OFF/OFF/FROM!? (In Tattva, this is called – Element of Earth – AS! – Elemental Earth.

Element of Earth = essence of; substance of; principle of.

Elemental Earth = pertaining to the powers of.

The ‘powers,’ of/for the Element Earth, is/are ‘contained?’ in the act/action/do-ing, of the/your Basic Cosmic Egg and/or Basic Chair exercises, in the prescribed manner/method/way, until you, the practitioner, find/discover/reveal, to your self – Conscious, as a ‘ness,’ = what these are!? (The/your ‘powers?’)

So! taking in, all of the above? when/if, you choose to ‘do/practice,’ the/your basic egg/chair exercises, the/these ‘exercises,’ are simply!?! the ‘means,’ to the ‘end/objective?’ = development of/for the/your = #1, Malkuth Earth/Hades Plane = Psychic – Powers? – abilities!?

So! there you are!?! standing, where you know you will not be disturbed, for the duration of your ‘exercise,’ in this ‘case,’ the/your basic cosmic egg. And! you know(!), that it is a ‘five minutes!?’ exercise! and the ‘reason?’ of/for this, is?? High ‘repetitions,’ are the learning/mastering method/technique, of/for, the/your #0, Conscious-ness. Duration ‘un-conscious reflex response,’ is the ‘response? Of!?! the/your #1, Malkuth!?’

Ophiel covers this part, in his book; The Occult, in his chapter; Occult Knowledge, wherein he writes, this part:

“Now, actually, the GREAT SECRET itself, is composed of pieces of knowledge, that are, in themselves, rather very simple,

and there is no real reason why, once the person grasps some part of this knowledge, that he cannot go on to master the rest of it, and also master its use.

The crux goal of this matter seems to be that somewhere, sometime during the course of the study, if the person/student persists, the person/student crosses a line and, once beyond this line, he then progresses rapidly in the understanding and use of the GREAT OCCULT SECRET.

I am told that this is true in many other studies, Studies having to do in learning and mastering certain professions and Arts. Psychology has labelled these ‘lines to be crossed’ as a ‘plateau,’ **which occurs during the learning and mastering process,** in such things as learning to be a telegraph operator or a typist, or a shorthand taker, etc. And, so I repeat, **this same thing occurs here in the study of the GREAT SECRET. And now that you know this, you now have some ideas as to what to expect and to recognize when this situation occurs in your future studies.**” End quote. (Underlines are the present writers.)

Learning = High Repetitions = Conscious-ness.

Duration = Un-Conscious-Reflex. (No need to remember/recall? Like how to read; tie a shoe lace; drive a car, etc, etc. Done for you!?)

When a person ‘crosses the line?’ – then the ‘work?’ = is done for them!? From; tying a shoe lace; to reading a book; to driving vehicle; to playing an instrument, etc, etc. = IT IS ‘DONE?’ FOR THEM!? AUTOMATICALLY!? SELF/SAME PRINCIPLE!? OF/FOR ‘OCCULT?’ TECHNIQUES!? Here it is, from Ophiel, from his book; The Occult, his chapter; More Ritual Knowledge:

“As said before, many times and in many different ways, all that exists, all that the Physical Plane World existence consists of, is your cognizance of the effects on you, of the Four Elemental Forces and their universal fifth. There is nothing else to physical existence. And when you learn to manipulate these forces you’ve “got it made.” Physically.

**All the magic, all the witchcraft, all the God stuff and all the Devil stuff and all the Witch Doctor stuff you have heard about is nothing, I repeat, nothing but the effect of the Elemental Forces, whether automatic or consciously worked. These Forces work automatically until they are taken over by some “strong-willed” person (other things besides will enter into it) AND THEN THEY WORK FOR HIM.**

Of course, it is self-evident that millions of people work only the Physical Plane, **which is still a part of Elemental Earth Force working, and do achieve results of a sort,** but, the supreme results, come from working all the Elemental Forces at once, best when done consciously, but next best when mental ideas of expansion (Fire) and contractions (Water) and movement (Air) and final results (Earth,) are worked mentally, by some man or woman with a “drive,” which word covers the whole matter.” End quote. (Underline, is the present writers.)

Please read this part again; **until they are taken over by some ‘strong-willed,’ person, (other things besides will enter into it) AND THEN THEY(?) WORK(?) FOR HIM** = some ‘Psychic-Tactile-Feel-ing,’ person, and then they, (The Forces,) work for them!?

Starting at the base of your feet, about two inches below, come up the ‘inside,’ of your Egg/Aura, feel it, the/this, ‘Egg/Aura,’ within you, about you and surrounding you = #0!? Let your #3, Ego Body, simply ‘observe,’ this, as it is(?) a/an ‘Aura/Egg.’ But...! in/on the/your Dark-ness; Back-ness; Blind-ness. Simply ‘sense/feel,’ the ‘inside,’ of your ‘Egg/Aura.’

Next, sense/feel, your ‘Sphere,’ at your head, with its ‘centre,’ about ½ an inch, above the crown, of your head, and its base, resting at your collar bones/shoulders. There is ‘no!’? visualisation, of/for this/your ‘Sphere,’ but...! there IS! a defined, feeling, of/for it, being there.

Next, sense/feel, within your torso, from your shoulders, to, about two inches below your naval, that there is a/an, upside down pyramid, descending from your shoulders to, about two inches, below your naval, and that you cannot see/visualise it, but...! you can/do sense it, within you, about you and surrounding you, and your Torso.

Next, sense/feel, a ‘bowl,’ with the rim/lip, within your pelvic region, starting at the tops of your hip bones and coming to just below the ‘needle sharp point,’ of the/your inverted pyramid, needle point. Sense/feel the ‘curvature,’ of/for the ‘inside of the/your ‘Bowl.’ Then, sense/feel, the ‘curvature,’ of/for the ‘outside,’ of your ‘bowl’ as it curves, to about two/three inches, below the/your crotch, to the top of your thighs.

Then, from the, tops of your, thighs to about two-inches, below, the soles of your feet, sense/feel, a ‘cube,’ with its four sides, top and bottom. within you, about you and surrounding you!?

Thus, you ‘have,’ the ‘whole,’ of the basic cosmic egg ‘exercise.’ But...! each time, you choose to do/practice the/this basic cosmic egg, it must be done/practiced, in Dark-ness; Black-ness; Blind-ness. The present writer is fortunate enough to have a room, for this, but...! the/your practice ‘area,’ matters little, only that you will not be ‘interrupted,’ from start to finish, of your exercise; egg or chair.

As soon as, you close your #0, Outer eyes, and turn ‘inwards,’ with your Conscious, as a ‘ness,’ and begin to ‘define,’ ‘three-dimensional-ise,’ ‘symbol-ise,’ the/your Five Basic Elemental Forces Symbols, within you, about you and surrounding you =

#0 &+ #1! THAT IS IT!? YOU = CONSCIOUS! AS A 'NESS!?' = ARE! – TRANSFER-ING/PROJECT-ING, INTO/ONTO, THE/YOUR #1, MALKUTH EARTH/HADES PLANE!?

YES! YOU ARE!? AND! THE MORE TIMES YOU PRACTICE/DO, THE/YOUR BASIC EXERCISE, THE/THESE FIVE BASIC ELEMENT SYMBOLS, WILL/SHALL BE/BECOME = AS REAL? – AS IS!? – THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE BODY!?

When this happens? so too, do/does, other 'things?' but... softly! in a more 'gentler,' way, and the reason(?), one of, for this 'happening?' is that there is/are, no wild/exaggerated 'emotional?' mad dash bursts, of 'enthusiasm?' followed rapidly, by/with, ego 'crushing?' depressions, at 'another?' series/set, of 'failures!?'

The reason(?) of/for this, is that, the/your #3, Ego Body, Present Incarnation, Personality Body = IS NOT! JUDGE-ING!? – SHOW-ING; REVEAL-ING; DISPLAY-ING!? – not me; not mine; not this; not here; not that; over there; else; other; apart!?

Please put this, the above = TO THE TEST! TRY IT! USE IT!? = Example? When you, the reader; operator; practitioner; occultist - #3, Ego Body, Present Incarnation, Personality Body = LOOK AT!? – THE/YOUR TREE/MAP, TALISMANS, ECT!? YOU!! = #3, SEE! – THE DISTANCE = DON'T HAVE!? NOT MINE!? AND! AND! THE/YOUR #3, EGO BODY = HAS!? – MADE A = JUDGEMENT!? PRONOUNCEMENT!? = OVER THERE!?

SO! EVERY TIME!?! YOU, #0, CONSCIOUS, AS A 'NESS,' LOOK AT! STARE AT! THE/YOUR TREASURE MAP/CHART/TALISMAN!?! YOU!?! CONSCIOUS, AS A 'NESS,' #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY = ARE CONFIRM-ING! RE-A-FIRM-ING! WHAT YOU DON'T!? HAVE!!?

BELIEVE!? THAT YOU - #1, MALKUTH EARTH/HADES PLANE YOU!?! = HAVE RECEIVED!? – IT! = Object; Circumstance; Thing, and, - YOU = #0, OUTER, OUTER PHYSICALLY PHYSICAL YOU – SHALL 'HAVE?' IT = Object; Circumstance; Thing and/or IT!?! See/read Ophiel's book; Creative Visualisation, his chapter; Law of Emotion, and, as a/an exercise, replace 'Emotion,' with = Psychic-Tactile-Feel-ing.

There is 'no!?' belief? in/on the/your; #4, Astral; #2, Etheric; #0, Outer Physical!?! ONLY!? – IN/ON! – THE/YOUR = #1, Malkuth Earth/Hades Plane, do you – Conscious, as a, #1, 'ness,' get/have = BELIEF!? And it is this = Belief? that you, the practitioner(?) of the/your Basic Cosmic Egg and/or Basic Chair exercises = ARE GOING GET!? THROUGH, UNDERSTANDING, BY/WITH DOING!? = PSYCHIC-TACTILE-FEEL-ING!? In/on both the Basic Cosmic Egg and/or Basic Chair exercises.

Thank you.