

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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Here, is the second example, of the, Rebirth/Born Again/Second Birth? from Ophiel's first book; Astral Projection. His chapter; Dream Method.

As I said questions like this would run thru your mind until you were uncomfortable at having no answer. The same thing happens in a dream. When you have developed enough Critical Facility, the dream discomfort would grow and grow until you reached the point where you could stand it no longer. You will then either wake up OR YOUR CRITICAL FACILITY WILL BECOME STRONG ENOUGH TO TAKE OVER IN YOUR SLEEP. Then will happen a marvellous thing. **IT WILL COME TO YOUR DREAM CONSCIOUSNESS THAT YOU ARE DREAMING!!! This point will mark a great achievement in your Occult projection work.** I have decided to call this state of not-awake-not-asleep, the NEITHER STATE, and will describe it more fully later." End quote.

As in Ophiel's Little System = YOU! CONSCIOUS, AS A 'NESS?' ARE IN A, #2, ETHERIC PLANE PROJECTION!?! Ophiel's 'techniques?' = **IS/ARE** = #2, ETHERIC PLANE – TECHNIQUES!?

Both egg and chair exercises = **IS/ARE**!?! #1, MALKUTH EARTH/HADES PLANE!?! EXERCISES!?! AND! AND! JUST LIKE YOUR = #0, OUTER, OUTER PHYSICALLY PHYSICAL = **BIRTH**!?! YOU – CONSCIOUS, AS A #0, NESS!?! WERE **NOT**! CONSCIOUS? OF THAT!?! AND YET?? HERE YOU ARE, #0, READING THESE MONOLOGUES!?!

So! The Second Birth? Re-Birth? Re-Born? = **IS**!?! = **FROM**!?! #1, TO #2!?!

Remember this 'Occult?' = You – Conscious, as a #0, 'ness,' – can only! only! = Use; Uses; Use-ing; Used!?! The/your = #0, Outer, Outer Physically Physical Earth!?! = You – Conscious, as a #0/#3, Ego Body - 'ness,' – **cannot! do not! will not!** shall not! change; amend; adjust; adapt – One Single Jot! of the/your, #0, Outer Physical Plane!?! = CAN'T BE DONE!?!

You = Conscious, as 'ness = projection; prominence; protrusion; jut-forth; stand-out,' must transfer, your Conscious, to the **next plane** = ABOVE; OVER; HIGHER; BEFORE AND IN-FRONT-OF!?! The/your, #0, Outer Physical Plane body = BELOW; UNDER; LOWER; AFTER AND **BEHIND**!?! (See/read Ophiel's vignette; An Exercise in Preliminary Projection, and his plane 'between,' #2 and #0!?!)

Both Egg and Chair, are #1, Malkuth Earth/Hades Plane Exercises!?! Here is what Ophiel, writes, in his chapter; Dream Method:

"There is another important thing that I want to call to your attention, **a thing that you will experience more and more, in your work on the inner planes.** With the consciousness that you are dreaming, **will come another kind of consciousness – that of being DUAL.** For the first time you will realize that there is – are **TWO OF YOU.** One, YOU, in the dream, and one, YOU at home in bed asleep!!! This is a sensation you will not forget!!" End quote.

Well! If you practice diligently, in the prescribed manner/method/way, the/your, basic cosmic egg and/or basic chair exercises, then = **YOU CONSCIOUS AS NESS!?! = WILL/SHALL BE!?! CONSCIOUS? TO/OF, THERE BEING TWO OF YOU!?! ESPECIALLY! ESPECIALLY!?! = WHILST YOU ARE, #0, AWAKE!?! AWARE!?! AND CONSCIOUS!?! (Called/Named = Being **Psychic**!?!)**

Now! You = #0, **are aware; awake; conscious,** of there being two of you? The 'OTHER' YOU? Your 'OTHER?' You = BEING!?! You = #1, Malkuth Earth/Hades!?! YOU – CONSCIOUS, AS A 'NESS,' DO NOT HAVE TO WAIT!?! UNTIL YOU, CONSCIOUS, GET TO TRANSFER/PROJECT? TO, THE/YOUR #2, ETHERIC PLANE, IN ORDER TO 'EXPERIENCE?' WHAT MAINSTREAM OCCULT(?) CALLS **DUALITY?** #0, **IS A DUALITY!**?! = YOU - #0, EVERYTHING ELSE/OTHER = #0! = **DUALITY!**?!

But...! There is 'NO!?!' Duality – in/on the 'Vertical,' Axis? = Higher to Lower; Lower to Higher!?! There is only, **Duality** = Going Across The Plane!?! Many 'occult?' persons/individuals, can't handle this? as it, flies in the face, of existing occult literature out there, in the general/wider, public domain? Once a person gets the idea/notion of/for Duality; Going Across the Plane, then progress in working/operating the occult is smoother!?

#0, Conscious, as a 'ness,' is in/on the, Outer, outer physically physical plane = EVERYTHING ELSE/OTHER **IS!**?! #0, Outer, outer physically physical = DUALITY!?!

#1, Conscious, as a 'ness,' is in/on the, Malkuth earth/hades plane = EVERYTHING ELSE/OTHER **IS!**?! #1, Malkuth Earth/Hades = DUALITY!?!

#2, Conscious, as a 'ness,' is in/on the, Etheric plane = EVERYTHING ELSE/OTHER **IS!**?! #2, Etheric = DUALITY!?!

#4, Conscious, as a 'ness,' is in/on the, Astral plane = EVERYTHING ELSE/OTHER **IS!**? #4, Astral = DUALITY!?

#5, Conscious, as a 'ness,' is in/on the, Archetypal plane = EVERYTHING ELSE/OTHER **IS!**? #5, Archetypal = DUALITY!?

#6, Conscious, as a 'ness,' is in/on the, Akashic plane = EVERYTHING ELSE/OTHER **IS!**? #6, Akashic = DUALITY!?

Duality, is when, Conscious, as a 'ness,' = Goes **Across** the/a/any = Plane!?

Assume, is when, Conscious, as a 'ness,' = Goes **Up/In** the/a/any = Plane!?

Polarity, is when, Conscious, as a 'ness,' = Goes **Down/Out** the/a/any = Plane!?

It is simply a 'question?' of = **direction?** based on understanding and then, experiencing? Here is a/an example for you, the reader/occultist(?) Both egg and chair exercises, is/are, **for**, the/your = #1, Malkuth Earth/Hades Plane!? **NOT!** **for**, the/your = #2, Etheric Plane!?

Ophiel's Materials, **ARE!** **for!** the/your = #2, Etheric Plane!? **NOT!** **for!** the/your = #1, Malkuth Earth/Hades Plane!?

Any average/mediocre, reader/occultist(?) could take any of the; three directions, and simply 'apply?' them (the 'directions,') = TO THE 'PATHS?' ON THE/THEIR, TREE/MAP? AND **ACHIEVE?** A **DUALITY?** IN/ON **ANY?** OF THE TEN SEPHIROTH'S/CIRCLES!? IN/ON THE/THEIR, TREE/MAP? You can read, for yourselves, where Ophiel writes, that the 'Power?' in/on the Tree/Map = **IS IN THE PATHS!**? Because they/these 'Paths?' = **ARE CONDUCTORS?** **UP/DOWN!**? OF THE 'POWER?' OF THE CIRCLES!?

Well...! It is no 'secret?' that the 32nd Path, Malkuth to Yesod = **IS!**? The 'Path of Return = Assumption!?'

Well...! It is no 'secret?' that the 32nd Path, Yesod to Malkuth = **IS!**? The 'Path of Return =Polarity!?'

Well...! It is no 'secret?' that Malkuth Earth/Hades = **IS!**? = The 'Plane of Duality, for #1, Malkuth!?'

The lines/paths, connecting across = duality = Planes!

The lines/paths, connecting up/down = polarity/assume!

The Power? of the/your, #1, Malkuth Earth/Hades Plane, **is in**, the/your, **psychic-tactile-feel-ing-believe**-ing!?

The Power? of the/your, #1, Malkuth Earth/Hades Plane, **is in**, the/your, #3, Ego Body, **not!** **Judge**-ing!

Judge, from the Proto-Indo-European-Root word; deik – to show; to reveal; to display = **WHAT YOU!** #0!? **ARE NOW!**? = But...! When you pray, **believe**, that you have **already received** that which you desire!?

#1, Malkuth Earth/Hades Plane = **Believe** = **Psychic-Tactile-Feel**-ing!?

#0, Outer Physical Earth Plane = Use; Uses; Use-ing; Used!?

So? When Ophiel writes this, in his first book; Astral Projection, his two chapters; Little System and Dream Method;

"ONE DAY THE TWO BODIES WILL FUSE INTO ONE BODY AND YOU WILL OPEN ANOTHER KIND OF AN EYE AND YOU WILL FIND THAT YOU ARE REALLY THERE IN THE ETHERIC BODY FOR REAL." End quote.

"IT WILL COME TO YOUR DREAM CONSCIOUSNESS THAT YOU ARE DREAMING!!!" End quote.

Both these, even though, they are in/on the same/one plane = #2, Etheric, it matters not?

What does matter = **IS THAT!**? – YOU! CONSCIOUS, AS A 'NESS?' ARE/HAVE, BEEN **RE-BORN!**? **FROM!**? The/your = #1, Malkuth Earth/Hades Plane!? = **TO!**? – THE/YOUR, #2, ETHERIC PLANE!? **EVEN IF!**? YOU – CONSCIOUS, AS A #2, NESS!? **ARE NOT!**? CONSCIOUS? TO/OF THIS!? = #1 TO #2!? ANY MORE THAN YOU WOULD BE? YOUR, **BIRTH?** **FROM?** THE/YOUR = #1, TO, #0!?

How do you fancy, being 'BORN AGAIN?' = From #0 to #1!? Could you? = #3, Ego Body? Handle it? Cope with it? **ACCEPT IT!**? **AGREE?** **WITH** = **IT!**?

Well! = **AS SOON AS?** YOU – CONSCIOUS, AS A 'NESS?' BEGIN/START, YOUR = BASIC COSMIC EGG AND/OR BASIC CHAIR EXERCISES = **YOU** = **ARE DOING?** **IT!**? (Being = Re-Born!?)

The fact, that you, the reader/occultist(?) do same technique, for the/your = #2, Etheric Plane, should make it very, very, easy/simple? To change(?) your #2, Etheric = VISUALISATION? – INTO A/AN, #1, MALKUTH EARTH/HADES

PLANE = **PSYCHIC-TACTILE-FEEL-ING!**? = Which? You!? #0, can **work-off-of/from!**? **Agree-with?** Use; Uses; Use-ing; Used!? (Duality/Action/Doing/Directions?)

The fact, that you, the reader/occultist(?) do same technique, for the/your = #1, Malkuth Earth/Hades Plane, should make it very, very, easy/simple? To change(?) your #1, Malkuth = #1, **PSYCHIC-TACTILE-FEEL-ING!**? – INTO A/AN, #2, Etheric Plane = #2, VISUALISATION!? = Which? You!? #2, can **work-off-of/from!**? **Agree-with?** Use; Uses; Use-ing; Used, in/on its own, #2, Plane!? (Earth-of-Water.)

Once you understand/master, the relationships, between = #0, #1, and #2, And, the/your, #3, Ego Body, ability to ‘observe,’ without **Judgement?** Then, many ‘things,’ simply fall into place, and people see/say, that you are/have, become, very lucky?? But you will know better!?

Imagine a life/living, with the knowledge/known/understanding? of the ‘role,’ played by/with, the/your = #1, Malkuth Earth/Hades Plane!? = **Psychic-Tactile-Feel-ing?**

Imagine, knowing/understanding, that every, #0, waking moment, is, **shared with?** the/your, #1, Malkuth Earth/Hades Plane, Self?

Imagine, knowing/understanding, that every #0, waking moment, is **shared? with?** the/your, #1, Malkuth Earth/Hades Plane, Self? And that you! Conscious, as a ‘ness,’ = **TAKE THIS WITH YOU!**? When you, Conscious, as a/an, #2, Etheric Plane Projection, Project **from!**? the/your, #1, Malkuth Earth/Hades Plane ‘to,’ the/your, #2, Etheric Plane?

Ophiel writes, that when he was learning/starting out, his projection work, dream images, would come to him, and that these ‘images,’ represented parts of himself? (his **psyche!**?) which he had ‘rejected?’ and, that as soon as he began to ‘work,’ with them, that was when they disappeared? In other words, that was when he took them ‘back,’ into himself? (Removed/Drained, the power/glory of them? of/from his, #1, Symbols.)

In other words, that was when Ophiel, drained/drew off, his #1, Malkuth Earth/Hades Plane = Resistance? Inertia? Adverse? Oppose-ing? Obstacle? To/towards, his self-projection? = His! #3, Ego Body Self = Past/Present = **JUDGEMENTS!**? What you and I, the present writer, would call/describe, as baggage? = view-points; opinions; biases and rejections. As Ophiel writes, in his vignettes; those put upon us, as children, which become ‘warped?’ ‘distorted?’ ‘mutated?’ and are with us, until the end(?) and then, even beyond(?) when we ‘enter?’ into our Malkuth Earth/Hades Plane, after our, #0, death!? (Letter of Augustine of Hippo.)

So! Now you, the reader/occultist(?) see some sense? Into being ‘re-born?’ a ‘second time?’ i.e. #0, to #1, Malkuth, to #2, Etheric? = Consciously/Un-Consciously!? Won’t/Don’t = matter one single ‘jot!’ – STILL HAPPENS!? But...! For those who are in ‘advance?’ of the Herd, and wish to at least attempt, such a feat, as = Re-Birth? Re-Born? Born-Again = #1 to #2!? The, Re-turn? is done = Consciously; Knowingly; Deliberately; Purposely!?

This, Re-Birth? Born-Again? theme, you, the reader/occultist(?) are now actively engaging in, whenever, if ever, you choose to do/practice, either, your basic cosmic egg and/or basic chair exercises, for your, #1, Malkuth Earth/Hades Plane and/or Ophiel’s, Astral Projection methods = Little System/Dream Method, for your, #2, Etheric Plane!?

The practice/doing, of/for, the/your, basic cosmic egg and/or basic chair exercises, is/are ‘**immediate!**?’ as they are practiced = **IN REAL TIME** = #0! **And in - NOW TIME** = #1! (Ophiel’s Little System, is ‘practiced,’ in **Real-Time/Now-Time**, But...! in/on the/your, #2, ETHERIC PLANE!? It is; **VISUALISATION!**? Hence = **Future-Time** = Clairvoyance.) The Carry Over, for waking to sleeping = transfer/projection? = **IS STILL DONE!**? **FROM!**? = THE/YOUR, #1, MALKUTH EARTH/HADES PLANE!? But...! You – Conscious, as a ‘ness?’ = **JUST SIMPLY DON’T KNOW THIS!**? **AREN’T** = AWARE; AWAKE; CONSCIOUS? OF THIS!?

To Conscious, as a #0, ness? There appears (or not?) to be = **NO LIGHT?** – **IN/ON THE YOUR** = #1, MALKUTH EARTH/HADES PLANE!? BUT...! THE **LIGHT? OF EARTH** (#1,) = **IS/ARE!**? = THE/YOUR = **PSYCHIC-TACTILE-FEEL-INGS!**? There is/are, many, many(?) would be occultists(?) out there, who would disagree, **who do disagree!**? With the present writer, but... as the present writer, always says = **WHO CARES!**? – if it is **not!** for you, at this time, in your occult life/living? then, **it is not for you!**? = move on! keep searching! Just do it quietly, and leave those of us, who are do/doing, to get on with **their**, learning!?

The very ‘idea?’ ‘notion?’ that there **IS?** a/an ‘Entire Plane?’ with ‘**ITS!**?’ own, Laws; Rules; Governances = which effects/affects **both!**? the/their #0, physical and #2, etheric, is **beyond?** these individuals understanding, at this time, in their occult life/living, because? = **NO ONE HAS BOTHERED?? TO PRESENT IT** (#1, Malkuth Earth/Hades Plane – **Element** Earth!?) **IN SUCH A WAY? AS THAT THEY, THE INDIVIDUAL = CAN/DOES!**? **DEVELOP; INCREASE; ENHANCE AND ACCESS!**? THE/THIS/THEIR, #1, MALKUTH EARTH/HADES PLANE CONTACTS!? = WITH

SUCH SIMPLICITY AND SUCH EASE!?

The/their/your #1, Malkuth Earth/Hades Plane, **Psychic-Tactile-Feel**-Ing **IS!** THE LIGHT OF EARTH!?! = **BOTH!** = #1 &+ #0!?

So! = You Conscious, as a #0, 'ness,' were born here = #0, Outer, Outer Physically Physical Plane!?

So! = You Conscious, as a #1, 'ness,' were born here = #1, Malkuth Earth/Hades Plane!?

So! = You Conscious, as a #2, 'ness,' were born here = #2, Etheric Plane!?

So! = You Ego Body, as a #3, 'ness,' were constructed here = #1, Malkuth Earth/Hades Plane!?

So! = You Conscious, as a #4, 'ness,' were born here = #4, Astral Plane!?

So! = You Conscious, as a #5, 'ness,' were born here = #5, Archetypal Plane!?

So! = You Conscious, as a #6, 'ness,' were born here = #6, Akashic Plane!?

As Ophiel writes in his vignettes, unless the child is taught properly, in keeping within the natural accepted order, then, over time, chaos comes to the fore.

Akasha, is the Earth Element Principle, to whatever, **IT IS!**? Above; over; higher and before!?! (No one knows?)

Element Force of Air; is the Earth Element Principle, to Akasha!

Element Force of Fire; is the Earth Element Principle, to Air!

Element Force of Water; is the Earth Element Principle, to Fire!

Element Force of Earth; is the Earth Element Principle, to Water!

Element Force of Physical; is the Earth Element Principle, to Earth!

In/on, each, of the/these planes/levels, you Conscious, as a 'ness,' must be 'Born-Again?' and, it must be done – deliberately; knowingly; consciously?

Top to bottom = the natural order!?

Bottom to top = not so much!?! (See/read Ophiel for this.)

To the worthy ancients, this transfer/projection, of Conscious, as a 'ness,' to the/their – inner planes, was like? Being Born Again!?! (See/read Ophiel's vignette; Self-Realisation.) And! to the worthy ancients, this was? Good News?

Hhmmmmmm!?! If only, there were/was? some kind/type? of 'technique?' that they left behind? for the rest of us!?! Would that/this, be nice? to be 'born-again?' almost like = a second chance? Ah, well!?! pass me that grindstone again, please.

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Thank you.