

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

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# 1 of 1 Egg and Chair work. 2024

It is difficult to explain, in writing, but, in many cases, the thing in its 'self,' is very easy and rather simplistic. The worthy ancients, in the Hindu, system, described this, simplicity, as 'slippery?' We, modern persons, might describe it, as being, evasive? avoidance? difficult? which, unfortunately for us, pre-determines, pre-defines, the/that/this – slippery-ness? Is actually, deliberate? Whereas, it is just the 'way,' that the/your, #2, Etheric Plane – works/operates/acts.

Ophiel describes the Light, as being like water, therefore, the present writer 'swims?' that is/this is, the present takes the, #0, sensation/feel-ing, of 'move-ing,' through water, into/onto the/their, #1, Malkuth Earth/Hades Plane, when they 'move?' – **Psychically-Tactilely-Feel!**?

The present writer, has always, been amused, and finds it 'extremely funny?' (Ha, Ha, funny!) that so, so, many, would be 'occultists?' do not know, do not understand? That the/their, #1, Malkuth Earth/Hades Plane, **IS!**? THE ASTRAL LIGHT!? **AT! ITS! LOWEST POINT/PLACE!**? **AS!**? ASTRAL LIGHT!?

The present writer, has always, been amused, and finds it 'extremely funny?' (Ha, Ha, funny!) that so, so, many, would be 'occultists?' do not know, do not understand? That the/their, #1, Malkuth Earth/Hades Plane, **IS!**? **NOT! NOT!** #0, Outer, outer, physically, physical!?

All of the tree/map = **IS! INNER-PLANE!**?

The above, being true, makes no difference, to the one, who does not, as yet, understand it!?

The above, being true, means that you, the reader/occultist(?) already transfer/project!?

The above, being true, means that you #0, the reader/occultist(?) are a transfer/projection, of your = #1, self!?

The above, being true, means that you, #2, the reader/occultist(?) are a transfer/projection, of your = #1, self!?

In the second line, of the first verse, of the ole crazy book, they talk/write, about 'two faces?' the 'face,' being the/their 'euphonism?' of/for, Conscious, as a 'ness,' state/condition?

And the earth (#0,) was without form;

And void; (Empty.)

And dark, ness; (#1.)

Was upon the face = sur-face = Conscious, as a 'ness.'

And the Spirit, of God = Akasha.

Moved = **tactilely-felt;**

Upon = the face = sur-face = the Waters (S, plural? = more than one?)

Being an educated/informed, occultist(?) you, the reader, naturally/instinctively, know/understand, that the 'plural,' waters, are; Akasha; Air; Fire; Water; Earth, of the/your = Inner Planes!? Also, being a/an, educated/informed, occultist(?) you, the/reader, should know/understand, that historically, all of the above; In the beginning, Macrocosmic, stuff(?) **is!**? from the Ancient Egyptian, origins/religions, and 'Converted?' into, Hebrew interpretations!? What is, being brought, to your attention, is the individual-ise-ation, of these = Waters? – at the/your, Microcosmic Scale.

So! The 'first-thing?' is that the = Luminous?? Light?? = **IS/COMES FROM!**? THE, **DARK/DARK-NESS – NON-LUMINOUS-LIGHT!**? = #1, Malkuth Earth/Hades Plane!? And – Goes Back Up/In!? to the = ORIGINAL!? SOURCE/LIGHT!? FROM WHENCE IT CAME!?

So! On the, Return? = #0, Outer Physical Earth = First! Then! #1, Malkuth Earth/Hades Earth = Next!?

So! On the, Descend? = #1, Malkuth Earth/Hades Earth = First! Then! #0, Outer Physical Earth = Next!?

How difficult(?) can it be??

Right now, reading these, monologues, and e-mails, you are = #0/#1!? That is/this is – going from, #0 to #1!?

Right now, reading these, monologues, and e-mails, there is/are = **TWO OF YOU!**?

AND NONE OF THE ‘TWO?’ = #1/#0 = ARE YOUR = #3, EGO BODY!?

What is ‘missing?’ in your ‘occult?’ is this, the above, as a ‘realise-ation?’ (ation = movement!)

DO YOU! CONSCIOUS, AS A #0, NESS!?! NOT UNDERSTAND!?! = **TWO-OF-YOU!**!?

#1, WHO **PSYCHICALLY-TACTILELY-FEELS!**!?

#0, WHO PHYSICALLY-PHYSICALLY-**USES!**!?

#1, WHO **PSYCHICALLY-TACTILELY-FEELS**-INERT/INERTIA = Adverse/Oppose/Obstacle!?

#0, WHO PHYSICALLY-PHYSICALLY-USES #1 = **Works-off-of-from** = #1!?! - INERT/INERTIA!?

#3, EGO BODY YOU? IS A CONSTRUCT? WHICH = **OBSERVES!**!?! When work-ing properly!?

#3, EGO BODY YOU? IS A NEGATIVE? WHEN IT = **JUDGES!**!?! Reveals; Shows; Displays = **TELLS!**!?!?

Imaging now? if you can? that when you, #0, do/practice/use, Ophiel’s techniques, you are **do**-ing so, **from!**?! = **Work**-ing-**off-of-from** = the/your, #1, Malkuth Earth/Hades Plane!?

Imaging now? if you can? that when you, #0, do/practice/**use**, your Egg/Chair techniques, you are **do**-ing so, **from!**?! = **Work**-ing-**off-of-from** = the/your, #1, Malkuth Earth/Hades Plane/Partner!?

Here now, is what Ophiel writes, about the/your, #3, Ego Body, in his vignette; You and Your Desires.

“However, there are certain basic ‘Truths,’ which are self-evident and are ‘True’ in any and all systems. If you will go back to these, not neglecting your other more advanced studies, you can handle most everyday ‘Stuff’ with ease. The basic thing/fact of all, is that you have a sub-con-scious, part of your mind, **which performs all the unconscious work necessary to maintain your body functions. Also, a deeper portion of this sub-mind appears to be linked to the ‘Universal Subconscious,’ which can, and does, bring you, into touch with aspects of daily living, that you find satisfactory and desirable for your well-being and happiness.**” End quote.

Imagine now? That you have, inside you? A part/piece, that doesn’t know/understand? how the above, un-con-scious, as a; ness = protrude; project; promontory; jut-forth; stand-out – **works/operates**? Because that/this, part/piece, has ‘no,’ understanding, of its **self?** and ‘**how?**’ it!?! works/operates!?! Thus, un-consciously, un-knowingly!?! stops/halts? your, want’s; needs; desires; broodings!?!?

Ophiel next, writes;

“However, this part of you, your sub-mind, is also influenced somewhat by your **attitudes and desires**. If you have, and keep, a receptive, hopeful. and expectant attitude, you will understand naturally that you are in a much better position, to notice an opportunity than if you were in a ‘Blue’ mood, closed to outside, incoming influences and ideas. All this is simple and has been harped on many times before. **Too simple, ‘BUT TRUE!’**” End quote.

Context; However, this part of you, your sub-mind, is also influenced, somewhat, by the/your = **attitudes** (word means; mental posture/mental stance/mental position/place.) and your = **desires** (word means; of the stars; from the fates; from the universe; from the un-conscious-ness.) If you have and keep, a receptive, hopeful; expectant attitude, you will understand, that you are in a much better position/place, to notice an opportunity, than if you were/are in, a Blue/Cold/Dispassionate = #3, Ego Body **JUDGE**-MENTAL MOOD!?!?

Next; “So don’t get in ‘Blue,’ ‘Bad moods,’ I say. ‘Easy enough to say,’ you say! Well, it is simple and easy but countless people get in ‘Blue moods’ all the time and stay that way while studying the ‘Occult!’ It is easy to get into a ‘Blue mood’ **BUT IT IS ALSO EASY TO GET OUT OF ONE TOO.**” End quote. (Underlines are Ophiel’s.

Context;

So, don’t get into, the/your, #3, Ego Body = **Judge**-mental mood = Bad moods, I say. You say; Easy enough to say, you say!?! Well, it is simple and easy, but, countless people get into **Judge**-mental ‘moods,’ all the time and stay that way, as a/an, #3, Ego Body, internal ‘reflex?’ while studying the ‘Occult!’ It is easy to get ‘trapped?’ into this; #3, Ego Body = **Judge**-mental, way of living? = **BUT!**?! ONCE IN THIS - **Judge**-mental State/Condition!?! **IT IS ALSO? VERY EASY!?! TO GET OUT OF IT TOO!?! IF??** you, Conscious, as a ‘ness,’ are able to understand/know about/of = THE/YOUR = #1, MALKUTH EARTH/HADES PLANE, AND HOW? THE/YOUR = #1, MALKUTH EARTH/HADES PLANE = **WORKS/OPERATES!**!?! – IN/ON **ITS!**!?! **OWN!**!?! **PLANE!**!?!?

Ophiel then writes;

“There is an old hymn that you may have heard many times before, so many times in fact, that the meaning of the hymn has been dulled. The name of the hymn is, ‘Count Your Blessings.’ Well, you know that is really true. Stop and think ‘BACKWARDS’ of what good things you have now in your possession and say out loud, ‘Heck, I am basically lucky!’ Doesn’t sound like much but it does open up the ‘INNER MIND,’ to receive more. Keep at it and for some days, feel it and you will find that, ‘IT DOES WORK.’ Make this simple assertion while doing your advanced work/studies.

Another simple twist you can give the previous assertions is to write out all the things that you want, as if you were advertising for them. I tell you this, because I wrote out an advertisement and I got exactly what I asked for, from an unexpected source. I know that it was the writing out, the thinking out and the visualising, which did it. It won’t hurt you to try these two methods:

To clear up your quiet periods by reviewing your good possessions and good points and to put your desires down in detail in carefully chosen words on paper; The more details you put down in writing, the more you impress these into your sub-mind, whose particular form of ‘INNER ACTIVITY’ is supposed to bring you the thing or things you desire and visualise for.” End quote.

**None!**? of the above ‘works?’ for the one, who has no ‘control?’ over the/their, #3, Ego Body, Present Incarnation, Personality Body = **WHICH/WHO!**? = **JUDGES!**? And who, has no knowledge/knowing, of the/their, #1, Malkuth Earth/Hades Plane Self!? Ophiel describes, this, this way;

“There is also another section/angle, which I would like to describe to help you achieve your life/living desires. I did achieve/get all the things, for which I really visualised. (Many things I mildly desired but didn’t do any real work on their acquirement, so I didn’t get them.)

**I am not aware of how (HOW,) they actually came to me, (The actual transfer method, as it were.)** but they came/arrived, and the first thing I realised, was, that I had that for which I had asked/visualised. When I looked back, I was unable to immediately trace the desired object’s exact arrival. I have never been able to trace the exact path of arrival, **and in fact, when I tried to do this, I now know, I confused and delayed the arrival of the ‘Desired Object.’**” End quote.

Crazy book = when ye pray, **believe** = **psychically-tactilely-feel!**? you have **it** already!? = STOP! JUST STOP! #3, EGO BODY – **JUDGE**-ing!?

Now! The basic cosmic egg work, is ‘**for!**?’ the/your = #1, Malkuth Earth/Hades Plane = **IT!**? – COMES TO **YOU!**? = #1, CONSCIOUS-NESS!? (For all this, is delivered, unto me = #1!?)

Now! The basic chair work, is ‘**for!**?’ the/your = #0, Outer, Outer, Physically Physical Plane = **YOU!**? - #0!? = **WORK-OFF-OF-FROM!**? = **IT!**?

Here it is, from Ophiel, in his next paragraph;

“When I was a teen child, I once conceived the idea of watching myself go to sleep. I tried this, a number of times and the effort drove me much wider-awake. It was a long time before I concluded that watching myself go to sleep, was by basic nature impossible. **It is almost the same way with watching a visualised desire/object come to you. The act of watching such an operation will invariably confuse the whole complex action and destroy its smooth working.**

As in, trying to watch your-self, go to sleep, **it destroys this subconscious action of letting go the objective wakefulness.**” End quote.

**It destroys this, subconscious action, of letting go!? = AS IN, #3, EGO BODY JUDGE-ing!?** So, the objective wakefulness, destroys the ‘belief!?’ = **BELIEVE!**? YOU **HAVE ‘IT’ ALREADY!**?

BUT...! **NOT SO! NOT SO!** = WITH THE/YOUR = BASIC COSMIC EGG = **TECHNIQUE!**? = **IT!**? – **IS!**? DELIVERED UNTO YOU = #0!? AND YOU!? #1, CONSCIOUS, AS A ‘NESS,’ **FEEL** = **IT!**? WITHIN YOU, ABOUT YOU, SURROUNDING YOU!? #1 and #0!? As a = **Psychic-Tactile-Feel-ing-Believe-ing!**?

Once your, #1, part, is accomplished, part two, can begin!? You = #0, **Work-Off-Of-From!**? = #1, just like in/your, Basic Chair Exercise.

Ophiel, then writes;

“Now with these preliminaries out of the way, we can proceed with a real visualisation, of a simple type process. The first thing to do, is to absolutely decide, what, it, is, that you ‘**WANT!**,’ I am assuming now, you are after a, single object, a single, defined, definite, object, which you think will bring you happiness. (And don’t let the gloom and doom pie-in-the-sky-fakers say differently, there ‘**IS!**’ physical world happiness!)

Find and secure a picture of the desired object, - place it before you, and look at it intently for some days, in a row. You should find, in a few days, you are able to recall the mental image to visual memory easily and in colour! Then study and meditate on the object. Relax from then on - don't watch to see how it is 'COMING TO YOU' - if you have not asked for too great/large an object, then getting it could be reasonable time-wise. (See Ophiel's book, Creative Visualisation.) So now you can go to it. End quote.

#3, Ego Body = Piggy-Backs!? = IN/ON CONSCIOUS!? WHEN IT – CONSCIOUS, IS IN A 'NESS,' STATE/CONDITION!?

Any, #3, Ego Body = ISSUES!? IDENTITY RECOGNITIONS!? JUDGE-MEANT/OBSERVATIONS!? WILL/SHAL/DO!? TRANSFER OVER WITH!? YOU! = #3, Ego Body!?

I want to be rich = #3, confirms you are poor!?

I want to be successful = confirms you are a failure!?

I want to be well = confirms you are un-well!?

I want to be employed = confirms you are un-employed!?

I want to be famous = confirms you are anonymous!?

I want this headache to go away = confirms your headache!?

When ye pray = believe = (Psychically-Tactilely-Feel!?) you have, your = 'IT!?' ALREADY!?

Relax from then on - don't, #3, Ego Body = watch!? to see how? Your = IT!? is 'COMING TO YOU' = #0!?'

DELIVER!?! YOUR = IT!?! – Object; Circumstance; Thing!?! TO THE/YOUR, #1, MALKUTH EARTH/HADES PLANE!?! = FOR ALL THIS/THESE, ARE DELIVERED UNTO HIM/IT = #1, MALKUTH EARTH/HADES, AND TO WHOMSOEVER HE WILLS, WILL HE GIVE BACK!?!

Basic Cosmic Egg = IT! = DELIVERED UNTO YOU!?! #1!?! WITHIN YOU, ABOUT YOU, SURROUNDING YOU!?! = WEAR!?! YOUR = IT!?! AS A = PSYCHIC-TACTILE-FEEL-ING!?!

Basic Chair = WORK-OFF-OF/FROM = IT!?! #1, = USE; USE-ING; USES; USED!?!

Egg and Chair, are #1, Malkuth Earth/Hades Plane 'exercises.' After a while, of work-ing/operate-ing, in/on this/your, #1, Plane, there will 'appear?' a 'LIGHT!?!' a 'GLOW!?!' INSIDE YOUR HEAD!?! And, as Ophiel, writes, when you 'see?' this, happening, it is a, sign of progress.

Here it is, from Ophiel, from his first book; Astral Projection, his chapter; Dream Method.

"Now comes another very important part of your instructions which again I have never heard of from any other teacher and which I am giving to you as my discovery. This information is as follows – It appears, as a sort of natural law on these inner planes, that once you have made a projection from the physical body to the etheric plane, and after you have been there for a "time," THERE IS A VERY STRONG TENDENCY TO CONTINUE TO PROJECT AGAIN AND THEN AGAIN TO THE NEXT INNER PLANE!!!" End quote.

Context; It appears, as a sort of natural law, on these inner planes, that once you have made a projection from the, #0, physical body to the/your, #1, Malkuth Earth/Hades Plane, and after, you have been there, #1, for a "time," THERE IS A VERY STRONG TENDENCY TO CONTINUE TO PROJECT AGAIN, AND THEN, AGAIN, TO THE NEXT INNER PLANE = the/your, #2, Etheric Plane!!!

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Thank you.