

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

**Written by max.height**  
<https://ophiel.art>

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# 1 of 18 I verses Ego. 2023

I = Conscious, as a ness?

Ness = protrusion; projection; promontory; jut-forth; stand-out.

Eros to Psyche; bring no light! Psyche; the, animating spirit, within the #0!? Psyche, brings a 'light?' the/your, #3, Ego Body? and, the/your #3, Ego Body; JUDGES!? SHOWS; REVEALS; DISPLAYS!?

In the above, is a story, explanation, and a technique. (See/read Ophiel's vignette; The Thread.) As presented, in the previous, monologue, number eighteen of, 1 to 18, it is, what it is. The, #3, Ego Body, was presented, as being, non-physically physical, and that it, #3, Ego Body, was/is, of the same 'stuff,' as the/your, #1, Malkuth Earth/Hades Plane Body.

This 'realisation,' was brought about, by the investigation, into 'why?' the #1, Malkuth Earth/Hades Plane, seemingly, responded/reacted, to the/our, #3, Ego Body, Present Incarnation, Personality Body, in the 'way,' that it did/does? as presented in Ophiel's vignettes; The 'OTHER' You; Your 'OTHER' You; Why Do You Let The Devil 'USE,' You:

Your 'OTHER,' You = "(Apparently the 4,000-year-old idea was never put to any 'USE', unless the astute Egyptian scribes, failed to write down the use) which is probably what happened. If there is a bunch of people somewhere on this earth plane who 'KNOW?' and 'USE' these things, this knowledge, they are sure hiding it from me. (But we'll root out the secrets, won't we?)" End quote (Underlines, are Ophiel's.)

The 'OTHER' You = "In my work, I have been struck many times by a strange dual-ness in things, in myself and in others. It seemed to me that in every operation I undertook, tiny or large, I ran into a strange dual-ness/double-ness, which, - if not allowed for - would cross up my operations, by setting up strange kinds of blocks and boundaries, bringing all kinds of plans to naught." End quote.

The 'OTHER' You = "Especially do I refer to the Egyptian KA or Double idea, which they depict in their tombs, to get on with it and to bring it down to today? I, being seventy years old, have come to a form of realisation, - not self-realisation - in the usual meaning of the word; But another form of self-realisation, that in dealing with many people/persons, I cognise that there seems to be TWO people there? (I am slightly familiar with the psychological concept of the split personality. I do not mean that. I mean something much deeper.)" End quote. (Underlines, are Ophiel's.)

Why do let the Devil 'USE' you = "As was stated in a previous Vignette, it seems that by some rule/law of transition - being - when mankind becomes enmeshed in matter, 'exiled' from its original 'home,' it acquires a peculiar condition. Wherein the 'outside' of the material plane world, is 'inside' to the etheric world, - the two worlds are 'opposed' to each other, 'opposed in all ways.' The two existences 'fight' each other, or, rather, the, 'inner seems to oppose,' the outer. Whatever is acceptable to the outer as good for itself; is opposed by the inner, and the inner works to bring about an undesirable set of circumstances which will defeat any plans the outer has, especially those plans it has to 'better' itself." End quote.

An Exercise in preliminary Projection = "I am going to introduce an idea here, which is not a new idea at all, but is probably thousands of years old. As usual, I am rediscovering something that has not been put down plainly in any of the books. I am going to ask and wonder if there is not some kind of 'sub-plane,' a 'sub-Etheric Plane,' which is very close to the physical, but which is neither physical nor Etheric. It has been suggested that the planes between the "Real" Earth and the "Real" Etheric could be the Elemental Planes of the Elements. And it is possible to project to these planes, a fact which I had never seriously considered before this time." End quote. (Underlines, are the present writers.)

When you, if you, choose to test, try, use, the/your, basic cosmic egg and/or basic chair exercises, you, the operator/occultist, are actively 'engaged,' in all of the above? But, when you begin, start out, there is nothing there, except(?) the very thing(?) which is cause-ing; create-ing; make-ing(?) all of the/your, difficulties(?) in relation to the/your, ambitions, which is described as being? = OPPOSE; ADVERSE; OBSTACLE!?

For us, in the 'modern,' age, we refer to the above three descriptions, as = INERT; INERTIA; IMMOBILE?

For us, in the 'occult,' school of thought, we refer to the above three descriptions, as = STOP? HALT?

Here is an example, from Ophiel, of his; The 'OTHER' You = "In my work, I have been struck many times by a strange

dual-ness in things, in myself and in others. It seemed to me that in every operation I undertook, tiny or large, I ran into a strange dual-ness/double-ness, which, - **if not allowed for - would cross up my operations, by setting up strange kinds of blocks and boundaries, bringing all kinds of plans to naught.**” End quote.

Ophiel, at one time, bought knitting machines, from Japan, and wanted to show/demonstrate them, the knitting machines, to his employees, in such a way, that it would be constructive, in their daily operations/workings of the machines, and he hit upon the novel idea, of showing/demonstrating, the most common of ‘faults,’ that they would encounter, in their daily operations, of the/their machine, thus immediately reducing their ‘down time.’ = “It seemed to me, that in every operation I undertook, tiny or large, I ran into a strange dual-ness/double-ness, which, - **if not allowed for - would cross up my operations, by setting up strange kinds of blocks and boundaries, bringing all kinds of plans to naught.**” End quote.

In the above, from Ophiel, is, the/your, basic chair exercise = which, - **if not allowed for - would cross up my operations, by setting up strange kinds of blocks and boundaries, bringing all kinds of plans to naught** = Push down, to stand up! Push up to sit down!?

Now, taking the above from Ophiel, the present writer has/is, proposing throughout these, monologues, 1 to 17, I verses Ego, that the ‘I’ is to, be, the/your Conscious, as a, ness, and that the/your ‘Ego,’ is to, be, what you, Conscious, as a, ness, **are**, in/on the/your, **now present**, plane/level of = for us, at the present time, three descriptions, as = INERT; INERTIA; IMMOBILE? For us, in the occult, school of thought, we refer to the above three descriptions, as = STOP? HALT? See/read Ophiel’s book; Clairvoyance, his chapter; The Two Minds. For this, STOP? HALT? In his examples, of;

Milk Pouring; how much? – STOP! HALT! = this much!

Watermelon; who is ripe? – STOP! HALT! = this one!

Gas-pedal; press how hard? – STOP! HALT! = this hard!

Ophiel, never **visualised**, the above three, exercises, he **felt them**? Here is what Ophiel, writes, in his chapter; The Two Minds.

“**Now in your experimental sub-mind work you will have to evolve your own types of exercises, like the examples given, and carry them out successfully. You have to release all conscious-mind control and practice allowing the sub-mind to take over, and this gives rise to a very queer feeling, as if you seem to be losing control over your objective world. Practice this until you note a degree of entry of the sub-mind into the objective world, which is all you want, a degree of entry, and a degree is all you need to greatly improve and sharpen up your life.** And, there is an additional added bonus, due to this sub-mind entry into your objective world. You know I just told you, that when the sub-mind starts to take over in your objective world, the objective mind “**wakes up**” and starts to come to life and starts to work. Well, this “**waking up**” of your **objective mind is also to your advantage**, as now you have, two systems working, for you, and the new added **alertness of the aroused objective mind**, should be to your advantage and may be all you really need to do a good life job.” End quote.

In the yellow highlight above, is/are, both, of your, basic cosmic egg and/or basic chair, exercises. As soon as, you, Conscious, as a ‘ness,’ have some inkling/notion, of what is, meant, by/with; Adverse; Oppose; Obstacle; Inert; Inertia; Immobile; Fixed; Set; Put; Placed; Earthed? Then the, sooner, you, Conscious as a, ness, will be able to, apply; adapt; amend; change; alter and adjust? Whatever your, now present #0, condition is, but...! Now! you = the reader/occultist(?) are, coming from a position/place of, **understanding**?

As soon as a person/individual, grasps (no pun intended,) the, reality, of the/their, **own**, #1, Malkuth Earth/Hades Plane, Body/Self, in a, Conscious Way = Adverse; Oppose; Obstacle; Inert; Inertia; Immobile; Fixed; Set; Put; Placed; **Psychic-Tactile-Feel**-ing; Define; Three-Dimensional-ise; Symbol-ise; = **Work-Off-Of/From**!/? Then they, the person, #0, as Ophiel writes above = the objective mind, **wakes up**? THEN! THEN! THEY! CONSCIOUS, AS A #0, OUTER, OUTER PHYSICALLY PHYSICAL ‘NESS,’ = **CAN WORK-OFF-OF/FROM**!/? THE/THIS/THEIR = ADVERSARY? OPPOSER? OBSTACLE? (Big, big ‘Occult?’ there, for those of you who are able to take, advantage of it!/?)

Those who choose to test, try, use, both egg and chair exercises, will/shall/should? know/experience? this! Take the above, information, and **apply** it, to the; Letter of Saint Augustine of Hippo. **AGREE-WITH**!/? THE/YOUR = ADVERSARY? OPPOSER? OBSTACLE? Which is Augustine’s **way**, of saying = **WORK-OFF-OF/FROM**!/? The/your Adversary/Opposer/Obstacle. This, is covered by Ophiel, in his book; Creative Visualisation, in his chapter; Law of Emotion, wherein he, Ophiel, quotes the, ole crazy book (Bible), and writes; Believe, that you have ‘it,’ already? Which is, of course = **AGREE-WITH**!/? **WORK-OFF-OF/FROM**!/? **BELIEVE, YOU HAVE ‘IT,’ ALREADY**!/? = ARE **ALL!** - #1,

MALKUTH EARTH/HADES PLANE!? BUT...! SO TOO/ALSO, IS? THE/YOUR = #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY! = #1, MALKUTH EARTH/HADES PLANE!?

The present writer, has no interest, in anyone else's opinion(?) view point(?) as it means/matters little to them, what others may think? (See/read Ophiel's, first book; Astral Projection, his chapter; Little System, wherein he, writes about a, painter of houses, as opposed to a painter of portraits.) Also, whilst it is possible to speak/write about these things/subjects, it does not necessarily follow, that the, descriptive narrative, is actually, factually, literally, telling/informing, of, the/these, descriptive narratives, in personal/individual, applications/directions, to/of/for them.

The 'shock?' that the/your, #1, Malkuth Earth/Hades Plane and the/your, #3, Ego Body, Present Incarnation, Personality Body, are one and the same – sub-stance, is(?) to say the, least, shocking; alarming; daunting, and intimidating, to many? The present writer, falls about laughing? (Metaphorically!) at the 'shock?' of some individuals = AS THEY FEEL, IT/THIS, REALISATION? IN/ON THE/THEIR = LOWER INTESTINES, AS A VISCERAL SHOCK!?

But...! The 'occult?' of/for this, is(?) = THAT IT IS 'HERE!' IN THE/THEIR = LOWER INTESTINES, THAT THE/THEIR = #1, MALKUTH EARTH/HADES PLANE = RESIDES? IS! LOCATED!? (The 'occult?' of this, is worth more, than many, many, occult books, out there!?) Many a Muladhara, chakra has given way, when the present writer, used to present this, information to the wider world. Here it is, from Ophiel, from his book; Clairvoyance, his chapter; Semi-Physical Types of Clairvoyance.

"Therefore, to get back to psychometry, any progress you make along these lines cannot but help-benefit you in your daily life-living, as this ability to sort out impressions can be and should be extended on out to all of your life processes, as already said. I wish I could give you more information-knowledge on this matter of sorting out impressions, but it is just not the sort of thing that has been written down, in detail, before. Those who knew, didn't tell, so I know of no material or books on this subject." End quote.

I wish I could give you more information-knowledge on this matter of sorting out impressions, but it is just not the sort of thing that has been written down, in detail, before. Those who knew, didn't tell, so I know of no material or books on this subject = NOT SO, THE 'CASE,' IN/ON THIS, OPHIEL-MAGIC GROUP? Ophiel then writes this, farther on in his, book/chapter, this part;

"So, to proceed. There is a rather simple clairvoyant method-practice you can do quite easily almost all the time. You simply relax in a chair or on a bed or couch most any time you have the time (don't go to bed, since if you are too comfortable, you'll fall asleep!!) and let yourself go – go on out far.

Let your perceptions go out, out. This is quite easy to do, and you have been doing it all the time unconsciously. All you are going to learn here is how to do it consciously. As you let your perceptions roam out, you should come into contact with all kinds of layers of thought-waves and/or vibrations. These should register with you and make an impression on you somewhat the same way as if you were a radio receiver!

I cannot give you more detailed instructions as to how to work this process, but if you will place yourself in the physical positions of thought-wave receptions, something will happen, and you will know and recognize it when it does." End quote. (See/read; 1 to 17 Element Earth. Sitting still – basic chair exercise variation.)

The above yellow highlight, is, the/your, detailed instructions, basic cosmic egg and/or basic chair exercises, and is a more, direct, immediate, instant, feed-back-process, in the/your, real-time, #0, Outer, outer physically physical world/plane!? = AS A PARTNERSHIP/SHARING!? (Co-ordinate-ing; Co-operate-ing; Con-form-ing; Agree-ing, Work-ing-Off-Of/From!?) The present writer, did their training? in, Sensory Deprivation, by sitting in a group, in a blacked-out/silenced room, with several group members, who were of the same, view-point.

In the/this, silence; dark-ness; black-ness; blind-ness, the 'conscious,' as a ness, would find/discover? other(?) sense-ation/feel-ings, to which, they, conscious, as a, ness, would/could – OBSERVE, WITHOUT JUDGE-ING? (During the early 80's.)

The, advantage, of the basic cosmic egg and/or basic chair, exercises, is one of ease; simplicity; duration and time. The, advantage, of the basic cosmic egg and/or basic chair, exercises, is one of learning of self? The advantage, of the basic cosmic egg and/or basic chair exercises, is one of discovering/learning/finding out and revealing, that the/your #3, Ego Body, Present Incarnation, Personality Body, AND/PLUS, the/your, #1, Malkuth Earth/Hades Plane = ARE OF THE SAME

## MATERIAL!?

Thus? Revealing? the connection, between, the/your #3, ego body, and its seemingly(?) disproportionate!? effect!? in/on the/your, #1, Malkuth Earth/Hades Plane!/? #1 &+ #3, ARE, MADE OF/FROM? THE SAME MATERIALS!? = Adverse; Oppose; Obstacle; Inert; Inertia; Immobile; Fixed; Set; Put; Placed; Psychic-Tactile-Feel-ing; Define; Three-Dimensional-ise; Symbol-ise!/? Ophiel writes it this way, in his chapter; The Astral Light, in this/his, same book; Clairvoyance;

“So, to start – When you enter the Inner Planes with your own clairvoyant consciousness, the first thing you cannot help noticing is the Flood of White Light that exists everywhere. The entire substance of the Inner Planes is Light itself!!! In addition, all the objects that occupy the Inner Planes are composed of this same Light itself!!! To make this a little clearer – The Light that floods the Inner Planes is also the MATERIAL from which the objects, and inhabitants! of these Inner Planes are made/composed of!!!

Having gone this far, I will go a little farther – at this point, it seems to me you might be ready to grasp another great basic concept – try it – here it is. The Matter of the Physical Plane, is also composed of this same LIGHT!!! However, this is a great mystery and cannot be gone into fully here or even touched on too much. That conception, however, is a start for you on your way to self-mastery. I do not know how the Light becomes matter, i.e., becomes condensed into physical matter, or even how the Light becomes Inner Plane matter/objects, but I am pretty sure it does happen somewhere along the line, and he who masters this mystery becomes great indeed.” End quote.

Here is how Ophiel, presents it/this, farther on, in his this/his, same book; Clairvoyance, and in his/this same, chapter; Semi-Physical Types of Clairvoyance:

“I find myself unable to convey clearly an idea to you as to how you “see” on the Inner Planes. Naturally, you have no physical bi-focal eyes – or two eyes seeing an oval space in front of you. You have a “single eye” only, but now that I think of it, the Inner Plane scenes appear three dimensional, the same as here, which I am unable to account for, and which I will have to do further work on.” End Quote.

The present writer has already presented, in previous, monologues, how? to ‘see?’ occultly, in/on each of the planes, and at the moment, we are examining the ‘connection?’ between, the/your #3, Ego Body and the/your #1, Malkuth Earth/Hades Plane Body, through which? it, the/your, #3, Ego Body (Which is not! #0, outer physical!/? ) works from(?) #1!/?

The reason, of why? #2, Etheric Plane, scenes, appear? Three-Dimensional, is because the/your, #2, Etheric Plane, is now? working like; acting like; behaving like; operating like; looking like; feel-ing like? The/your, #1, Malkuth Earth/Hades Plane? BUT...! It, the Elementnt of Water, is now? In the state/condition, of; BEING THE/A/AN, ELEMENTAL FORCE OF/FOR THE ELEMENTNT EARTH? But...! it is ‘still,’ all the Elementnt Water, as the; EARTH-of-WATER!? = but now that I think of it, the Inner Plane scenes appear three dimensional, the same as here, which I am unable to account for, and which I will have to do further work on.

When you, Conscious, as a, ness, rise up from, the/your #1, Malkuth Earth/Hades Plane, you take/bring, with you, the Elementnt/Force, of, the/your #1, Malkuth Earth/Hades Plane!/? Hence, the/your, #2, Etheric Plane = Three-Dimensionality = IS/BECOMES = A/AN = ELEMENTAL FORCE OF/FOR!? In this example/case – the Elementnt Earth.

Thank you.

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