

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

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Repent, was the word/instruction of the so called; John the Baptist/Baptiser?

But...! It is in the Greek word/meaning, of the word; Metanoia, in which, the technique? lays!?

Latin; conversionem/converio = turn round; alteration; change. Convertere = turn around; transform. From; com = with; together + vertere = turn. From the Proto-Indo-European Root word; wer = to turn; bend.

In ancient Greek, metanoia, is a 'Changing of the Mind?' it is often cited as 'conversion,' and was to 'do with?' the persons/individuals = **Psychic-Tactile-Feel**-ing!?. In the Greek; metanoia, was/meant as; The spiritual condition (#2, Visualisation &+ #1, **Psychic-Tactile-Feel**-ing,) being 'ex,' pressed, through the #0, Outer, outer physically physical movement/action/doing, of the individual. (In ancient times, this, #0, 'expression,' of **change**-ing? was made/confirmed, in = FALLING DOWN AND WORSHIP-ING? Where? have we read that one, before??)

Now! Leaving all that/this aside, it is important to realise, that those individuals, 2,000 years ago, were just like you and me!? And they were, working? operating? the/their, Creative Visualisation, process/methods, which were handed down to them, as a part of their culture, and have evolved, to the point of scepticism, through the scientific and mechanical method? And yet, for some, many, they are still able to, amass? enough(?) to give them the freedom(?) live a/an, luxury life style.

Ophiel writes, that there is/are two types/kinds of occultist? those who apply, their occult work, to their life style, drive, living, as he did and those who apply, their occult work, to the 'acquisition?' of information.

The present writer, applies, their occult work, to = **psychic-tactile-feel**-ing, as that/this, is the, Bridge? that **connects/joins**, #0 to #2!?. (See/read Ophiel for this, in his vignette; An Exercise in Preliminary Projection.) Many of the early, ancient groups, were of the **Psychic**, type/kind, at the grass-roots, level, and the chosen few? (Those who, excelled, naturally – gifted/talented, hence, chosen? of nature/God, etc.) refined and sophisticated, their technique and their explanations of it as they #2, Etheric Projected. As usual, when they 'noted,' those things of, worth, they made it, distinctive, in order to teach it.

So, as an example, here, in this and these, monologues, the present writer, presents about the/their, #1, Malkuth Earth/Hades Plane, and 'how? to **get-there?**' but... imagine? how difficult(?) it is/could be(?) when individuals, insist!?. that the/their, #1, Malkuth Earth/Hades Plane = **ISN'T!** – the abode(?) of/for, the/their, #3, Ego Body, Present Incarnation, Personality Body?

Well, it just so, happens? That the successful application and practice, of the/their basic cosmic egg and/or basic chair, exercises, will/shall, dispel? any notion/idea, of that. But...! (Aye! You knew it was coming!?) imagine if can, someone 'doing?' the/their basic cosmic egg and/or basic chair exercises, in/on the/their, #0, Outer, outer, physically, physical plane, with the/their #3, Ego Body, **Piggy-Back**-ing? in/on the/your #0, conscious, as a, #0, ness? = Scepticism? Disbelief? Negative? Separate? = Not Me! Not Who/What, I-AM? – else; other; apart?

The/your, #3, Ego Body? = **JUDGES** (deik = to show; to reveal; to display,) = I-AM-THIS!?. – this becomes the/your, #1, Malkuth Earth/Hades Plane = **FIXED-POINT!**? And the/your, #0, Physically Physical Plane/World = must! conform? = BECAUSE? – THE/YOUR, #1, MALKUTH EARTH/HADES PLANE – **IS!** ABOVE; OVER; HIGHER; BEFORE AND IN FRONT, OF THE/YOUR, #0, OUTER PHYSICAL PALNE!

There is/are many, many, persons/individuals, who, for whatever reasons, cannot/do not/will not, get the/their #3, Ego Body, Present Incarnation, Personality Body, to **believe?** Because 'it,' = #3, will not, cannot, does not = **STOP JUDGE**-ING!?. = To pray for riches, whilst identifying, as **being poor?** is to be rewarded, with what you, #3, identify-with!?. In the Egyptian system, it was; I Have Not! In the Hebrew system, it was; Thou Shalt Not! Today, It is the turn? of the/your, #3, Ego Body, and it's; Judge-ing!?. which turns everything(?) to a/an implacable, #0, Physically Physical **Truth!**? So? as a 'training/developing?' occultist? You – Conscious, as #1, Malkuth Earth/Hades Plane 'ness,' **must!** re-train, the/your, #3, Ego Body!?

The/this/your, re-training of, the/this/your, #3, Ego Body, is/can be(?) could be(?) very easy and/or very hard? based on the/your, #3, Ego Body's **acceptance**, of it – the training. You, the reader/occultist, will/shall know, right away, if the/your #3, is interested? in your, #0, efforts, to re-train, it = #3, because the amount, and the way, that you train? don't train? will be/shall be = #3, Ego Body, driven!?

So, each time you choose to practice/do, your basic cosmic egg and/or basic chair, exercise, with the intention, of learning? and being/becoming(?) more? powerful? Will/shall, of course, be playing into your, #3, Ego Body hands, metaphorically speaking, and this is, one of the way's, to engage/encourage, the/your, #3, Ego Body 'Self!?'

Another way, is to meditate/contemplate, that the/your, #3, Ego body **is! already?** = IN/ON **ITS! OWN PLANE!** And all that you, Conscious, as a ness, are doing(?) **is!** learning/practicing, **how, do this = OBSERVE-ING, ALONG WITH – THE/YOUR = #3, EGO BODY SELF!?**

In the case, of the basic chair exercise, there, **is the subtlest, of movements!!** in the, **opposite** direction, which you, Conscious, as a ness, will/shall/should, eventually 'recognise?' (See/read Ophiel's book; Clairvoyance, for this, **recognition.**) to the present writer, they sense/feel, the convergence? into a single, point just below their chair/seat, prior to the act/action, of standing.

When standing, the present writers, Conscious, as ness, senses/feels, their #1, Malkuth Earth Hades Force at their feet = with the Force, extending up-wards, just as it is, in the Egg, shape/form – aura. The feeling, is a natural, one. When the present writer, found/discovered? the 'location,' of/for the/their, #3, Ego Body, they were stunned! Never at any time prior to this, did they, the present writer, ever, ever, give a single 'thought!?' to **where?** the/their, #3, Might be located?

The/your, #3, Ego Body **is! not!** #0! When you, Conscious, as a 'ness,' learn/master, how, to transfer/project, your conscious, as a 'ness,' to the/your, #2, Etheric Plane = YOU CONSCIOUS, AS A NESS, WILL **DO SO! FROM!?** THE/YOUR, #1, MALKUTH EARTH/HADES PLANE! = YOUR 'SECOND?' **BIRTH!?** Consciously/Un-Consciously = won't/don't matter one single jot! **STILL HAPPENS!?**

There is a change? in the #3, Ego Body, when it finds out/discovers, that its, **true place,** is the, #1, Malkuth Earth/Hades Plane? A strange? but, pleasant feeling, of rest/relaxation/stop/halt = home? The constant grind, of the #0, Outer, outer physically physical plane, seems/feels 'less?' 'reduced?' Try meditating/contemplating, for a little while each day, that the/your, #3, Ego Body, has found/discovered, **its home = #1!** Malkuth Earth/Hades. When this realisation of, place; position; location; home = COMES A, **DIFFERENT!?** **VIEW?** COMES A **DIFFERENT!?** **UNDERSTANDING?** AND! AND! = A **DIFFERENT KIND OF POWER!?** The, **FEEL**-ing, sensation, of **BE-ING!?** Here it is, from Ophiel, from his book; Clairvoyance, his chapter; The Two Minds.

**"Now in your experimental sub-mind work you will have to evolve your own types of exercises, like the examples given, and carry them out successfully. You have to release all conscious-mind control and practice allowing the sub-mind to take over, and this gives rise to a very queer feeling, as if you seem to be losing control over your objective world.**

Practice this until you note a degree of entry of the sub-mind into the objective world, which is all you want, a degree of entry, and a degree is all you need to greatly improve and sharpen up your life. And there is an additional added bonus due to this sub-mind entry into your objective world. You know I just told you that when the sub-mind starts to take over in your objective world, the objective mind "wakes up" and starts to come to life and starts to work. Well, this "waking up" of your objective mind is also to your advantage as now you have two systems working for you, and the new added alertness of the aroused objective mind should be to your advantage and may be all you really need to do a good life job." End quote.

Every day, that you choose, to test, try, use, the/your Basic Cosmic Egg and/or Basic Chair exercises, you, the reader/operator/occultist(?) **ARE! DOING THE ABOVE,** as described/explained, by Ophiel.

Now comes, the **deep(?)** occult! Please, try, as much as possible, to understand this.

The 'home?' (Fixed Point!?) of/for the/your, #3, Ego Body, **is!** the/your, #1, Malkuth Earth/Hades Plane;

And in/on this #1, Malkuth Earth/Hades Plane, you, #3, Ego Body = **SHOW? REVEAL? DISPLAY?**

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Take the above, **AND MEDITATE! CONTEMPLATE! ON IT!?** (See/read Ophiel's third book: The Occult: for, Meditate/Contemplate.)

The/your, #3, Ego Body = **IS! SHOW-ING! REVEAL-ING! DISPLAY-ING!?** = **IN/ON THE/YOUR = #1, MALKUTH EARH/HADES PLANE!?**

Neville Goddard; to pray for riches, whilst conscious of being poor, is to be rewarded, with what you are conscious of, namely, moor poor!?

Straight to context;

To #2, Etheric Plane Visualise, for riches, whilst, #3, Ego Body = **show**-ing; **reveal**-ing; **display**-ing; **Psychically-Tactilely-Feel**-ing!? in/on the/your = #1, Malkuth Earth/Hades Plane = that you are 'poor?' **IS!** to be rewarded, with what you, Conscious, as a #1, ness, are Conscious of = namely, moor poor!?

The present writer, is absolutely astounded at the numbers of 'occultists?' who do not know of/about, the/their, #1, Malkuth Earth/Hades Plane and/or/nor, what it does, what it means? Try this:

The Plane above; over; higher; before and in-front, of, the/your, #0, Outer, Outer Physically Physical Plane, **IS!** The/your, #1, Malkuth Earth/Hades Plane!?

The Plane which is **NOT!** ABOVE; OVER; HIGHER; BEFORE AND IN-FRONT, OF, THE/YOUR, #0, Outer, Outer Physically Physical Plane, **IS!** The/your, #2, Etheric Plane! Put that! in your pipe, and smoke it!

What about this quote; You cannot 'control,' a plane, unless and until, you can 'control' the plane, **above it!**

And the Plane? Above, your, #0, **IS?**

And the Plane? Above, your, #0, **IS?**

Think about it? = YOU! THE READER/OCCULTIST? HAVE NOW **DISCOVERED!**? THAT THE/YOUR, #3, EGO BODY, **IS! IS!** LOCATED!? IN/ON THE/YOUR = #1, MALKUTH EARTH/HADES PLANE!?

Many moons ago, in the days of the present writer's youth, they would get others to writes out/explain, what the above instruction/information, meant for them, and how it would 'impact,' in/on their, transfer/projection, ideas/feelings, of Conscious, as a ness?

One; discovered that between(?) the/your #0, and/plus, #2, **is! is!** the/your #1?

Two; discovered that #1, **is! is!** the/your = **Psychic-Tactile-Feel**-ing?

Three; discovered that, above #1, **is! is!** the/your = #2, Etheric Plane?

Four; discovered that, your #3, Ego Body, = **is! is!** LOCATED? in/on the/your, #1, Makuth Plane!?

Five; discovered that, your #3, Ego Body, = **shows; reveals; displays;** your #0, in/on your, #1, Malkuth Plane?

Six; discovered that, your #1, Malkuth Plane = Delivers? What it, #3, **shows; reveals; displays;**

Try this = #2, #1, #0? #0, #1, #2? How's that? for a, running order? a, procedure? a, method? a, way?

Try this; #0 = **Real**-Time; #1 = **Now**-Time; #2 = **Future**-Time?

Try this; #0 = Use; #1 = **Psychically-Tactilely-Feel;** #2 = Clairvoyance?

Try this; #2 = Clairvoyance? #1 = **Psychically-Tactilely-Feel?** #0 = Use?

Question? HOW DO YOU! READING THIS, **FEEL?** NOW THAT, YOU **KNOW? WHAT?** #0, #1, #2, #3 = **ARE DOING?**

Question? WHERE? DO YOU! READING THIS, GO NOW? With your 'Occult?'

When the present writer, found/discovered all this, they had a look, at where they 'were?' now? And asked themselves; **IS THIS 'REALLY?' ME?** (See/read Ophiel's book; Talismanic Magic, and his; Recapitulation.) Every 'thing?' was a, is a = #1, Malkuth Earth/Hades Plane = **PROJECTION!?** OF HOW? The present writer = was/is? and 'it,' was all about them; House/Home; Partner; Work; Colleagues; Friends; Hobbies; Tastes? **AND! AND!** = THE BIGGIE! = **WHAT THE PRESENT WRITER BELIEVED!**?

Belief; Believe; Believe-ing; Believed = #1, **Psychic-Tactile-Feel**-ing!?

**ANYTHING!?** ELSE/OTHER? = **WAS/IS!?** = **JUST SIMPLY,** #3, EGO BODY = FANTASY! BECAUSE?? WHAT I HAVE? **IS! IS!** = WHAT 'I!?' = #3, EGO BODY! **AM/IS! SHOW-ING! REVEAL-ING! DISPLAY-ING! = IN/ON**

**THE MY = YOUR = #1, MALKUTH EARTH/HADES PLANE!?**

The present writer, hopes, that you, the reader, get to understand, deeply, what the above, is meant to assist you with, that you would like/want, to have, in your, now present situation, to alleviate, any and all, outside pressures, on you, #0!?

Once more! The/your, #3, Ego Body, Present Incarnation, Personality Body YOU! = **IS!** = LOCATED!?! (Fixed?) IN/ON!?! the/your, #1, Malkuth Earth/Hades Plane!?

Once more! the/your, #1, Malkuth Earth/Hades Plane!?! **IS!** Between! the/your, #0, and/plus #2, Planes!?! (See/read Ophiel, for this, his vignette; An Exercise in Pre-Liminary Projection.)

Once more! The/your, #1, Malkuth Earth/Hades Plane = **IS!** = THE ASTRAL LIGHT – **AT!** – ITS LOWEST POINT/PLACE! = **AS!!** ASTRAL-LIGHT!? AND **IS!** = REVEALED TO YOU! CONSCIOUS, AS A ‘NESS,’ = AS THE/YOUR = PSYCHIC-TACTILE-FEEL-INGS!?

Let’s, see? if we can’t give you, a, starter pack? to be going on with? = **NEED TO?** **HAVE TO?**

**Have to do**, my egg/chair exercises, because I read that, this is good, for my, #1, **psychic-abilities?**

**Need to do**, my egg/chair exercises, because I need that, for my, #1, **psychic-abilities?**

**Have to** = #3, Ego Body; **show**-ing; **reveal**-ing; **display**-ing; that you **have not!**?

#1, Malkuth Earth Plane; **Psychically-Tactilely-Feels** this = **have not!**?! and gives you = #0, more of the same?

**Need to** = #1, Malkuth Earth/Hades Body; **show**-ing; **reveal**-ing; **display**-ing; that you, **already have!**?!?

#1, Malkuth Earth Plane; **Psychically-Tactilely-Feels** this = **already have!**?! and gives you = #0, the same?

See/read Ophiel’s book; Creative Visualisation and his chapter; Law of Emotion, for his; **believe you have ‘IT’ already.** There is/are, other places, in Ophiel’s writings, where he writes about; Belief/Believe/Believe-ing, but... Ophiel deals with, the/your, #2, Etheric Plane and the difference, (as that is ‘all!?’ that it is – difference!) is that the present writer, deals with, the #1, Malkuth Earth/Hades Plane, and the/your, #3, Ego Body, in/on, that/the, #1, Malkuth Earth/Hades Plane!?

In your egg/chair exercises, you, the practitioner, are aiming to, discover; develop; enhance; increase and use, your latent; dormant; atrophied – **Psychic-Tactile-Feel**-ing, #1, Malkuth Earth/Hades Plane = Conscious, as a ‘ness = body!?’ Ophiel’s exercises, is/are for the development of the/your, #2, Etheric Plane = Conscious, as a ‘ness = bod!?’ And that/this, is the difference? between Ophiel’s materials, and the present writers.

The ‘historical,’ parts/presentations, is/are simply for showing, that the only thing, that has changed(?) is the presentation of the, **same materials**, but in a ‘different,’ mode. The/these, ancient people/persons, were/are, the exact same, as what we, are, today!?! It just means that ‘we,’ today, are able to build on their work? But...! unfortunately, it is so mixed/mashed up, that all we can do, is to read, until one day, we read/find, what ‘**IT IS!**’? That we are un-consciously/un-knowingly!?! looking for, in a ‘format,’ that we can; understand; believe; use?

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Thank you.