

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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**Originally posted on Google Groups:
<https://groups.google.com/g/ophiel-magic9-20/>
(Previous works also posted as “Sender” on the “Ophiel Magick” group, from the
defunct YahooGroups)**

1 of 1 it is easy. 2024

It is easy to study, the ‘Tattva-Forces?’ but only if? you, the occultist/reader ‘accept?’ that the/these ‘Forces?’ **are not!** #0, Outer, Outer, Physically, Physical!?

It is easy to study, the ‘Tattva-Forces?’ but only if? you, the occultist/reader ‘accept?’ that the/these ‘Forces?’ can only! be worked/operated? **FROM!**? = THE/YOUR, #1, MALKUTH EARTH/HADES PLANE!?

Thus, you, the reader/occultist(?) have been presented, about the/your, #1, Malkuth Earth/Hades Plane, exercises; Basic Cosmic Egg and/or Basic Chair. Both these exercises are #1, Malkuth Earth/Hades Plane, exercises.

The Basic Cosmic Egg, exercise, is = FOR **ALL** THIS, IS **DELIVERED** UNTO ME!?

The Basic Chair, exercise is = **BELIEVE** YOU HAVE IT **ALREADY!**?

The Basic Cosmic Egg, exercise, is = Passive; Receptive; Accepting; Non-Judgemental!?

The Basic Chair exercise, is = Active; Doing; Driving; Operating; Working;

BUT NEITHER OF THEM, ARE!?! #0, Outer, outer, physically, physical!?

Big ‘occult?’ **again!** for you, the reader/occultists(?) = YOU **ONLY!** GET/HAVE A **SYMBOL!**? = **IN/ON THE/YOUR** = #1, MALKUTH EARTH/HADES PLANE!?! = **NOWHERE!**? **NOWHERE!**? ELSE/OTHER!?

#2, Etheric Plane = REFLECTIONS! REPETITIONS! REVERSE!?

#1, Malkuth Plane = DEFINED; THREE-DIMENSIONAL; **SYMBOL**-ICAL!?

#0, Physical Plane = USE; USE-ING; USES; USED = **WORK-ING-OFF-OF/FROM!**?

There is/are = **NO SYMBOLS!**? – IN/ON THE/YOUR, #0, OUTER, OUTER, PHYSICALLY PHYSICAL EARTH PLANE!?

There is/are = **ONLY TOKENS-OF/FOR!**? = **SYMBOLS!**? – AID-MEMOIRS = REMINDERS!?! = Rituals; Prayers; Talismans; Treasure Maps/Charts; Painted Tattva; Little System Routes; Dream Diaries, etc; etc, et all.

When a person, has practiced, their basic egg/chair exercises, in the prescribed manner/method/way, then, as a, matter of, course, as soon as they, do/look/practice? any of the above = **THEY AUTOMATICALLY!** REFLEXIVELY! CONSCIOUSLY = UN-CONSCIOUSLY!?! = **USE!**? THE/THEIR - #1, Malkuth Earth/Hades Plane, Conscious-ness/Body!?

Ophiel, refers to this, #1, Malkuth Earth/Hades, state/condition, as his ‘Neither State,’ of = not awake, and/or/nor, not asleep!?! (See/read Ophiel’s book; Clairvoyance, his chapter; The Two Minds.) When ‘entering,’ any/all ‘inner-planes?’ you, the operator/practitioner, must be ‘in?’ this; passive/receptive/accepting = **OBSERVE-ING!**? **NON-JUDGE-MENTAL!**? STATE/CONDITION!?

“Now in your experimental sub-mind work **you will have to evolve your own types of exercises,** like the examples given, and carry them out successfully.

You have to release all conscious-mind control and practice allowing the sub-mind to take over, and this gives rise to a very queer feeling, as if you seem to be losing control over your objective world.

Practice this, until you note a degree of entry of the sub-mind into the objective world, **which is all you want, a degree of entry, and a degree is all you need to greatly improve and sharpen up your life.**” End quote.

Both Egg and Chair exercises, are ‘**IN?**’ the **yellow-highlights,** above.

Historically, the above, practices of/for, what Ophiel, refers to, as his ‘Neither State/Condition,’ we, today, refer to, as = **SENSORY DEPRIVATION!**? Where the individual, loses all ‘exterior,’ stimulation, and the ‘inner,’ Conscious-ness-sense, as senses? becomes, awake; aware; conscious(?) of the **reality(?)** of a/an/other – plane; planes; levels. Israel Regardie, taught this approach, as ‘relaxation?’ or, as the esoteric like to call/name it; Deep Meditative State!?! Load of ‘crap!?’ basically, you – the reader/occultist – have to ‘conquer,’ the Dominance of your ‘own?’ #3, Ego Body, Present Incarnation, Personality Body!?! To the ‘point/place,’ where it = you! = #3, Do not **JUDGE!**? = interfere!?

Ophiel teaches this, in his first book; Astral Projection, in his first two chapters; Little System and Dream Method!?

Ophiel teaches, the/your, #3, Ego Body = TO LET GO! TO STOP! JUDGE-ING? TO RELAX!? TO OBSERVE!? In both his, first two ‘techniques,’ = Little System and/or Dream Method! By/with, constant, continuous, conscientious, and diligent practice, eventually(?) the/your, #3, Ego Body lets go and relaxes? Does not and no longer = **Judges.**

Both basic cosmic egg and/or basic chair, exercises, are of the same ‘ilk?’ ‘stream?’ (See/read Ophiel’s book; Clairvoyance, his chapter; Semi-Physical Types of Clairvoyance.) that is/this is? when enough ‘practice time,’ has taken place, with the/your diligent practice, of the/your, egg/chair exercises? THERE WILL/SHALL!? = COME A TIME!? WHEN YOU – CONSCIOUS, AS A ‘NESS?’ WILL/SHALL! REALISE? BE/BECOME? AWARE; AWAKE; CONSCIOUS? TO THE FACT!? THAT THERE IS/ARE, NOW? THREE-OF YOU???

0, = Outer, outer physically, physical, you?

1, = Inner, malkuth earth/hades, you?

3, = Ego body, you?

What you = Conscious, as a ‘ness,’ are = aim-ing for!? = IS!? THE ‘INSERTION!?’ OF THE/YOUR = #2, Etheric Plane! = IN ORDER TO = BALANCE!? RE-DRESS!? THE/YOUR = NATURAL/NORMAL ‘NESS!?’ Work-ing/Operate-ing – success!?

Now! The present writer doesn’t ‘care if?’ you agree/disagree, with them and the reason is? if you choose, to do practice, the/your, basic cosmic egg and/or basic chair exercises, and they are ‘not?’ for you, at this time, in your ‘occult,’ life/living? Please be rest assured, that it will make absolutely/totally, no difference, to the present writer? And the reason of/for this? is? That the present writer isn’t try-ing to ‘prove?’ a point! The present writer, simply presents/offers, a ‘possible?’ method/way, for those individuals, who are finding it ‘difficult?’ at this time, in their occult life/living, to get Ophiel’s materials to ‘work/operate,’ for them, at this time.

Some/many, of you cannot/do not, at this time, #2, Etheric Project, but? unless you have a/an, medical condition(?) = **YOU ARE BORN!?** = **PSYCHIC!?** = #1, MALKUTH EARTH/HADES PLANE!?

This ‘Psychic?’ appears? is revealed? In the most, strangest of places/times? When not ‘recognised?’ by the/your, #3, Ego Body ‘dominance?’ In the present writers ‘case,’ the first time they were ‘swimming,’ in ‘deep water,’ (Ocean!) and when, younger = when they left the ‘light,’ of the campfire, to go urinate, and DARK-NESS? BLACK-NESS? BLIND-NESS = WAS THERE!? – WHISPER-ING?? TO THEM!?!? (The present writer.) Not a one off, experience, for the present writer, as they had/have the same = FEEL-ING!? When fully awake; aware and conscious? But when it = The Dark-ness; Black-ness; Blind-ness = WAS ENHANCED!? BY WITH? #0, Outer, Outer, Physically, Physical = Dark-ness; Black-ness; Blind-ness, then, things weren’t so ‘nice?’

Also, when the present writer, as already explained, was introduced, to ‘scary?’ movies (12 yrs old!?) and sitting in the picture house/theatre, dark-ness? Didn’t help either! But...! Eventually, as the ‘adult,’ emerged, the ‘child?’ was reassured? But...! They didn’t forget?? Then, during the sixties and seventies, the ‘search,’ became serious? But...! The present writer, had to ‘run the gauntlets,’ (Take the punches/blows,) of their day, until, one day? 1969, they purchased Ophiel’s book; Astral Projection, from the; Metaphysical Group/Society, in England.

Then came all the ‘other?’ books? An ‘endless stream,’ of them, many outlandish, but...! many others, absolute treasures, which are read/re-read. But...! It was only(!?) when the present writer, would ‘project/transfer?’ to the/their, #1, Malkuth Earth/Hades Plane? That ‘resolution?’ came? That ‘understanding?’ came? The Knowledge/Knowing/Understanding! = THAT THE/YOUR = #1, MALKUTH EARTH/HADES PLANE! **IS! IS!** JUST AS IMPORTANT? NECESSARY? AS IS!? THE/YOUR = #0, AND/PLUS, #2, PLANES! Then, things ‘**changed?**’

NOT! = Because of? – the/my, #0 = use; use-ing; uses; used!?

NOT! = Because of? – the/my, #2 = reflect; repeat; reverse!?

BUT! = Because of? – the/my, #1 = **Psychic-Tactile-Feel-ing-Believe-ing?**

Also, much of the materials, that is/are, presented/posted, to the list, as ‘folders/files,’ are already ‘past,’ and many of them, are ‘well past!?’ The present writer, has ‘no idea?’ why? they couldn’t contact Ophiel, as the present writer = wrote, sent money, went to San Francisco, but he had already moved, back to be nearer his relatives. He, Ophiel, passed peacefully, at the age of 84.

The present writer, always liked, the Mythology of India, and the ‘elegance?’ of its presentations, and that, of the; Samkyana, which Ophiel writes about, in his book; The Occult. (Puruṣa and Praktri,) and he writes, that; nothing exists,

outside of conscious, as a 'ness?' but... can only 'exist?' as a 'ness,' in its self? What is important? is the **understanding?** of this.

Which is, in the example of 'Schrodinger's, cat/box,' exercise = **WHERE THE OBSERVER? INFLUENCES? THE OBSERVED!?** (See/read, Ophiel's books; Creative Visualisation and his Talismanic Magic.)

So, in the Dark-ness; Black-ness; **Blind**-ness = #1, Malkuth Earth/Hades Plane = **IS/ARE!?** – **SYMBOLS!?** Which you – Conscious, as a 'ness,' = **Psychically-Tactilely-Feel!?**

So, in the #0, Outer, outer, physically physical world, you, Conscious, as a, #0, 'ness,' = **work-off-of/from!?** the/these = #1, Malkuth Earth/Hades Plane = **SYMBOLS!?** And, you have/make/create = Icons/Idols – images? of/for, these, #1, Symbols = **AND CALL THEM/THESE – #0, ICONS/IDOLS = SYMBOLS!?** = **WHICH THEY ARE NOT!?**

Take a deep breath, here? And try to realise? That the above information, goes a 'long way,' in explaining(?) **why?** your 'occult?' isn't/doesn't/won't? – **Work-for-you!?** = #0 and/or/plus, you = #2!?! Imagine, you are one of those, persons/individuals, who can/do, #2, Etheric Plane Project? Well!?! in/on that/this/your?! #2, Etheric Plane = You, Conscious, as a #2, 'ness?' = **REIGN SUPREME?** But...! in/on the/your, #1 and #0, Planes? Maybe, not so much? Why?

The present writer, shall just write, this part again, for you, the reader/occultist, so that you do not loose sight? of what it is, that is being said/written here!?

There is/are = three-planes; #0, outer physical; #1, malkuth **psychic-tactile-feel**-ing; #2, etheric clairvoyance. Each of the/these three planes, have distinct and defined; LAWS; RULES; GOVERNANCES, which must be 'recognised,' and 'adhered,' to/accepted.

Try this; For all this, is delivered unto me, and to whomsoever, I will, will I give it.

This, the above line, is one plane(?) talking to another plane(?) about a third plane(?) **AND! EXPLAIN-ING!?** **THE ACTIONS/DO-INGS, NECESSARY!?** FOR THE INDIVIDUAL (YOU! Reading this?) **WHAT TO 'DO!?' IN ORDER TO 'ACHIEVE?'** YOUR DESIRES/END GOALS/AIMS!?

All this = is/means, that which is above and that, which is below = **FROM WHERE IT!?** = **THE SPEAKER!?** = I!?! = **IS!?** **SPEAK-ING!?** **FROM!?** = #1, MALKUTH EARTH/HADES PLANE!?

Now! In order to, assist, aid and help, the reader/occultist(?) understand, in a/an 'easy/simple?' way? the present writer, has presented/explained, that you! who are reading this/these 'monologues,' = **CAN ONLY! USE!?** The/your, #0, Outer, Outer, Physically, Physical Plane!?! = **THUS!?** – YOUR, #3, EGO-BODY!?! = **IS!?** **FREE!?**

FREE TO = USE!? **FREE TO = HAVE!?** CONSCIOUSLY! KNOWINGLY! DELIBERATELY – **USE-ING!?** THIS INFORMATION/INSTRUCTION = GIVES YOU! – CONSCIOUS, AS A 'NESS?' A LIFE-LINE!?

YOU CAN ONLY! = USE!? THE/YOUR = #0, Outer, Outer, Physically, Physical, Plane/Body!?

Now! For the 'secret key?' part!?! = THE/YOUR, #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY = **PIGGY-BACKS!?** – IN/ON CONSCIOUS? WHEN IT – CONSCIOUS, IS **'IN?'** A 'NESS!?' STATE/CONDITION!?

If you are a 'shit!' here = #0, you are a 'shit!' there = #1, you are a 'shit!' there = #2!?! How many? Celebrities? Would it? Does it? take, to demonstrate/prove, this point?

Ophiel writes/warns, about this, in writings, about individuals, who, when reaching the/their, #4, Astral/Emotional Plane, get the/their 'Messiah,' complex; Industrially; Financially; Politically; Militarily; Religiously; won't/don't matter!?! Once a 'shit!' always a 'shit!' = Vanity of Vanities, all is Vanity!?! (Ole Crazy Book Talk!?)

Vanity = from the Proto-Indo-European Root word; ***eue-** = to leave; to abandon; to give out; lacking; empty.

There is/are, many, many, materially successful persons/individuals, who, coming to their, #0, finite end? Who are left wondering? Could have? Should have? Would have? and then they 'die?' just like the rest of us? But...! according to the, human 'collective,' over many cultures, over many, many years? There is(?) a/an 'atonement?' 'redress?' 'snap-back?' (Letter of Saint Augustine, is an example.) (Ancient Egyptian, 72, denials? I Have Not!?) (Ole Crazy Book, talk = Thou Shalt Not!?) All, Element Earth, examples.)

But...! it was!?! the Gnostic 'zealots,' who were 'Gnostics?' in name only! Academics who could 'read?' but had no personal/individual 'initiation?' 'experience?' it was they = **WHO MADE THE DEMIURGE – 'EVIL?'** Who

made/gave, the/their/YOUR! = #1, Malkuth Earth/Hades Plane, the 'Bad Rep!?' (See/read Ophiel's book; Contacting the Demiurge, for this = What has been called 'Evil,' for thousands of years, will be the salvation of the people.)

Do you? Are you? – aware; awake; conscious? to the fact!? that each time/any time? that you, the reader/occultist(?) do/practice, the/your, basic egg/chair, exercises = that you, Conscious, as a ness, are literally, actually, factually, knowingly, deliberately, purposefully – work-ing-with!? = THE/YOUR!? #1, MALKUTH EARTH/HADES PLANE!? IN THE/YOUR = REAL-TIME - #0!?

Try this 'trick?' on your, #3, Ego Body? and see how you get on!? (Capitols, are for 'emphasis!?!')

THE/YOUR - #3, EGO BODY = **FEELS NOTHING!**?

ONLY! ONLY! THE/YOUR = ACTUAL? BODIES = **FEEL!**?

Would you like to read this, from Ophiel? Well, of course you would! So, here it is, again, from his first book; Astral Projection, his chapter; Little System:

“IF THE ABOVE IS TRUE, WHY DON'T YOU REMEMBER YOUR NIGHTLY PROJECTIONS? – THE REASON, WHY YOU DON'T REMEMBER, IS THAT THE BULK OF YOUR CONSCIOUSNESS, IS IN THE PHYSICAL BODY **AND REMAINS THERE MOST ALL YOUR LIFE, UNLESS,** YOU CONSCIOUSLY TRANSFER IT ELSEWHERE!!!!

AND NOW YOU HAVE THE SECRET OF ASTRAL PROJECTION in a nut shell.

YOU DO NOT PROJECT AN ETHERIC BODY OR AN ASTRAL BODY.

YOU DO NOT PROJECT ANYTHING.

ALL YOU DO, IS TO TRANSFER CONSCIOUSNESS, **TO ANOTHER BODY, OTHER THAN THE PHYSICAL.**

That is what you are going to do, in the four systems, that I am going to give to you in this book.

YOU ARE GOING TO LEARN TO PROJECT YOUR CONSCIOUSNESS TO THE BODY YOU HAVE THAT CORRESPONDS TO THE BODY OF THE PLANE YOU WANT TO GO TO.

However, for all practical purposes you can consider the action as a projection, and it is a kind of a projection - **a projection of, consciousness, however, instead of a "body."** End quote.

The present writer, wanted to go to the/their, #1, Malkuth Earth/Hade Plane!? = BECAUSE THAT! THIS? = IS! IS! = THE PLANE = ABOVE; OVER; HIGHER; BEFORE AND IN-FRONT-OF!? The/this/your = #0, Outer, Outer, Physically Physical Plane!? which IS!? = BELOW; UNDER; LOWER; AFTER AND BEHIND!?

The/your = #1, Malkuth Earth/Hades Plane = IS!? **NOT!**? = #0, Physical!?

The/your = #1, Malkuth Earth/Hades Plane = IS!? **NOT!**? = #2, Etheric!?

So! What are you!? the reader/occultist!? Going to 'do?' now? Where? **do you?** want/wish? to go to?

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Thank you.