

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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As you/if you, stand, each day, and do/practice, your basic cosmic egg exercise, in the prescribed manner, method, way, then the Element^{nt} of #1, Malkuth Earth/Hades Plane, that you, **Psychic**, will/shall encounter, meet, and develop, is that of, Recognise-ing, Resistance, in the Form, of the, **EDGE**, of each of the/your; Five Basic Element^{nt} Forces, Symbols, within you; about you and surrounding you, #1 &+ #0, with the/your #3, Ego Body, **observe-ing without!** **Judge-ing!**

As you/if you sit, each day, and do/practice, your basic chair exercise, in the prescribed manner, method, way Then the Element^{nt} of #1, Malkuth Earth/Hades Plane, that you, **Psychic**, will/shall encounter, meet, and develop, is that of, **Recognise-ing**, Resistance in the Form, of; Adverse; Opposed; Obstacle; Resistance; Inert; Inertia; Push-up, to Sit-down! Push-down, to Stand-up!?

Right there; Right now; in the/your basic chair exercise, **YOU! CONSCIOUS, AS A #0, NESS! ARE! ARE! WORK-ING! OFF-OF-FROM!** THE/YOUR #1, MALKUTH EARTH/HADES PLANE, **FORCE! TO**, The/your #0, outer, outer physically physical plane!

Now, if you read Ophiel's book; Astral Projection, Ophiel describes the sinking, feel-ing, that we get from traveling in a, fast elevator, as it comes to a stop, as the/your #2, Etheric Body, being/becoming, slightly out of sync/phase, with the/your #0, Outer physical body. Well, not to put too fine a point, on it, (the/this subject = #1, Malkuth Earth/Hades Plane!) When you, If you, choose to test; try; use, the/your basic chair exercise, to see if? it (basic chair exercise,) is for you, at this time, in your occult life/living development, then the/this 'sink-ing feel-ing!' when you, #0, Conscious-ness, go to stand-up! IS! IS! THE/YOUR #1, MALKUTH EARTH/HADES PLANE, **BECOME-ING! BEING! FIXED!** And, as you, #0, conscious, as a ness, become more experienced/adept! **Psychic**, at this exercise, you, conscious, will/shall! sense/feel within you, the/this adverse; opposed; obstacle; movement before! you, #0, Outer, Outer Physically Physical Body, stand/sit!?

Thus! you, conscious, as a ness, know/understand!? at a very deep level, within you; about you and surrounding you, conscious, as a ness! that you #0, are/do, work-off-of/from, the/your #1, Malkuth Earth/Hades Plane/Body, **you!** As you, the reader, cannot have enough/too much, of this encouragement, of this, until you are able to, #2, Etheric Project, for yourself!

Take what you know, about Ophiel's last chapter; The Two Minds, from his book; Clairvoyance, and see/read, his watermelon; milk-pouring and gas-pedal exercise, and tie them in, with what you now know, understand about the/your #1 and #0, bodies!

Try this and see how you get on. In the modern way, of doing things, and in the language, of/for, the modern life/living, two of the ways, of/for the/your #1, Malkuth Earth/Hades Plane Body, is/are, STOP/HALT! The/this, is the modern-day **equivalent**, of/for; **ADVERSE! OPPOSED! OBSTACLE!**

How much milk to pour = STOP/HALT! – this much!

Which watermelon is ripe = STOP/HALT! – this much!

How hard should I press the gas-peddle = STOP/HALT! – this much!

Which horse should I bet = STOP/HALT! – this one!

Which bond should I buy = STOP/HALT! – this one!

Which product should I sell = STOP/HALT! – this one!

Which shoe; bag; dress; ring = STOP/HALT! – this one!

Which number should I pick = STOP/HALT! – this much!

Which horse should I pick = STOP/HALT! – this much!

Get the Idea now? Read what Ophiel writes, about gambling, at the end of his book; The Oracle of Fortuna. Read what Ophiel writes, in this/his book, and try **applying**, your Basic Cosmic Egg exercise and the/your #1, Malkuth Earth/Hades Plane, to his Oracle Presentation. As you go to #0, stand-up/sit-down, mentally, **psychically**, look/feel, for your, stop/halt, #1, Malkuth Earth/Hades Plane = stop! halt! Signal? All day! Every day! **YOU**, Conscious, as a/an, #0, Outer, outer physically

physical, Conscious-ness, **WORK-OFF-OF/FROM!** THE/YOUR, #1, Malkuth Earth/Hades; **psychically-tactilely-feel**-ing Plane!?

All day! Every day! **YOU!** as a/an, #0, Outer, outer physically physical, Conscious-ness, can only, only, use, used, use-ing, the/your, #0, outer, outer physically physical plane. So, stop, stop, #3, ego body, present incarnation, personality body, trying to do so.

The reason why, you #3, ego body, can't/don't/won't/aren't, able to change the/your #0, Outer, Outer Physically Physical Plane, is because, the/your #3, Ego Body, feels nothing!?

The reason why, you #3, ego body, can't/don't/won't/aren't, able to change, the/your #0, outer, outer physically physical plane, is because, the/your #3, ego body, and the/your #0, outer, outer physically body, conscious-ness, are in a duality, to/with, The/your #0, Outer, outer physically physical plane (Going **across**, the Plane) Ophiel, quoting Dion Fortune, writes; you cannot control or use any plane, until you master the plane above the one you are on.

Well = KNOCK ME DOWN WITH A FEATHER?

Well = WOULD YOU BELIEVE IT?

Well = WOULD YOU CREDIT IT?

Well = DO YOU KNOW IT?

Well = DO YOU UNDERSTAND IT?

THE PLANE? ABOVE; OVER; HIGHER; BEFORE AND IN-FRONT-OF, THE/YOUR #0, **IS**, THE/YOUR, #1, MALKUTH EARTH/HADES PLANE!?

And whilst you, conscious, as a #0, ness, are wide-awake, you, conscious, as a #0, ness, are, **work-ing-off-of/from**, from the/your, #1, Malkuth Earth/Hades Plane. This, fact, is not up for discussion/dispute, it is what it is and you, the reader operator; practitioner; occultist whether you are aware of it, makes no difference to, it, – it, still happens?

So, It is, as Ophiel writes, in his book; Contacting the Demiurge = necessary for you #0, conscious 'ness' to = **co-operate work-off-of/from** = **agree-with** the demiurge in every way, that you - #0, can = to **steer/guide/lead** = the/your #1, malkuth earth/hades plane/self – in the **way/direction** – that you would like **without** the/your #3, ego body – **pre-judge**-ing.

So, Imagine if you can that two of these ways, is/are the/your, basic cosmic egg and/or basic chair exercises.

So, Imagine if you can that these two ways, egg/chair, is/are **for** the/your, #1, Malkuth Earth/Hades Plane; Dark-ness; Black-ness; **Blind**-ness; **Psychic-Tactile-Feel**-ing-**Believe**-ing. Ophiel then writes, in his/this vignette; The 'OTHER' You; this part.

"In a sense, it was no wonder that when the ancients came into contact, mental contact, with the reversing effects of their own mental creations, they thought there were such things as 'Devils.' For them, there seemed no other way they could explain the, negative effects, that appeared in their lives, and disrupted their best-laid plans. **As I write this 'Vignette' I am becoming more and more aware of the queer existence or this dual-ness. I seem to catch glimpses of it as I proceed on to living and it becomes clearer to me as I write more.** Now for merciful heaven's sake, do not become suggestible and allow yourself to be influenced '**UNDULY**' by the above material. The above material is presented for '**STUDY ONLY**', or suggested '**STUDY**' and not as 'FACT' a final finished 'FACT.' **Exactly what the Truth 'IS' is not really exactly known by me or by anyone else, but what I write 'Seems' to have some validity.** So, do 'STUDY' and examine and do not accept too easily. 'STUDY' for your 'Future Use' possible use, in your life." End quote. (Underlines are Ophiel's.)

Exactly what the Truth 'IS' is not really exactly, known, by me or by anyone else, but what I write 'Seems' to have some validity = IT IS WHAT IT IS

The present writer has absolutely no idea/understanding of how or why the #1, Malkuth Earth/Hades Plane, was 'lost?' but... it is absolutely crystal clear, that it, #1, Malkuth was/is/has been Made 'Evil,' and this 'ignorance' persists very strongly, even today in the wider/general 'occult?' Ophiel then writes;

"I first got the 'Dual-ness' idea, and then turned to the books, **but I found very little in the books about this subject or even hints or suggestions, about the subject. Of course, I could have overlooked some of the connecting references, so I'll have to go to the books again with the 'Dual-ness' idea in mind.**" End quote.

For the present writer – Duality Only ‘exists,’ in/on the horizontal axis, and Polarity/Assume ‘exists,’ in/on the ‘vertical,’ axis.

Take, for instance, the/your #0, Outer, outer physically physical plane; **everything**, else/other, **IS TOO/ALSO**, #0, Outer, outer physically physical = **DUALITY**!?

Take, for instance, the/your #1, Malkuth earth/hades plane; **everything**, else/other, **IS TOO/ALSO**, #1, Malkuth Earth/Hades, **DUALITY**!?

Take, for instance, the/your #2, Etheric plane; **everything**, else/other, **IS TOO/ALSO**, #2, Etheric, **DUALITY**!?

Contrary, to popular/mistaken **belief**? There is/are, **no other Element**, **no other Tattva Forces**, in/on any **other**, planes/levels and the; **Dual**-ness; **Assume** and **Polarity**, is/are **Directions**.

Duality, going **across**, the plane. **Assume**, **ascend**-ing the plane. Polarity, **Descend**-ing, the Plane.

The **lowest inner plane**, of/for, the Demiurge/Astral Light **is**, the/your, #1, Malkuth Earth/Hades Plane.

The first inner plane, of/for, the Demiurge/Astral Light **is**, the/your #1, malkuth Earth/Hades Plane.

Above; Over; Higher; Before and In Front of, the/your #1, Malkuth Earth/Hades Inner Plane, **IS**, The/your #2, Etheric Plane!?

Below; Under; Lower; After and Behind, of the/your #1, Malkuth Earth/Hades Inner Plane, **IS**, the/your #0, Outer, Outer Physically Physical Plane.

What is it? That you, the reader; operator; practitioner; occultist, aren’t getting? This, the above, is the ‘way,’ that it is? So? Why not? just accept it/this, for **now**, and **work-with/off-of/from**, the/these **three-planes**?

#0, outer, outer physically physical plane = use; uses; use-ing; used – cannot be changed.

#1, malkuth earth/hades plane = **psychic-tactile-feel-ing-believe**-ing.

#2, etheric plane = reflections; repetitions; visualisations.

Now Reverse the process, #2; #1; #0. Do you, the reader/occultist **understand now**? the three directions? Here is how Ophiel, begins, his vignette; Your ‘OTHER’ You:

“Dear Students, in this Vignette I am presenting a new-old 4,000, year old idea, so please bear with me, as I am out on the frontier/fringes, of the Etheric-Astral-Mental Planes, and I am all alone. All I can do is to notice effects, and to try, not only to understand them, dimly, BUT try to make some kind of, working disposition/disposal/formulation/array/line-up/methodisation/groupage, and/or many, such like words, to ‘USE DOWN HERE.’ (**Apparently the 4,000-year-old idea was never put to any ‘USE’, unless the astute Egyptian scribes failed to write down the use**) which is probably what happened. If there is a bunch of people somewhere on this earth plane who ‘**KNOW**’ and ‘**USE**’ these things, this knowledge, they are sure hiding it from me. (But we’ll root out the secrets, won’t we)” End quote. (Underlines are Ophiel’s.)

Apparently the 4,000-year-old idea was never put to any ‘USE’, unless the astute Egyptian scribes failed to write down the use. The worthy ancients, were very, very, well aware!?! As described in the previous monologues, Mahaf the ‘Boatman of the Barque?’ Who, **LOOKS BEHIND HIM**! And his, ‘helper the, **sleep**-ing,’ seaman, Aken!?! Of whom, it is up to the, #0, Passenger/Traveler, to **AWAKEN HIM**, AKEN TO **HELP STEER/GUIDE**, THE BOAT/BARQUE. Ophiel next writes:

“Especially do I refer to the Egyptian KA or Double idea, which they depict in their tombs, to get on with it and to bring it down to today I, being seventy years old, have come to a form of realisation, - not self-realisation - in the usual meaning of the word; But another form of self-realisation, **that in dealing with many people/persons, I cognise that there seems to be TWO people there** (I am slightly familiar with the psychological concept of the split personality. I do not mean that. I mean something much deeper. I am also familiar with the concept of the Etheric double, and I do not mean that, either.)

I seem to find/think/conceive that a person seems to have built up a second, ‘Person’ who more or less functions through the, ‘Visible’ person. Let us call them P1 and P2. P1 being the actual person and P2 being the opposite person, or shall we call them ‘Personalities’” End quote. (Underlines are Ophiel’s.)

The present writer, as already explained, at the beginning of these monologues, discovered, but... never understood? that there was/is, two of them, the present writer, and two of everybody/everyone, else/other. The present writer also knows, which one, of the other person, is, 'attacking them,' Consciously/Unconsciously, of/from, the other person, and takes great delight, in returning fire. But... it wasn't until later, that they discovered/found out that that/this, is not the 'way,' that it is for everyone else/other. This partly 'mollified' the present writer. Ophiel writes farther along in his vignette;

"Let us digress for a moment. In the Gospels (Good spells) there are the stories about how after the dipping in the river, Jesus goes off into the desert (Although he was already in the desert) and the 'Devil' appears. Now, this Devil is named in Greek 'The Adversary' or 'Accuser' Dictionary: Slanderer. The name translated into 'Devil' has no-thing to do with all that Lucifer, Satan Fallen Angel crud. "IT," is just called 'The Adversary,' or the 'Opposer.' This 'Adversary,' claims that 'HE' is the ruler of the world (physical world.) Hence, the implication is that 'IT' is the 'CREATOR' of this physical world." End quote. (Underlines are Ophiel's.)

Do you, the reader Recognise in the above, everything, that is/has been presented to you, to date, in the above yellow-highlight. Try this;

The creator/maker of the/your, #0, outer, outer physically, physically world, makes/creates, it, #0, out of/from the/your, psychic-tactile-feel-ing? Do you, the reader/operator/practitioner/occultist? Understand this? Do you, can you, the reader; operator; practitioner; occultist, Psychically-Tactilely-Feel-This, in you, #0?

Claiming, that they, the Adversary, the Opposer, is the maker/creator, of/for the/our, #0, Outer Physically Physical World, is fine, as long as they, explain how? they did it/do it, so that you, the reader, can do it, for yourself!? Well, both egg and chair exercises, is/are a start?

Thank you.