

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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2 of 2. Two of us. 2024

Here now, is what Ophiel, writes, in his, vignette, under review; Exploring 'OTHER,' Planes, for Knowledge.

"I am going to give you one more 'ordinary' method of projections. This projection method is called the 'Dream Method.' The Dream Method, and the Little System, is all you will need to start your projection work. There are other methods, which you will find in my book, 'The Art and Practice of Astral Projection.' which you should get read and study, when you are more, ready for it.

The Dream Method consists, of learning **to half-wake-up, during the Dream,** and recall, that you are dreaming. You then **take over the Dream** and go around in it, freely exploring the 'Plane,' you are on.

The vital point of the projections, **is to prime your, self to 'half-wake-up' in a Dream,** and this is done by 'Desire.' The 'Desire,' to **'half-wake-up,'** in a Dream: In a period of time, you begin to do that automatically. Even if this sounds difficult, it is fairly easy: There is a book written by 'Oliver Fox' called 'Astral Projection.' This book was out of print for many years but is now, back in print in a paper back." End quote.

Why? can't you? the reader/occultist(?) do the above, **for,** the/your, #1, Malkuth Earth/Hades Plane!?

Why? can't you? the reader/occultist(?) do the above, **for,** the/your, #0, Outer, Outer, Physical Plane!?

The present stands, in their room, which is lit, with a candle, not a 'special?' candle shit! Just, a 'candle,' out of the supermarket! The reason of/for this, is = peripheral sight.

If anyone, has ever been out camping at night, and has sat around a 'camp-fire,' and everything, without, the parameter of, the camp-fire-light = is endless dark-ness? – Then, you understand!?

On a 'good,' night, you can see/observe, the wonder of the universe, with the moon, if its there, hanging silently, in the black-ness, silence, surrounding by/with, little pin-points of light. If, you are lucky enough, to live, where you can 'see,' the milky-way-stars, why would you have a T.V. The present writers, introduction, to the milky-way, was when they were down in Africa, and went on deck, and they looked-up? They immediately about turned, got their pillow, a blanket, and went on deck and stared up, until they slept. now that was magic!?

In the 'case,' of the/your own = Psychological, dark-ness; black-ness; **blind-**ness? There is/are, just off 'sight?' (Conscious!?) 'things?' there? that you = Conscious, as a #0, ness, are un-aware of, and un-conscious to!?

The present writer, stands, in their room, with the/their, candle, slightly, off, to the/their, left-side, about the; 10 o'clock position, on a, low table, about knee high. The present writer, does the/their, basic cosmic egg, exercise, and relaxes, they enjoy, the 'feel-ing,' that the, basic cosmic egg gives them.

There is already a 'chair,' in position, behind the present writer, and when they are ready, they 'take,' the cosmic egg, back into them, and they sit, in the 'silence,' and they go over, all the things they know and have experienced, in the/their, dark-ness, black-ness, **blind-**ness, silence = Deliberately, Knowingly, Understanding!?! That they, the present writer, are(?) #1, Malkuth Earth/Hades Plane – Conscious, as a, #1, Ness!?

Max amount of time = 40, minutes.

Min amount of time = 15, minutes.

Here now, from Ophiel, from his book; Clairvoyance, **is the above 'exercise,'** in Ophiel's, chapter; Semi-Physical, Types of Clairvoyance:

"So, to proceed. There is a rather simple clairvoyant method-practice you can do quite easily almost all the time. **You simply relax in a chair** or on a bed or couch most any time you have the time (don't go to bed, since if you are too comfortable, you'll fall asleep!!) **and let yourself go** – go on out far. Let your perceptions go out, out. This is quite easy to do, and you have been doing it all the time unconsciously. **All you are going to learn here, is how to do it consciously.**

As you let your perceptions roam out, you should come into contact with all kinds of layers of thought-waves and/or vibrations. **These should register with you and make an impression on you, somewhat the same way as if you were a radio receiver!** I cannot give you more detailed instructions as to how to work this process, but if you will place yourself in the physical positions of thought-wave receptions, something will happen, and you will know and recognize it when it does." End quote.

In the above, from Ophiel = IS!? = THE/YOUR – BASIC COSMIC EGG, EXERCISE!?! IN/ON THE/YOUR = #0 AND! #1, PLANES!?! = TWO!? of us!?! BUT...! = THERE IS!? = NO-WHERE? TO GO!? = FOR ALL THIS!?! IS!? = DELIVERED!? UNTO! ME!? = #1!?!

In the beginning, was the void? The Dark-ness!? = THIS IS!? THE ORIGINAL OCCULT!? INSTRUCTION BEFORE!? BEFORE!? = EVERYTHING?? = WENT MACROCOSMIC!? WENT UP!? INTO THE SKY!? BEFORE!? BEFORE!? = EVERYTHING?? = WENT MACROCOSMIC!? OUT-SIDE!? UP!? INTO THE SKY!? = There is? no God? = outside!? but...! you, the reader/occultist(?) already? knew that/this? right!?

Back to where we were! At the start of the page!?

Learning!?! To half-wake-up, during the/your = #1!? = Dream, and recall, that you, Conscious, as a ‘ness!?’ are!? = #1!?! Dreaming. You = Conscious, as a #1, ness, then = take over the Dream and go around in it = freely = Psychically-Tactilely-Feel-ing = Exploring the/your = #1, Plane, which you, Conscious, as a ‘ness,’ are in/on.

The vital point of the projection, is to prime your, self to ‘half-wake-up’ in the/your, #1, Dream, and this is done by ‘Desire.’ The ‘Desire,’ to ‘half-wake-up,’ in a/the/your, #1, Dream:

Now comes the tricky, part; this part, is about 3,000, years old, but...! is still relevant, in as much, you/we, are still!? use-ing? The present writer won’t bother you, the reader, with any kind/type of historical!?! Crap/Dung – etc, etc.

It was another quiet day, in the Desert, the travellers, were admiring the sand, and asking/wondering? When does the ‘tide?’ come in? When suddenly, there was a cry! Look! Look! Where? Over there!?! There’s something burning? Donald Duck me!?! It’s a, ‘Burning Bush!?’ What? we are in the middle of desert!?! Miles and Miles of sand!?! And some ‘vandalising?’ bastard!?! Sets ‘fire?’ to the ‘Bush!?’ who would do that!?! I’ll just go over there, and give them, a piece of my mind! Here, hold? my camel for me!?! And off trots, our hero, whose name, is/was? Moses!?!

Moses, is a ‘masculine,’ proper name; first person. And in the; Hebrew-ising, of this name; the actual, factual, literal, meaning, of/for this name; is unknown? Its origin, being lost, in time. But...! In the Hebrew, it, the name, Moses, was/is = Prophet and Lawgiver. But...! in the original Egyptian, it, was/is; mes/mesu = son-child. Which, in the day, was often, used, in the ‘Theophorous,’ context.

So, in the ole crazy book??? According to Pharaoh’s daughter (Exodus: 2:10 = For out of the Water? I drew him!?!’) is ‘not,’ a/an, explanation, of the Hebrew name; Mosheh? It, the/his name = Mosheh? RESEMBLED!? WHAT PHARAOH’S DAUGHTER, HAD SAID!? Which then? became = COMPOUNDED WITH!? THE HEBREW, VERB WORD? = MASHAH = HE!? DREW OUT!?

BASTARDS! YES! RIGHT THERE!? = BASTARDS? – THEY CHANGED IT!? THEY ALTERED IT!? = FROM THE FEMININE!? (Pharaoh’s DAUGHTER!? = OUR – PSYCHE!?) TO THE MASCULINE!?

From = SHE DREW OUT!?

To = HE DREW OUT!?

Thus, to day, this day, your day!? = WE? IN THE #0, WORLD!?! HAVE A MASCULINE!? FIRST GOD!?! = Because of the/this, guy = Mosheh = Prophet (fore-teller.) and, Law-giver (how the ‘technique,’ must be done!?)

Theophoric names, have the name of a ‘god’ in the ‘individuals name,’ to protect the individual, and to bring them ‘success,’ (very common practice, in the ancient world; Near-East and Mesopotamia.)

As our intrepid, desert nomad = Moses/Mosheh, approached the/this = burning bush? He was thinking to himself, vandalising bastards, I’m going to, have to, put this fire out, and see if there is anything left, to feed the camels with!?! M/M, approached nearer to the = burning bush, and suddenly!?! A VOICE CAME OUT OF IT!?!

Ho! You! get yer sandal’s off!?! ah have just cleaned that part of the Desert!?! M/M, nearly jumped out of his skin! Aaaarghhh! Ya, bastard! He exclaimed, and then said (Paraphrasing, as this is simply a/an, interpretation?)

What the – Donald Duck!?! Do you think you are doing! Ah nearly craped my knickers, there!?! Who’s talking? Where are you!?!

I am here! I’m in this ‘burning bush!?’

Aye, right! is this one of Pharaoh’s tricks, to get us back, on the building site!?!

I am the God of your fathers!?!

Is that so, said Moses/Mosheh, if that's the case, what's your name!?

ha'ja – notice the emphasis, is in the 'ha = = הַיָּהּ ;this name comes from the Hebrew word (יְהוָה) My name is; YahWeh I Am Who I Am; I Am What I Am; I will Be, what I will Be? = (אֲהַיְהֶיָה אֲשֶׁר אֲהַיְהֶיָה) ,ya!?' all this, comes from the Phrase ?!And the 'Point!?' 'Purpose!?' 'Reason!?' = FOR ALL THIS PRESENTATION? **IS**

I Am Who I Am = CANNOT BE **JUDGED!**?

I Am What I Am = I WILL NOT BE **JUDGED!**?

I will Be, what I will Be = I WILL NOT BE **TAKEN!**? **IN VAIN!**?

Vain/Vanity = From the Proto-Indo-European Root/word; *euə- = lacking; empty; give out; abandon; leave.

Remember this 'technique?' = thou #0 &+ #3, shalt not, take the name(?) of thy = #0/#3!? – LORD/GOD = #1!? **IN VAIN!**? = Vain = PIE Root word; *euə- = lacking; empty; give out; abandon; leave.

All of the above, is/are, contained 'in?' both egg and chair, exercises = as technique/do-ing!? It is the 'explanation?' 'description?' 'narrative?' that is the problem? Different words/Same words, have different meanings, have different narratives, according to the readers, #3, Ego Body? Understanding/Interpretations!?

In the basic cosmic egg exercise, and/or, basic chair exercise, there is/are = no words? only 'action/doing?' with both – conscious and #1, sub-conscious, as a 'ness,' = Work-ing; Partner-ing; Share-ing; Co-operate-ing; Harmonise-ing!?

In the basic cosmic egg exercise, and/or, basic chair exercise, there is/are = no vanity; vain-ness!?

So, Moses/Mosheh, says; Well! Donald Duck me? Well! I'll be, Donald Ducked!? I'm speaking to the 'big cheese!?' the 'one and only!?' can't wait, to get back, to the boys in camp, and tell them, who 'I' met today!? But Moses/Mosheh, says; Hey! Wait a minute here!? Ah'm no very good with demonstration thing, here? So, YahWeh say's; Not a problem!? Ah've got another one here = Aron? He can do the 'talking?' for you!? Aron was Moses/Mosheh = **Elder!**? Bother? Who came before Moses did? (Jacob & Essau.)

So, in all of the above = NONE!? of it!? – **IS REAL!**? ANY MORE THAN = JOHN WANE!? SAVED AMERICA!? BOTH AS A 'COWBOY!?' AND THEN LATER, AS AN, AMERICAN SOLDIER!? JOHN WAYNE, WASN'T EVEN THE ACTORS REAL NAME!? = POINT BEING? NONE/NOTHING!? OF THIS 'CRAP!?' = **IS REAL!**? BUT...! It is, as Ophel writes; it is real enough, whilst you are here = #0!?

Also, it is important, to realise, the 'shift?' from a/the; Female = Daughter of Pharaoh – I, drew him forth, from the waters = mes/mesu – son-child = #1, to #0!? To Moses/Mosheh = He Drew Forth!? = #0 from!? #1!? Moses/Mosheh = Prophet? Law Giver!? = #0!?

There has been, many a session, in the 'Dark-ness,' 'Black-ness,' 'Blind-ness?' whilst sitting quietly, in the, present writers, room, with just a candle. Don't let the 'example?' of the above, put you off, the/your, basic cosmic egg and/or, basic chair exercises, as they are, both, #1, Malkuth Earth/Hades Plane, exercises. Your 'dark-ness,' is not the present writers, dark-ness, nor anyone else's!? So, do not – compare!?

When finishing, the present writer; stands up, and does the/their, basic cosmic egg and when they have taken the five basic element symbols, back into themselves, the session is finished. It is very common, for individuals, to 'hear?' the noises, that Ophiel writes about, in his 'Dream Method,' and you, Conscious, just know, that they are 'background,' noises. All you have to do, is to 'wait them out?' and then they will 'fade away.' Then there is/are, the idea/notion/sensation = Someone 'else/other?' there!? Simply wait it out, as you Conscious, know/understand, that the/these, things, are not possible, in the room, where you are sitting.

Read all of Ophiel's chapter; Semi-Physical-Types of Clairvoyance.

Twice a week – **IS MORE!** THAN ENOUGH!?! To get you started!?! Do not do the 'over-kill,' stuff, or your #3, will **kill-it!**? Stone-Dead!?! Remember/Recall, that it/this, exercise, is the same 'principle,' as that described by, Ophiel = letting go? = not #3, **judge-ing!**? Thus, you – Conscious, as a 'ness,' get to 'explore?' your, #1, Malkuth Earth/Hades Plane 'Self!?'

Good ole Moses/Mosheh, came back, and his, Tribe asked? WELL? = WHAT HAPPENED? WHEN, YOU!?! WENT TO/TOWARDS!?! THE LIGHT!?! The rest, isn't 'history?' it is make-believe/fantasy = not as good, as; Luke! You have a 'destiny?' or; You are a wizard, Harry!?! The truth is? = EVERY ONE OF US!?! HAS BEEN = DRAWN FROM THE = **WATER!**!?

Try learning to 'go down?' before you, try learning to 'go up?' be happy, with your #1, self!?! Share? with the/your, #1, self!?! Enjoy – **being two!**? Remember, always, that the/your, #1, must be told/instructed/led, the same as a, beloved; dog or horse, who will/shall/does = **work-for-you!**!

Be 'patient,' with your 'technique!?' = do not 'judge!?' it!? do not 'compare!?' it!? = try it; test it; use it!? as part of the/your, learning curve, you can experiment with the type/kind of candle used, until you the type/kind of 'light,' that suits your, physical eyesight. Some have brighter flames, than others, some prefer 'smaller,' flames, from their candles.

The biological technique, is to, learn to 'use,' the/your, peripheral, eye-sight, specifically, the 'rods,' of the eyes. Eyes, can take anything, from, 15 to 30, minutes, to adjust, to physically physical, low-light, and/or physical, dark-ness. It varies from individual to individual, and also, age, plays a part, in this.

The present writer, knows how difficult/different, it can be, working on one's own, but...! that is all, that anyone really has? you can/may, share, but, as Ophiel writes, in the end, it is up to you, the reader/occultist.

Even as you have indicated, that both the egg and chair exercises, are not for you, the present 'candle exercise,' may have a/an, larger 'appeal,' to both your #3, Ego Body, and the/your, #0 and #1, bodies, since the/this exercise, is more in keeping, with what you have done before, with all your bells, books and, other candles.

The present writer, shall just present it, to the list, as there may be, others, who are in the same position/place, as yourself?

The 'dark-ness,' 'blind-ness,' 'silence,' is one of the, oldest of exercises, for humans, beginning, in Europe, from about, 40, thousand years or so. The cave paintings, in Europe, is presented as; The Art Explosion, because of it being so, wide spread? (How Art Made the World; Author Nigel Spivey.) As already pointed out, in most ceremonies, the 'hood-wink,' was/is, the symbol, of for, the #1, Malkuth Earth/Hades and Caves, were/are, symbols, of the 'womb,' of the World.

In your, sittings, you will know, you are making progress, when you 'hear?' noises? This is because, you have 'entered,' Ophiel's 'Neither State,' at the/your, #1, Malkuth Earth/Hades Plane. There is very, very, high possibility/probability, you – Conscious, won't even know it? Until? you begin to 'Hear?' things. Even those who do/practice, the/their; Basic Cosmic Egg exercise, get this = the noises!?! The idea/notion, that you 'have to?' be in bed, or go to sleep and come back, to Ophiel's 'Neither State/Condition,' to experience, this? just isn't so.

There is/are, many, many, places, in history/mythology, where the whole technique, is, presented/explained, right at the very, start/beginning? What is 'missing?' after that, is/are, the actual techniques, but then, with the Myth/Story, the 'technique?' is revealed, through the/their 'actions?' and the 'plane?' they are, in/on, explained as their 'environment?' Ophiel, writes about this, in his vignettes; Prometheus and Epimetheus and The Thread. Also, study the Myth, of Psyche & Eros.

Thank you.

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Thank you.