

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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5 of 18 it is what it is. 2023

After a while of practicing/doing, of the/your basic cosmic egg and/or chair exercises, there should come, the feeling/sensation, of two The feel-ing/sense-ation, of two does not, not, mean, two separate/individual, #3, Ego Body Personalities! If you, the reader, ever feel/sense, that there is/are, two separate personalities in you, the reader, then it is simply that, you are a nut-job, in need of psychiatric and/or psychological treatment. There should be no one, nothing, inside your head but you, Conscious. And you should be able to use each of the/your, Conscious-ness, bodies as you, Conscious, need to/wish to.

Ness, from the Proto-Indo-European Root word; nas = ness – to project; to protrude; promontory; jut-forth; stand-out.

Conscious, from the Latin; conscious = aware; awake; knowing. From; conscire = be **MUTUALLY** aware. From the assimilated form of com = thoroughly/with + scire = to know. This Latin meaning, is, supposedly a loan, translation of the Greek word/meaning; Syneidos.

Syneidos; from the Greek, meaning; understanding the whole, from the/a part/piece, or, understanding the part/piece, from the whole. It is from the 17th century (early 1600s,) that the sense/notion of, Knowing, Perceiving, within oneself, Sensibly/Knowingly, aware, inwardly, comes from.

This/the above, is the sense/notion, of what you, the reader; operator; practitioner; occultist, are trying to achieve, on a daily basis, with the/your, doing/practicing, of the/your Basic Cosmic Egg and/or Basic Chair exercises = aware-ness; awake-ness; conscious-ness, to/of a/an/the/your, #1, Malkuth Earth/Hades Plane and **Psychic-Tactile-Feel**-ing = Adverse; Opposed; Obstacle, with #0, Outer, Outer Physically Physical you, **work-ing-off/of-from**, it!

What should happen/come about, is that you, Conscious, as a #1, and #0, should have, a very good, receptive, mutual, awareness; awake-ness; conscious-ness, OF WHAT IS, and this is brought about, through practice; KEEP IT SHORT, PRACTICE IT OFTEN, each practice session, should be no more than five minutes, twice a day, and the objective should be, partner-ing; share-ing; co-operate-ing; harmonise-ing, etc, etc.

One of the ways for/of, the present writer, is that of letting the/their #1, Malkuth Earth/Hades Plane, explain; show; demonstrate/display its **self** whenever it wanted/wished to. The present writer, has already explained, the language speech, of/for, the/your #1, Malkuth Earth/Hades Plane; adverse, opposed, obstacle, (Greek Slanderer = to speak **against**) INERT; IMMOBILE; STOP! HALT!

In the Greek; Slanderer, to speak against = STOP! HALT! The occult was/is, that the speaker, is not, not, you #0, is not, not, you = #3!? This type/kind, of occult, is wasted, on many, a would be, occultist, who thinks/feels that everything occult, begins, and ends with the/their #2, Etheric Plane, whereas; **IT DOES NOT!** Everything occult **DOES**, begin and end, with, the/their #1, Malkuth Earth/Hades Plane, BUT...! **TRY TELLING THEM THAT!**

The whole point direction intention, of/for, the/your basic cosmic egg and/or basic chair exercise, is that, when the/your #1, Malkuth Earth/Hades Plane Body, speaks, that you, conscious, as a, #0, Outer, Outer Physically Physical, ness, hears it. Ophiel, writes about this, in his writings, and, in his book; Clairvoyance, in his chapter; The Astral Light.

“Having gone this far, I will go a little farther – at this point, it seems to me, you might be ready to grasp another great basic concept – try it – here it is. **The Matter of the Physical Plane is also composed of this same LIGHT** However, this is a great mystery and cannot be gone into fully here or even touched on too much. That conception, however, is a start for you on your way to self-mastery. **I do not know how, the Light becomes matter, i.e., becomes condensed into physical matter, or even how the Light becomes Inner Plane matter/objects, but I am pretty sure it does happen somewhere along the line, and he who masters this mystery becomes great indeed.**” End quote.

The present writer **knows**, and now, **SO DO YOU**, reading this/these monologues. The #1, Astral Light = Malkuth Earth/Hades Plane, **IS HERE RIGHT NOW!** What is missing, is the/your, **understand**-ing of/for it, #1, Malkuth Earth/Hades Plane and its Laws; Rules; Governances in relation to, the/your #2, Etheric Plane, and the your - #0, Outer, outer physically physical plane, Laws; Rules; Governances.

Ophiel writes, farther along, in his chapter, this part:

“To become clairvoyant, you have to enter these Inner Planes and see for yourself what it is all about, and in order to see, you have to know what kinds of movements you can make. This, is the true practice of Clairvoyance, and not any fake information, you may get otherwise.

The above should have shown you that there are a number of different planes you go to, and your actions on each of them has to be different in each case. Developing a clairvoyant ability to cognize one plane will not carry over automatically to another, different plane.

Unless you know what, you are doing or what you are looking for, your Inner Plane work will not be good work but only hit and miss.” End quote. (Underlines are the present writers.)

Context reads for us;

To become #1, **Psychic**, you have to enter these Inner Planes and see, via the/your, **Psychic-Tactile-Feel**-ing, for yourself, what it is all about, and in order to **see**, you have to know what kinds of movements = **Psychic-Tactile-Feel**-ings, you can make. This is the true practice of **Psychic**, and not any fake information you may get otherwise.

The above should have shown you, that there is/are a number of different planes/levels, you, Conscious, as a ness, can/do, go to, and your actions/doings in/on each of them, has to be different in each case. Developing your clairvoyant ability to cognize your #2, Etheric Plane, WILL NOT CARRY OVER AUTOMATICALLY TO YOUR, #1, Malkuth Earth/Hades Plane!? Which is another, different plane! Unless, you know what, you Conscious, as a ‘ness,’ are doing, or what you are looking for, your Inner Plane work, will not be good work, but only hit and miss

Here it is from Ophiel, from his vignette; An Exercise in Preliminary Projection: “However, be that as it may, there occurs to too many of us now, - (And to those it does not occur, it can be developed.) A certain type of simple phenomenon, I refer to as a type of half-awake, half-asleep, condition, in which you are not immediately aware of, IN WHAT DIRECTION YOU ARE LYING IN BED.

This has happened to me many times and has also happened to some of my friends as they told me when I questioned them about it. When I became aware of this situation/sensation, I straightened myself out directionally automatically. Today, this morning, however, when I became aware that I could not determine in which directions I lay, it occurred to me to prolong the sensation for as long as I could. And this I did. I then tried to feel I was floating above the bed in the air, but I couldn’t get that feeling no matter how I tried. I am going to introduce an idea here, which is not a new idea at all, but is probably thousands of years old. As usual, I am rediscovering something that has not been put down plainly in any of the books.

I am going to ask and wonder if there is not some kind of sub-plane, a sub-Etheric Plane, which is very close to the physical, but which is neither physical nor Etheric. It has been suggested that the planes between the “Real” Earth and the “Real” Etheric could be the Elemental Planes of the Elements. And it is possible to project to these planes, a fact which I had never seriously considered before this time.” End quote. (Underlines are the present writers.)

I am going to ask and wonder if there is not some kind of SUB-PLANE, a SUB-Etheric Plane, which is very close to the physical, BUT WHICH IS NEITHER PHYSICAL NOR ETHERIC!?

It has been suggested that the planes between the “Real” Earth and the “Real” Etheric could be the Elemental Planes of the Elements. And, it is possible to project to these planes, a fact which I had never seriously considered before this time?

Hopefully, the above quotes, from Ophiel, are going to encourage, you, and, hopefully assist you, in your basic cosmic egg and/or basic chair, exercises. And here is how Ophiel finishes, his/this, vignette.

“Try it for yourself, take it easy, study your Effects and note the Results please read and study the book; The Art and Practice of Caballa Magic. In this book, combinations of Tattva Symbols, are given for the Sub-Planes, spoken of, above. Please study these symbols and call them, DOORS, into the Inner Planes or as I like the name, “GATES.” Work and study like hell, as I can’t do that for you. Also, there is more knowledge available, in Ophiel’s other writings. Check.” End quote.

Please note carefully. The thing that makes the/your, basic cosmic egg/chair exercises, #1, Malkuth Earth/Hades Plane, exercises, is/are, the/your; **PSYCHIC-TACTILE-FEEL**-ING! Not, not, the SYMBOLS (Easier, to feel the feel-ing, of direction, in the/your basic chair exercise.)

The basic cosmic egg exercise is a greater/better, exercise for the/your #3, Ego Body, Present Incarnation, Personality Body,

to be/become, more focused in the, NOW-TIME-MOMENT, without Judge-ing, simply observing. To walk about all day, each day, any day and sense/feel the five basic Elements Forces Symbols, within you, about you and surrounding you, is one of the better, simpler, easier, of ways, to be/become who you are? (Not, not, what you, #3, Ego Body, want to be.) Ophiel writes, that the/these, Basic Symbols, are the Ambassadors, of/for the/these, Forces, and, and, that this/these, symbols, are the way to contact them = the Forces.

So, how do you the reader/occultists, invest, your #0, Outer, Outer Physically Physical, use; uses; use-ing; used, TIME?

So, how do you the reader/occultists, invest, your #0, Outer, Outer Physically Physical, use; uses; use-ing; used, TIME? To invest, in your future?

So, what? are you the reader/occultists, doing, each day, that is going improve the/your, #0, Outer, Outer Physically Physical, use; uses; use-ing; used = TIME?

So, What kind/type of service, attribute; skill-set; talent, do you the/reader/occultist provide, to/of/for others, for which they/these, others, pay-you! (Ophiel, was a land-lord/building owner) One of Ophiel's students, presented to the present writer, this part;

"Ophiel was one of the, most pragmatic persons, he had ever met." And here is what Ophiel, writes/wrote, in his; News Letter: The Astral Light 4th Edition.

"This is what we teach. When one goes deep enough into the heart of any religion, follows it back to its source, as it were; all religions become as one, that almost, literally, all religions, end up in a set of basic principles, but they sure are BASIC, and that is about all they are: They are just Basic; As regards to basic principles, they are misunderstood. These basic truths/things exist only as principles. As principles, they have no physical power at all, on the physical plane, but exist only as forces, and general forces, which force, by the time it reaches the hard-physical plane, is little more than a gentle roar." End quote.

Context; They are just Basic; as regards to, basic principles, they are misunderstood. As principles, they have no physical power at all, on the physical plane. But exist only as forces, and general forces.

Which Force, Psychic-Tactile-Feel-ing, by the time it reaches the hard-physical plane, is little more than a gentle, Sensation/Inclination/Appeal, WHICH CAN BE #3, EGO BODY, CRUSHED DROWNED OUT ANNIHILATED EXTINGUISHED. Ophiel writes farther on:

"As you know we live in a material world. There is a well believed idea that this material world is the tail end of a number of other worlds called planes for want of a better word. Ordinary people do not see these inner planes, but they can be seen, but the organs to see them with, have to be developed, but then, this is not true either, the organs do not have to be developed at all, as they are there and ready to go all the time. Actually, all you have to do is to PAY ATTENTION, to the organs of inner sight and learn to recognise their receptions and you have it." End quote. (Underlines are the present writers.)

Context for us, would be;

As you know we live in a material world. There is a well believed idea, that this material world, is the tail end of a number of other worlds called planes for want of a better word. Ordinary people do not see these inner planes, but they can be seen, but the organs to see them with, have to be developed, but then this is not true either, the organs do not have to be developed at all, as they are there and ready to go all the time. Actually, all you have to do is to; PAY ATTENTION to the organs of inner sight and learn to recognise their receptions and you have it. AND THIS IS WHERE? THE/YOUR BASIC COSMIC EGG AND/OR BASIC CHAIR EXERCISES, COME IN TO 'VIEW'?

The above from Ophiel, is not quite that; IT IS CONSCIOUS AS A 'NESS,' THAT SEES? Remember this

#0, Outer, outer physically physical see-ing = use; uses; use-ing; used.

#1, Malkuth earth/hades see-ing = psychic-tactile-feel-ing.

#2, Etheric plane see-ing = reflect; reflected; reflection; dream; visualisation.

#3, Ego Body, Present Incarnation, Personality Body see-ing = observe; observe-ing; observed.

#4, Astral plane see-ing = intention; direction; projection; emote.

#5, Archetypal plane see-ing = foundation; first-impression; first-stamp; first mould.

#6, Akashic plane see-ing = cause; cause-ing; causality.

Is there **anything** in the above table that **involves**, any(?) of your #0, eyes; ears; nose; taste; touch?

For the life of them, the present writer, has never, never, ever, understood why it is, what it is, that makes so, so, many would be occultists, insist, **that** = #0, outer, outer physically physical earth, **is**, #1, Malkuth Earth/Hades, when it, #1, Malkuth Earth/Hades Plane, **is clearly not, not**, #0, Outer, Outer Physically Physical Earth.

The present writer, about five years ago, gave a #1, Malkuth Earth/Hades Plane, wooden spoon, to a person/individual, and they replied Eureka! In a, dark place, the Light shone forth? Let There Be! Four weeks later, they couldn't wait, to tell the present writer, that they had, had, their first full, #2, Etheric Plane transfer/projection. And that they were walking down, their local, high street, fully conscious!?

So, whether you like it or not, it is what it is = #0, #1, #2 = #2, #1, #0!

Look you now, at the above line, and make a note, of where, the/your, #1, is placed, in the lines below;

#2, #1, #0

#0, #1, #2

FOR ALL THIS (Above & Below) IS DELIVERED UNTO ME, #1. See/read Ophiel's vignette; An Exercise in Preliminary Projection: **I am going to ask and wonder, if there is not some kind of sub-plane, a sub-Etheric Plane, which is very close to the physical, but which is neither physical nor Etheric.**

As already explained/written, in these endless monologues, the present writer was a, #1, Malkuth Earth/Hades Plane, person **first**, long before they read Ophiel (1968, Astral Projection book.) (First encounter with; Pan, 9yrs old. First encounter with #1, 12yrs old. Or there abouts) Ophiel then writes, a little farther on, in his; The Astral Light, 4th Edition:

“To say it, as simple as possible, **as soon as you start to pay attention to the Inner, it becomes apparent to you that it is there.** I want you to understand, that none of these words that we use for this work are really any good to explain, the real meaning of what we ARE. I don't want to coin any new words, after all I have said about others doing it. I will explain the meanings of words, as we go along, then try to give them, their true inner meaning, the object of all this, being to learn to develop tools, so as to **work with**, the inner planes, as to benefit yourself, and then others.” End quote.

This; **it becomes apparent to you that it is there.** is brought about very, very, quickly, for those who choose to test, try, use, the/their basic cosmic egg and/or basic chair exercise, in the prescribed manner/method/way.

Thank you.