

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

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# 9 of 17 Get Thee Behind Me. 2024

This was presented, in the previous, monologue; 8 of 17, Get thee Behind Me, and we read this part, again;

“But...! **WHAT? ARE YOU LOOK-ING FROM!?** In Ophiel’s ‘case?’ it was; “I found lack, to be degrading, and worked like hell, to get out from under it.” (Vignette; Acceptance.)” And then, we read this, from; Saint Augustine of Hippo, and his ‘letter,’ (See file/folder, in the file section, of the groups; <https://ophiel.art>)

If, thine adversary, #1, says; Do it not! (Be it not!?) = **AGREE-WITH-HIM!?** = I found lack, to be degrading!? = Then, #0, Outer, Outer, Physically, Physical = **WORK-OFF-OF/FROM – IT!?** = #1!?

In the Ancient Egyptian, the 72, denials, were/are; I-HAVE-NOT!?

In the ole crazy book; (Bible, Old Testament,) the denials, were/are, ten; THOU-SHALT-NOT!?

In the ole crazy book; (Bible, New Testament,) the **AGREEMENT?** WAS/IS? = **GET THEE BEHIND ME!?**

In all three, the instruction, was **not!?** to/of/for, the/your, #0, and/or/nor, #3, Bodies!?

In all three, the instruction, was **is!?** to/of/for, the/your, #1, Body!?

The Basic Cosmic Egg, exercise, is very, very, good, for this ‘distillation,’ process, of/for the bodies = #1, #0 and #3. The Basic Chair, exercise, is very, very, good, the ‘movement,’ of/for the/these bodies - #1, #0 and #3!?

If your ‘occult?’ isn’t working for you, Conscious, as a ‘ness?’

If your #2, Etheric Plane, isn’t working for you, Conscious, as a ‘ness?’

If your #1, Malkuth Plane, isn’t working for you, Conscious, as a ‘ness?’

If your #0, Physical Plane, isn’t working for you, Conscious, as a ‘ness?’

Then, your = #3, Ego Body, Present Incarnation, Personality Body, You? isn’t work-ing for you, Conscious?

So, two of the proposed methods, presented for those of you, who are finding it difficult, to get a ‘foot-hold,’ in/on, Your Occult? is/are the, Basic Cosmic Egg and/or Basic Chair Exercises, both these two exercises, are! #1, Malkuth Earth/Hades Plane Exercises! **NOT!** #2, Etheric Plane and **NOT!** #0, Physical Plane.

In the egg and chair exercises, it is very, very, easy? to, about face/turn, and ‘**look-back-behind?**’

In the egg and chair exercises, it is very, very, easy? to, about face/turn, and ‘**see-the-back-of-your-head?**’

In the egg and chair exercises, it is very, very, easy? to, about face/turn, and ‘**work-off-of/from?**’

In the egg and chair exercises, it is very, very, easy? to, about face/turn, and ‘**agree-with?**’

In the basic cosmic egg, exercise, you, the reader/occultist(?) are asked to, #0, stand, and to, **Psychically-Tactilely-Feel?** the/your, Basic Element Forces, Symbols – within you, about you and surrounding you = #0 &+ #1, with #3, Ego Body You – Observe-ing, without Judge-ing?

Keeping the exercise short, but repeating it often, is a better method/way/technique, of mastering, the exercise as a ‘skill-set,’ than just an occasional ‘remembering/recalling,’ to have a ‘go?’ at it. With a twice a day, minimum, and a genuine effort, to learn, the symbols, of; Egg; Sphere; Inverted Pyramid; Bowl and Cube, will/shall, be/become, AS REAL(?) AS IS, THE/YOUR, #0, Outer, Outer, Physically Physical Body is REAL!?

When you feel that you have this, the above, then you will understand, the/your Basic Chair Exercise, as you = Conscious, stand-aside? And Observe? the/these/your, Two Planes/Bodies = #1 &+ #0, **WORK-TOGETHER!?** **CO-OPERATE-TOGETHER!?** **PARTNER/SHARE-TOGETHER!?**

One = Fixed; Set; Put; Placed; Inert; Immobile; Impassive; Adverse; Opposed; Obstacle!?

One = **Agree-ing**; Active; Do-ing; Action-ing; Work-ing; Create-ing; Make-ing – **work-ing-off-of/from!?**

One = Observe-ing; Watch-ing; Look-ing; **Not Judge-ing**.

One = Above; Over; Higher; Before; Ahead; In-Front-of.

One = Below; Under; Lower; After; Behind; In-Back-of.

Read the above, and write down, on a note-pad, what it 'means?' to/for, you! the reader/occultist(?)

Read the above, read Ophiel's 'Emerald Tablet,' in his books; Clairvoyance and his book; Talismanic Magic.

Read what was presented about; The Earth, **AS** #1, Malkuth, and **NOT**! #0, Physical!?

There is/are, occasions, when the present writer, is informed, by individuals, that the #2, Etheric Plane, is the most important plane, and that presentations, about the #1, Malkuth Earth Hades Plane, are a waste of time?

Yet? even with a casual look/glance, at the 'existing?' history, materials, and literature, which abounds, world-wide? One, would be inclined, to suggest? Not so? Even in something, as simple as, the 'Emerald Tablet,' and the; Tree/Map = it is all about = #1, Malkuth Earth/Hades Plane? The present writer, already explained to these individuals, that the particular, Tree/Map? That they are/should be? use; use-ing; uses; used? IS! The Map/Tree of Return! #1, Malkuth Earth to Yesod to the rest, of the Tree/Map.

The above, is has been explained, by Ophiel, in his Vignettes; The Two Dreamers; The Two Creators; More Ideas About God. Even Dion Fortune, gives her 'subtle,' little hint, in her book; Qabalah Magic, when she wrote, that she had the most 'difficult?' time, with the 32<sup>nd</sup> path = Malkuth to Yesod? And you know, from reading Ophiel's vignettes, mentioned above, that the 'Pillars,' to the left and right of the central pillar, is are, simply/only = Psychological States?

Personal/Individual 'experience?' of the 'intensity?' of the #1, Malkuth Earth/Hades Plane 'Force?' has led, the present writer, to a personal/individual approach, to many, many, of the so called? Occult Standard Literature!? High on the list, was the absence of any, literature, from the, author = Arthur Edward Powell, who wrote about; Etheric Body; Astral Body; Mental Body and Causal Body = BUT....! Nothing on the, #1, Malkuth Earth/Hades Plane Body!? Ganesha/Ganesh = Maker and Destroyer of Obstacles!? One of the most 'popular!?' of the Hindu Gods.

Make no mistake, the sense/feel-ing, of 'fear?' is, very, very 'visceral,' and 'tense,' when it comes, and in the present writer's case, was only 'removed,' through understand-ing? In any 'nightmare?' that the present writer, had, the 'fear?' was always in the #0, lower intestines? Same for 'apprehension?' and/or 'excitement!?' Whereas, if it was 'emotional?' it was always higher up, in their body = diaphragm/chest!? Hysteria; Breathless; Voice high-pitched, etc, etc.

Ophiel lays great emphasis on 'emotion,' but...! in his vignette, he describes 'visceral?' wherein he writes, that he 'felt,' his 'it,' his object; circumstance, thing and/or it, in his 'lower,' intestines = deep, in the 'pit,' of his stomach.

When younger, the present writer couldn't/didn't 'understand?' why/how? it was that the, so called chakras, were/are, shown, as 'upside down?' in/on the physically physical body? Until they, understood(?) #1, Malkuth and its two 'directions?' One above? One below? An, easy way to read this, is from Dion Fortune's book; Mystical Qubala, her chapter ten, wherein she writes this, about #1, Malkuth Earth/Hades Plane;

"TITLES GIVEN TO MALKUTH: The Gate. The Gate of Death. The Gate of the Shadow of Death. The Gate of Tears. The Gate of Justice. The Gate of Prayer. The Gate of the Daughter of the Mighty Ones. The Gate of the Garden of Eden. The Inferior Mother. Malkah, the Queen. Kallah, the Bride. The Virgin." End quote.

The only part/piece, of the above, that needs concern, to the beginning student, is the presentation, of = GATE? A/an, entrance/exit, place. (A word of unknown origins.) the idea/notion, of/for a 'gate,' IS THAT OF TWO DIRECTIONS? (Check out the Macrocosmic God = Janus, of the Two Directions?)

Here is what Ophiel writes, in his book; The Occult, his chapter; Occult Knowledge.

"Now, actually, the GREAT SECRET, itself, is composed of pieces of knowledge that are, in themselves, rather very simple, and there is no real reason why, once the person grasps some part of this knowledge, that he cannot go on to master the rest of it, and also master its use.

The crux goal of this matter, seems to be that somewhere, sometime, during the course of the study, if the person/student persists, **the person/student crosses a line**, and, once beyond this line, he then progresses rapidly, **in the understanding and use**, of the, GREAT OCCULT SECRET.

I am told that this is true in many other studies, Studies having to do in learning and mastering certain professions and Arts. Psychology has labelled these "lines to be crossed" as a "plateau," which occurs during the learning and mastering process, in such things as learning to be a telegraph operator or a typist, or a shorthand taker, etc. **And so, I repeat, this same thing occurs here, in the study of the GREAT SECRET. And now that you know this, you now have some ideas as to what to expect and to recognize when this situation occurs in your future studies.**" End quote.

The Great Secret(?) that the present writer, presents, is the information, that the Element Earth = IS NOT! #0, Outer Physical Earth. (See/read Ophiel's chapter; Elemental Water, for this, in this/his, same book.) next.

*“Much of your Occult learning acquisitions will consist of transferring your thinking from outer actual Physical objects to abstract metaphysical objects by means of Symbols.*

Also, much of your future Occult achievements will consist of consciously and unconsciously, LIVING, your future life, in accordance with your increased and altered thinking, along Occult lines. I will repeat the above idea many more times in this book, expanding it all the time.” End quote.

Context, reads thusly;

*“Much of your Occult learning acquisitions will consist of transferring your physically physical feel-ing, from your, outer actual Physical objects, to your metaphysical psychic-tactile-feel-ing of your, objects? By means of making your = psychic-tactile-feel-ing, a Symbol. Also, much of your future Occult achievements will consist of consciously and unconsciously, LIVING, your future life, in accordance with your increased and altered, along your, psychic-tactile-feel-ing, Occult lines. I will repeat the above idea many more times in this book, expanding it all the time.” End quote.*

Then, this part; “I had better add some side line material here at this point. The five Elemental Forces, can be arranged in several different ways. Usually the order is Akasha (ether) (the Ether) Air, Fire, Water, Earth, and in this order, it could be said, that we went from the “lightest” to the “heaviest.”

In the present study of the moment, you can see that I have arranged the Elements “backwards” and I have started with the Element of Earth, and thus I am going to proceed backwards, through Earth, Water, Fire, Air, Akasha, (or the ETHER.)” End quote.

Once again, please note; THE ‘EARTH,’ in the above = IS NOT! #0, OUTER, OUTER PHYSICALLY PHYSICAL EARTH! (Accept this!?) Farther on, we read this part;

*“In a sense the square or cube represents truth because no matter on which side you place it, it is the same in appearance, and size, and shape! In our daily lives, as far as we are concerned, the Element of Earth, is the one we have to deal with the most. The final arrangements of the Earth Compounds, of the Elements, as they become final, on the Physical Plane, is what constitutes the basis for our Physical Happiness. And therefore, their manipulation, is of Prime importance, in our lives.” End quote.*

Context;

In a sense the square or cube, represents truth, because no matter on which side you place it, it is the same in appearance, and size, and shape! In our daily lives, as far as we are concerned, the Element of Earth, is the ‘one,’ we have to deal with the most. The final ‘arrangements,’ of the Earth Compounds, of the Elements, as they become final, psychic-tactile-feel-ings, on the/your, Physical Plane, action/doing, is what constitutes the basis for your Physical Happiness. And therefore, their = psychic-tactile-feel-ing, manipulation, is of Prime importance, in your life.

Next, this part;

*“In this case now, of the Element of Earth, and in the cases of the other Elements, in your studies to come, you are to keep, in your reasoning mind, the clear distinction/idea that you are dealing with “QUALITIES” not physical actualities.*

It is true however, that as you learn and use/assimilate the, QUALITIES, of the Elements, in all your dealings with the Earth-Physical Plane, the designated QUALITIES, become Quantities or Actualities, in your Physical Life experiences. And again, this ‘becoming,’ is the successful Practice of Magic, and there is nothing else to it.” End quote.

In this case now, of the Element of Earth, and in the cases of the other Elements, in your studies to come, you are to keep, in your reasoning mind, the clear distinction/idea that you are dealing with their “QUALITIES” AS! Psychic-Tactile-Feel-ings, and NOT! Physical Actualities.

It is true however, that as you learn and use/assimilate the/your = Psychic-Tactile-Feel-ings, as, QUALITIES, of the Elements, in all your dealings, with, the Earth-Physical Plane, the designated = Psychic-Tactile-Feel-ings, as, QUALITIES, become Quantities or Physically Physical Actualities, in your Physical Life experiences. And again, this ‘becoming,’ is the successful Practice of Magic, and there is nothing else to it.

Here now, is what Ophiel writes, in his chapter; Elemental Water, same book; The Occult.

“Hence the, Element of Earth, rules the Physical Plane, even though the Elemental Force of Elemental Earth is not the SAME as Physical Earth, as I repeat, to enforce this distinction, which please keep in mind, as this idea, is, the very

essence of Magical Practices. Also, hence the Element of Water rules the next Plane above the Physical Plane – the Etheric Plane. The Etheric Plane should then have the characteristics of Water and it does.” End quote.

Context;

Hence the, Element of Earth, rules the Physical Plane, **even though the Elemental Force of Element Earth, is not the SAME, as Physical Earth**, as I repeat, to enforce this distinction, which please keep in mind, as this idea, is, the very essence of Magical Practices. **Also, hence the Element of EARTH! rules the next Plane ABOVE the Physical Plane – the Malkuth Plane. The Etheric Plane, should then have the characteristics of Water, and it does** = Reflect; Repeat; Reverse!?

Element **nt** Water, has its, luminosity, from the plane, above; over; higher; before, and in-front of it = #4, Astral!

Element **nt** Earth, has no, luminosity, from the plane, above; over; higher, before, and in-front of it = #1, Malkuth!

Element **nt** Earth, has no, luminosity, from the plane, below; under; lower, after, of it = #0, Physical Earth!

Physical Earth, can only, only, be; use; uses; use-ing; used.

#3, Ego Body, can only, only, be; observe; observe-ing; observed.

Conscious, as a, ness – protrude; project; promontory; jut-forth; stand out – uses? The/these ‘bodies?’

Once, in/on/transferred/projected, into/onto, one of these higher/inner, planes, only, only, then!? Can/does, Conscious, as a ness, in/on the/that, higher plane, able to, about to about, face/turn, and Look-Back/Behind!?

The present writer, likes to watch, persons, as do this – Look-ing-Back/Behind – Work-ing-Off-Of/From!? Especially at the ‘Planning,’ stage!?

Going on Holiday – next year!? Booking my Holiday – for next year?

Going to Start my own business!?

Going to be a Nurse, when I leave school?

Going to Study to be a/an Astronaut?

Going to Enlist in one of the Services?

Going to be a School Teacher?

Look-ing-Back/Behind – Work-ing-Off-Of/From!?

Failure in, everyone, of them, if? it is #3, Ego Body Talk!?

Success in, everyone, of them, if? it is #1, Psychically-Tactilely-Felt!?

All of the above; is, easily = put to the test!? with the/your; Basic Cosmic Egg and/or Basic Chair, exercises.

The ‘emphasis,’ of/for these ‘monologues,’ is to give, the reader/occultist, the two? Positions? Of View!? That is/this is = THE VIEWER AND THE VIEWED!? (And ‘God?’ looked? And ‘saw?’ that ‘IT,’ was Good?) = THE VIEWER AND THE VIEWED!? What it doesn’t say is? = And God? looked back/looked behind? and saw that it was good? But there is/are places, where it does say? = And God? looked down? from on high?

Always the ‘Macrocosmic,’ first! And then! the ‘Technique?’ of/for the ‘Microcosmic,’ to follow!?

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Thank you.