

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

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# 1 of 1 Astral Projection. 2024

The present writer, presents, about the #1, Malkuth Earth/Hades Plane, in the, Gnostic style, of the School of Valentinus. This school of, Gnostic teaching, said that the, #1, Malkuth Earth/Hades Plane, which was/is, the lowest point, of the Demiurge, before it, the Demiurge, became = #0, Outer, outer, physically, physical = use; use-ing; uses; used.

Valentinus, taught, that the Demiurge, was 'not,' Evil, but was/is, in a state/condition, of 'Ignorance?' about its own, true being/nature. This part/piece, of the Demiurge, at the/its, lowest level, was sensed/felt, by the, #0, body, as, Adverse; Opposed; Obstacle? Which was caused/brought about, because the, un-initiated, didn't know/understand? the 'true,' nature? of the Demiurge, as well.

Valentinus, taught, the three names, of/for the Demiurge, to describe/explain, its, actions/doings; which was/is/are;

Yaldabaoth = Childish. Saklas = Foolish. SamaEl = **BLIND!** (SamaEL = Blind God; God of the **Blind!**)

Dark-ness; Black-ness; **Blind**-ness = **Psychic-Tactile-Feel**-ing!? = #1, Malkuth Earth/Hades.

In the above two lines, is everything you need/require, to start to begin, your transfer/projection, of your, Conscious, as a 'ness.'

Ness = to protrude; to project; promontory; jut-forth; stand-out.

Each = Plane/Level, is a 'ness,' state/condition, of/for the/your; Conscious.

The two 'closest/nearest,' are #0, Outer Physical and #1, Malkuth Earth/Hades.

The planes/levels, under discussion, is/are; #0, Physical. #1, Malkuth. #2, Etheric.

The plane/level, that is the, most/least, understood, is that of the/your, #1, Malkuth Earth/Hades Plane.

The #1, Malkuth Earth/Hades Plane, is, the first plane, up, in, above, over, higher, before and in front of, the/your, #0, Outer Physically Physical Plane, which is, down, out, below, under, lower, after, and behind?

The #1, Malkuth Earth/Hades Plane, is, between, #2, Etheric and #0, Physical.

Nothing passes from, #2, Etheric, until and unless, it passes through, #1, Malkuth Earth/Hades!

Nothing passes from, #1, Physical, until and unless, it passes through, #1, Malkuth Earth/Hades!

For all this – above & below, is delivered unto, #1, Malkuth Earth/Hades Plane!

So, now? in keeping with the law/laws, the individual, is now in a position, place, to do something about the learning and mastering, of these three planes, and thus, the individual, would, on paper? Be in possession, of the, three parts, of the Law.

#0, Outer, outer, physically physical plane, law, is = use; use-ing; uses; used.

#1, Malkuth earth/hades plane, law, is = **psychic-tactile-feel**-ing.

#2, Etheric plane, law, is = repeat; reflect; reverse.

In order for the worthy ancients, to invoke/evoke, the individuals, latent/dormant **Psychic** powers/abilities, they used, the 'reverse-ness,' of the #2, Etheric Plane, and instructed, pupils, to = Project '**OUT!**?' in/order to 'induce?' them, to = Project '**IN!**?' This method/procedure, was basically, for those who were/are, naturally gifted, in this way, and would be able to 'sense/feel!?' the 'Reverse Motion?' Here is how Ophiel, writes this, from his book; Astral Projection, his chapter; Dream Method.

"The "trouble" you encounter and the dire things that old maid occultists warn you against, all the times in the past that you read about Astral projection, **is really nothing but this DIFFERENCE, that exists between the different planes and what happens when you try to action the Inner planes the same way that you act on earth-physical.**

Some old maid New Thought practitioner got out there one time by accident, and when she tried to come, she went, and it scared the wits out of her. So instead of trying to find out what was wrong she labelled it all hell and warned everyone to stay away. **I want you to understand this fully so I will repeat it again – On the Inner planes you have to ACT in accordance with the laws that govern that plane which laws are different than the laws that govern the physical plane.**

And until you learn these laws, and MOVE by them, you are going to find yourself in a very peculiar position when you try to do something. When you do learn these laws, and act accordingly, all will be well.” End quote.

Now, please study carefully! = Some old maid New Thought practitioner got out there one time by accident, and when she tried to come, she went, and it scared the wits out of her. So instead of trying to find out what was wrong, she labelled it all hell, and warned everyone to stay away.

If you cannot/do not/are not yet able, to see/read, the/your = Basic Cosmic Egg and/or/nor, the/your = Basic Chair, exercises, in the above, quotes, from Ophiel, then you require more reading and more practicing.

The Basic Cosmic Egg, exercise, is ‘passive/receptive,’ as you sense/feel, the, Five Basic Element Forces, within you, about you and surrounding you, #1 and/plus, #0. The Forces ‘come to you!?’ And you, the reader, occultist(?) wear them on your, like clothing!?

The Basic Chair, exercise, is ‘active/reactive,’ as you sense/feel, the/your, Basic Element Force, of the Element Earth, move within you!? – as, Adverse; Opposed; Obstacle!?! As you, stand/sit, sit/stand!?! (Resistance; Inert; Immobile, etc, etc.)

Studying/Practicing, this type/kind of Psychic movement, will/shall/should? prevent you, the reader/occultist(?) becoming/be-ing, the Old Maid, in Ophiel’s quote above = So instead of trying to find out what was wrong, she labelled it all hell, and warned everyone to stay away.

In the Gnostic, teachings, there were/are, three types/kinds, of ‘human,’ being.

The ‘pneumatics,’ spiritual, from the Greek; πνεῦμα – spirit. Highest order of human.

The ‘psychics,’ partially initiated, partially aware, awake. Playful spirits (intuitive.)

The ‘hylics,’ gross matter, bio-logical matter.

The ‘Holy Fathers??’ went straight for the ‘top tier,’ on paper, and had, absolutely ‘no idea?’ on how? to deliver? They simply said; Do what we say, and you will be ‘saved?’ needless, to say, it was and still is, to this day – shite!?! Now the ‘holy word?’ is in the latest edition? latest variation? latest explanation? latest political statement? latest promise, of something for nothing? needless, to say, it was and still is, to this day – all shite!?!

So, it behoves, us(?) as individuals, to ‘do?’ what we can do? and let the rest go, their way? (See/read what Ophiel writes, about his father, in his ‘dream house?’ in his chapter; Dream Method, Astral Projection, book.)

So, we, the reader/Occultist, at his particular time, in our, occult life/living, cannot/do not, despite our best efforts, project/transfer, our Conscious, as a, ness? Neither #1 and/or/nor, #2, Etheric. Therefore, whatever it is? in Ophiel’s, materials, at this time, that we are doing (or not doing?) is not, working for us, the reader/occultist?

So, therefore, we are going to ‘change’ it, slightly? Instead of transferring/projecting, to the/our, #2, Etheric Plane, we are going to try to project/transfer, to our, #1, Malkuth Earth/Hades Plane!?! This, we propose to, do, PSYCHICALLY?

The word, Psyche – is means; PIE Root word; bhes- to blow; to breath; (to give life/animation.)

Thus, the Greek word, in the Biblical ‘use/understanding,’ was; to give life/animation = to a ‘soul?’ from the ‘seat = place/plane,’ of/for; Feel-ing = Your, Psychic-Tactile-Feel-ing. (See/read Ophiel’s book; Creative Visualisation, for giving, #2, Etheric Visualisations, a ‘soul?’)

This/your, Psyche, is, in/on the/your, #1, Malkuth Earth/Hades Plane = Dark-ness; Black-ness; Blind-ness, where you, as a Conscious ‘ness?’ must - Psychically-Tactilely-Feel!?!

This, the above, is very, very, easily done, via the/your, basic cosmic egg and/or basic chair, exercises!?

It is now, important, that you do not try and cut-short? your egg/chair exercises, if it takes week or a fortnight, or a month, then, so be it! both exercises, once understood, take no more than five minutes to complete. Egg = morning/night, chair during the day.

Both egg and chair, teach; show; instruct; inform = about the Dark-ness; Black-ness; Blind-ness = #1, Malkuth Earth/Hades Plane.

In the case, of the, egg exercise, the Five Basic Element Symbols = come to you! You, are the fixed-point!

In the case, of the, chair exercise, the Chair, is the fixed-point, and you, #0, work-off-of/from it!

There is no need, to look for it? #1, Malkuth Earth/Hades Force!? it is there! The ‘trick?’ = IS TO LEARN HOW? TO OBSERVE IT!? Which is the ‘point?’ to the egg/chair exercises.

So, the first step, is to do/practice, egg, and chair, in prescribed, manner/method, of = psychic-tactile-feel-ing! and once you think/feel, that you are ready, you can begin Ophiel’s Little System, and his route/stations, paying great attention, to the, #0, Outer, Outer, Physically, Physicality, of it. After several days, at the physicality of your chosen, Little System and your Egg/Chair, exercises, you can now, tie them both together, in the one exercise.

Sit quietly, and relax physically, close your, #0, eyes and ‘enter,’ your dark-ness; black-ness; blind-ness! Do this, by/with, pushing-down, in order to stand-up, but...! Do, it, in/on the/your, #1, Malkuth Earth/Hades Plane = AND PSYCHICALLY-TACTILELY-FEEL!? YOUR, #1, SELF!? STAND-UP!?

FEEL YOUR #0, SITTING IN THE CHAIR, BEHIND YOU!? #1! And begin your Little System Route, feel/sense, your #0, behind you - #1, and step-away, starting your Route!? As a blind person, you don’t need to ‘see?’ your room, but...! you can still, feel-it-there!? as you, Conscious, as a, #1, ness, continue on, with your ‘route,’ do so, as a blind person!? You know, where the doors are? you don’t need to ‘see?’ them, because you feel, them! You know, where the windows are? you don’t need to ‘see?’ them, because you feel, them! Stations? the same? Furniture? the same? Radiators? the same?

In/on the/your, #1, Malkuth Earth/Hades Plane, do everything, you would do, in/on the/your, #0, Outer, Physical Plane and/or, the/your, #2, Etheric Plane. You already know how to ‘do this?’ Psychic-Tactile-Feel-ing, because of the/your, daily practice/doing, of your egg/chair, exercises.

Start off, with your basic chair exercise, and when you, #1, Malkuth Earth/Hades Plane – stand-up = See the/your room; IN THE DARK-NESS; BLACK-NESS; BLIND-NESS!? individuals are so, #0, Eye, orientated, that they do not understand ‘How?’ to Psychically-Tactilely-Feel!? And yet, Ophiel explains this very thing, in his book; Clairvoyance, in his last chapter, of his book: The Two Minds, and his exercise examples; milk-pouring; watermelon and gas-pedal!

When you stand-up, in your, #1, Malkuth Earth/Hades Plane Body = PSYCHICALLY-TACTILELY-FEEL!? YOUR ROOM AND ITS CONTENTS, ABOUT YOU, #1! THEN! = PSYCHICALLY-TACTILELY-FEEL!? THE OBJECTS, WITHIN THE/YOUR ROOM = AS IF!? AS THOUGH!? YOU WERE/ARE BLIND!? (Lots of this technique? Blind, in the ole crazy book!?)

The present writer, always finds it amusing, that persons don’t see, don’t feel, the chair they are ‘sitting in?’ and/or, the bed they ‘sleep in?’ and/or the ‘car?’ they drive? And/nor, the ‘clothes?’ they wear. (See/read Ophiel’s vignette; Acceptance, and his ‘frivolous,’ people.)

If you, the reader/occultist have ‘amassed,’ enough, basic cosmic egg and/or basic chair, practice time, in the prescribed manner, method, way? then, the/your, psychic-tactile-feel-ing, of objects; circumstances; things and/or, it’s; should enable you, the operator, to ‘do/travel,’ the whole of your; Little System Route, with its Stations, = IN COMPLETE/TOTAL = DARK-ness; BLACK-ness; BLIND-ness, with you, Conscious, as a #1, ness = PSYCHICALLY-TACTILELY-FEEL-ING!? The ‘whole,’ of your Little System Route – there and back again!?

Do the ‘whole,’ of your, Little System Route, as explained/described, by Ophiel, but...! DO IT!? IN/ON THE/YOUR!? = #1, MALKUTH EARTH/HADES PLANE = BLIND-ness!? PRACTICE! THE/YOUR = PSYCHICALLY-TACTILELY-FEEL-ING!? FIRST!?

Make sure, you follow Ophiel’s instructions = There and Back, again!? But...! simply ‘do it?’ in/on the/your = #1, Malkuth Earth/Hades Plane!? So, as you ‘approach,’ your #0, Outer, outer, physically physical body, sitting there, in your chair, simply, about face/turn, and sit-down, into your, #0, body, by/with – pushing-up! and ‘re-enter?’ your, #0, body.

Try not to ‘experiment?’ ‘test?’ ‘extend?’ your, #1, Malkuth Earth/Hades Plane Body, because of the, your, #3, Ego Body = me, me, me!? Now, it the time, for you, Conscious, to begin to ‘pacify?’ your, #3, Ego Body, by/with, making it, #3, to simply ‘observe?’ (which word, means! to watch over; to protect; to defend = #0!?)

So, your, #3, Ego body, is to keep you, Conscious, as a ‘ness,’ safe!? By/with – Observe-ing? without, Judge-ing!? As soon as you, Conscious, as a ‘ness,’ get to ‘experience = realise?’ the/your, #1, Malkuth Earth/Hades Plane, as a ‘tangible?’ reality? For you, Conscious, the/your, #3, Ego Body, will/shall, simply ‘reflex?’ and ‘do?’ ITS!? Own ‘thing?’

This, the above, you, Conscious, as a, #1, ness, will/shall = Psychically-Tactilely-Feel!? = example – if you can ‘feel?’ a chair; stair; table; room? Why not just simply ‘feel?’ someone else/other? Answer = because you will be ‘doing it?’ to

yourself!? AS 'EXPLAINED!?' IN OPHIEL'S VIGNETTE = HOW TO CONTROL AND DOMINATE OTHERS!? BUT...! IMAGINE NOW? HOW IT WOULD BE? COULD BE! THAT YOU LET THEM = **FEEL YOU!**? (Basic Cosmic Egg exercise!?)

You, the reader/occultist(?) if you have been following carefully, over the/these many, many 'monologues,' should now, be in a position/place, of understanding (A 'Gnosis?' – personal/individual 'experience of?') the/your, #1, Malkuth Earth/Hades Plane = **AS A PLANE!**?

You, the reader/occultist(?) if you have been following carefully, over the/these many, many 'monologues,' should now, be in a position/place, of understanding (A 'Gnosis?' – personal/individual 'experience of?') the/your, #1, Malkuth Earth/Hades Plane = **AS A/AN = INNER-PLANE!**?

You, the reader/occultist(?) if you have been following carefully, over the/these many, many 'monologues,' should now, be in a position/place, of understanding (A 'Gnosis?' – personal/individual 'experience of?') the/your, #1, Malkuth Earth/Hades Plane;

**AS!**? THE ASTRAL LIGHT!? **AS!**? = THE ASTRAL LIGHT AT ITS LOWEST POINT!? **AS!**? THE ASTRAL LIGHT!? BEFORE IT BECOMES/IS!? = PHYSICALLY PHYSICAL LIGHT!?

The 'Astral Light,' = **AS!**? THE ASTRAL LIGHT!? IN/ON THE/YOUR, #0, OUTER, OUTER, PHYSICALLY, PHYSICAL PLANE!? = **IS REVEALED!**? – **TO YOU!**? = CONSCIOUS?? AS A #0, NESS, **AS** = USE; USE-ING; USES; USED!?

The 'Astral Light,' = **AS!**? THE ASTRAL LIGHT!? IN/ON THE/YOUR, #0, OUTER, OUTER, PHYSICALLY, PHYSICAL PLANE!? = **IS REVEALED!**? – **TO YOU!**? = CONSCIOUS?? AS A #0, NESS, **AS!**? = **Work-ing-Off-Of/From!**?

The 'Astral Light,' = **AS!**? THE ASTRAL LIGHT!? IN/ON THE/YOUR, #0, OUTER, OUTER, PHYSICALLY, PHYSICAL PLANE!? = **IS REVEALED!**? – **TO YOU!**? = CONSCIOUS?? AS A #0, NESS, **AS!**? = **Work-ing-Off-Of/From!**? = Resistance! Adverse; Opposed; Obstacle!?

When you – Conscious, as a #0, 'ness,' = **Agree-With!**? the/your, #1, Malkuth Earth/Hades Plane – **Self!**? Then? Whatever, your **IT!**? **IS!**? in/on, the/your, #1, Malkuth Earth/Hades Plane!? = **BE IT NOT!** **DO IT NOT!**? = **Work-Off-Of/From!**? = **THE/YOUR!**? **OWN!**? #1, Malkuth Earth/Hades Plane = Resistance! Adverse; Opposed; Obstacle! (Basic Chair Exercise.)

Do you? Are you? the reader/occultist(?) able to 'see?' 'recognise?' = **BE IT NOT!** **DO IT NOT!**? = **IS IN/ON THE/YOUR = #1, MALKUTH EARTH/HADES PLANE!**?

Do you? Are you? the reader/occultist(?) able to understand the above, information? You, #1, can only, only – use; using; uses; used? the/your, #1, Malkuth Earth/Hades Plane for #1, Malkuth Earth/Hades Plane = things?

Do you? Are you? the reader/occultist(?) able to understand the above, information? You, #0, can only, only – use; using; uses; used? the/your, #0, Outer, outer, physically physical plane for!? #0, Outer, outer, physically physical = things?

Do you? Are you? the reader/occultist(?) able to understand that the above, information? **IS!** **DUALITY!**?

**DUALITY!**? = all/every 'thing?' in/on the same/one plane = Going Across The Plane!?

**DUALITY!**? = all/every 'thing?' in/on the same/one plane = Having Same Power!?

**DUALITY!**? = every 'thing?' in/on the same/one plane = Having Same Glory!?

But! When this/their = Power? – to be able. Glory? – repute; renown; report; fame? Are brought 'down?' to the/your, #1, Malkuth Earth/Hades Plane? = **THEN THEY!**? = Objects; Circumstances; Things, etc, etc = **FEEL YOUR! POWER!**? **FEEL YOUR! GLORY!**? = ARE 'ATTRACTED!?' TO YOU!? (See/Read, Ophiel's vignettes; How to Control and Dominate Others and The Power of Speaking Things and Conditions, Into Existence.)

The problem/difficulty(?) with 'Duality?' is that every 'thing,' else/other, has 'equal power?' to with/you = Conscious, as a 'ness?' So, in order to 'control,' 'use,' 'change?' the/this = **DUALITY?** You – Conscious, as a 'ness,' = **SAY?** **SPEAK?** = **GET THEE!**? – Object; Circumstance; Thing and/or, IT!? = **BEHIND ME!**? From a Higher Plane to a Lower Plane = **BUT NOT!**? **SO?** – IN/ON THE/YOUR = #0, Outer, outer, physically, physical plane!? = **WHY!**? – **BECAUSE!**? – YOU! CONSCIOUS, AS A, #0, NESS? **DUALITY?** = **CAN ONLY!** **ONLY!** = USE! USE-ING! USES! USED! THE/YOUR = #0, Outer, outer, physically physical plane!? **WHY!**? – **BECAUSE!**? – YOU! CONSCIOUS, AS A, #0, NESS? ARE IN/ON THE **FINAL!**? **END!**? **DUALITY?**

So? if you – Conscious, as a, #0, ness? would like to ‘change?’ the/your, #0, ness? then you, Conscious(?) must **change?** your, now present(?) ness, state/condition? From #0, to? #1, Malkuth Earth/Hades Plane = Egg/Chair exercises, and/or, Ophiel’s = #2, Etheric Plane = Astral Projection Book, exercises?

But...! there is/are, many, many, people/persons/individuals, for whom, for whatever reason(?) cannot/do not/are not? yet able to, use? Ophiel’s techniques, so that they ‘work,’ for them. It is, to these individuals, that the present writer was asked to help/aid/assist? (2003.) So, every week, since then, the present writer, has presented.

In many ‘cases,’ most individuals, cannot/do not/are not, yet able to, see past, see through, from, objects; circumstances; things and/or its, because they/these individuals, cannot, do not, are not, yet able to ‘see?’ the ‘Planes/Levels?’ because their, #3, Ego Body, is, Dominant, in ‘all,’ their lower planes? So much so, that they, Conscious, as a ‘ness,’ are stuck; held; trapped; gripped, by/with, the/their ‘own?’ invisible plane = #1, Malkuth Earth/Hades Plane – **Psychic-Tactile-Feel-ing-Believe-ing!**? And!? they = #3, are = **afraid?** of the/their = **OWN SHADOW!**? The/their = **OWN!**? **DARK-ness; BLACK-ness; BLIND-ness!**? (See/Read Ophiel’s vignette; The Dweller on the Threshold.) If you get/have, enough, egg/chair, work, then, when you ‘go,’ to #2, Visualise, in/on the/your, #2, Etheric Plane, all your, #2, Etheric Plane, Dreams/Visualisations = will-have/shall-have = **DEPTH!**? = **THREE-DIMENSIONALITY!**? **IN/ON A = TWO-DIMENSIONAL PLANE!**? **Element** Water – **AS!** – **Elemental** Earth!?

**Element** = essence of; principle of; sub-stance of.

**Elemental** = pertaining to the; powers of.

The present writer, has made ‘no secret!?’ of the ‘fact!?’ that we **all!**? **project-from!**? the #1, Malkuth Earth/Hades Plane = **to!**? the #2, Etheric Plane and/or, to, #0, Outer Physical Plane! Why else? would the worthy ancients write; For all this, is delivered unto me, (#1,) and to whomsoever, I will, will I, give it!?

What? does it/he give?? And what? is it?

The present writer, shall just forwards this, reply, to the list, as we are all in this together, as there may be other members, who are of the same persuasion/ilk, as yourself. That ‘everything,’ begins and ends, at the, #2, Etheric Plane! Why not just go and have a ‘look?’ at the/your tree/map, and have ‘think?’ about the ‘Sphere?’ beneath, Yesod!? But above, Physical!?

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Thank you.