

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

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## 16 of 18 inside the egg. 2023

Now, as a/an 'occultist?' you are aware, in writing/reading, that there is/are, several, well, demarcated, planes, levels, to which, you, conscious, as a 'ness,' can experience, in the sense of 'personal/individual,' reality of 'being,' the most powerful of which, is the/your, #0, Outer, outer physically physical plane, which is the most 'dense/real?' of all the planes/levels, available to you, Conscious, as a 'ness,' in Real-Time, expression.

You, the reader/occultist, have now been made aware/awake, to the/your – Second Birth, and its process, of/from, #1, Malkuth Earth/Hades, to the/your, #2, Etheric Plane, in a manner of Conscious, as a 'ness!?' Which was given out, in ancient times, but in, information only, and without actual; factual; literal, operative technique, and absolute 'zero,' instruction, in workable/operable, self-explanatory technique. Until now?

Now, in these endless, monologues, in a continuous endless, theme, all the information, is all about, the, #1, Malkuth Earth/Hades Plane, and its, Laws; Rules; Governances, in a recognisable, acceptable, workable form, via the two simple, basic exercises; The Basic Cosmic Egg and/or Basic Chair Exercises, for the development, enhancement, stimulation and increase, of whatever, latent, dormant, atrophied, **psychic-tactile-feel**-ing, that you, the reader/occultist, may have, at this time, of your reading/doing, practicing.

Now! The most important!? thing, about the/your, #1, Malkuth Earth/Hades Plane, is its, interaction, **WITH! TO!** the/your, Real-Time!? Action/Doing! in the form of, The/your, **psychic-tactile-feel**-ing, Now-Time!?

Now Time = **psychic-tactile-feel**-ing.

Real Time = physically-physical-action/do-ing/use-ing.

Are you, the reader/occultist(?) in a position/place(?) to sense/feel, the 'connection?' between these, two bodies? in 'Time?' Ophiel, explains them, in his book; Clairvoyance, in his chapter; The Two Minds, with his three examples, of; watermelon; milk pouring; pressure on the gas-pedal exercises.

In many sporting (Hunting!?) activities, you can see/observe, the individuals, sub-mind, #1, reflex? And the 'perfect?' shot, reaction, reflex, appears? out of nowhere?

In many creative (Painting; Singing; Writing; Acting!?) activities, you can see/observe, the individuals, sub-mind, #1, inspiration? And the 'perfect?' sculpture/portrait, song, scenario, appears? out of nowhere?

This is the, point/purpose/reason? to your, basic cosmic egg and/or basic chair, exercises = to create/make, the 'connection?' to/with, the/your 'bodies?' #1 and #0 – not! to/with, the your #3, Ego Body! Who will/which will, shall – reveal; display; show, the opposite(?) of what it is, that you – Conscious, as a 'ness,' desire, want, need, brood on! To your, #1, Malkuth Earth/Hades Plane = WHICH WILL/SHALL, PROCEED, TO DELIVER? = **MORE OF THE SAME?**

It appears? seems? That many, of those, who can/do? #2, Etheric transfer/project, are not? nor will ever be? become? masters of the universe. Many, don't even possess, the simple, #0, powers/abilities, to earn a living, as a/an, provider of service, to/for many, thus going through life, simply as a normal person, member of the public? Who, goes through life/living? Exploring and Having, nightly adventures? And then, of to work? Nine to Five, to earn their 'crust?'

Simple example; The pseudonym, Oliver Fox, whose book; Astral Projection, was the 'touch-stone?' of/for Ophiel, was a gentleman, whose name, was; Hugh George Callaway; 30<sup>th</sup> Nov 1885 – 28<sup>th</sup> Apr 1949. Mr Fox trained in electrical engineering and worked, as a part-time actor, and also, as civil servant, (would need to be checked.)

Be that as it may, many 'occultists?' are simply 'not?' billionaires? Ophiel's #0, work = was supplemented? By/with his 'occult,' practices – AND **NOT!** THE 'OTHER,' WAY ROUND! Here it is, from Ophiel, from his book; Clairvoyance, his chapter; You are Naturally Clairvoyant.

"Now comes a note and a word of caution – while it is true that daily available use of clairvoyance can be a great help in your daily life, clairvoyance, per se, is not ALL POWERFUL. It will not make you a giant power all at once. You still need all the Earth Skills that you can get and master the use of. Skill in the use of clairvoyance and Earth Skills must be used together. **To repeat – Clairvoyance Skills and Physical Skills should SUPPLEMENT EACH OTHER. They do not**

## SUPLANT EACH OTHER.

You will have to learn to develop clairvoyance and you should develop all the Physical Skills you can, and then learn to WORK THEM BOTH IN CONNECTION WITH EACH OTHER AND WITH YOU, AND ALL YOUR OTHER ASSETS, THAT YOU MAY NOW POSSESS.” End quote.

So, standing inside, your Basic Cosmic Egg, is! one of the many ways/means/methods, of ‘supplement-ing?’ your latent; dormant; atrophied, psychic-tactile-feel-ing, Powers, in/on the/your, #1, Malkuth Earth/Hades Plane!? Through the ‘disciplining/training?’ of the/your, #3, Ego Body, to not! to Judge!

As an individual, changes their ‘mind-set,’ their ‘inner bodies,’ conform to the/thathis/their = ‘mind-set!?’ and this/your, ‘mind-set?’ is felt(?) when you, conscious, as a ‘ness,’ = STEP INSIDE!? YOUR ‘EGG?’ AND! THE FIRST THING, YOU, CONSCIOUS, AS A #1, NESS, SHOULD ‘FEEL!?’ IS? THE/YOUR – DARK-NESS; BLACK-NESS; BLID-NESS = BLACK-on-BLACK, BLACK-ASTRAL-LIGHT!?

BLACK-on-BLACK, BLACK-ASTRAL-LIGHT!? Astral Light, at ITS!? Lowest Point! AS! ASTRAL LIGHT!? = AS SOON AS YOU ‘STEP!?’ INSIDE, YOUR EGG!? And PSYCHICALLY-TACTILELY-FEEL!? THAT IT!? YOU – CONSCIOUS, AS A ‘NESS?’ ARE/HAVE – TRANSFERRED/PROJECTED!?

But...! Your #3, Ego Body? Piggy-Backs? in/on Conscious, when it, Conscious is ‘in,’ a ness, state/condition!? But...! If your, #3, Ego Body, says? = Not me! Not mine! Not this! Not that! Not here! Not now! Else! Other! Separate! Apart! Then, nothing! is going to happen/take place!? Here is how it works, from Neville Goddard:

“To pray for riches, whilst conscious, of being poor, is to be rewarded, with what you are conscious, of, namely, more, poor.”

Are you? Conscious? of being poor? or? is the/your, #3, Ego Body, Present Incarnation, Personality Body = YOU!? SIMPLY DOMINATING? YOU!? Conscious, as a ‘ness,’ = BY/WITH – JUDGE-ING – Show-ing; Reveal-ing; Display-ing? WHAT!? #0, CONSCIOUS-NESS = YOU!? TO THE/YOUR - #1, MALKUTH EARTH/HADES PLANE!? – WHO SIMPLY/REFLEXIVELY – GIVES YOU!? CONSCIOUS?? MORE OF WHAT YOU!? CONSCIOUS, AS A #0, NESS? = ARE!?

Even though, the present writer, has no problem? in trying to ‘explain,’ the above, plane working/operating, rules, laws and/or governances? It is entirely up to the, individual, in themselves, to decide for themselves, based on the/their, now present? #3, Ego Body, Present Incarnation, Personality Body?

For instance? If you can’t/aren’t, as yet able to get Ophiel’s materials, to ‘work/operate,’ for you, in the manner, method, way, that you feel, you would like, then the idea/possibility? Of ‘coming down?’ a plane? nearer, to the/your, #0, Outer, outer physically physical plane? Might be a ‘possibility?’ that you, the reader/occultist(?) have not, as yet, considered, due to circumstances, beyond your means, at this or previous times, for you, to test; try; use? these techniques, of/for, the/your, #1, Malkuth Earth/Hades Plane!?

Imagine? then? what it would be like, if someone came along, and presented, the idea, notion, of a ‘second?’ birth? From, #1, Malkuth Earth/Hades Plane = Dark-ness; Black-ness; Blind-ness!? into/onto? The/your, #2, Etheric Plane – Astral-Light!? Luminosity?? Remember Ophiel, from his first book; Astral Projection?

“REGARDING THE COLOUR ON THE COVER: The colours on the cover of this book are the colours you will “see” just before you “break thru,” into the Astral Plane with your newly developed clairvoyant Inner sight gained thru the work given in this book. When you “see” these colours you will know you are making progress. The first thing to appear is the solid back. Then the colours begin to appear thru the black, as is shown where the colours are lined in-between with black. The black then thins out and away, and the colours become more brilliant and finally burst out into the blinding pure white, Astral Light.” End quote.

Thus, you have? your = Second Birth!? Anyone who knows, the letter, of Saint Augustine of Hippo, knows? That it/this = Second Birth!? DOES NOT HAPPEN!? TAKE PLACE!? AFTER YOU ARE #0, DEAD!? (Now, is the time of grace?) So, the ‘point?’ to the/your, Basic Cosmic Egg and/or Basic Chair exercises, it to ‘introduce?’ You? Conscious? = TO YOUR SELF!? – VIA!? THE/YOUR ‘BODIES?’ ‘CENTRES?’ IN/ON EACH OF THE PLANES!?

But...! The your = #3, EGO BODY? = IS! A CONSTRUCT!? IS! A PRODUCTION!? = OF!? THE/YOUR, #1, Malkuth Earth/Hades Plane!? And! it = #3, Ego Body, IS!? LARGELY BASED/LOCATED? IN/ON THE/YOUR = WATER-of-EARTH!? Level/Sub-Plane!?

The way, that this would ‘operate?’ for a basic cosmic egg, practitioner? is that, the basic cosmic egg, practitioner, knows/understands, which plane/level, they are work-ing/operate-ing, **from!**? Therefore, the **follow-ing!** **obey-ing?** the Laws; Rules and Governances, of/for, this/their, #1, Malkuth Earth/Hades Plane = **PRESENTS NO DIFFICULTY? NO OBSTACLES?** As, they – the operator/occultist(?) know/understand? what **‘IT!’ IS?** That they are = **DO-ING!**?

It is to be, hoped? that the operator/occultist(?) has mastered/learned/practiced, enough, basic cosmic egg, exercise-ing, that the/their ‘operational,’ time/doing, is fully supported, and endorsed, by/with, their, Conscious, as a, #1, ness, and the/their, #3, Ego Body = **AS A = WIT-NESS!**? (Can I get? a ‘wit-ness?’ = **AMEN!**?)

In/on the, #1, Malkuth Earth/Hades Plane, the Basic Cosmic Egg, practitioner/occultist(?) = KNOWS; UNDERSTANDS! That the = Final/End = Sub-Plane, in/on the Element **nt** Plane, of the Element **nt**, Element **nt** Earth, **IS!** The Element **AL** Sub-plane = Element **AL** – EARTH-of-EARTH!?

Which? **IS?** as we all **know?** Where any/all planes, as = Sub-Planes, **IS?** = WHERE THE ACTUAL; FACTUAL; LITERAL = **PLANE!**? (Element **nt** = essence; sub-stance; principle.) **IS?** Behave-ing like; Act-ing like; Work-ing like; Operate-ing like; Feel-ing like = A/AN ‘OTHER?’ PLANE? BUT...! **IS? STILL?** = ALL, THE SAME/ONE PLANE!? (Element **AL** = pertaining **to** the ‘powers,’ **of.**)

So! In/on the/our, #1, Malkuth Earth/Hades Plane, we **have(?)** our – sub-plane = Element **AL** Water? of the = Element **NT** EARTH!? = WATER-of-EARTH! = BOWL-INSIDE-CUBE!? Everything, you know, about the actual; factual; literal, Element **nt** of Water, should be ‘**applied,**’ in/on the/this/your – Element **nt** Earth, Element **al** Water!?

Imagine, if you will/can, that you have a/an, Element **al** Water, of the Element **nt** Earth? How would the/this, Element **al** Element **nt** Earth – sub-plane? work/operate? How would it = **Psychically-Tactilely-Feel!**? TO YOU! CONSCIOUS? AS A = #1, Malkuth Earth/Hades Plane – ness?

Duality = Going across the plane – See/Look, at Ophiel’s colour plate, in book; Caballa Magic.

Akasha of Earth – Air of Earth – Fire of Earth – Water of Earth – Earth of Earth = All Element **al** Earth! Of the Element **nt** Earth!

Imagine, if you will/can, that you have a/an, Element **al** Earth, of the Element **nt** Earth? How would the/this, Element **al** Earth, of the Element **nt** Earth – sub-plane? work/operate? How would it = **Psychically-Tactilely-Feel!**? TO YOU! CONSCIOUS? AS A = #1, Malkuth Earth/Hades Plane – ness? Could you, #0, Outer, Outer Physically Physical you? = **WORK-OFF-OF/FROM = IT?** Could you? Can you? #0, **USE IT?**

Can you, the reader/occultist(?) #0, **USE?** Your #1, Malkuth Earth/Hades Plane? = **IN/ON THE/YOUR** = #0, Outer, Outer, Physically, Physical, Plane? If ‘**not?**’ = **why? not?** Standing ‘inside?’ your Basic Cosmic Egg, each day, twice a day, for three/four minutes, at a time, is conducive, for many things(?) to rise softly, into conscious, as a ‘ness,’ feeling/inclination, natural/normal way, of expression.

Rising softly, into Conscious, as a ‘ness,’ means that there is – **No Judge-ing?** from the/your, #3, Ego Body? and the ‘circumstance,’ ‘thing,’ and/or ‘it!’? flows naturally/normally/seamlessly, without any wild/enthusiastic emotional ‘mood,’ swings = hope; fear; anticipated disappointments; worry; anxiety; #3, look-ing!? See/read Ophiel’s vignette; Magical Workings on Matter, for this. Here is Ophiel’s Answer 2:

“Answer 2. So, it follows, ipso facto, (which is Latin for ‘The very nature of the case’) that the point of ‘IT ALL’ is the point where **‘YOU CONVERT THE ‘OUTSIDE’ ‘ABOVE’ ‘ARCHETYPES’ ‘IMPULSES’ ‘VIBRATIONS’ into the/your Physical World!!** This is the vital ‘hot point’ of it all ‘ALL.’ Control of this, shall we say, ‘Transformation Point,’ I’d say, is the big ‘Power Point’ of our existence, and IF this control/change over point can be gotten under your conscious CONTROL, **you’d have it made!!** So, what can you do to get ‘IT’ under your control?” End quote. (Underlines are Ophiel’s.)

The present writer, does not mind, the least bit, sharing with anyone, that the/your = **CONVERTER?** of the ‘Above?’ Vibrations, for the/your = #1, Malkuth Earth/Hades Plane = **IS/ARE!**? – THE/YOUR = **PSYCHIC-TACTILE-FEEL-ING!**?

Once more! The plane above; over; higher; before and in front, of the/your #0, Plane **IS!** the/your, #1, Malkuth Earth/Hades Plane!

Once more! The plane below; under; lower; after and behind, of the/your #1, Plane **IS!** the/your, #0, Outer, Outer, Physically

Physical, Plane!

The = FLOW? CONVERTER? OF/FOR THE/YOUR = #1, MALKUTH EARTH/HADES PLANE, **IS!** the/your = **PSYCHIC-TACTILE-FEEL-ING!?** = Define; Three-Dimensional; Symbolical!?

The = FLOW? CONVERTER? OF/FOR THE/YOUR = #0, OUTER, OUTER, PHYSICALLY PHYSICAL, PLANE, **IS!** the/your = PHYSICAL-BODY-DO-ING! USE-ING!

To do/practice – every day, twice a day, for four/five minutes, the/your basic cosmic egg and/or basic chair exercises, in the recommended way/method, of/for the, exercising/stimulating, of the/your, latent, dormant, atrophied = **Psychic-Tactile-Feel-Ing!?** = Define-ing; Three-Dimensional-ise-ing; Symbol-ise-ing!?. And/or basic chair exercise = for the/your, latent/dormant – adverse; opposed; obstacle, for you, Conscious, as a #0, ‘ness,’ to **work-off/of-from** = is/are, BOTH CUMULATIVE!?. ACQUIRED/DEVELOPED – ART/SKILLS!?

The, knowledge/knowing? of the/your, second birth(?) = FROM!? the/your = #1, Malkuth Earth/Hades Plane, **TO!** the/your = #2, Etheric Plane = **CHANGES EVERYTHING?** You have ever thought(?) you, understood? knew? about the/your Occult? And, this information, applied into ‘action,’ should help/assist greatly, in your, Magical? Direction? Flow? BOTH WAYS!?

#2 TO #1 TO #0!?. #0 TO #1 TO #2!?

Daily practice, with your basic three plane ‘cup,’ (or any item chosen,) exercise, should stimulate your **psychic-aware/awaken-ness!?** in many, many ‘other?’ things.

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Thank you.