

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

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# 15 of 18 it is what it is. 2023

Here is how Ophiel, continues, with his chapter; Recapitulation, in his book; Talismanic Magic:

“So, this then is the picture you should now have of yourself and your environment in this sense that we are discussing it here. Take for example, your home. There in your home you are, surrounded by a mass assemblage of material things/objects. You now know that these objects are “outward” exoteric, externalizations of “inward” esoteric idea images/feelings.

It is possible for you to turn to any one of these external objects and, by invoking “It,” carry yourself back to the beginning of all things physical. Conversely, it is also true that you can start with basic archetypal images/concepts, and create/direct them “down” into your environment, your Sphere of Availability. (See Ophiel’s second book, The, Art and Practice of Getting Material Things through Creative Visualization.) Now you should have some good clear ideas as to why, Talismans, work, and also why Creative Visualization can work.” End quote.

You now know that these objects are “outward” exoteric, externalizations of “inward” esoteric idea images/feelings; and, by Psychically-Tactilely-Feel-ing, your IT = Object; Circumstance; Thing, carry your Conscious, as a ness, back, to the beginning/source, of all things physical.

Take your time, to consider the above, from Ophiel, and when you are ready, turn your Conscious, to/of/for, the Symbol, of, the/your #1, Malkuth Earth/Hades Force, CUBE! Here, is what is written, about this Cube Symbol = Adversary; Opposer; Obstacle? But... in the modern world, these words do have/carry, the same impact? because it, the description thereof? Is closely associated to with the negativity? of life/living!? And so, the description/explanation? of/for the first/last, inner plane force, is wasted; lost, on modern people. And, on many, a, would be!? occultist!? Even in words, like, Inert; Immobile; Fixed; Set; Put; Placed? It, the explanation/power, is Lost?

But...! imagine now, if you can, that you, conscious, as a #1, ness, are fixed? on the/your goals/aims/purpose/direction = psychically-tactilely-feel-ing!? and that you, the occultist, are now, #0, outer, outer physically physical you, work-ing-off-of-from, the/your, #1, Malkuth Earth/Hades Inner Plane Cube!? what then!?

Are you, #0, Outer, Outer Physically Physical, Conscious, as a ness? Agree-ing With!? the/your, #1, Malkuth Earth/Hades Plane, fixed-point, place, or worst, of the worse, is it just you = #3, ego body, present incarnation, personality body, who are judge-ing = it!? = the/your, object; circumstance; thing!?

Big Occult!? There will come a time, after you have amassed, enough of the/your daily practice/doing, of the/your, Basic Cosmic Egg and/or Basic Chair exercises, when the/your #3, Ego Body, won’t/doesn’t? Judge!? and you, conscious, as a ness!? will feel it, as done? as over? as already? yours!? (See/read Ophiel for this; Contacting The Demiurge.)

Now, do you realise/recognise? That you! #0, reading this/these monologues? and the simple practicing, doing, of the basic cosmic egg and/or basic chair exercises, that you, conscious(?) as a ness, are!? work-ing-off-of-from!? the/your #1, Malkuth Earth/Hades Plane.

Now, do you realise/recognise, that you, #0, reading this/these monologues, and the simple practicing, doing, of the basic cosmic egg and/or basic chair exercises, that you, conscious(?) as a ness, are!? work-ing-off-of-from!? the/your #1, Malkuth Earth/Hades Plane and you are, develop-ing, use-ing, the/your #1, Malkuth Earth/Hades Plane, Psychic-Tactile-Feel-Ing, Powers, in order to do so!?

Do you, can you, are you, Conscious, as a ness, in a position/place, wherein you, Conscious, as a ness, recognise? The/your, Psychic-Tactile-Feel-ing, Powers!?

Once again, what is/are? the/your; Psychic-Tactile-Feel-Ing Powers!? Answer; Adverse; Opposed; Obstacle!?

Once again, what is/are? the/your; techniques for, the/your; Psychic-Tactile-Feel-ing Powers!? Answer; work-ing-off-of-from!? the/your, #1, Malkuth Earth/Hades Plane!?

Once again? the absolute occult, of/for, the/your #1, Malkuth Earth/Hades Plane, Force? is!? Adverse; Opposed; Obstacle!? (Obstacle = Greek; Slanderer = to speak against!?)

Once again? Push-Down to Stand-up! Push-up to Sit-down! #1 &+ #0!? = No, #3, Ego Body Judge-ing!?

Once again? Basic Cosmic Egg = **BRING-NO-LIGHT!**? = **PSYCHIC-TACTILE-FEEL-ING!**?

In the present writer's experience? nearly every occultist? they have met/spoken to, would be or otherwise? Just do not realise!? **HOW CLOSE!?** **HOW NEAR!** **HOW ACCESSIBLE!?** **THE/THEIR, #1, MALKUTH EARTH/HADES PLANE = PSYCHIC-TACTILE-FEEL-ING!?** **IS!**? **TO THEM** = #0!?

The present writer, simply laughs, at those who poo-poo!? the idea/notion? Of the/their, #1, Malkuth Earth/Hades Plane, being the very first/last? = lowest point/place/plane, to/of/for, the/their, Demiurge = Astral Light!? And/or the fact? that they are, Living? in/on, both planes, #1 and #0, at the same time!?

The best laugh? Of All!? is when they tell the present writer, that the/their, #1, Malkuth Earth/Hades, **IS!**? the/their #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE!? **WHICH IT IS – NOT!**? (But try telling them that!?) In the modern expression, of/for, the/their #1, Malkuth Earth/Hades Plane of; Adverse; Opposed; Obstacle, which are all presented, in the Modern West, as; EVIL; ACTIVE EVIL; PERSONAL EVIL; INDIVIDUAL EVIL = DEMON!?! (Which, it is **not!**!?) is better presented, as; Inert; Immobile; Fixed; Set!?! From which, you! the reader/occultist, #0, can/do = **work-off-of/from!**!

Saint Augustine of Hippo, writes; It says to you, do it not!?! be it not!?! = **AGREE-WITH-IT/HIM** = #1!?! So, #0, = **WORKS-OFF-OE/FROM!**? **IT/HIM** = #1!?! So, it is #0, **who must agree?**

BUT....! the occult is? #0, **WORKS-OFF-OE/FROM-IT/HIM!**? by/with/through, your **PSYCHIC-TACTILE-FEEL-ING!**? #0, Outer, Outer Physically Physical Plane = Use; Uses; Use-ing; Used!?

Once a person/individual **understands?** **comprehends?** That they can **only!**? **'USE!?'** the/their #0, Outer, Outer Physically Physical Plane/Body!?! = **THEN!**?

THE PRESSURE!?! **IS OFF!**? #0 &+ #3!

THE PRESSURE!?! TO PERFORM!?! **IS OFF!**? #0 &+ #3!

THE PRESSURE!?! TO PRODUCE!?! **IS OFF!**? #0 &+ #3!

Big! big! occult?? for you! the reader/occultist!?! the/your #3, Ego Body, Present Incarnation, Personality Body You = #3, ego body!?! = **must now look!**? **observe!**? = **elsewhere!**!?

And! **where is?** the/this, **elsewhere!**? Here is where!?! the/this, **elsewhere is!**? #1, Malkuth Earth/Hades = **PSYCHIC-TACTILE-FEEL-ING-PLANE!** The very, very, first; **inner-plane!**? up/in!?! and, and, the very, very, last; **inner-plane!**? down/out!?! I, #1!?! am the Alpha and the Omega, the beginning, and the end!?!

Other than using Capitols, for emphasis? that's about it!?! all!?! that the present writer can do? The only, only!?! Way/Method, that you, the reader/occultist, can **experience/experiment** = test; try; use!?! The/your #1, Malkuth Earth/Hades Plane? **IS!**? to transfer/project, the/your, Conscious, **as a/an, PSYCHIC-TACTILE-FEEL-ING!**? Define; Three-Dimensional-ise; Symbol-ise!?! Hence, Basic Cosmic Egg exercise. The, other, exercises, of/for the same approach, is, the/your; Basic Chair exercise. The 'basic cup,' exercise, which are, of the same, as is, the; Letter, of Saint Augustis of Hippo = **Agree-with!** It is, what it is. (Also 1 to 17 Element **nt** Earth.)

There is/are individuals, who, write to the present writer, saying that they are unable, at this time, in their occult? work, to either transfer/project, as in Ophiel's, techniques/methods, and yet? they say, that they are, also? unable? to **PSYCHICALLY-TACTILELY-FEEL?** this is simply, in both, cases, the/their #3, Ego Body dominance? Here is what Ophiel writes, in his book; Astral Projection, Dream Method:

"I, myself, am greatly indebted to Mr. Fox, because this system, was the very first, I ever found of a do-it-your-self-nature. I followed Mr. Fox's system with great interest and great application about eight years ago and it was because of the information and knowledge that I secured of the Inner planes, by means of this system, that I was enabled to discover the "little system," that you have already studied, and to rediscover and renew the Body of Light method, which method will be the next to be studied by you. Also, to rewrite and modernize the "**Symbol method,**" system, which you will find last given in this book." End quote.

The/your, Basic Cosmic Egg Exercise = is a **Symbol Method!**? Ophiel writes farther on;

"There is another detail matter here, that I would like to call to your attention a little more fully than I did before in your work on the "little system." "**Before**" the real Astral plane is reached there is definitely another plane that exists before the

Astral plane. As you progress in your projection work you will find out more about this “first” plane, which is called the Etheric plane, as you know something about from your work on the “little system,” and you will, in time, come to recognize the planes by the “scenery” that you are “viewing”. What I would like to have you understand for now is that, almost without exception, when you make ANY projection you first “hit,” the Etheric plane. Later it will be shown that there is a sort of automatic series of projections that take place once you have successfully made the original projection to the Inner planes. What I want you to remember now is that your first “arrival” on the Inner planes will very likely be the Etheric plane. Be prepared for this fact.” End quote. (Underlines are the present writers.)

The, first plane/last plane, according to Caballa Teaching and Occult Teaching? IS!? the/your #1, Malkuth Earth/Hades Plane!? THE ASTRAL-LIGHT, as, Astral-Light, A!? ITS LOWEST LEVEL!? Dark-ness; Black-ness; Blind-ness = PSYCHIC-TACTILE-FEEL-ING!?

It is from, the/this plane, #1, Malkuth Earth/Hades Plane, that the/your = Second Birth!? takes place/happens!? #1 to #2!?

It is from, the/this plane, #1, Malkuth Earth/Hades Plane, that the First Birth!? takes place/happens!? #1 to #0!?

Later, it will be shown, that there is a sort of automatic series of projections, that take place once you – Conscious, as a ness, have successfully made the original projection, to the Inner planes!? = STARTING WITH/FROM!? THE/YOUR #1, MALKUTH EARTH/HADES PLANE!? Consciously, un-consciously, won’t/don’t matter, still happens!?

Ophiel’s techniques, are #2, Etheric Plane Projections. Ophiel learned to Project, via Oliver Fox’s method, of ‘observing?’ details, Consciously, in/on the #2, Etheric Plane; Ophiel’s ‘Dream Method,’ as presented in his book; Astral Projection, chapter of the same name.

The present writer’s method, of observing? details, Consciously, is in/on the #1, Malkuth Earth/Hades Plane, Basic Cosmic Egg and/or Basic Chair exercises; as presented in the/these monologues, Psychic-Tactile-Feel-ing. the occult is!? that you, conscious, as a ness, are born? a second-time, from!? the/your #1, Malkuth Earth/Hades, psychic-tactile-feel-ing plane!? and you, conscious, as a ness, go to the other/higher!? planes/levels, searching!? for the/your beloved!? (EROS!? = Object; Circumstance; Thing and/or IT!?) in/on the/your; Higher Planes/Levels!? (See/Read, monologues, 1 to 17 Eros & Psyche.)

During Psyche’s search, she finds ‘neglected?’ temples to the ‘Other,’ Gods, in disarray and she ‘restores,’ them to their rightful, station/function, at which point? The God? of the Temple, appears? And Psyche, asks and receives, the Gods, aid/assistance? (Called a ‘theophany,’ in the Greek, when the ‘God?’ appears, in a #0, Outer Physical Manifestation.)

A Theophany/Theophaneia, in the Greek, is where a/any God? appears to the worshiper, in a personal, individual encounter, observable way!? Specifically, the God? appears as a temporal, spatial, manifested, tangible, FORM!? In the case, of the/our/your, #1, Malkuth Earth/Hades Force/Form, the God? Plane, appears!? is, revealed, is displayed, as, the/your #1, Malkuth Earth/Hades, Psychic-Tactile-Feel-ing!? which then moves/animates, the/your = #0, Outer, Outer Physically Physical Body!?

When the God/Deity? does not/is not? in a tangible = PSYCHIC-TACTILE-FEEL-ING!? Outward manifestation/expression, of/for a, Symbol Form, but remains/stays within? (A, #2, Visualisation?) it is called/expressed, as being ‘Divine = Heavenly!?’ (Heaven = a state/condition, and not!? a place!?)

Both Cosmic Egg and/or Basic cup exercises, is/are, of the above techniques, planes. Psyche, had to appeal? to the Mother/Plane of Eros, Aphrodite = Water-of-Water, in order for her, Psyche, to regain? her Visualisation?

But! The Mother, withheld her consent? and it wasn’t until, Zeus; Air-of-Fire, intervened and the two, were wed, as one!?

King/Queen’s Daughter = #0, Outer, Outer Physically Physical Earth.

Psyche = #1, Malkuth Earth/Hades Plane, Psychic-Tactile-Feel-ing = Earth-of-Earth.

Aphrodite = #2, Etheric Plane = Elementnt-of-Water.

Eros = #2, Etheric Plane = Elemental - Fire-of-Water = Visualisation.

Zeus = #5, Archetypal Plane = Elementnt-of-Air = Wedding – two, become one?

Technique? See/read Ophiel’s book; Clairvoyance, his chapter; Rising on the Planes!? See/if you can spot, the department store, shopping assistants; Theophany/Theophaneia, technique, as she follows/traces? the goods in the store/department, back to the/their original source!?

See if? There is a realisation/enlightenment, of what you have just read. With what you now know/experience, in the

techniques? of/for, the/your, BASIC COSMIC EGG AND/OR BASIC CHAIR EXERCISES!?

See if? There is a realisation/enlightenment, of what you now understand? about the/your, #1, Malkuth Earth/Hades Plane, Psychic-Tactile-Feel-ing and the/your realisation, that you, conscious, as a, Psychic-ness, have!? All! of your life/living, you, have been!? transfer-ing/project-ing? #0, to #1 and #1 to #0!?

So? what's the difference now? Answer? Conscious, as a ness, in/on the/your, #1, Malkuth Earth/Hades Plane, and, how!? to, work it = #1!?

So? what's the difference now? Answer? Conscious, as a ness, in/on the/your, #1, Malkuth Earth/Hades Plane, and how!? to work-off-of/from it!? = #1!?

So? what's the difference now? Answer? Conscious, as a ness, in/on the/your, #1, Malkuth Earth/Hades Plane, and how!? to develop it!? enhance it!? increase it!? stimulate it!? = #1!?

So? what's the difference now? Answer? Conscious, as a ness, in/on the/your, #1, Malkuth Earth/Hades Plane, and! to know it!? = #1!?

And if it!? the/your, #1, Malkuth Earth/Hades Plane, Psychic-Tactile-Feel!? isn't, there!? then you, the reader/occultist, haven't yet reached the point/place, where the/your, #3, Ego Body, RECOGNISES? and Stops? Judge-ing!? And simply, Observes!?

It is this, learned/mastered, skill/ability? Stop? Halt? Judge-ing? and simply, Observe? Without Judgement? that you, Conscious, as a ness, take with you!? Conscious, in/on the/your, #2, Etheric Plane!? (See/read Ophiel's book; Astral Projection, his chapters; Little System and/or Dream Method.)

Thank you.